PERFORM:
“To carry out, accomplish, or fulfill (an action, task or function), present (to an audience)"

In the most oblique sense of the word, we are all performers. We have accomplished feats, we fulfill our responsibilities to our patients and we are consistently “on stage” presenting to our audiences. And these audiences can be patients, colleagues, family, friends and at times, strangers.

The fact that we perform is not what’s important. What’s important is how we perform and how dedicated we are to the performance. The motivational message in Cleveland right now is “All In” for the Cavs. Yet I would argue that All In should be our daily mantra. Are you all in when you arrive at your desk, floor, or office every day? Or is your mind still on that mess you left at home, or the driver that cut you off on your ride in?

All in is a state of mind. And it should be our continual state of mind when we walk through these doors. I’m writing about this because I just recently viewed the empathy video and even though I have seen it over 10 times now, it still strikes a chord with me. And it should! This video is a reminder that everyone has “stuff” going on. It’s how well you compartmentalize that “stuff” that lends to the type of caregiver you are on a daily basis.

If you haven’t watched the empathy video lately, take some time to view it. And every day before you walk into these doors, remember that video. Put your mind All in. All in for your patients, all in for your colleagues, all in for everyone you may meet today.

So give the performance of your life each and every day by being All In!

Thanks for reading,
Carpe Diem
Josanne
For the Spring 2015 issue we are spotlighting PA student Alexander Lukic from Ohio Dominican University.

Alex graduated from Miami University with a degree in Nutrition and always knew he wanted to pursue a career in a medical field. He has long been interested in Health and Fitness and a holistic lifestyle. To gain experience and knowledge in different areas Alex completed research at the Cleveland Clinic in the Digestive Disease Institute and has volunteered at the Cleveland Free Clinic, completing various jobs, including HIV testing, intervention and counseling. While shadowing a physician during his undergraduate years, he had the opportunity to talk with a PA who spoke of the growth in the field and the benefits of being a PA. It was then that Alex decided to pursue a career as a Physician Assistant.

When asked why he chose Ohio Dominican University for his education he states that he wanted to attend a school in a big city and he was very impressed and comfortable with the new program. During the application/interview process he “had a great feeling from the faculty members” and is very happy with his decision. “I feel like we have great relationships with all of the faculty that go beyond the classroom.”

Alex is currently completing his 4th rotation at the Cleveland Clinic. He felt his rotation in the MICU in critical care was a perfect fit. Alex “liked the intensity, the busy work day, the broad range of medicine, and the team of PA’s he worked with,” he said. It made the experience for me.”

He also enjoyed Cardiology and working in the rehab programs. Alex said he felt he could educate patients in the area of diet and exercise with his Nutrition degree and his strong interest in fitness.

Alex is from the Cleveland area and is one of the first generations in his family to attend college. In his free time, he stays active with Cross-fit Training and plans on running in the Cleveland Marathon on May 17th. His PA sand volleyball team The Beta Blockers were league champions last year.

Alex closed with the quote, “you never know what’s waiting for you on the other side of the door, and that’s what I love so much about our field.”
Program Administrator’s Corner

As you all know, there are many core rotations that all PA students must complete in order to meet accreditation standards. Nationally it has been a struggle to find PA preceptors for some of these rotations, including Women’s Health, Pediatrics, and Behavioral Medicine. With that being said, it is great when we have established sites in these specialties, but even better when we have phenomenal preceptors in these areas. This month I would like to highlight one of these phenomenal preceptors who has been crucial in educating the PA students that rotate in Psychiatry, Maura Gavin.

Q: What encouraged you to become a PA?
A: I had been working as a respiratory therapist in critical care for about 12 years. I worked with a PA at Mt. Sinai and noted how she worked with the physicians and staff in caring for the patients. I felt I could really make a difference as a PA.

Q: What PA school did you graduate from?
A: Cuyahoga Community College.

Q: How long have you been a PA?
A: 17 years.

Q: How long have you been working at Cleveland Clinic?
A: I started working at South Pointe Hospital in 1998 while it was part of the Meridia System. I believe Cleveland Clinic took over a couple of years later.

Q: Are you working on any special projects?
A: I have recently joined the PA Preceptor Council and look forward to contributing to the group.

Q: How long have you been precepting students?
A: About 2 years.

Q: How often do you take students in a year?
A: About 8 months out of the year.

Q: Do you precept with a team?
A: I work with several psychiatrists and another PA who are all willing to offer their knowledge and experience any opportunity they can.

Q: What were you most nervous about before you started precepting?
A: I was really afraid of the time commitment and the responsibility of ensuring the students got the most out of their clinical experience in psychiatry as I could provide.

Q: What is the most difficult thing about precepting?
A: Judging the individual student’s needs and deciding the most effective teaching method for them.

Q: What is the most rewarding thing about precepting?
A: I have really enjoyed getting to know each student. It is great seeing so many different students with different backgrounds and experience and see how they progress. I really felt like I was doing something good after hearing back from some of my students months after their rotations to update me on their careers and thank me for what they learned in their psychiatric rotation and how it has benefited them in whatever specialty they have chosen.

Q: Tell me about yourself - family, what do you do in the little spare time you probably have?
A: I come from a big family who remain close. My boyfriend and I live in University Heights and I have a 17 year old stepson who is getting ready to start college next year. I am really looking forward to the summer. We love spending time on our boat and travelling whenever possible.
Florida News

As the spring comes to a close and summer rolls in, things are heating up in South Florida. The recent opening of the Egil and Pauline Braathen Center, a $90 million building devoted to Cancer and Neurological Care, has shifted focus to this brand new treatment center for patients within the South Florida area and beyond. The building literally opened with a bang. While completing construction, there was a fire and explosion on the roof of the building. This incident resulted in evacuation of the ambulatory clinic as well as parts of the main hospital. The fire was quickly contained and all personnel were accounted for without injury. The new building has created opportunity for our Oncology and Neurosurgery PAs to be involved in state-of-the-art treatment modalities. This includes a Chemotherapy Infusion Suite designed to include the family in a healing environment as well as diagnostic and radiation treatment providing advanced and stereotactic radiotherapy.

The Transplant Service and Cardiothoracic Team Physician Assistants have been busy building and growing the Heart/Liver/Kidney Transplant program. Just over a year old, the Liver/Kidney program has evolved into a focal center for Organ Transplant in the South Florida community. The Heart Transplant Program, one of the few in South Florida, has been riding this momentum as well. Cardiothoracic PAs have shared involvement in procurement of organs as well as peri and post-operative care of transplant patients. They are routinely part of the team that fly off to other hospitals for donated organs.

The demand for medical care access increases as the South Florida population grows. The Cleveland Clinic Florida PAs have answered that call. Since 2013, we have doubled our numbers and continue to grow. We continue to be the premier employer for South Florida PAs as well as a strong clinical rotation site for local PA programs. There are ongoing requests for Pre-PA students to shadow the talented group of PAs on the Florida campus.

As we continue alignment with Main Campus, Florida Cleveland Clinic PAs are positioning themselves for the future.
For the past number of years, we have been cultivating PAs in Administration. We would like to highlight and thank those PAs who have stepped up into the role of Administration:

Eric Betka        Lorain
Candace Beury    Lorain
Pat Curtis        RI
Rob Estridge      NI
Karen George      Medical Ops
Trish Hirkala     IR
Kristin Homoki    PA Services
Mary Hughes       HVI
Nancy Ivansek     ID
Deb Kangisser     NI
Joe Keller        MICU
Kathy Kraus       Pain Mgmt.
Al Melillo        Regional NI
Fran Meyers       ORI
Lynn Pagliaccio   ESI
Adam Feldman      Florida
Lisa Geisheimer   Hillcrest
Judy Lewis        Fairview
James Nahrstedt   Fairview
Pam Koeth         Hillcrest
Andrew Proctor    Euclid
Karen Roane       Lakewood
Ann Vetter        Lakewood
Carol Weber       South Point

We will be recruiting soon for an APN/PA Manager to head up the APN/PA services in **ABU DHABI**. If you are interested, please contact me at pagelj@ccf.org. PA Services is committed to promoting leadership opportunities for PAs.
Cleveland Clinic
PA Staff Meeting
The Results Are In! Meet the New Members of AAPA’s Board of Directors

President Elect: Josanne K. Pagel MPAS, PA-C, DFAAPA (Ohio)

Directors at Large: Laurie Benton PhD, MPAS, PA-C, DFAAPA* (Texas)
Diane Bruessow PA-C, DFAAPA (New York)
David Mittman DFAAPA (New Jersey)

Newly elected will take office June 10, 2015

A note of thanks:
Thank you to all who voted in the AAPA elections. As Fellow members of the AAPA, it is your right and benefit to be able to vote for your Board of Directors. I appreciate your support and I am honored to serve as the next President Elect of the AAPA.
Josanne
2015 CME OFFERINGS

Online Series
Earn your CME credits in pharmacology. This online series helps you stay abreast of new indications or medications, their modes of action, efficacy and side-effect profiles and their use in clinical practice.

Purchase as a group and SAVE
Purchase a set of six webcasts for only $100 – a $120 value. Ensure you have the necessary knowledge and competencies to appropriately prescribe medications and improve patient outcomes by participating in this CME-certified, online series.

Featured topics
- Infectious Disease Pharmacology
- Antibiotic Pharmacology
- Get your credits today

(Hold the Control Key and then click the link above to access available modules)

Or go to:
http://my.clevelandclinic.org/careers/physician-assistants/events-conferences/cme-conferences.aspx
2015 EVENTS CALENDAR

AAPA NATIONAL MEETING: SAN FRANCISCO
MAY 23-27th

PA STUDENT CHALLENGE BOWL AND WORKSHOP
JUNE 18-19th

PA’s IN ADMINISTRATION INTENSIVE WORKSHOP
BY INVITATION ONLY
AUGUST 27-28th

PRECEPTOR WORKSHOP
SEPTEMBER 24th

OAPA CME
OCTOBER 2-4th

PA WEEK RECEPTION
OCTOBER 8th

PA MANAGERS WORKSHOP
OCTOBER 8th

PA’S IN ADMINISTRATION CONFERENCE
WAKE FOREST PA PROGRAM
NOVEMBER 5-7th

HEALTHCARE FOR VETERANS CME PROGRAM
NOVEMBER 9-10th

APN/PA MANAGERS WORKSHOP
NOVEMBER 19th
2015 EVENTS CALENDAR

MONTHLY MEETINGS

PA MANAGERS MEETING
4th THURSDAY OF THE MONTH
7:30 a.m. — 9 a.m.
NA 5—15

PA STUDENT MONTHLY FORUM
3rd TUESDAY OF THE MONTH
7:30 a.m. — 8:30 a.m.
E 3—53

APN/PA MANAGERS MEETING
1st THURSDAY OF THE MONTH
12:00 p.m. — 1:30 p.m.
E 3—53
Please join us in welcoming the following PAs to Cleveland Clinic:

LINDSAY HULL
Neurological

KATHRYN FITZGERALD
Weston, Florida

LAURA GIORGETTI
Weston, Florida

JENNIFER POSNER
Weston, Florida

SHAUNA CLEMENT
Mellen Center/Multiple Sclerosis

ZOE SPRINGSTUBB
Digestive Disease

ANTHONY CHAPMAN
Heart & Vascular

KATHRYN EASLEY
Neurological

COURTNEY HOLLINGSWORTH
Lorain Institute

MARY KNOWLES
Beachwood

DANIEL ADAMS
Center for Brain Health

NATASHA AXTON
Digestive Disease

MARY KNOWLES
Beachwood

DEREK BOYER
Weston, Florida
MISSION
To work with physicians to provide quality and accessible health care to our patients.
To continue our professional and personal development as Physician Assistants.
To increase awareness of the Physician Assistant profession at Cleveland Clinic.

PURPOSE
By disseminating information, increasing communication, and promoting educational activities for continual medical and professional opportunities, the Physician Assistants of Cleveland Clinic are committed to providing affordable and accessible quality health care to all patients.

Our VISION is to offer the most professional and educational opportunities to Physician Assistants, throughout the world!

WORDS OF THE DAY:

"Anyone can hold the helm when the sea is calm."

REGIONAL HOSPITALS:
Lutheran:
General Surgery (1)

Lakewood:
General Surgery (1)
Hospital Care Specialist (1)
Behavioral Center for Teen Health (1)

Marymount:
Surgery (1)

Fairview:
Westlake Medical Campus—PACC(1)

ASC’s, FHC’s, EXPRESS CLINICS & URGENT CARE CENTERS:
Willoughby Hills FHC:
Express Care (2)

Beachwood:
Express Care (1)

Elyria FHC:
Chestnut Express Care (1)

Independence FHC:
Express Care (1)

Stephanie Tubbs Jones FHC:
Express Care (1)

For information, contact the PA Recruiters:
Lauren Forst—forstl@ccf.org—216-448-0626
Lauren Judd—smithl22@ccf.org—216-448-8208
Sandra Fedor—sfedor@ccf.org—216-448-8204

MAIN CAMPUS:
CVICU—Cardiothoracic Anesthesiology (1)
APN/PA Coordinator—CVICU (1)
NICU (1)
OB/GYN (1)
Pulmonary—Outpatient (1)
SICU (1)
Neurology—ICU(1)
Neurology (1)
Plastic Surgery (1)
MICU—Critical Care (1)
Orthopaedics (1)
Pain Management—Inpatient (1)