## Cleveland Clinic | LET'S MOVE IT!



Healthy Strides... Come walk with us is a casual 2-3 mile walk, preceded by a brief informative talk by Cleveland Clinic physicians, caregivers and community partners.

FREE to attend. No registration required.

Contact Information (216) 312-5640 or jameysj@ccf.org with any questions.

## Healthy Strides

Come walk with us.

Date: Every Saturday, May -November

Time: 8:30 a.m.

Location/Address:

Cleveland MetroPark

Acacia Reservation

26899 Cedar Road

Lyndhurst, OH

\*Meet outside of Clubhouse entrance