



CLEVELAND CLINIC MEDICAL MUSIC THERAPY INTERNSHIP PACKET

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ABOUT CLEVELAND CLINIC

Cleveland Clinic is a nonprofit, multispecialty academic medical center based in Cleveland, OH that integrates clinical and hospital care with research and education. It is one of the largest and most respected hospitals in the country, named the No. 2 hospital in the nation in “U.S News and World Report’s 2021-22 Best Hospital” rankings. Founded in 1921, its mission is to provide better care of the sick, investigation into their problems, and further the education of those who serve. The Cleveland Clinic health system has hospitals and clinics located in Northeast Ohio, Southeast Florida, Las Vegas, Toronto, Abu Dhabi, and London. The system employs 67,500 caregivers and includes 21 hospitals, over 220 outpatient locations, over 6,000 beds, and 20 patient-centered institutes. In 2019, the Enterprise provided care for over 2 million patients.

CLEVELAND CLINIC MEDICAL MUSIC THERAPY INTERNSHIP PROGRAM OVERVIEW

The Arts & Medicine Program at Cleveland Clinic was established in 2008. It encompasses music therapy, art therapy, performance arts, research, and education. As of June 2022, the music therapy team consists of nine full-time music therapists as well as a music therapy program manager. The team also receives support from a research coordinator who oversees research for the entire Arts & Medicine program. The medical music therapy internship program at Cleveland Clinic is committed to providing individualized, quality educational experiences and training to prepare students for a career as a music therapy professional. Cleveland Clinic offers

a six-month, full-time internship designed for students who wish to obtain board certification and pursue a career in music therapy.

During the internship, students will gain experience in a variety of hospital areas with a core focus in adult settings and experience with pediatric and NICU patients. The intern will have opportunities for observation and participation in music therapy groups. The intern will work with patients and their families as part of a multidisciplinary team in an individual, bedside setting. Each session consists of assessment, facilitation of services, evaluation, and documentation. The intern will incorporate a variety of treatment modalities to address various goal areas based on the patient’s needs related to health and well-being including emotional, physical, psychological, cognitive, and existential.

Music therapy is available to inpatients referred by hospital staff as well as patients with appointments in the outpatient oncology clinic. The daily case load for the intern will vary greatly depending on the changing needs of patients and families but as the intern becomes more independent in each rotation they will likely have between 4-6 sessions per day. The internship is divided into three rotations: General Acute Inpatient Medical: Adult, Pediatric, and NICU; Outpatient Adult Oncology & General Acute Inpatient Adult Medical; General Acute Inpatient Medical & Transplant. All rotations include work in intensive care units and end of life work with patients and families. Each rotation is outlined in detail below.

CLEVELAND CLINIC MUSIC THERAPY INTERNSHIP ROTATIONS

HILLCREST NICU, PEDIATRIC, AND ADULT INPATIENT ROTATION	
NICU Music Therapy	Adult General Inpatient Medical Music Therapy
<p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Neurobehavioral and developmental support - Sensory and environmental support - NICU Palliative and end-of-life care - Family support <p><u>Opportunities to:</u></p> <ul style="list-style-type: none"> - Co-treat with NICU PT/OT/Speech Therapy - Collaborate with social work and psychologist for maternal and family support - Discuss & observe ongoing research 	<p><u>Intensive Care Specialties:</u></p> <ul style="list-style-type: none"> - Medical ICU (including trauma), Cardiac Surgical ICU, Coronary Care ICU <p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Grief and bereavement support - End of life and family support - Symptom management with vented patients - Life review and reminiscence - Positive coping skills - Pain and anxiety management <p><u>Inpatient Medical Opportunities:</u></p> <ul style="list-style-type: none"> - Trauma, Neurological Disorders, Nutritional Insufficiency, Respiratory Illnesses, Cardiac Recovery, Geriatric, End of Life <p style="text-align: center;"><i>(continued on next page)</i></p>

Acute Inpatient Pediatric Medical Music Therapy	Adult General Inpatient Medical Music Therapy
<p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Normalization of hospitalization - Pain, anxiety, stress management - Coping skills - Developmental support <p><u>Opportunities to:</u></p> <ul style="list-style-type: none"> - Engage with peds patients with acute medical needs - Work with peds patients with nutritional insufficiency 	<p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Symptom management (pain, anxiety, agitation, nausea, etc.) - Coping skills - Self-expression and control - Emotional support - Normalization of hospitalization - Appropriate sensory stimulation - Legacy projects - Life review and reminiscence <p><u>Opportunities to:</u></p> <ul style="list-style-type: none"> - Work within a multidisciplinary team - Co-treat with PT & OT

HILLCREST ADULT OUTPATIENT & INPATIENT ONCOLOGY, ADULT INPATIENT MEDICAL	
Outpatient & Inpatient Oncology Music Therapy	Adult General Inpatient Medical Music Therapy
<p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Coping skills - Emotional support - Symptom management - Self-expression - Family dynamics and support - Legacy projects - Life review - End of life transitioning <p><u>Opportunities to:</u></p> <ul style="list-style-type: none"> - Collaborate with multidisciplinary oncology team - Support patients during infusion - Offer continuity of care from outpatient to inpatient - Provide staff support - Discuss & observe ongoing research 	<p><u>Intensive Care Specialties:</u></p> <ul style="list-style-type: none"> - Medical ICU (including trauma), Cardiac Surgical ICU, Coronary Care ICU <p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Grief and bereavement support - End of life and family support - Symptom management with vented patients - Life review & reminiscence - Positive coping skills - Pain and anxiety management <p><u>Inpatient Medical Opportunities:</u></p> <ul style="list-style-type: none"> - Trauma, Neurological Disorders, Nutritional Insufficiency, Respiratory Illnesses, Cardiac Recovery, Geriatric, End of Life <p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Symptom management (pain, anxiety, agitation, nausea, etc.) - Coping skills - Self-expression and control - Emotional support - Normalization of hospitalization

MAIN CAMPUS INPATIENT TRANSPLANT & GENERAL INPATIENT MEDICAL	
Inpatient Transplant Music Therapy	Adult General Inpatient Medical Music Therapy
<p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Positive coping with extended hospitalizations - Self-expression - Emotional support - Respiratory support - Relaxation - Family support and interaction <p><u>Opportunities to:</u></p> <ul style="list-style-type: none"> - Engage in long-term therapeutic relationships with patients - Collaboration with the multidisciplinary team - Participate in fundraiser concert for transplant families 	<p><u>Intensive Care Specialties:</u></p> <ul style="list-style-type: none"> - Medical ICU, Surgical ICU, Cardiac ICU, ECMO Unit <p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Grief and bereavement support - End of life and family support - Symptom management with vented patients - Life review & reminiscence - Positive coping skills - Pain and anxiety management <p><u>Inpatient Medical Opportunities:</u></p> <ul style="list-style-type: none"> - Trauma, Respiratory Illnesses, Solid Organ Transplant, Oncology, Hepatology, Nutritional Insufficiency, Plastics, End of Life <p><u>Music interventions for:</u></p> <ul style="list-style-type: none"> - Symptom management (pain, anxiety, agitation, nausea, etc.) - Positive coping skills - Self-expression and control - Emotional support - Normalization of hospitalization - Appropriate sensory stimulation - Legacy projects - Life review and reminiscence - Grief support

CLEVELAND CLINIC MEDICAL MUSIC THERAPY INTERNSHIP PROGRAM PHILOSOPHY

REFLEXIVITY: The Cleveland Clinic medical music therapy internship program philosophy focuses on a reflexive practice that allows flexibility between approaches and is rooted in humanistic, existential, and music-centered theoretical models. Music therapists utilize reflexivity to impact the in-the-moment needs of patients. By establishing a therapeutic relationship, music therapists can focus on individualized ways to provide support, decrease suffering, empower patients, and create an inclusive hospital environment.

PATIENTS: In a fast-paced hospital setting, the music therapists focus on meeting the patient’s acute, in-the-moment needs. Utilizing assessment and observation, rapport-building, and collaborating with the medical team, music therapists advocate for the whole person while working with the patient during their hospitalization.

THERAPEUTIC RELATIONSHIP: The patient’s focus and needs drive and propel the session; the patient is a collaborator in the therapy process. Music therapists have the honor of mutually engaging with the patient’s disease process as it morphs and changes. Important characteristics

of a music therapist working in this setting include vulnerability, genuine authentic connection, and a continued focus on self-awareness.

MUSIC & CULTURE: The continued focus on self-awareness includes engaging in ongoing education to address the individualized cultural needs of each patient. Therapists in the medical setting provide care to all people with various life experiences and abilities from different cultures. It is within the music therapist's scope of practice to maintain a culturally responsive practice including recognizing one's own biases, values, and beliefs. Understanding and learning about the patient's unique relationship with music as it fits within their culture provides a normalizing and humanizing connection.

CLEVELAND CLINIC MEDICAL MUSIC THERAPY PHILOSOPHY OF SUPERVISION

MODES OF LEARNING: Interns who choose to learn at the Cleveland Clinic will be guided and mentored in a supportive environment that fosters independence and collaboration. Students will experience learning opportunities through observing, co-leading, and leading bedside sessions, reading relevant research and other articles, engaging in individual music exploration, participating in discussion, observing other disciplines, and exploring ways to reflect on experiences that are meaningful throughout internship.

SELF-CARE & BOUNDARIES: Interns will learn the importance of fostering relationships with colleagues and patients while establishing appropriate therapeutic boundaries to promote self-care. By establishing this routine early in a professional's career, the goal is to nurture the benefits of work/life balance to reduce the potential for burnout.

THERAPEUTIC & PROFESSIONAL SKILLS: The supervisor's role during internship is to nurture the existing strengths of each intern and identify goals for growth. Interns will demonstrate assessment, treatment, and documentation skills throughout each rotation with more autonomy as the internship progresses. Interns will have opportunities to communicate and collaborate with multidisciplinary team members.

MUSIC & THERAPY: Interns will expand upon musical skills by utilizing them regularly in sessions with patients at the bedside. They will learn and receive guidance from supervisors on how to incorporate these skills in the therapeutic relationship, as well as how to adapt in-the-moment to meet the acute needs of patients in the medical setting.

ENTRY-LEVEL REQUIREMENTS & COMPETENCIES FOR INTERNSHIP APPLICANTS

The Cleveland Clinic medical music therapy internship seeks students who are currently enrolled in affiliated music therapy university programs approved by AMTA.

Preferred prior experiences:

- Work environment in which applicant demonstrated flexibility and adaptability
- Prior experience within the medical setting (volunteer or practicum)

The prospective intern must have:

- 3.0 GPA or higher
- Documented completion of all competency-based pre-requisites for internship
(including completion of coursework and clinical experience required by AMTA)
- General knowledge of medical music therapy, basic medical terminology, and common diagnoses encountered in a medical setting
- Proficient music skills
- Strong interpersonal and written communication skills
- An awareness of the impact of culture on music and the therapeutic process
- A basic demonstration of therapeutic knowledge
- A willingness to learn

Examples of baseline competencies of a music therapy intern include but are not limited to the following:

Functional Music Skills:

- Proficient in guitar and piano, functional use of voice for hospital setting
- Ability to play in a variety of musical styles
- Appropriate repertoire for multiple populations from infants to older adults
- Ability to compose simple melodies and songs in a session
- Ability to sight-read simple melodies and chords
- Ability to improvise on piano, guitar, and various percussion instruments

Music Therapy and Clinical Skills:

- | | |
|------------------------------|--------------------------|
| Principles of Therapy | Assessment Skills |
| Foundations of Music Therapy | Treatment Planning |
| Goal-Setting | Treatment Implementation |
| Verbal Processing Skills | Evaluation of Treatment |
| Observation skills | Documentation |

Professional Characteristics:

- | | |
|----------------------------------|--|
| Time Management Skills | Verbal & Written Communication Skills |
| Aware of ethical expectations | Handle constructive criticism and feedback |
| Interpersonal Skills | Flexibility and adaptability |
| Self-awareness | Manage high-stress/face-paced work environment |
| Self-expression | Technology skills – iPad & computer |
| Therapeutic boundaries | Organization & prioritization skills |
| Relationships & rapport building | Professional demeanor and appearance |

These skills will be evaluated via application materials, interview, and audition.

CLEVELAND CLINIC MEDICAL MUSIC THERAPY INTERNSHIP EXPERIENCE

Hours and schedule: The Cleveland Clinic internship is a six-month, full-time internship. The intern can expect to work 40 hours per week. Interns may take up to 5 days (40 hours) of personal time off in addition to holidays. The intern is **not** expected to work the following holidays: Thanksgiving Day, Christmas Day, or New Year's Day. The internship is divided into three, 8-week rotations, as outlined above. The intern will be supervised by a rotation-specific music therapist. This experience allows for the intern to fully integrate into each specific population and learn from a music therapist with explicit experience and expertise within those populations. The intern will then cycle through periods of observation, co-leading, and facilitating individual sessions. The progression of this cycle will vary depending on the individualized needs of the intern.

Communication, Technology, and Equipment: The intern will have access to a Cleveland Clinic issued iPad and internal email address. The intern will also be able to utilize a wide variety of instruments including guitars, portable keyboards, various large percussion instruments, ukuleles, reverie harps, assorted rhythm instruments, and Orff instruments. There is also a Cleveland Clinic MacBook available for recording and editing patient-related projects.

Housing: Cleveland Clinic can provide resources for interns searching for appropriate housing options in the area.

Transportation and Parking: The intern is required to have reliable transportation. Traveling between campuses during a shift is not expected. Parking assignments for all Cleveland Clinic student programs will be at an off-site surface parking lot at no charge. There is a complimentary shuttle bus to Hillcrest Hospital. The parking lot at main campus is approximately a five minute walk to the hospital.

Stipend: A stipend will be offered to offset out of pocket expenses.

Supervision: The intern will have opportunities to receive feedback and supervision from board-certified music therapy supervisors and other health care professionals. There will be weekly, individual 1-hour supervision meetings during each rotation as well as formal and informal observation and feedback throughout each week.

Assignments: The intern will be responsible for completing assigned readings, maintaining a journal of reflection, creating a case study, completing an internship project, presenting a music therapy in-service, and engaging in other miscellaneous assignments depending on the intern's learning needs throughout the six months. These assignments will be given at the beginning of each rotation. The intern has opportunities to build professional skills, strengthen music skills, and develop therapeutic skills through these assignments, observation of music therapists, co-leading with supervising therapists, and facilitating music therapy sessions. The intern will also participate in observations of other medical professionals within the multidisciplinary team.

Expectations of Intern: Cleveland Clinic caregivers are guided by six core values: empathy, integrity, inclusion, quality & safety, innovation, and teamwork. Interns accepted into this program are also expected to adhere to these values and serve as a role model for others. Interns are also empowered to seek guidance when faced with challenges or difficulties.

Case Loads: Within each rotation, the intern will build and maintain their own caseload of individual patients. All of these sessions will be conducted at the patient's bedside or virtually. The intern's caseload will fluctuate depending on the needs of each patient, the hospital census, and the intern's schedule.

MULTIDISCIPLINARY TEAM

In addition to the three supervising board-certified music therapists, the intern will have contact with many healthcare providers throughout the hospital including but not limited to the following:

Physicians and Physician Assistants	Registered Nurses	Respiratory Therapists
Other Music Therapists	Social Workers	Case Managers
Physical and Occupational Therapists	Speech/Language Pathologists	Art Therapists
Psychologists & Psychiatrists	Patient Care Assistants	Nurse Practitioners
Child Life Specialists	Healing Service Practitioners	Chaplains

OTHER ON-SITE STUDENT TRAINING PROGRAMS

Cleveland Clinic offers several on-site education programs as part of its commitment to research and education. The music therapy intern will be among other students pursuing medical training. These educational programs include medical students, residents, fellows, and interns; undergraduate and graduate nursing student rotations; physical and occupational therapy student rotations; speech therapy student rotations; pharmacy residents; psychology interns; social work interns; and more!

Professional development opportunities: The intern will have opportunities to attend live and live-streamed continuing education events offered by Cleveland Clinic and hosted by a variety of medical professionals.

HOW TO APPLY

Eligibility to apply: The Cleveland Clinic medical music therapy internship program is a university-affiliated internship with agreements with specific educational institutions. In order to apply, the student must be associated with one of the following affiliated AMTA-approved programs:

Augsburg University	University of Dayton	Montclair State University	St. Mary of the Woods College
Baldwin Wallace University	Duquesne University	Purdue University Fort Wayne	Texas Woman's University
Cleveland State University	East Carolina University	Seton Hill University	College of Wooster

Application materials: To apply, please submit the following information to Stephanie Morris, MMT, MT-BC at morriss4@ccf.org with “**INTERNSHIP APPLICATION_LAST NAME**” as the subject.

- Completed application
- Letter of interest
- Resume – include academic background, music therapy practicum experiences, related work information, and volunteer experience
- Official transcripts from all colleges or universities you have attended
- Three letters of reference emailed directly to morriss4@ccf.org including one verification letter from Academic Program Director
 - *These letters should address your clinical, professional, academic, and musical skills
- Essay and Reflection Questions
- Video recording or links – submit 2-4 videos demonstrating functional use of voice, piano, and guitar in a variety of genres for a variety of ages. If your primary instrument differs from above, provide a video demonstrating your musicianship on your main instrument.

No late applications will be considered.

Review of applications: After a completed application has been submitted, the internship director will acknowledge the receipt of application materials. The music therapy internship committee will review all application materials submitted. Intern applicants will be evaluated and selected based on letters of reference, music therapy experiences, interview, letters of recommendation, and musical skills.

Deadlines:

Application Deadline	Interviews Conducted	Applicant Notified By	Internship Start Date
November 18, 2022	January-February 2023	March 1, 2023	September 5, 2023

Interview: Applicants who meet and exceed expectations will be notified via email of their invitation to interview on site. Students who are contacted will participate in an interview (in person or virtual) and audition with the music therapy internship supervision team. In person interviews are preferred but virtual interviews will be accepted. The interview will consist of discussion of your musical background, practicum experience, educational experiences, and professional qualities. Applicants interviewing in person will have the opportunity to spend time with the internship director and observe one of the supervising therapists for approximately 2 hours as part of their interview process.

In-Person or Virtual Audition Requirements: Applicants who are invited to interview will be expected to sight-read, sing, play on piano and guitar in a variety of styles, and respond to musical requests in-the-moment.

Accommodations: Cleveland Clinic is committed to providing a working and learning environment in which all individuals are treated with respect and dignity. If you need to view the physical requirements of the job, please contact the Internship Director. Reasonable accommodations can be discussed.

Questions: If you have additional questions that have not been addressed in the above information, please contact Internship Director, Stephanie Morris, at morriss4@ccf.org.

Cleveland Clinic reserves the right to not offer the internship every fall cycle.

AFTER ACCEPTANCE – ADMINISTRATIVE REQUIREMENTS

AFFILIATION AGREEMENT: Once an offer has been extended, the internship director and Cleveland Clinic's health profession's education department will collaborate to ensure a legal affiliation agreement is finalized with the intern's school.

LEARNING AGREEMENT: Once accepted, the student, Academic Supervisor, and Internship director will review an internship learning agreement outlining expectations for successful completion of competency-based prerequisites for internship including coursework and clinical experience completion. The internship learning agreement must be received and reviewed prior to intern's start date.

ONBOARDING: The intern will participate in an onboarding process which includes guidance for completion of required documents and tests prior to the start of the internship. There is a \$50.00 administrative fee which will be charged to the intern's school at the end of the Cleveland Clinic Semester (December 31st). The onboarding process including the health screening, TB screening, and background check must be completed prior to the start of the internship. The cost of these health-related screenings will be the responsibility of the student.

RESOURCES: A basic repertoire of 50 of the most-requested songs will be given to the intern for reference upon acceptance.

STUDENT VIRTUAL ORIENTATION: All new students will be assigned a virtual student orientation course in MyLearning during onboarding. Students will be introduced to the Cleveland Clinic mission, values, and history. Students will also be required to complete Core Compliance Courses mandated by The Joint Commission in MyLearning for additional safety information.

ON-CAMPUS ORIENTATION: At the beginning of the internship, the intern will participate in an orientation to the hospital settings, learn information about the history of Cleveland Clinic and the Arts & Medicine Institute, and complete an orientation to the music therapy program.