# Cleveland Clinic

# Center for Specialized Women's Health Fellowship

**The Specialized Women's Health Fellowship** at Cleveland Clinic is a two-year curriculum that promotes a comprehensive clinical understanding of women's health. The fellowship is administered through Cleveland Clinic's Ob/Gyn & Women's Health Institute and its Medicine Institute. Several other departments and institutes participate in training, contributing to the program's interdisciplinary nature.

# WEEKLY ROTATION SCHEDULE

- Approximately 1<sup>1</sup>/<sub>2</sub> days in the Center for Specialized Women's Health (core corriculum).
- <sup>1</sup>/<sub>2</sub> day conducting research.
- 2 days in outpatient clinic, functioning as a junior staff.
- 1 day attending elective rotations, conferences and/or other professional development.

# At Cleveland Clinic, we embrace the women's health leadership triad:

- Clinical skills.
- · Focused research.
- Interdisciplinary education.

With this triad, our program is designed to create women's health leaders of the future.

# CLINICAL SKILLS

A core focus of the fellowship is to encourage women's health scholars to develop their clinical skills alongside experienced healthcare providers. Mentors include women's health internists, gynecologists, breast care providers, endocrinologists, radiologists and others. The program leverages the diverse resources of the Cleveland Clinic, including the Center for Specialized Women's Health on the main campus and women-centered practices at regional family health centers.

# FOCUSED RESEARCH

Our scholars learn to apply research skills in an interdisciplinary arena. The Specialized Women's Health Fellowship program takes advantage of the core strengths of Cleveland Clinic by guiding fellows toward areas such as cardiovascular diseases in women, breast cancer and breast cancer survivorship, osteoporosis, menopause, hormone therapy, sexual dysfunction, medical therapy for urinary incontinence, contraception and other disciplines based on their specific interests. The fellow will also participate in an annual Ob/Gyn & Women's Health Institute research day.

#### INTERDISCIPLINARY EDUCATION

By definition, women's health cuts across multiple specialty areas. The Specialized Women's Health Fellowship targets key areas for deeper knowledge into disease states affecting women throughout the female life cycle. The program encourages scholarly activity through local and national conferences, CME courses or other professional and leadership courses as they become available.

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