Family Health and Surgery Center, Beachwood

Primary Care Services

Family Medicine

Michael A. Rabovsky, MD
Board Certification: Family Medicine
Specialty Interest(s): General pediatrics, general family medicine, healthcare screenings

Alan Cadesky, MD
Board Certification: Family Medicine
Specialty Interest(s): Acute and preventive care of families

Kenneth I. Goodman, MD
Board Certification: Family Medicine
Specialty Interest(s): Pediatric and adolescent medicine, general adult medicine, medical information technology

Laura Dorr Lipold, MD
Board Certification: Family Medicine
Specialty Interest(s): General pediatrics, adolescent medicine, adult medicine, women’s health/gynecology

Aphrodite Papadakis, MD
Board Certification: Family Medicine
Specialty Interest(s): Women’s health, outpatient management of diabetes group visits and wellness

Tod Podl, MD, MS
Board Certification: Family Medicine
Specialty Interest(s): Pediatric and adolescent medicine, general adult medicine, exercise promotion, preventive medicine

Daniel Turner, DO
Board Certification: Family Medicine
Specialty Interest(s): Adolescent medicine, sports medicine, addiction medicine, women’s health

Homa Varghai, MD
Board Certification: Family Medicine
Specialty Interest(s): General preventive medicine, women’s health

Internal Medicine

Baljit S. Bal, MD
Associate Medical Director
Board Certification: Internal Medicine
Specialty Interest(s): Preventive medicine

Adam Bernstein, MD
Board Certification: Internal Medicine
Specialty Interest(s): Preventive Medicine

Other Services

Express Care
Outpatient Surgery Center Imaging Services
CT Scan, DEXA (Bone Density Testing), Cyview (Bladder Cancer), Echocardiography (Echo, Stress Echo), EMG (Electromyogram), Gastrointestinal – Upper and Lower GI studies, General Radiology, Genital/Urinary Imaging, Mammography, MRI, Nuclear Medicine, Total Body CT, Ultrasound
Genetic Counseling
Laboratory Services
Pharmacy
Pulmonary Function Lab
Vestibular Lab

Appointments: 216.839.3000
Visit clevelandclinic.org/fhc for our most current list of staff and services.

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Elena Borukh, MD
Board Certification: Internal Medicine
Specialty Interest(s): Women’s health, preventive medicine

Shazia T. Goraya, MD
Board Certification: Internal Medicine
Specialty Interest(s): Preventive medicine, women’s health, osteoporosis

James Hekman, MD
Board Certification: Internal Medicine
Specialty Interest(s): General preventive medicine

Lakshmi Khatri, MD
Board Certification: Internal Medicine
Specialty Interest(s): Preventive medicine, women’s health

Clarence Taylor, MD
Board Certification: Internal Medicine
Specialty Interests: Preventive medicine

Internal Medicine Nurse Practitioners

Deborah Meeks, CNP
Internal Medicine Nurse Practitioner

Susan Perez, MSN, CNP
Adult Nurse Practitioner
Specialty Interest(s): Adults with diabetes, hypertension, hyperlipidemia, cardiovascular risk reduction

Obstetrics/Gynecology
(Also, see Infertility section)

Judith A. Evans, MD
Board Certification: Obstetrics and Gynecology
Specialty Interest(s): Reproductive endocrinology and infertility

Rebecca Flyckt, MD
Board Certification: Obstetrics and Gynecology
Specialty Interest(s): General obstetrics and gynecology

Eileen Golden, MD
Board Certification: Obstetrics and Gynecology
Specialty Interest(s): General obstetrics and gynecology

Steven Klein, MD
Board Certification: Obstetrics and Gynecology
Specialty Interest(s): General gynecology, menopause, vaginal surgery

Tara McElroy, MD
Board Certification: Obstetrics and Gynecology
Specialty Interest(s): General obstetrics and gynecology, adolescent gynecology, acupuncture

Cleveland Clinic Children’s Pediatrics

Conrad Foley, MD
Board Certification: Pediatrics
Specialty Interest(s): General pediatrics, evaluation of learning problems, asthma care, sleep problems

Jacalyn E. Hazen, MD
Board Certification: Pediatrics
Specialty Interest(s): General pediatrics, adolescent medicine, eating disorders

Joseph C. Lock, MD
Board Certification: Pediatrics
Specialty Interest(s): General pediatrics, asthma, birth defects management, sports medicine, school failure

Amy Snideman, MD
Board Certification: Pediatrics
Specialty Interest(s): General pediatrics, asthma, obesity
Primary Care Services Continued

Jill Minger, MD
Specialty Interest(s):
General obstetrics and gynecology

Julian Peskin, MD
Board Certification:
Obstetrics and Gynecology
Specialty Interest(s):
General obstetrics and gynecology, robotic and laparoscopic surgery, menopause

Ken Rao, MD
Board Certification:
Obstetrics and Gynecology
Specialty Interest(s):
General obstetrics and gynecology

Jeff Chapa, MD
Board Certification:
Obstetrics and Gynecology, Clinical Genetics (MD); Obstetrics and Gynecology, Maternal-Fetal Medicine
Specialty Interest(s):
High-risk pregnancy, maternal-fetal medicine, ultrasound

Jeffrey M. Goldberg, MD
Board Certification
Obstetrics and Gynecology Obstetrics and Gynecology—Reproductive Endocrinology/Infertility
Specialty Interest(s):
Amenorrhea, endometriosis, fibroids, infertility, menstrual disorders, pelvic pain, polycystic ovary syndrome, recurrent miscarriage, sterilization reversal

Amanda Kalan, MD
Board Certification:
Obstetrics and Gynecology
Specialty Interest(s):
High-risk pregnancy, maternal-fetal medicine, ultrasound, chorionic villus sampling (CVS) and amniocentesis

Robert Kiwi, MD
Board Certification:
Obstetrics and Gynecology, Maternal-Fetal Medicine
Specialty Interest(s):
General gynecology, high-risk pregnancy

Kevin L. Muise, MD
Board Certification:
Obstetrics and Gynecology with subspecialty certifications in Maternal-Fetal Medicine and Obstetric and Gynecologic Ultrasound
Specialty Interest(s):
Maternal-fetal medicine, ultrasonography, fetal echocardiography

Uma Perni, MD
Board Certification:
Obstetrics and Gynecology
Specialty Interests:
High-risk pregnancy, maternal-fetal medicine, ultrasound

Katherine Singh, MD
Specialty Interest(s):
High-risk pregnancy, maternal-fetal medicine, ultrasound

Breast Center

Michael Cowher, MD
Specialty Interest(s): Breast cancer, ductal carcinoma in situ, nipple discharge

Jill Dietz, MD
Board Certification: General Surgery
Specialty Interest(s): Breast diseases

Katherine Lee, MD
Board Certification: Internal Medicine
Specialty Interest(s): Breast cancer risk assessment and prevention, breast cancer research, ductal lavage

Holly Pederson, MD
Board Certification: Internal Medicine
Specialty Interest(s): Women at increased risk for breast cancer, breast cancer survivors

Breast Center Nurse Practitioners

Marcellia Stephens, CNP
Board Certification: National Certification Corporation - Women’s Health Care Nurse Practitioner
Specialty Interest(s): Breast disease, breast cancer survivorship, high-risk surveillance, breast cancer risk assessment and prevention
Specialty Care Services Continued

Gastroenterology/Hepatology

Talal Adhami, MD
Board Certification: Gastroenterology, Internal Medicine, Transplant Hepatology
Specialty Interest(s): General gastroenterology, hepatology

Brian Kirsh, MD
Board Certification: Internal Medicine
Specialty Interest(s): Gastroenterology

David S. Lever, MD
Board Certification: Gastroenterology and Internal Medicine
Specialty Interest(s): Diagnostic and therapeutic endoscopy, esophageal diseases, inflammatory bowel disease

General Surgery

Kalman Bencsath, MD
Board Certification: General Surgery
Specialty Interest(s): Advanced laparoscopic surgery, hiatal hernia repair, gastric surgery, splenectomy, pancreatic surgery, biliary surgery, hernia repair, and general surgery

Steven M. Rosenblatt, MD
Board Certification: General Surgery
Specialty Interest(s): General and laparoscopic surgery

Geriatric Medicine

Barbara Messinger-Rapport, MD, PhD
Board Certification: Internal Medicine, Internal Medicine—Geriatric Medicine
Specialty Interest(s): Aging body and aging brain, geriatrics, older women's health, optimizing function in older adults, palliative care for older adults, quality of life in dementia

Steven Schwartz, MD
Board Certification: Family Medicine, Family Medicine—Geriatric Medicine
Specialty Interest(s): Aging body and aging brain, memory loss, depression and anxiety, wounds, constipation, sleep difficulty

Infertility

Marjan Attaran, MD
Board Certification: Obstetrics and Gynecology with subspecialty certification in Reproductive Endocrinology
Specialty Interest(s): Infertility, in vitro fertilization, infertility, laparoscopic surgery, sterilization reversal

Cynthia Austin, MD
Board Certification: Obstetrics and Gynecology with subspecialty certification in Reproductive Endocrinology
Specialty Interest(s): Infertility, in vitro fertilization, reproductive endocrinology, menopause, polycystic ovarian syndrome, infertility surgery

Medical Oncology/Hematology

Nina Desai, PhD
Board Certification: High Complexity Laboratory Director
Specialty Interest(s): In vitro fertilization, andrology, blastocyst culture, preimplantation genetic diagnosis, immature oocyte maturation

Neha Mitra, MD
Board Certification: Internal Medicine
Specialty Interest(s): Breast cancer, genitourinary cancers

Tommaso Falcone, MD
Board Certification: Obstetrics and Gynecology with subspecialty certification in Reproductive Endocrinology
Specialty Interest(s): Infertility, in vitro fertilization, reproductive endocrinology, sterilization reversal

Hanna Lisbona, MD
Board Certification: Obstetrics and Gynecology
Specialty Interest(s): Infertility, in vitro fertilization, menopause, general obstetrics and gynecology

Julie Tan, MD
Board Certification: Reproductive Endocrinology and Infertility
Specialty Interest(s): Reproductive endocrinology and infertility

Prateek Mendiratta, MD
Board Certification: Hematology and Medical Oncology, Internal Medicine
Specialty Interest(s): Medical oncology, general oncology, prostate cancer, lung cancer, kidney cancer, testicular cancer, bladder cancer and patient education.

Neha Mitra, MD
Board Certification: Internal Medicine
Specialty Interest(s): Breast cancer, genitourinary cancers
Gary Schnur, MD  
Director, Medical Oncology  
Board Certification:  
Hematology and Medical Oncology, Internal Medicine  
Specialty Interest(s):  
Hematology and medical oncology, breast cancer, lymphoma, general medical oncology

Joseph Zayat, MD  
Board Certification:  
Neurology  
Specialty Interest(s):  
Neuromuscular diseases, headache

Thomas E. Kuivila, MD  
Board Certification:  
Orthopaedic Surgery  
Specialty Interest(s):  
Pediatric and adolescent spine: scoliosis, kyphosis, spondylolisthesis, pediatric trauma

Sheru Kansal, MD  
Board Certification:  
Nephrology, Internal Medicine  
Specialty Interest(s):  
Chronic kidney disease and peritoneal dialysis

Nephrology

Marc Pohl, MD  
Board Certification:  
Nephrology, Internal Medicine  
Specialty Interest(s):  
Renal disease, hypertension, renovascular disease, systemic lupus erythematosus, diabetic nephropathy

Nutrition

Beth Czerwony, MS, RD, LD  
Board Certification:  
Outpatient nutrition therapy, counseling, diabetes, weight management

Orthopaedics

R. Tracy Ballock, MD  
Board Certification:  
Orthopaedic Surgery  
Specialty Interest(s):  
Pediatric orthopaedics, hip dysplasia, clubfoot, deformity correction and leg lengthening

Richard Parker, MD  
Board Certification:  
Orthopaedic Surgery  
Specialty Interests:  
Sports medicine, athletic knee injury, knee surgery, knee arthroscopic surgery, knee cartilage injuries, and knee ligament injuries

Neil Cherian, MD  
Board Certification:  
Neurological Center for Pain  
Specialty Interests:  
Vestibular and balance disorders, dizziness, imbalance, tinnitus, headache, central vestibular dysfunction, syncope, and performance medicine

Neurology (Adult)

Laurence Bilfield, MD  
Board Certification:  
Orthopaedic Surgery  
Specialty Interest(s):  
General orthopaedic surgery including total joint replacement, arthroscopy, fracture care, blood management in orthopaedic surgery

William H. Seitz Jr., MD  
Board Certification:  
Orthopaedic Surgery with a certificate of added qualification in Hand Surgery  
Specialty Interest(s):  
Management of problems of the entire upper extremity, including the shoulder, elbow, wrist and hand arising from congenital, arthritic, traumatic, neurologic and acquired conditions

Avrum Froimson, MD  
Board Certification:  
Orthopaedic Surgery  
Specialty Interest(s):  
Surgery of the hand, wrist and elbow; needle aponeurotomy for Dupuytren's disease

Mark Froimson, MD  
Board Certification:  
Orthopaedic Surgery  
Specialty Interest(s):  
Hip and knee replacement and arthroscopy, osteonecrosis, complication prevention

Silvia Neme-Mercante, MD  
Board Certification:  
Neurology  
Specialty Interest(s):  
Sleep disorders, breathing, neurophysiology

James Sferra, MD  
Board Certification:  
Orthopaedic Surgery  
Specialty Interest(s):  
Foot and ankle surgery, fractures, arthroitis, bunions, toe deformities, sports injuries, reconstruction
Otolaryngology (Ear, Nose and Throat/ENT)

Tom I. Abelson, MD
Medical Director
Board Certification: Otolaryngology
Specialty Interest(s): Voice problems, sinus disease, pediatric otolaryngology

Daniel S. Alam, MD
Board Certification: Otolaryngology, Facial Plastic and Reconstructive Surgery
Specialty Interest(s): Facial aesthetic and reconstructive surgery

Samantha Anne, MD
Board Certification: Otolaryngology
Specialty Interest(s): Pediatric otolaryngology

Catherine Henry, MD
Board Certification: Otolaryngology and Internal Medicine
Specialty Interests: Chronic cough, hearing loss, laryngopharyngeal reflux, medical management of otolaryngology problems in adults, tinnitus, vertigo, and vestibular disorders

Douglas Hicks, PhD
Specialty Interest(s): Care of the professional voice, disorders of voice, laryngeal physiology, laryngopharyngeal reflux, outcomes research, voice disorders, voice science

Robert Katz, MD
Board Certification: Otolaryngology
Specialty Interest(s): Adult and pediatric general otolaryngology, cholesteatoma, chronic ear disease, congenital and malignant head and neck disease, nasal-sinus disease and surgery, hearing loss, otosclerosis, pediatric ear disease, recurrent infections, snoring, thyroid and salivary gland masses, pediatric neck masses, tinnitus management

Erika Woodson, MD
Board Certification: Otolaryngology
Specialty Interest(s): Acoustic neuroma, Bell’s palsy, benign paroxysmal position vertigo, carotid body tumor, dizziness, ear infections, hearing loss, neurofibromatosis, Ramsay Hunt syndrome types 1 and 2, tinnitus and Usher syndrome

Alan Kominsky, MD
Board Certification: Otolaryngology, Sleep Medicine
Specialty Interest(s): Sinonasal disease, obstructive sleep apnea, adult and pediatric general otolaryngology

Raj Sindwani, MD
Board Certification: Otolaryngology
Specialty Interest(s): Endoscopic sinus surgery for recurrent and chronic sinus infections and nasal polyps; minimally invasive endoscopic skull base surgery for tumors of the nose and sinuses; endoscopic orbital surgery including orbital and optic nerve decompression and dacryocystorhinostomy

Judith A. White, MD, PhD
Board Certification: Otolaryngology
Specialty Interest(s): Vestibular disorders, dizziness and balance, hearing problems, ear disease

Troy Woodard, MD
Board Certification: Otolaryngology
Specialty Interest(s): CSF leak repairs, nasal-sinus disease and surgery, paranasal sinus disease, skull base neoplasms, skull base surgery

Otolaryngology (Ear, Nose and Throat/ENT) Nurse Practitioners

Anne Banas, CNCP
Board Certification: Pediatric Nurse Practitioner
Specialty Interest(s): General pediatric otolaryngology

Erin Ross, MSN, APRN, CNP, CORLN
Adult Nurse Practitioner
Specialty Interest(s): General otolaryngology, head and neck cancer prevention, screening in adults

Kathleen Yappel Sinkko, MSN, CNP
Adult Nurse Practitioner
Specialty Interest(s): Rhinology, sinus problems in adults

Pain Management

Riad Laham, MD
Board Certification: Anesthesiology, Anesthesiology–Pain Medicine
Specialty Interest(s): Back pain, neck pain, spine pain, interventional pain management, management of chronic pain
Englok Yap, MD
Board Certification:
Anesthesiology and Pain Medicine
Specialty Interest(s):
Interventional pain management for back and neck pain, shingles, long-term pain following chest wall surgery, CRPS and musculoskeletal pain

Benjamin Young, MD
Board Certification:
Internal Medicine - Pulmonary Disease
Specialty Interest(s):
General pulmonary medicine

Joseph Zein, MD
Board Certification:
Pulmonary Medicine, Critical Care Medicine, Sleep Medicine, Internal Medicine
Specialty Interest(s):
General pulmonary medicine, sleep medicine, critical care medicine

Joseph Zein, MD
Board Certification:
Pulmonary Medicine, Critical Care Medicine, Sleep Medicine, Internal Medicine
Specialty Interest(s):
General pulmonary medicine, sleep medicine, critical care medicine

Howard Epstein, MD
Board Certification:
Rheumatology, Internal Medicine
Specialty Interest(s):
Lupus, rheumatoid arthritis, osteoarthritis, gout, polymyositis, ankylosing spondylitis

Linda Mileti, MD
Board Certification:
Internal Medicine and Rheumatology
Specialty Interest(s):
General rheumatology including rheumatoid arthritis, osteoarthritis, spondyloarthropathies, lupus, gout, polymyalgia rheumatica, osteoporosis

Rochelle Rosian, MD
Board Certification:
Internal Medicine and Rheumatology
Specialty Interest(s):
General rheumatology, osteoarthritis, psoriatic arthritis, rheumatoid arthritis, SLE and connective tissue diseases

Howard Smith, MD
Board Certification:
Internal Medicine and Rheumatology
Specialty Interest(s):
Arthritis, lupus, Sjogren’s Syndrome, myositis, scleroderma, ankylosing spondylitis

Silvia Neme-Mercante, MD
Board Certification:
Neurology
Specialty Interest(s):
Sleep disorders, breathing, neurophysiology

Also for sleep conditions, see Dr. Kominsky (ENT) and Dr. Zein (Pulmonology)
Specialty Care Services Continued

Urology

Khaled Fareed, MD
Board Certification: Urology
Specialty Interest(s): Adrenal cancer, elevated PSA, kidney cancer, laparoscopic and robotic surgery, BPH, prostate cancer, stone disease

David Levy, MD
Board Certification: Urology
Specialty Interest(s): Oncology, prostate cancer, kidney cancer, bladder cancer

Courtenay Moore, MD
Board Certification: Urology
Specialty Interest(s): Pelvic organ prolapse, incontinence, voiding dysfunction, female reconstructive surgery, female sexual dysfunction

Raymond R. Rackley, MD
Board Certification: Urology
Fellowship Training: Female Urology and Urogynecology
Specialty Interest(s): Cystocele, female genitourinary reconstruction, pelvic organ prolapse, urinary incontinence, fistula, diverticula, rectocele, pelvic floor reconstruction

Edmund S. Sabanegh Jr., MD
Board Certification: Urology
Specialty Interest(s): Microsurgical reconstructions for infertility as well as medical therapies to improve sperm production

Daniel Shoskes, MD
Board Certification: Urology
Specialty Interests: Benign prostatic hyperplasia (BPH), chronic pelvic pain syndrome, chronic prostatitis, interstitial cystitis, kidney (renal) transplantation, male hypogonadism, and erectile dysfunction

James Ulchaker, MD
Board Certification: Urology
Specialty Interest(s): Benign prostatic hyperplasia (BPH), prostate cancer, bladder cancer

Urology, Nurse Practitioner

Michelle Angie, CNP
Adult Nurse Practitioner
Specialty Interest(s): Adult urologic care, non-surgical general urology issues

Vascular Medicine

Leslie Gilbert, MD, RVT, RPVI
Board Certification: Vascular Medicine, Internal Medicine
Specialty Interest(s): Vascular medicine, certified wound specialist, PAD, venous disorders, thrombophilia, lymphedema

Douglas Joseph, DO, RVT, RVPI
Board Certification: Internal Medicine, Vascular Medicine
Specialty Interest(s): Varicose veins, endovenous ablation, microphlebectomy, sclerotherapy, chronic venous insufficiency, peripheral arterial disease, lymphedema

Vascular Surgery

David Naar, MD
Board Certification: Surgery and Vascular Surgery
Specialty Interests: Carotids, Ablations, CV Surgeries, PAD and AAA

Sunita D. Srivastava, MD
Board Certification: General Surgery with special certification in Vascular Surgery
Specialty Interest(s): Endovascular surgery, aortic aneurysmal disease, carotid artery disease, renal artery occlusive disease

Vestibular Medicine

Judith A. White, MD, PhD
Board Certification: Otolaryngology
Specialty Interest(s): Vestibular disorders, dizziness and balance, hearing problems, ear disease
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INDOOR LOCATION
Beachwood Place, Food Court
26300 Cedar Road
Beachwood

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- Urinary tract infections
- Upper respiratory tract infections

Express Care at the Beachwood Family Health and Surgery Center is located in the Cardiology suite, off the Atrium on the first floor. Free surface and handicapped parking is available.

Note: At this time, pediatric services are not available.

216.839.3000

Monday through Friday, 1 to 9 p.m.; Saturday and Sunday, 8 a.m. to 4 p.m.
No appointment necessary.

For additional locations and hours, visit: clevelandclinic.org/expresscare

Cleveland Clinic

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Insurance
Cleveland Clinic participates in most insurance plans. Check with your plan's member services department for specific questions about insurance coverage.

Nurse on Call
To speak with a registered nurse about your adult or pediatric health concerns, contact Nurse on Call Monday through Friday, from 8 a.m. – 11 p.m. (If you see a Cleveland Clinic Family Health Center provider, simply call your doctor's office after hours and you'll be automatically connected to Nurse on Call.) 216.444.1234 or 800.801.2273


Visit clevelandclinic.org/fhc
Our website offers up-to-date information on each family health center, including maps, services, a physician directory, a Health Talks calendar, free health information, and Health Essentials newsletter.

For our most current list of staff and services, visit clevelandclinic.org/beachwood.