Remember, MRIs are done at the scheduled time. You must have a family member, friend or transportation service to accompany you to the appointment and drive you home.

If you have questions for the nurse please write them down in the space below and on the back of this form. You will be able to refer to them when you talk with the nurse.
You have been scheduled for an MRI (magnetic resonance imaging) with sedation. An MRI examination consists of a series of "sequences" each lasting from a few seconds to several minutes and accompanied by the knockingsound of the machine.

The MRI machine at the Mellen Center has a shorter tunnel, and the noise level is much louder due to the increased speed in taking images.

During your MRI, you will be able to listen to your favorite radio station and look out the machine through a mirror. You will also be given a call bell to squeeze if you need assistance any time during the exam.

The nurse will review your medical history and monitor your blood pressure, heart rate and respiration. If you have diabetes, please contact your doctor to see if you will need to make any changes to your insulin or pills.

You will need someone with you to drive you home from this appointment, preferably a relative or friend who can be entrusted with your safety while under the influence of the sedation.

If it is not possible for a relative or friend to come with you, please discuss this with your nurse or doctor before your appointment.

The MRI machine will be located in the MRI lobby area during your exam. MRI sedation must stay in the MRI room with your patient at all times. The person who accompanies you is responsible for assisting you. Do not leave your patient unattended.

Preparation for the exam

On the day of your exam:

- Your nurse will call you 24 to 48 hours prior to your exam to ask some questions and answer any questions you might have.
- Do not drink coffee or caffeinated beverages or smoke prior to your exam.
- Continue taking your medicines as prescribed with water.
- If you have diabetes, please contact your doctor to see if you will need to make any changes to your insulin or pills.
- You must arrive 15 minutes late for a screening form.
- You must arrive by 7:15 a.m. to complete your pre-exam paperwork in the MRI lobby.
- You will check in at Desk U15.
- You will be given Xanax tablets for sedation.
- Do not drink coffee or caffeinated beverages or smoke prior to your exam.
- You will need someone with you to drive you home from this appointment, preferably a relative or friend who can be entrusted with your safety while under the influence of the sedation.
- If it is not possible for a relative or friend to come with you, please discuss this with your nurse or doctor before your appointment. The person who accompanies you to the appointment must stay in the MRI lobby area during your exam.

Types of exam:
- If you are getting a short-term relief of anxiety, you will be given a medicine called Xanax®. This medicine will be prescribed by your doctor at the Mellen Center. The medicine is used for short-term relief of anxiety.

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