

Seeking advice from a mental health professional could lead to reducing or dealing more positively with life's difficulties. Those in need of the treatment could exhibit any combination of the following:

#### Adolescents

- Physically and verbally striking out
- Excessive crying and tearfulness
- Negativity
- Problems with concentration
- Inability or refusal to take direction
- Isolation or lack of communication with family and peers
- Dramatic changes in grades at school
- Behavioral or attendance referrals from schools
- Secretiveness about friends or running with "wrong" peers
- Self-harming activities
- Bullying
- Unusual irritability
- Changes in personal hygiene or appearance

#### Adults

- Feelings of depression
- Inability to handle stresses at home or work
- Abuse of alcohol or other drugs
- Changes in sleeping and eating habits
- Interpersonal relationship problems
- Loss of interest in sex
- Unexplained fearfulness
- Mood swings
- Angry much of the time
- Memory lapse

#### Older Adults

- Inability to concentrate
- Decreased energy
- Changes in sleeping and eating habits
- Memory loss
- Difficulty handling stress
- Grieving for unusually long periods of time
- Withdrawal from family and friends
- Refusal to leave home or participate in activities
- Ongoing irritability
- Dependence on alcohol or other drugs
- Lack of interest in activities
- Changes in personal hygiene and appearance

#### Stephanie Tubbs Jones Health Center

13944 Euclid Avenue  
East Cleveland, OH 44122  
216.325.9355

#### Services Offered:

Children, youth and adult counseling and CPST services for children, IOP, outpatient alcohol and drug treatment, community psychiatric support treatment and assessment

#### Strongsville Family Health and Surgery Center

16761 South Park Center  
Strongsville, OH 44136  
216.636.5860

#### Services Offered:

Outpatient adult psychology

#### Westlake Office

805 Columbia Road  
Westlake, OH 44145  
216.636.5860

#### Services Offered:

Outpatient adult psychiatry and psychology

#### Willoughby Hills Office

2785 SOM Center Road  
Willoughby Hills, OH 44094  
216.636.5860

#### Services Offered:

Outpatient adult psychiatry and psychology

#### Wooster Family Health Center

1740 Cleveland Road  
Wooster, OH 44691  
330.264.2085

#### Services Offered:

Outpatient adult psychology



# Center for Behavioral Health

The Center for Behavioral Health offers a comprehensive range of inpatient and outpatient mental health programs as well as chemical dependency programs in Cleveland Clinic health system locations in your community.

To request an appointment, refer to the list enclosed. For more information about our services, visit our website at [clevelandclinic.org/psychiatry](http://clevelandclinic.org/psychiatry).

### There is help

The Center for Behavioral Health offers a variety of services to help adolescents, adults and older adults. Our team of professionals includes a broad spectrum of psychiatrists, therapists, nurses, and other specialists who are trained to manage complex mental health issues as well as a team dedicated to treating those who suffer from chemical dependency.

### Inpatient care

- Structured seven days a week, day, evening and weekend therapeutic programming
- Scheduled recreational activities
- Nutrition and medication education
- Linkage to community resources for ongoing support

Persons who receive care from our behavioral health services are treated with confidentiality, respect, dignity and sensitivity.

### The goal

Treatment for mental health issues and substance abuse problems is individualized so the length and type of treatment varies from person to person. Our behavioral health staff is committed to promoting wellness, helping individuals to function at their highest level and improving quality of life.

## Locations and Services

### Main Campus

9500 Euclid Avenue/P5  
Cleveland, OH 44195  
216.636.5860  
866.588.2264

*Services Offered:*  
Psychiatry, psychology, psychological testing, Intensive Outpatient Program (IOP), neuropsychological testing and diagnosis, psychiatric inpatient consult service, outpatient child psychiatry, residency program

### Ashtabula County Medical Center

2420 Lake Avenue  
Ashtabula, OH 44004  
440.997.6641

*Services Offered:*  
Adult and geriatric psychiatry

### Beachwood Family Health and Surgery Center

26900 Cedar Road  
Beachwood, OH 44122  
216.636.5860

*Services Offered:*  
Outpatient adult psychology

### Chagrin Falls Family Health Center

551 E. Washington Street  
Chagrin Falls, OH 44022  
216.636.5860

*Services Offered:*  
Outpatient adult psychology

### Euclid Hospital

18901 Lake Shore Blvd.  
Euclid, OH 44119  
Central intake for triage –  
216.363.2122

*Services Offered:*  
Inpatient geropsychiatry

### Fairview Hospital

18099 Lorain Avenue  
Cleveland, OH 44111  
Central intake for triage –  
216.363.2122

*Services Offered:*  
Inpatient child psychiatry and limited outpatient child psychiatry, inpatient consultation

### Hillcrest Hospital

6803 Mayfield Road  
Mayfield Heights, OH 44124  
216.363.2122

*Services Offered:*  
Inpatient consultation

### Independence Family Health Center

5001 Rockside Road,  
Crown Center II  
Independence, OH 44131  
216.636.5860

*Services Offered:*  
Outpatient adult and pediatric psychology

### Lakewood Hospital

14601 Detroit Avenue  
Lakewood, OH 44107  
Central intake for triage –  
216.363.2122

*Services Offered:*  
Geropsychiatry, inpatient consultation

### Lutheran Hospital

1730 W. 25th Street  
Cleveland, OH 44113  
216.363.2232

*Services Offered:*  
Inpatient adult and older adult services, outpatient adult psychiatry, inpatient consult service, IOP, central behavioral health intake, Alcohol and Drug Recovery Center (ADRC)

### Marymount Hospital

12300 McCracken Road  
Garfield Heights, OH 44125  
Daytime:  
216.587.8342  
Evening:  
216.587.8092  
Dual Diagnosis:  
216.587.8342

*Services Offered:*  
Inpatient and limited outpatient adult psychiatry, inpatient consult service, IOP

### Solon Family Health Center

29800 Bainbridge Road  
Solon, OH 44139  
216.636.5860

*Services Offered:*  
Outpatient adult psychology

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