



## Cleveland Clinic Akron General Health & Wellness Center, Green

BASKETBALL COURT								
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
5:45 AM	Non-Dependent Open Gym	Non-Dependent Open Gym	Non-Dependent Open Gym	Non-Dependent Open Gym	Non-Dependent Open Gym	5:45 AM	Non-Dependent Open Gym	Non-Dependent Open Gym
7:30 AM						7:30 AM		
9:15 AM	Dependent Hours 9:00 to 11:00AM Group Exercise 9:00 to 10:15AM	Dependent Hours 9:00 to 11:00AM Group Exercise 9:00 to 10:15AM	Dependent Hours 9:00 to 11:00AM	Dependent Hours 9:00 to 11:00AM Group Exercise 9:00 to 10:15AM	Dependent Hours 9:00 to 11:00AM Group Exercise 9:00 to 10:15AM	8:15 AM	Group Exercise 8:15 to 9:15 AM	Non-Dependent Open Gym
10:30 AM	Non-Dependent Open Gym	LifeFit 10:30 – 11:30	Full Court Open Pickle Ball 10:15 to 12:15 PM	LifeFit 10:30 – 11:30	Full Court Open Pickle Ball 10:15 to 12:00 PM Half Court Pickle Ball 12:15 – 1:00 PM	9:00AM	Dependent Hours	Dependent Hours
12:00 PM		Non-Dependent Open Gym		Non-Dependent Open Gym				
12:15 PM	Half-Court Sports Performance 12:15 – 12:30 PM	Half-Court Sports Performance 12:15 to 12:30PM	Non-Dependent Open Gym	Half-Court Sports Performance 12:15 to 12:30PM	Non-Dependent Open Gym	12:30PM	Half Court Pickle Ball 12:30 – 2:30 PM	Dependent Hours
12:30 PM						Non-Dependent Open Gym		
1:00 PM	Right Fit 1:00 – 2:00PM	Non-Dependent Open Gym	Right Fit 1:00 – 2:00PM	Non-Dependent Open Gym	Non-Dependent Open Gym	2:30 PM	Half Court Pickle Ball 12:30 – 2:30 PM	Dependent Hours
2:00 PM								
3:00 PM	Dependent Hours 3:00 to 5:30PM	Dependent Hours 3:00 to 5:30PM	Dependent Hours 3:00 to 5:30PM	Dependent Hours 3:00 to 5:30PM	Dependent Hours 3:00 to 6:00PM	3:00 PM	Dependent Hours	Full Court Open Pickle Ball 3:00 to 5:00PM
4:00 PM	Half-Court Sports Performance 3:30 to 4:00PM 5:00 – 6:00PM	Half-Court Sports Performance 3:30 to 4:00PM 5:00 – 6:00PM	Half-Court Sports Performance 3:30 to 4:00PM 5:00 – 6:00PM	Half-Court Sports Performance 3:30 to 4:00PM 5:00 – 6:00PM	Half-Court Sports Performance 3:30 to 4:00PM 5:00 – 6:00PM			
5:30 PM	Group Exercise 6:15 to 7:30PM	Group Exercise 6:00 to 7:15PM	Half Court Pickle Ball 6:30 – 7:30pm	Group Exercise 6:00 to 7:15PM	Dependent Hours 6:00 to 10:00PM	5:00PM	Dependent Hours	Dependent Hours
6:00 PM						6:00 PM		
7:00 PM	Dependent Hours 7:00 to 10:00PM	Dependent Hours 7:00 to 10:00PM	Dependent Hours 7:00 to 10:00PM	Dependent Hours 7:00 to 10:00PM	Dependent Hours 7:00 to 10:00PM	6:00 PM	Dependent Hours	Dependent Hours
8:00 PM								
10:00 PM								