Rehabilitation Hospitals
A System-Wide Approach to Acute Rehabilitation Care

Cleveland Clinic’s adult rehabilitation units have undergone a recent transformation to offer integrated services at three locations, with 98 adult acute rehabilitation beds strategically located throughout Northeast Ohio. Our Rehabilitation Hospitals now include a new inpatient rehabilitation hospital and therapy services on our main campus, and expansions at both Lakewood and Euclid hospitals. Rounding out our complement of hospital services is Cleveland Clinic Children’s Hospital for Rehabilitation; ensuring a full range of treatment that is appropriate for patients of any age.

Our Rehabilitation Hospitals serve a patient mix that includes regional, national and international referrals, in line with the scope of Cleveland Clinic’s world-renowned tertiary-care services. We provide specialized care for patients who need intensive rehabilitation after hospitalization for stroke, spinal cord injury, traumatic brain injury, major illness, organ transplant, surgery or trauma.

This system-based approach to acute inpatient rehabilitation is bolstered by Cleveland Clinic staff who provide 24/7 in-house physician coverage at each location, a coordinated fiscal/management structure and an integrated knowledge/information management system. An experienced team of physical, occupational, speech/language and recreational therapists work with a team of rehabilitation nurses, specialized psychologists, physiatrists, nurse practitioners, social workers and case managers. This approach results in personalized patient care, better outcomes and access to innovative, disease-based treatment pathways for acute rehabilitation patients throughout our system.

Because of the convenience of multiple locations, patients who require acute inpatient rehabilitation following surgery, illness or injury can choose the location closest to their homes or visiting family members. Because all of the Rehabilitation Hospitals are centrally coordinated and in constant communication with each other, patients are assured of receiving the same high level of care at any of the three locations. Likewise, referring physicians can trust they will receive communications and updates on the progress of their patients.
Cleveland Clinic Rehabilitation Hospital, Euclid Hospital

Medical Director – Patrick Schmitt, DO

Cleveland Clinic Rehabilitation Hospital at Euclid Hospital serves as the hub of Cleveland’s east-side rehabilitation services, with 46 inpatient beds, including 34 private rooms. The Euclid Hospital location has an established reputation for quality rehabilitative care, earned from more than 40 years of treating patients from across the country and around the world.

- A team of senior, hospital-based therapists representing all disciplines
- A full range of orthopaedic, organ transplant, medical and neurological rehabilitation services
- 24-hour, in-house physician coverage
- Specialty programs to help patients manage diet, bowel and bladder problems without tubes and catheters
- Expertise in postoperative pain control, integrating the services of pain management physician specialists
- Direct access to a full-service, on-site acute care hospital
- A full complement of speech therapy services to address communication and swallowing problems
- Serene setting overlooking Lake Erie, with a Healing Garden for therapeutic interventions on various surfaces that simulate a real-life environment (pavement, grass and other uneven surfaces).
- Apartment-like treatment area for practicing activities of daily living (ADL rooms)
- Adjuncts to traditional therapies, including horticulture, art, music, relaxation training, inpatient support group, cooking classes, community reintegration, balance and coordination activities using the Wii™ video system, and pet therapy

For more information visit: clevelandclinic.org/rehabhospitals

Cleveland Clinic Rehabilitation Hospital, Lakewood Hospital

Medical Director – Dan Shamir, MD

Cleveland Clinic Rehabilitation Hospital at Lakewood Hospital is a 35-bed facility that is the hub of rehabilitation services for Cleveland’s west side. This 12,000 square-foot facility occupies two wings of the hospital’s fourth floor.

- 24-hour, in-house physician coverage
- A full range of neurological, orthopaedic, organ transplant and medical rehabilitation services
- 29 private rooms and state-of-the-art therapy equipment
- Physiatrists, along with dedicated nurse practitioners and specialized rehabilitation nurses, working together to develop a plan of care for each patient
- Physiatrist-managed Access Clinic for assessment and direct admission, when appropriate
- Dedicated psychologist on site
- Rehab physicians continue to follow patients after discharge to help coordinate functional needs at home
- A full complement of physical, occupational, and speech therapy services to address mobility, activities of daily living, driving, communication and swallowing problems including:
  - Specialty programs to help patients manage diet, nutrition and bowel and bladder issues
  - Direct access to a full-service, acute care hospital, along with a full range of Lakewood Hospital medical specialists including the Cleveland Clinic Neurological Institute
  - Expertise in postoperative pain control, integrating the services of pain management physician specialists
  - Adjuncts to traditional therapies, including horticulture, art, music, relaxation training, outpatient stroke support group, low-sodium and diabetic cooking classes, community re-integration and balance and coordination activities using the Wii video system
  - STEP (Stroke Exercise Program), an exercise maintenance program to help stroke patients maintain or improve functional abilities after they are discharged from outpatient therapy services

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Cleveland Clinic
Rehabilitation Hospital,
Cleveland Clinic Main Campus

Medical Director – John Lee, MD

The Rehabilitation Hospital at Cleveland Clinic main campus offers 17 private rooms with electronic patient lift systems and a new state-of-the-art therapy gym. Located in the heart of our main campus, we offer a seamless transition from the acute hospital setting.

- Access to Cleveland Clinic physicians and surgeons in all specialties and subspecialties
- A team of senior, hospital-based therapists representing all disciplines
- Joint Commission certification of Cleveland Clinic as a Primary Stroke Center
- Recipient of the American Stroke Association’s Get With The Guidelines Stroke Gold Plus Performance Achievement Award
- Concierge services for out-of-state and international patients and their families

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Cleveland Clinic Children’s Hospital for Rehabilitation

For more than 100 years, our pediatric inpatient and outpatient rehabilitation program has offered infants, children and adolescents a full range of therapy services to overcome acute and chronic medical challenges. Both the inpatient pediatric rehabilitation program and the Pediatric Pain Rehabilitation Program are accredited by the Commission for Accreditation of Rehabilitation Facilities (CARF). The Pain Program is the first and only pediatric specialty pain rehabilitation program in the world to be CARF accredited.

Our pediatric rehabilitation team consists of board-certified pediatric physiatrists, case managers, nurses, therapists, psychologists and social workers, among other professionals. This team evaluates each child’s needs and develops treatment plans based on individual goals. Our pediatric rehabilitation program serves patients with physical and cognitive disabilities – improving function, preventing progression of disability and disease complications, and assisting caregivers.

Specialized Pediatric Treatment Services include:

- Acute inpatient rehabilitation
- Chronic pain rehabilitation program
- Constraint-induced movement therapy
- Feeding disorders program
- Neonatal Intensive Care Unit Follow-Up Clinic
- Spasticity management
- Surface electromyography motor relearning
- Technology resource center
- Wheelchair and equipment evaluation
Cleveland Clinic Rehabilitation and Sports Therapy

Cleveland Clinic Rehabilitation and Sports Therapy, in concert with the Department of Physical Medicine and Rehabilitation and the Orthopaedic and Rheumatologic Institute, engages multidisciplinary teams of researchers and clinicians who are targeting the development of a seamless system of services — extending from the acute hospital through post-acute treatment and home care.

Our special programs are patient-centered and are built around disease conditions, transcending traditional barriers between hospital, nursing home and outpatient care.

Our team of more than 650 specialty-trained occupational, physical and speech therapists is dedicated to improving patients’ function and quality of life. More than 45 outpatient facilities offer state-of-the-art rehabilitation equipment and the space needed for advanced functional therapy techniques. Our specialized therapy services include:

- Adult Driver evaluation and rehabilitation
- Amputee rehabilitation
- Arthritis Therapy Speech Rehabilitation
- Aquatic therapy
- Audiology and hearing aid rehabilitation
- Cancer rehabilitation
  - Breast cancer
  - Lymphedema
- Chronic pain rehabilitation
- Falls prevention rehabilitation
- Low-vision services
- Neurological rehabilitation
  - Cerebral palsy
  - Cognitive deficits
  - Huntington's disease
  - Multiple sclerosis
  - Parkinson's disease
  - Stroke
- Orthopaedic and musculoskeletal rehabilitation
  - Bone and total joint
  - Foot and ankle
  - Hand
  - Osteoporosis and bone health
- Pelvic floor rehabilitation
- Return-to-work services
- Spine injury and back pain rehabilitation
- Sports specific rehabilitation
- Vestibular rehabilitation
- Wound care

Specialized Help at Home

Cleveland Clinic’s Center for Connected Care brings together all of Cleveland Clinic’s home and transitional care services, including home care, hospice, physician home visits, home infusion pharmacy, home respiratory therapy, and skilled nursing and long-term acute care facilities.

clevelandclinic.org/rehabhospitals
clevelandclinic.org/rehabportstherapy
To request admission for adult or pediatric acute inpatient rehabilitation or for additional information, please contact the most convenient location:

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