



# Sports Health Staff Directory



[sports-health.org](https://sports-health.org)

877.440.TEAM

## Sports Health Services

Acupuncture  
Aquatic therapy  
Arthritis treatment  
Back and neck pain care  
Chiropractic care  
Exercise prescriptions and training programs  
Foot and ankle care  
Knee and hip disorders care  
Management of sports-related concussions  
Occupational therapy  
Orthotic and prosthetic devices  
Presurgical evaluations  
Primary sports healthcare  
Second opinions  
Sports and exercise-related injuries  
Sports cardiology  
Sports nutrition  
Sports ophthalmology  
Sports orthopaedic physical therapy  
Sports psychology  
Special needs for athletes  
Substance abuse (drug and alcohol)  
    counseling and rehabilitation  
Upper extremity disorders care

## Performance Training Systems

### Sports Performance Programs

Whether you are an aspiring pro, a weekend enthusiast or something in between, we'll help you take your athletic performance to the next level.

Our Performance Training Systems program is dedicated to helping athletes achieve excellence. Our training philosophy and methods are holistic, incorporating evidence-based techniques, technology and sports medicine oversight.

We offer sport-specific programs designed to enhance performance and help prevent injuries for athletes involved in running, cycling, swimming, figure skating, golf, basketball, volleyball, soccer and baseball.

Each training program is as unique as each athlete, addressing all components of performance and well-being. Our Performance Training Systems staff includes exercise physiologists, athletic trainers, dietitians and personal trainers specific to each sport. Together, we will provide ongoing support through in-person sessions and online interaction via your personalized training dashboard.

Call 877.440.TEAM (8326) to schedule an appointment.

# 877.440.TEAM

Visit [sports-health.org](https://sports-health.org) for additional information.

To schedule an appointment with a sports health physician, call 877.440.TEAM (8326) toll-free from 7 a.m. to 11 p.m., every day. Same-day appointments are available for urgent sports injuries.



### Convenient Locations to Serve You

Sports Health and Rehabilitation services are offered at the Cleveland Clinic Sports Health Center off I-480 at Transportation Boulevard, at Cleveland Clinic's main campus and Euclid Hospital, and at family health centers and sports health facilities in Beachwood, Broadview Heights, Brunswick, Independence, Mentor, Middleburg Heights, Solon, Strongsville, Westlake and Willoughby Hills.

## Primary Care Sports Physicians



### **A.J. Cianflocco, MD**

*Director, Primary Care Sports Medicine Fellowship*

**Location(s):** Cleveland Clinic Sports Health Center, Euclid Hospital

**Specialty Interests:** Neck and back problems, sports medicine, nonoperative orthopaedics



### **Vernon Patterson, DO**

**Location(s):** Avon, Middleburg Heights

**Specialty interests:** Sports medicine and overuse injuries in endurance athletes



### **Richard Figler, MD**

**Location(s):** Cleveland Clinic Sports Health Center, Beachwood, Solon

**Specialty Interests:** Acute and chronic sports-related injuries, pediatric and adolescent sports-related injuries, medical problems in athletes



### **Anne Rex-Torzok, DO**

**Location(s):** Willoughby Hills

**Specialty Interests:** All sports-related injuries, returning athletes safely to play, adolescent low back pain, spondylolysis



### **Laura Goldberg, MD**

**Location(s):** Avon Lake, Westlake

**Specialty Interests:** General orthopaedics for all ages, including sports-related and overuse injuries; fracture care (including stress fractures); pediatric orthopaedics



### **Kelly Richter, MD**

**Location(s):** Strongsville

**Specialty Interests:** Sports medicine



### **Paul Gubanich, MD**

*Director, Primary Care Sports Medicine Research*

**Location(s):** Cleveland Clinic Sports Health Center, Brunswick, Strongsville

**Specialty Interests:** Medical problems in athletes, concussions, outcomes research, childhood wellness



### **Zenos Vangelos, DO**

**Location(s):** Main campus, Lorain

**Specialty Interests:** Sports medicine, musculoskeletal health



### **Susan M. Joy, MD**

*Director, Women's Sports Health*

**Location(s):** Cleveland Clinic Sports Health Center, Independence

**Specialty Interests:** Comprehensive stress fracture management, medical problems in athletes, pediatric/adolescent athletic injuries, knee osteoarthritis

## Sports Health and Orthopaedic Surgeons



**Richard D. Parker, MD**

*Chairman, Department of Orthopaedic Surgery*

**Location(s):** Main Campus

**Specialty Interests:** Sports medicine, arthroscopy, knee and shoulder surgery



**Thomas E. Anderson, MD**

**Location(s):** Cleveland Clinic Sports Health Center, Strongsville

**Specialty Interests:** Upper extremity surgery, excluding the hand



**Jack T. Andrish, MD**

**Location(s):** Cleveland Clinic Sports Health Center, Beachwood JCC, Beachwood

**Specialty Interests:** Athletic knee injuries, patellofemoral problems



**John A. Bergfeld, MD**

*Director, Cleveland Clinic Surgical Operations*

**Location(s):** Cleveland Clinic Sports Health Center, Strongsville

**Specialty Interests:** Sports medicine, knee joint disorders, traumatic injuries related to sports activity



**Alan W. Davis, MD**

**Location(s):** Westlake, Fairview Hospital

**Specialty Interests:** Sports medicine, hockey-related injuries, foot and ankle surgery



**Morgan Jones, MD**

**Location(s):** Cleveland Clinic Sports Health Center, Willoughby Hills

**Specialty Interests:** Sports medicine surgery and arthroscopy of the shoulder, knee, foot and ankle



**Anthony Miniaci, MD**

**Location(s):** Cleveland Clinic Sports Health Center

**Specialty Interests:** Injuries related to sports, shoulder and knee arthroscopy and reconstruction, cartilage and implant-joint resurfacing



**James Rosneck, MD**

**Location(s):** Cleveland Clinic Sports Health Center, Beachwood; Solon

**Specialty Interests:** Arthroscopic surgery of the hip, knee and shoulder



**Paul Saluan, MD**

*Director, Sports Health Community Affairs*

**Location(s):** Cleveland Clinic Sports Health Center, Main Campus, Strongsville

**Specialty Interests:** Pediatric and adolescent sports medicine, arthroscopy, pediatric orthopaedic surgery



**Mark Schickendantz, MD**

*Director, Orthopaedic Sports Medicine Fellowship*

**Location(s):** Cleveland Clinic Sports Health Center, Lutheran Hospital, Strongsville

**Specialty Interests:** Arthroscopic shoulder, elbow and knee surgery



**James S. Williams Jr., MD**

**Location(s):** Euclid Hospital

**Specialty Interests:** Sports medicine, knee and shoulder arthroscopy, cartilage repair/transplantation

## Other Sports Health Practitioners



**Thomas Torzok, DC**

**Location(s):** Cleveland Clinic Sports Health Center, Willoughby Hills  
**Specialty Interests:** Chiropractic sports medicine, acute and chronic sports-related injuries, sports-induced overuse injuries, shoulder pain and frozen shoulder, peripheral nerve entrapment syndromes



**Frank Caruso, LAc**

**Location(s):** Cleveland Clinic Sports Health Center, Lyndhurst  
**Specialty Interests:** Acupuncture for chronic knee, foot, elbow and hand disorders



**Katherine Mone, MEd, RD, LD**

**Location(s):** Cleveland Clinic Sports Health Center, Main Campus  
**Specialty Interests:** Sports nutrition, fueling for endurance athletes, nutrition for athletes with diabetes and cardiovascular disease

## Sports Health and Orthopaedic Rehabilitation



**Gary Calabrese, PT**

*Director, Sports Health and Orthopaedic Rehabilitation*

**Location(s):** Cleveland Clinic Sports Health Center, Main Campus, Beachwood JCC

## Cleveland Clinic Sports Health – Florida



**Gregory J. Gilot, MD**

**Location(s):** Cleveland Clinic in Florida (Weston)  
**Specialty Interests:** Arthroscopic treatment of shoulder injuries, including rotator cuff tears; shoulder instability and fractures; arthritis of the shoulder; shoulder replacement, including reverse shoulder replacement; shoulder surgery revisions; biceps tendon tears; arthroscopic treatment of knee injuries, including meniscal tears; ACL reconstruction, including All-Inside ACL reconstruction



**Daniel Grobman, DO**

**Location(s):** Cleveland Clinic in Florida (Weston)  
**Specialty Interest(s):** Nonsurgical sports medicine, including acute care of ankle and knee injuries and fracture management; rehabilitation for rotator cuff injuries; pain management; osteopathic manipulation; medical care for spine problems; osteoarthritis



**Brian Leo, MD**

**Location(s):** Cleveland Clinic in Florida (Weston)  
**Specialty Interests:** Sports-related injuries and sports medicine surgery, including ACL and meniscal tears in the knee; rotator cuff tears and instability in the shoulder; pectoralis and distal biceps muscle tears; Tommy John surgery for elbow injuries and hamstring tears; hip arthroscopy



**David Westerdahl, MD**

**Location(s):** Cleveland Clinic in Florida (Weston)  
**Specialty Interests:** Sports injuries, including exercise-related medical disorders and fractures; platelet-rich plasma (PRP) therapy; musculoskeletal ultrasound; nonsurgical orthopaedics; arthritis

# The Team Approach

sports-health.org

877.440.TEAM

- We care for Cleveland's pro sports teams: Browns, Cavaliers and Indians
- We provide team physicians and athletic trainers for more than three dozen high schools and colleges throughout Northeast Ohio.
- We offer educational opportunities for athletes, athletic trainers, physicians and coaches.
- We provide medical care for both athletes and spectators at major sporting events in Cleveland (such as the U.S. Figure Skating Championships, the Gravity Games and the U.S. National Gymnastics Championships).

## Consultants

### Anesthesiology

Marguerite Group, MD  
Bob Helfand, MD  
Ali Jahan, MD

### Craniofacial/Plastic Surgery

Frank A. Papay, MD

### Drug/Alcohol Abuse Treatment

Gregory Collins, MD  
Joseph Janesz, PhD

### Ear, Nose and Throat Care

Tom Abelson, MD

### Endocrinology

Angelo Licata, MD, PhD  
Adi Mehta, MD  
S. Sethu Reddy, MD  
Mario Skugor, MD

### Foot and Ankle Surgery

Brian G. Donley, MD  
James J. Sferra, MD

### Fracture Care

Michael Joyce, MD

### Gastroenterology

Jean-Paul Achkar, MD  
David Barnes, MD  
Gregory Zuccaro, MD

### General Internal Medicine

Harry J. Isaacson, MD  
Richard Lang, MD, MPH

### General Surgery

David Baringer, MD  
William O'Brien, MD

### Hand and Upper Extremity Center

Peter Evans, MD, PhD  
Steven Maschke, MD  
Tom Graham, MD

### Hypertension/Nephrology

Martin Schreiber, MD

### Neurology

Kerry Levin, MD  
Robert Shields, MD  
Patrick Sweeney, MD  
Neil Cherian, MD,  
(Headache and Pain)

### Neuropsychology

Richard Naugle, PhD

### Neurosurgery

William Bingaman, MD

### Obstetrics and Gynecology

Marjan Attaran, MD  
Marie Fidela Paraiso, MD  
Julian Peskin, MD  
Womack Stokes, MD  
Michael Anderson, MD

### Optometry

David Barnhart, OD

### Pediatrics

John Lampe, MD,  
Community Pediatrics, Solon

Ellen Rome, MD, MPH,  
General Pediatrics

Gary D. Williams, MD,  
General Pediatrics

Gerard Banez, PhD,  
Pediatric Behavioral Medicine

David Rothner, MD,  
Pediatric Neurology

John Carl, MD,  
Pediatric Pulmonary Medicine

### Plastic Surgery

Frank Papay, MD

### Pulmonary Medicine

Herbert Wiedemann, MD

### Radiology

Stephen Hatem, MD  
Joshua Polster, MD  
Brad Richmond, MD  
Jean Schills, MD

### Rheumatology/Immunology

Abby Abelson, MD  
Leonard Calabrese, DO  
Brian Mandell, MD, PhD

### Sleep Medicine

Nancy Foldvary-Schaefer, DO

### Spine Health

Gordon Bell, MD

### Sports Cardiology

Lon Castle, MD  
Richard Sterba, MD  
Kenneth Zahka, MD

### Sports Dentistry

Todd Coy, DMD

### Sports Dermatology

Wilma Bergfeld, MD  
Dave Hamrock, MD  
Kenneth Tomecki, MD

### Sports Ophthalmology

Peter Kaiser, MD  
Gregory Kosmorsky, DO  
Jonathan Sears, MD

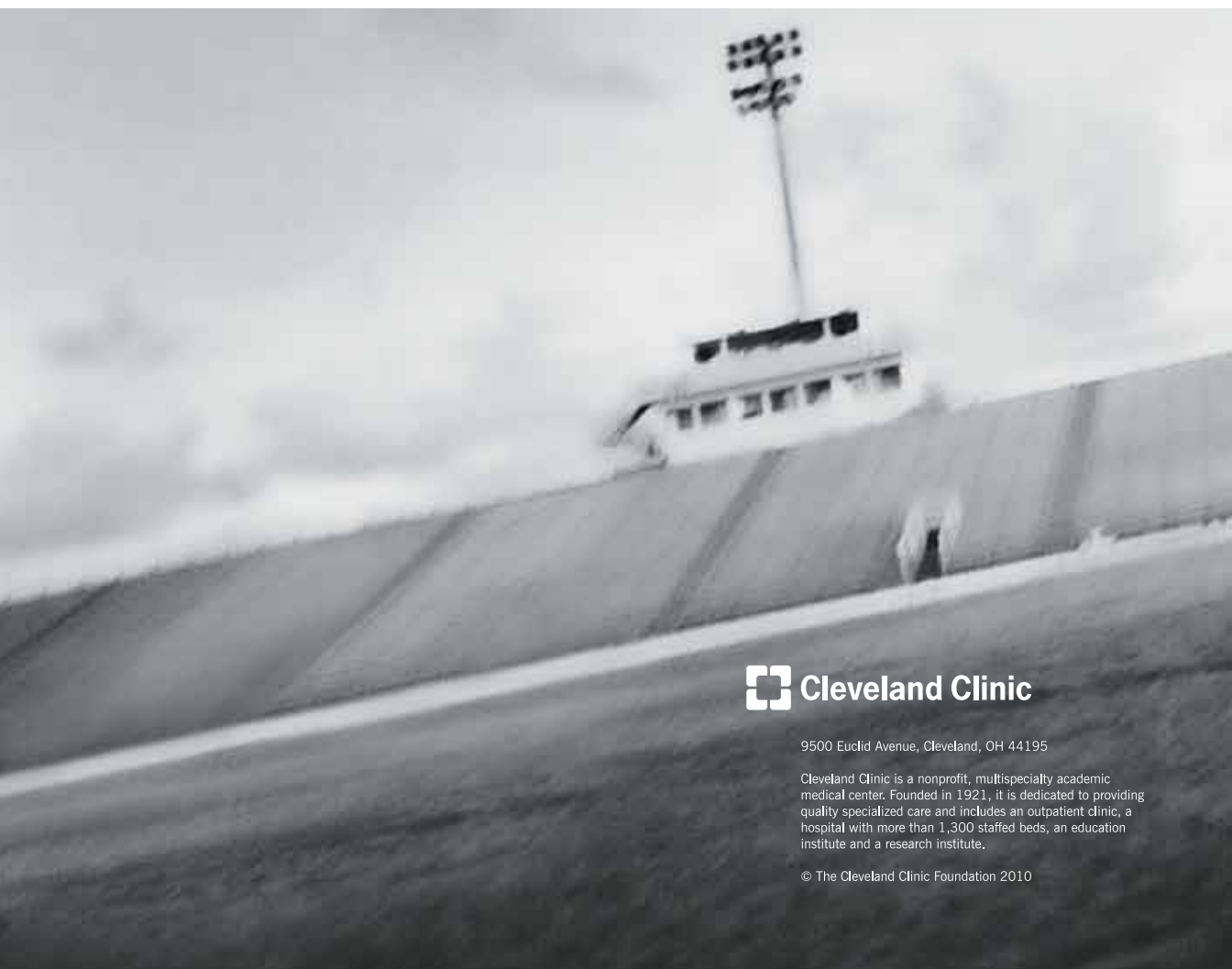
### Sports Psychology/Psychiatry

Scott Bea, PsyD  
Gregory Collins, MD  
Joseph Janesz, PhD  
Donald Malone, MD  
Michael G. McKee, PhD  
George Tesar, MD

### Urology

Anthony Thomas, MD

Official Team Physicians For:



9500 Euclid Avenue, Cleveland, OH 44195

Cleveland Clinic is a nonprofit, multispecialty academic medical center. Founded in 1921, it is dedicated to providing quality specialized care and includes an outpatient clinic, a hospital with more than 1,300 staffed beds, an education institute and a research institute.

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