Seeking advice from a mental health professional could lead to reducing or dealing more positively with life’s difficulties. Those in need of the treatment could exhibit any combination of the following:

### Adolescents
- Physically and verbally striking out
- Excessive crying and tearfulness
- Negativity
- Problems with concentration
- Inability or refusal to take direction
- Isolation or lack of communication with family and peers
- Dramatic changes in grades at school
- Behavioral or attendance referrals from schools
- Secretiveness about friends or running with “wrong” peers
- Self-harming activities
- Bullying
- Unusual irritability
- Changes in personal hygiene or appearance

### Adults
- Feelings of depression
- Inability to handle stresses at home or work
- Abuse of alcohol or other drugs
- Changes in sleeping and eating habits
- Interpersonal relationship problems
- Loss of interest in sex
- Unexplained fearfulness
- Mood swings
- Angry much of the time
- Memory lapse

### Older Adults
- Inability to concentrate
- Decreased energy
- Changes in sleeping and eating habits
- Memory loss
- Difficulty handling stress
- Grieving for unusually long periods of time
- Withdrawal from family and friends
- Refusal to leave home or participate in activities
- Ongoing irritability
- Dependence on alcohol or other drugs
- Lack of interest in activities
- Changes in personal hygiene and appearance

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**Stephanie Tubbs Jones Health Center**
13944 Euclid Avenue
East Cleveland, OH 44122
216.325.9355

**Services Offered:**
Children, youth and adult counseling and CPST services for children, IOP, outpatient alcohol and drug treatment, community psychiatric support treatment and assessment

**Strongsville Family Health and Surgery Center**
16761 South Park Center
Strongsville, OH 44136
216.636.5860

**Services Offered:** Outpatient adult psychology

**Westlake Office**
805 Columbia Road
Westlake, OH 44145
216.636.5860

**Services Offered:** Outpatient adult psychiatry and psychology

**Willoughby Hills Office**
2785 SOM Center Road
Willoughby Hills, OH 44094
216.636.5860

**Services Offered:** Outpatient adult psychiatry and psychology

**Wooster Family Health Center**
1740 Cleveland Road
Wooster, OH 44691
330.264.2085

**Services Offered:** Outpatient adult psychology
There is help
The Center for Behavioral Health offers a variety of services to help adolescents, adults and older adults. Our team of professionals includes a broad spectrum of psychiatrists, therapists, nurses, and other specialists who are trained to manage complex mental health issues as well as a team dedicated to treating those who suffer from chemical dependency.

Inpatient care
- Structured seven days a week, day, evening and weekend therapeutic programming
- Scheduled recreational activities
- Nutrition and medication education
- Linkage to community resources for ongoing support

Persons who receive care from our behavioral health services are treated with confidentiality, respect, dignity and sensitivity.

The goal
Treatment for mental health issues and substance abuse problems is individualized so the length and type of treatment varies from person to person. Our behavioral health staff is committed to promoting wellness, helping individuals to function at their highest level and improving quality of life.

To request an appointment, refer to the list enclosed. For more information about our services, visit our website at clevelandclinic.org/psychiatry.

Locations and Services

Main Campus
9500 Euclid Avenue/P5
Cleveland, OH 44195
216.636.5860
866.588.2264

Services Offered:
Psychiatry, psychology, psychological testing, Intensive Outpatient Program (IOP), neuropsychological testing and diagnosis, psychiatric inpatient consult service, outpatient child psychiatry, residency program

Ashtabula County Medical Center
2420 Lake Avenue
Ashtabula, OH 44004
440.997.6641

Services Offered:
Adult and geriatric psychiatry

Beachwood Family Health and Surgery Center
26900 Cedar Road
Beachwood, OH 44122
216.636.5860

Services Offered:
Outpatient adult psychology

Chagrin Falls Family Health Center
551 E. Washington Street
Chagrin Falls, OH 44022
216.636.5860

Services Offered:
Outpatient adult psychology

Euclid Hospital
18901 Lake Shore Blvd.
Euclid, OH 44119
Central intake for triage – 216.363.2122

Services Offered:
Inpatient geropsychiatry

Fairview Hospital
18099 Lorain Avenue
Cleveland, OH 44111
Central intake for triage – 216.363.2122

Services Offered:
Inpatient child psychiatry and limited outpatient child psychiatry, inpatient consultation

Hillcrest Hospital
6803 Mayfield Road
Mayfield Heights, OH 44124
216.363.2122

Services Offered:
Inpatient consultation

Independence Family Health Center
5001 Rockside Road, Crown Center
Independence, OH 44131
216.636.5860

Services Offered:
Outpatient adult and pediatric psychology

Lakewood Hospital
14601 Detroit Avenue
Lakewood, OH 44107
Central intake for triage – 216.363.2122

Services Offered:
Geropsychiatry, inpatient consultation

Lutheran Hospital
1730 W. 25th Street
Cleveland, OH 44113
216.363.2232

Services Offered:
Inpatient adult and older adult services, outpatient adult psychiatry, inpatient consult service, IOP, central behavioral health intake, Alcohol and Drug Recovery Center (ADRC)

Marymount Hospital
12300 McCracken Road
Garfield Heights, OH 44125
Daytime: 216.587.8342
Evening: 216.587.8092
Dual Diagnosis: 216.587.8342

Services Offered:
Inpatient and limited outpatient adult psychiatry, inpatient consult service, IOP

Solon Family Health Center
29800 Bainbridge Road
Solon, OH 44139
216.636.5860

Services Offered:
Outpatient adult psychology

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