Under Her Umbrella
Breast Cancer Patient Shares Her Journey

Fairview Hospital and Lakewood Hospital Cancer Center 2014-2015 Annual Report
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Chairman’s Report

The Cleveland Clinic Cancer programs at Fairview and Lakewood Hospitals are fully integrated into the Cleveland Clinic Taussig Cancer Institute. These programs are widely recognized as centers of excellence for cancer care on the west side of Cleveland. Since establishing this network cancer program seven years ago, we have consistently been rated among the top cancer programs in the nation by the American College of Surgeons Commission on Cancer.

In April 2014, we again completed a highly successful network recertification survey. The program had no deficiencies, and received seven commendations, the maximum possible. In addition, one of the surveyors Dr. William Stanton, Medical Director of Cancer Care at the Scripps Clinic in San Diego, complimented our staff for the unique ideas and best practices that we have incorporated into the way we care for our patients.

In their final summation, the reviewers wrote: “The program is operating at a very high level as a network, and is poised to expand. Their competence was well demonstrated during the survey. They worked efficiently and collaboratively to answer all surveyor questions. Truly a wonderful program.”

In February, 2015 we were surveyed by the National Accreditation Program for Breast Centers, a subsidiary of the American College of Surgeons. Our comprehensive breast program met every standard of this organization. Their focus is to insure quality breast care for those with benign breast disease as well as breast cancer. We were the first program to be accredited in Ohio in 2009 and one of the first in the nation. We have had successful subsequent surveys in 2012, and 2015.

Progress in cancer care can only occur in an environment where research is encouraged. Clinical research of new treatments is important in saving lives and prolonging survival in cancer patients. All of our clinical trials are integrated with the Cleveland Clinic Taussig Cancer Institute, and the Case Comprehensive Cancer Center, a National Cancer Institute designated comprehensive cancer center program. There are fewer than 50 such NCI-designated cancer programs in the United States. In addition, the U.S. News and World Report rated the Taussig Cancer Institute as the #12 cancer program in the nation and the #1 cancer program in Ohio.

At present, it is estimated that there are 14 million cancer survivors in the United States. There is increasing concern that treatments that result in cure may have long term consequences. As such, we have developed new programs to follow patients closely to detect long term complications of therapy.

In 2015, we have added a new type of medical visit called shared medical appointments for breast cancer patients. For those who are 1-2 years past their cancer diagnosis there is an option for a shared visit. Six patients participate in an educational session with a Clinical Nurse Specialist and benefit from the group support and enhanced education. Topics include the survivorship issues of diet, exercise, follow-up medical tests, lymphedema prevention, and more. A medical examination with a provider still occurs privately as would normally occur in an office visit.

Cancer care involves more than just medical treatments. Patients suffering from cancer have many social, financial, and emotional needs. These needs involve the families of patients as well. Our Caring Continues Fund provides financial help to those in dire need.

Finally, good cancer care can only occur in the right environment. At the Cleveland Clinic, we stand by our motto of Patients First. Our cancer center staff show an unparalleled concern for the welfare of our patients.

Timothy P. Spiro, MD, FACP
Chairman, Cancer Committee
Under Her Umbrella
Breast Cancer Patient Shares Her Journey

When Dana Watts of Fairview Park first learned she had breast cancer, she was shocked. The mother-of-two never imagined she would get cancer. “My life was so wonderfully under control,” she explained. “I lived a very healthy, active life. And there was no history of cancer in my family.”

Dana was faithful in getting her annual mammogram and was surprised to feel a lump on her breast just five months after her last screening. She didn’t even have any symptoms.

“Dana exemplifies the perfect patient,” said Mita Patel, MD, breast surgeon at Fairview Hospital’s Cancer Center. “Due to her own discovery during a self-breast exam, we were able to treat her promptly. She is one of the few who still does her breast exam regularly and it probably saved her life.”

Two surgeries, chemotherapy, and 19 radiation treatments later, Dana credits her entire team of experts at Cleveland Clinic’s Fairview Hospital Cancer Center. “I really trusted the folks at Fairview Hospital to take great care of me,” said Dana. “I’m grateful for all of their support. They have been wonderful to me.”

As a psychologist practicing in Rocky River, Dana always felt she had to keep it all together. “I had to be strong for everyone else. The extension of that is that you don’t let others in. Cancer made me realize I had walled myself in in some ways and was keeping people out; family and friends. It wasn’t good for me.”

While undergoing treatment at Fairview Hospital, Dana learned about the monthly art therapy group session offered at the cancer center and decided to try it.

She attended a session in which participants were asked to paint umbrellas (which can protect us from rain or sun) to symbolize how they protect themselves in relationships. Dana immediately started to paint her umbrella with a bright red brick wall on one half, and a colorful blooming garden on the other. She explained the brick half represented the “wall” she hit when she was first diagnosed as well as her former self - totally in control and self-sufficient. The garden portion of the umbrella, however, represented the changes she’s made since she was diagnosed. She no longer tries to be totally self-sufficient and has opened herself up to the gifts offered by those closest to her.

That much-needed support from family and friends along with her medical team at Fairview’s Cancer Center has been a lifeline to Dana as she continues dealing with her diagnosis. Despite its challenges, Dana’s illness has prompted an awakening of sorts.

It has forced her to give up the appearance of having it all together and to begin relying on the people in her life. “I have to learn to let myself accept help and support,” said Dana. I don’t always have to be strong. I don’t have to have it all under control. If I’m sad, I cry. If I’m scared, there’s always somebody I can talk to.” She’s especially thankful for one Fairview nurse, Michele Ljubi, who called her every week to offer support and answer all of her questions and address her concerns - no matter how big or small.

Dana’s advice to other women? “Make sure you get your mammogram every year and do self-breast exams in between. It saved my life. If you are dealing with breast cancer, get a team you can trust to take good care of you and offer the support you need.”
Comprehensive Services Offered

Medical Oncology
Our Cleveland Clinic physicians are board certified in medical oncology and/or hematology. All have expertise in diagnosing and treating all types of cancer.

Breast Surgery
Breast surgeons evaluate and treat patients with both breast cancer and benign breast conditions. We offer minimally invasive breast biopsy techniques, sentinel lymph node biopsy, oncoplastic surgery for breast conservation and nipple sparing mastectomies. A high risk clinic is available.

Gynecologic Oncology
Gynecologic cancers are diagnosed and may be treated with combinations of surgery, chemotherapy and radiation therapy. Robotically assisted surgery is offered as well as minimally invasive techniques.

Urology/Urologic Oncology
Both benign and cancerous conditions are diagnosed and treated. Robotic-assisted surgery is an option. The multidisciplinary prostate clinic is available for the newly diagnosed patient with prostate cancer.

Radiation Oncology
Our leading edge treatment equipment includes the TrueBeam and Artiste linear accelerators. Services include Intensity Modulated Radiation Therapy (IMRT), Image-Guided Radiation Therapy (IGRT), Volume Modulated Arc Therapy (VMAT) and prostate brachytherapy.

Chemotherapy
The suite has 23 chairs where chemotherapy as well as other infusions (iron and blood) can be administered. The nurses are certified by the Oncology Nursing Society.

Nurse Navigators/Support Nurses
Nurses work with physicians to plan the calendar of treatment, navigate through the different specialties and referrals, and provide a communication and support link between the physician and patient.

Pharmacists and Pharmacy
The pharmacy staff is solely dedicated to the Cancer Center and are trained in mixing chemotherapy.

Clinical Trials
Clinical trials are available in collaboration with Cleveland Clinic and the Case Comprehensive Cancer Center at Case Western Reserve University.

Genetic Counseling
On-site counseling and testing is available twice a month.

Laboratory Services
Lab services are located onsite for patient convenience and time efficiency.

Support Groups
There are general support groups such as I Can Cope®, and specific support groups such as the Gynecologic Group that meet monthly. Collaboration with the American Cancer Society on groups such as Look Good, Feel Better® is also available.

Survivorship Program
Under the auspices of an advanced practice nurse, the program offers classes and individual care planning for the future, after cancer treatment is finished.

Financial Counseling
Financial counselors are onsite daily to discuss Medicaid screening, charity care and general customer service.

Nutrition Support, Pastoral Care and Rehabilitation
Experts in all areas are part of our team.
Commission on Cancer Certification: Cancer Center receives gold award and Outstanding Achievement Award

Commission on Cancer Certification
The Fairview/Lakewood Hospitals Integrated Network Cancer Program has been awarded a three year accreditation by the American College of Surgeons, Commission on Cancer (CoC). This prestigious accreditation recognizes select cancer programs across the nation that provide high-quality cancer care and a full range of services to diagnose, treat, and support cancer patients and their families. The survey was conducted in April, 2014. In addition to full accreditation, the program received the gold award and Outstanding Achievement Award for having commendations in all possible standards:

- A high rate of patient participation in clinical trials
- A commitment to the education of the cancer registry staff
- Participation in the rapid reporting system to track performance measures in a timely fashion
- The cancer program’s production of an annual report
- College of Pathology protocols in reporting are followed
- Oncology nursing care is provided by nurses with a specialized skill set and competency is evaluated
- Annual submission of cases of cancer to the national database which meet the quality criteria

According to the CoC, cancer program surveys are a “comprehensive evaluation of the entire scope, organization and activity of a cancer program.” The program was evaluated by a physician surveyor and an administrator of a large cancer program who received special training to evaluate the 34 standards set forth by the Commission.

Radiation Therapy received accreditation from the American College of Radiology on May 1, 2014. This is also a three year accreditation which was awarded to the Cleveland Clinic main campus and all satellites, including Fairview Hospital. The award letter states that the accreditation shows the “highest standards of the radiation oncology profession.”
Fairview Breast Center’s Excellence Recognized by Two Major Organizations

The Breast Health Center at Fairview Hospital is the only west side hospital to have achieved two major designations recognizing its excellence.

Fairview was accredited six years ago by the National Accreditation Program for Breast Centers, the first center in Ohio to do so. This program requires centers to meet 27 standards and go through a rigorous evaluation to review their performance.

To maintain accreditation, centers must undergo an onsite review every three years. In 2012 and 2015, Fairview’s program was recertified for another three years.

Fairview also has been recognized by the American College of Radiology as a Breast Imaging Center of Excellence. This designation looks at the quality of the mammograms, ultrasounds and stereotactic biopsies performed at a center.

“We are the only Breast Health Center on the west side to have both of these designations,” says Debra Pratt, MD, FACS, medical director of the Breast Health Center, part of Cleveland Clinic’s Cancer Center at Fairview Hospital. “We are very proud of the care we provide. We have opened our doors to let outside organizations critique us and help us identify areas in which we can improve. We are constantly reviewing our outcomes and making positive changes to benefit our patients.”

To enable patients to be quickly scheduled for a biopsy, the Breast Health Center created a Fast Track program in which nurses meet with these patients, consult with their primary care provider and help them get on a surgeon’s schedule sooner.

“With the Fast Track process, patients who are Category 5 are getting their biopsy within five days,” Dr. Pratt says.

“Our goal is to have 100 percent of Category 4 and 5 patients seen for a biopsy within five days, as long as they have no medical problems that prevent this and their own schedule permits them to do it,” she says.

Dr. Pratt adds that another significant improvement is the increased use of minimally invasive breast biopsies. National data, she says, suggest that only 60 percent of patients who are suited for a minimally invasive breast biopsy undergo that procedure. At the Breast Health Center, the education and support provided to practitioners has resulted in a minimally invasive biopsy rate of over 90 percent.

Another improvement the center has made is to ask all women coming in for a routine screening mammogram if they have any palpable lumps in the breast(s). This indicates they need a diagnostic mammogram not a screening mammogram. The patient is scheduled for a more comprehensive diagnostic mammogram within a week.
Under the direction of Anthony Mastroianni, MD, the Fairview/Lakewood Hospitals Integrated Network held 87 weekly multidisciplinary Cancer Conferences between the two facilities, Fairview and Lakewood.

Cancer Conference physicians discussed staging and offered recommendations based on national guidelines in cancer patient management on all presented cases. The average weekly attendance was 16 attendees, which included medical and radiation oncologists, pathologists, diagnostic radiologists, surgeons, internists, residents, nurses and other allied health professionals.

<table>
<thead>
<tr>
<th>Site</th>
<th># of Cases</th>
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<tbody>
<tr>
<td>Breast</td>
<td>481**</td>
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<tr>
<td>Lung</td>
<td>36</td>
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<tr>
<td>Endometrium</td>
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<tr>
<td>Prostate</td>
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</tr>
<tr>
<td>Bladder</td>
<td>15</td>
</tr>
<tr>
<td>Colon</td>
<td>13</td>
</tr>
<tr>
<td>Pancreas</td>
<td>2</td>
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<tr>
<td>Bone Marrow</td>
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<tr>
<td>Lymph Nodes</td>
<td>31</td>
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<td>Ovary</td>
<td>1</td>
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**Includes Breast Conference

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<th>#</th>
<th>%</th>
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<td>Breast</td>
<td>302</td>
<td>38%</td>
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<tr>
<td>Lung</td>
<td>107</td>
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<tr>
<td>Corpus Uteri</td>
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<tr>
<td>Thyroid</td>
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<tr>
<td>Colon</td>
<td>39</td>
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<tr>
<td>Ovary</td>
<td>33</td>
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<tr>
<td>Non-Hodgkins Lymphoma</td>
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<tr>
<td>Urinary Bladder</td>
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<td>3%</td>
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<tr>
<td>Benign Brain and CNS</td>
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<tr>
<td>Unknown Sites</td>
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<thead>
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<th>Site</th>
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<tr>
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<tr>
<td>Urinary Bladder</td>
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<td>10%</td>
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<tr>
<td>Colon</td>
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<tr>
<td>Non-Hodgkins Lymphoma</td>
<td>38</td>
<td>9%</td>
</tr>
<tr>
<td>Kidney</td>
<td>16</td>
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<tr>
<td>Thyroid</td>
<td>15</td>
<td>3%</td>
</tr>
<tr>
<td>Pancreas</td>
<td>14</td>
<td>3%</td>
</tr>
<tr>
<td>Melanoma Skin</td>
<td>13</td>
<td>3%</td>
</tr>
<tr>
<td>Rectum</td>
<td>12</td>
<td>3%</td>
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</table>
Oncology Data Services: Cancer Registry Report

The cancer registry is an essential component of the Commission on Cancer (CoC) accredited cancer program. The Fairview/Lakewood Hospitals Integrated Network Cancer Program is a strategic partner with CHAMPS Oncology Data Services (ODS) who staffs the registry with Certified Tumor Registrar’s and CoC consultants. ODS personnel help programs achieve their goals by collecting and reporting quality cancer data in support of their business planning and outreach initiatives.

Data collected by the cancer registry is an invaluable tool in the fight against cancer. As an accredited CoC program the registry collects demographic and disease specific data elements on each cancer patient presenting for diagnosis or treatment. The information collected is utilized by physicians, administration and other healthcare professionals. In 2014, there were 1,243 analytic and 104 non-analytic cases for a total of 1,347 cases accessioned. Analytic cases are submitted monthly to the Ohio Cancer Incidence Surveillance System (OCISS) and annually to the National Cancer Data Base (NCDB) for use in statistical analysis. Data collection performed by oncology data specialists is a crucial element in research and the development of clinical trials. Cancer registry data is instrumental in resource allocation, production of survival data and evaluating efficacy of treatment modalities.

Continuing education is a priority for the staff of the Oncology Data Services. They are encouraged to attend all available educational venues to strengthen their knowledge of cancer diagnosis and treatment, and the management of that data.

2013 – Integrated Network Cancer Program Practice Profile Reports (CP3R) For Breast, Colon and Rectal Cancers

The National Cancer Data Base (NCDB) records and stores data from cancer programs nationwide. This repository allows cancer programs to compare their patient characteristics, cancer types, treatments and outcomes with other programs. The National Quality Forum (NQF) identified and endorsed the quality metrics listed below as indicators of quality oncology care. Commission on Cancer-approved programs can access the data and compare their performance on these indicators to other programs. Data is based on 2013 data which is the most current data released from the National Cancer Data Base. The last column reflects the percentage of the Network Cancer Program. A comparison is made to State and National metrics.

<table>
<thead>
<tr>
<th>SITE</th>
<th>MEASURES</th>
<th>State</th>
<th>NCDB</th>
<th>2013</th>
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<tr>
<td>BREAST</td>
<td>Radiation therapy is administered within 1 year (365 days) of diagnosis for women under age 70 receiving breast conserving surgery for breast cancer. [BCSRT]</td>
<td>94.1%</td>
<td>91.7%</td>
<td>97.4%</td>
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<tr>
<td></td>
<td>Combination chemotherapy is considered or administered within 4 months (120 days) of diagnosis for women under 70 with AJCC T1c N0 M0, or Stage II or III ERA and PRA negative breast cancer. [MAC]</td>
<td>91.6%</td>
<td>92.4%</td>
<td>92.3%</td>
</tr>
<tr>
<td></td>
<td>Tamoxifen or third generation aromatase inhibitor is considered or administered within 1 year (365 days) of diagnosis for women with AJCC T1c N0 M0, or Stage II or III ERA and/or PRA positive breast cancer. [HT]</td>
<td>94%</td>
<td>91.6%</td>
<td>98%</td>
</tr>
<tr>
<td>COLON</td>
<td>Adjuvant chemotherapy is considered or administered within 4 months (120 days) of diagnosis for patients under the age of 80 with AJCC Stage III (lymph node positive) colon cancer. [ACT]</td>
<td>91%</td>
<td>89.5%</td>
<td>92.9%</td>
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<tr>
<td></td>
<td>At least 12 regional lymph nodes are removed and pathologically examined for resected colon cancer. [12RLN]</td>
<td>88.4%</td>
<td>90%</td>
<td>87.2%</td>
</tr>
<tr>
<td>RECTUM</td>
<td>Radiation therapy is considered or administered within 6 months (180 days) of diagnosis for patients under the age of 80 of with clinical or pathologic AJCC T4N0M0 or Stage III receiving surgical resection for rectal cancer. [AdjRT]</td>
<td>86.7%</td>
<td>86.5%</td>
<td>90%</td>
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Primary Site Tabulation for 2014

<table>
<thead>
<tr>
<th>PRIMARY SITE</th>
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<th>CLASS</th>
<th>SEX</th>
<th>AJCC STAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>ANALYTIC</td>
<td>NON-ANALYTIC</td>
<td>MALE</td>
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<tr>
<td>ALL SITES</td>
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<td>1243</td>
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<td>507</td>
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<td>LIP</td>
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<td>TONGUE</td>
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<td>4</td>
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<td>2</td>
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<tr>
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<td>DIGESTIVE SYSTEM</td>
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<td>STOMACH</td>
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<td>COLON</td>
<td>85</td>
<td>80</td>
<td>5</td>
<td>44</td>
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<td>RECTUM</td>
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<td>19</td>
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<td>14</td>
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<td>0</td>
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<tr>
<td>LIVER</td>
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<td>10</td>
<td>0</td>
<td>6</td>
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<td>PANCREAS</td>
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<td>LUNG/BRONCHUS</td>
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<td>BLOOD &amp; BONE MARROW</td>
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<tr>
<td>PRIMARY SITE</td>
<td>TOTAL</td>
<td>CLASS</td>
<td>SEX</td>
<td>AJCC STAGE</td>
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<td>NON-ANALYTIC</td>
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<td></td>
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<td>MALE</td>
<td>FEMALE</td>
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Number of cases excluded: 0

This report INCLUDES CA in-situ cervix cases, squamous and basal cell skin cases, and intraepithelial neoplasia cases.
Cancer Program Community Outreach

Community Outreach
The Cleveland Clinic Cancer Center at Fairview Hospital strives to meet the health needs of the community by providing education, prevention and screening programs to the surrounding neighborhoods. Our agenda is driven by the hospital’s Community Health Needs Assessment, which identifies gaps in knowledge and services that can be impacted by our interventions. We work to collaborate with other community agencies and resources in order to maximize our efforts.

Colorectal Cancer Awareness Day
Outreach staff provided an interactive health game to increase awareness and educate both staff and visitors on the current colorectal cancer screening guidelines. Approximately 120 people received important information on early detection and colonoscopy. We partnered with the Digestive Disease Institute of the Cleveland Clinic to provide this service.

Be Well West Park Wellness Challenge
An 8-week fitness challenge where Fairview Hospital physicians and dietitians promoted practices of good nutrition and healthy weight maintenance to prevent heart disease and cancer.

Fit in Fairview: Healthy Nutrition Edition
This 8-week wellness challenge focused on changing dietary habits and increasing exercise to lose weight and prevent illness. Oncology dietitian Anna Elizabeth Taylor, RD, provided nutritional tips and guidance to participants on a weekly basis. An average of 60 community members attended each week.

Relays for Life
The Cleveland Clinic Cancer Center at Fairview Hospital supported the American Cancer Center and Relay for Life efforts in a tri-city event that occurred in June. Rocky River, Fairview Park, and North Olmsted participated. Survivor gifts were distributed at the event.

Men
For Men Only: Stay Strong, Live Long
The fact that minority men have a higher rate of colorectal and prostate cancer spurred the cancer outreach planning committee to host a men’s outreach event at a Cleveland Metropolitan Housing Authority (CMHA) subsidized housing site on November 17, 2015. Screenings for cholesterol, blood glucose, blood pressure,
BMI, depression, as well as dental screenings, colorectal cancer risk assessments, and flu shots were provided free of charge to the 25 minority participants. This was followed by an educational session on prostate and colorectal cancer by John Rodriguez, MD and a healthy meal.

Women

HOPE Program (Breast Cancer Screening Program)
Breast cancer screening was held on Wednesday, November 19 at the Breast Health Center at Fairview Hospital. The screening targeted both insured and uninsured women. The uninsured, low-income women benefited from the HOPE program. The screening was held in response to the Community Health Needs Assessment that identified women in our service area at a higher risk for late-stage breast cancer incidence. The overall goal of the screening is to reduce the number of patients with late-stage disease by encouraging annual mammograms for women over 40, by offering frequent screenings and providing education on breast health awareness at screening events.

- 30 clinical breast exams and screening mammograms were provided in 2015

Skin Cancer Screening
Due to public demand, the Cancer Outreach team provided skin cancer screenings on May 9th to 98 individuals, who had not been able to be seen at other free screenings in the area. We partnered with the Cleveland Dermatological Society and several community physicians to provide this service.

Kamm’s Corner Farmer’s Market
Distributed breast health educational materials—screening guidelines and information on nutrition, exercise and cancer prevention—to over 100 women.

Annual Triumph for the Cure Golf Outing
Over 100 golfers raised over $20,000 to benefit the Breast Health Center at Fairview Hospital. Held at Westwood Country Club in Rocky River, the event is sponsored by Community West Foundation.

Panera Pink Ribbon Bagel Campaign
Fairview and Lakewood hospitals joined other Cleveland Clinic cancer locations throughout the health system to support the Panera Pink Ribbon Bagel campaign. In 2015, the Pink Ribbon Bagel campaign sold more than 50,000 bagels throughout Greater Cleveland. Over $11,000 was raised to benefit cancer programs throughout the Cleveland Clinic enterprise.
Pink Tab
Each year the Cancer Center supports the Pink Tabs sponsored by the local newspapers in Cuyahoga and Lorain Counties. The Pink Tabs provide an opportunity for Cancer Center oncologists and support staff to educate the community about prevention, new treatments and support services.

Community Forum on Breast Health and Screening Guidelines
Dr. Mita Patel provided information on breast health and screening guidelines to 25 women on April 23, at the Strongsville Pre-school PTA meeting.

Guitars for Girls
A sold-out crowd enjoyed the 2015 Guitars for Girls concert at Lorain County Community College Stocker Center on October 7. Fairview Hospital and the Cleveland Clinic family health centers in Lorain County were the presenting sponsors of the event, which was promoted through radio and web advertisements on WQAR. Caregivers from Fairview Hospital and the Lorain County family health centers provided an onsite presence for Cleveland Clinic cancer care and attendees received pink Cleveland Clinic branded bandanas. Proceeds from the event were donated to the Susan G. Komen Foundation. Debra Pratt, MD, Medical Director of the Cleveland Clinic Cancer Center at Fairview Hospital accepted the check on behalf of Cleveland Clinic and the Komen Foundation.

Breast Health Community Outreach
The Cancer Network of Fairview and Lakewood hospitals is committed to providing state-of-the-art breast health care to women in our community, regardless of their financial status.

Scientific and epidemiological data have been used to improve survival rate by diagnosing breast cancers earlier and by education women on breast health and screening guidelines. By correlating our data with the Ohio Department of Health, we can show where the highest incidence of later stage breast cancer occurred geographically, by zip code.
Youth

Teen Health Fair at St. Ignatius High School
Fairview Cancer Center Outreach partnered with Lutheran Hospital Community Outreach for a Teen Health Fair at St. Ignatius High School on Friday, April 17. The health fair was planned by the pre-med students at the school and included a focus on lung and oral cancer risks associated with tobacco use, and testicular cancer awareness. Over 200 young males received education on these topics. Students from St. Ignatius, and four other schools also participated (Magnificat, Beaumont, Lincoln West, Jane Addams) for a total of 600+ students participating.

Westlake High School Wellness Fair
Staff volunteers educated more than 400 students on breast health, testicular health, stroke prevention, anti-tobacco issues and sexual assault/dating violence at the wellness fair on March 31.

Biology of Cancer Education
Our oncology Clinical Nurse Specialist provided an educational session on cancer pathophysiology and cancer prevention to the sixth grade health class of Avon Middle School (200 students) on May 19.

Timothy P. Spiro, MD, FACP, named Fairview Hospital’s ‘Physician of the Year’

Congratulations to Tim Spiro, MD, on being named Fairview Hospital’s 2015 Physician of the Year. Physician of the Year is nominated by members of the Fairview medical staff and is selected by his or her peers. A dinner to honor Dr. Spiro was held on Saturday, May 2, at Avon Oaks Country Club. Dr. Spiro is Chairman of Regional Oncology and the Director of the Cleveland Clinic Cancer Center at Fairview Hospital.
Survivorship Program

The Cleveland Cancer Center at Fairview Hospital provides its oncology patient population a comprehensive Survivorship program designed to meet their physical, psychological and emotional needs following active treatment. This program provides an variety of services and is coordinated by an Advanced Practice Oncology Nurse in collaboration with social work, rehabilitation, dietary, clergy and various community agencies.

Services and programs include:
- Provision of Treatment Summary Documents
- *Facing Forward Live*, survivorship education classes
- Individualized survivorship visit with an APN focusing on long term issues and wellness.
- Lymphedema education and monitoring program
- Healthy Eating and weight management counseling
- Cancer Rehabilitation therapies
- Individualized exercise program “Fitness Forward”
- Psychological and social support through counseling and support groups
- Oncofertility patient education, counseling and referral process

These educational and supportive services provided by the Cancer Survivorship program at Fairview Hospital support and assist our patients in achieving a healthy and happy “new normal” following their treatment at our Cancer Center.

Clinical trials

While the national average for participation in clinical trials is approximately 5%, the Cancer Research program boasts a high rate of clinical trials participation of 10% during 2014. The program offers state-of-the-art treatment which is a major focus. Clinical trials are in conjunction with Cleveland Clinic Taussig Cancer Institute. Currently, there are Cooperative Group trials as well as Investigator Initiated and Industry Sponsored trials. The Cooperative Groups we work with are SWOG, ECOG, CALGB and NRG. In collaboration with these nationwide cooperative groups, we are able to bring the most up-to-date treatment options and research to our patients. The center offers research in the areas of treatment, symptom management, screening and prevention. Clinical trials are offered to patients with many different disease states including breast, colon, lung, prostate, ovarian, head and neck, lymphoma, myeloma and pancreas.

* Based on 2010 data from cancer.net.
Psychosocial Services Program

Oncology Social Work support is available to all our cancer patients. This support is provided through individual counseling, crisis intervention, and referral to community resources, educational or group supports. These interventions are focused on helping people cope with the medical, emotional, and social problems they encounter at different points in the cancer experience. In addition, our Oncology Social Workers help people navigate the health care system and find support to manage the day-to-day challenges of living with cancer. We are proud to have an Oncology Social Work staff that has a passion for making a difference in our patients’ lives.

Patients with cancer frequently express a sense of isolation and a feeling of being unprepared for coping with this unexpected crisis in their lives. By attending a support group they are able to meet others in similar circumstances, to share methods of coping, learn more about issues and concerns related to their cancer, and to develop new relationships at a time of perceived isolation. We offer numerous support group opportunities for patients and loved ones as well. Our monthly disease specific groups include:

- Blood Cancers
- Gynecological Cancers
- Oral, Head and Neck Cancers
- Prostate Cancer
- Cancer of the Larynx

A monthly Art Therapy Experience and a bi-monthly Music Therapy Experience help round out our programming. These programs have both been well received and attended. These are cooperative efforts with Cleveland Clinic - Main Campus.

We have a cooperative relationship with The Gathering Place, a local non-profit support organization that has coordinated numerous joint educational and supportive events for cancer patients and loved ones in northeast Ohio. Each year these efforts reach several hundred patients and family members. This past year, special all day events were planned for those coping with Prostate Cancer and Oral, Head and Neck Cancers.

We also work cooperatively with several national cancer non-profit organizations to provide supportive opportunities for our patients:

- The American Cancer Society
- The Leukemia & Lymphoma Society
- SPOHNC (Support for Oral, Head and Neck Cancer Patients)

We support our local chapter of The Leukemia Lymphoma Society each year by helping with the planning and preparation of an all-day educational/support program for patients and loved ones. Several staff members did presentations this year.

Our Caring Continues Fund continues to be funded through a variety of events throughout the year. These fundraising efforts are staffed by employees volunteering their time and talent. The Community West Foundation manages this unique fund. The fund offers our Oncology Social Work Staff a tangible way to offer financial assistance to our patients struggling with financial hardships during their treatment. Our Oncology Social Work staff also stays abreast of any other local and national financial resources that our patients can also apply for to ease their financial struggles. Advocating for our patients often involves researching options and resources that can help them meet the challenges of day to day life needs during their cancer treatment.

Our Care Quilts, Chemo Caps, Breast Surgery Pillows Program engages our local community as over a hundred-fifty crafters create beautiful items to offer comfort to our cancer patients. An annual volunteer luncheon is organized to recognize all the efforts of this talented group.

Our final annual event of the year, Trees of Hope Ceremony reaches out to those coping with cancer during the Holiday season. This evening of Hope is often a highlight of the season for our patients and staff, as they join together in an evening of fellowship and encouragement. We distribute an “Angel” ornament to each participant and light a live Holiday Tree. This tree is later planted on Fairview Hospital property. This was our 15th year.
2015 Network Cancer Committee

Joseph Abdelmalak, MD
Pain Management
Fairview Hospital

Dorothy Buckon, MBA, RN
Quality Management
Fairview Hospital

Bernadette Clark, PharmD, BCPS, BCOP
Pharmacy
Fairview Hospital

Kim Davidson, BSN, RN, OCN
Nurse Manager, Oncology
Fairview Hospital

Hamed Daw, MD, FACP
Cancer Conference Coordinator
Hematology/Medical Oncology
Fairview Hospital

Kristi Dietz, CTR
Oncology Data Services
Fairview Hospital

Susan Dunson, MSN, RN, OCN
Oncology Administration
Fairview Hospital

Jean Ellsworth-Wolk, MSN, RN, AOCNS
Cancer Rehabilitation Program
Fairview Hospital

Revt. Tricia Gilbert, MDiv, BCC
Pastoral Care
Fairview Hospital

Abdo Haddad, MD, FACP
Quality Improvement Coordinator
Hematology/Medical Oncology
Fairview Hospital

Peg Homyak, MSN, RN-BC
Clinical Manager, Oncology
Fairview Hospital

James Lapinski, MD
Pathology
Fairview Hospital

Jessica Marquard, MS, CGC
Genetics Counselor
Fairview Hospital

Anthony Mastroianni, MD, JD
Radiation Oncology
Fairview Hospital

Rosemary Miles, BSN, RN
Community Outreach
Fairview Hospital

Lindy Paradise, MD
Radiology
Fairview Hospital

Michelle Parson, RN, OCN
Clinical Research Coordinator
Clinical Trials
Fairview Hospital

Gwen Paull, LISW-S, OSW-C
Psychosocial Services Coordinator
Support Group Social Worker
Fairview Hospital

Trisha Peace, RN
Hospice of Cleveland Clinic

Debra Pratt, MD, FACS
Cancer Liaison Physician
General Surgery
Fairview Hospital

Anna Taylor, MS, RD, LD
Food & Nutrition Services
Fairview Hospital

Ad Hoc Members:

Salome Arobelidze, MD
Internal Medicine Residency
Fairview Hospital

Kristina Austin, MSEd, LSW
The Gathering Place

Greg Belko
Radiology
Fairview Hospital

Kristen Hurst
American Cancer Society

Fred Jorgensen, MD
Family Medicine
Fairview Hospital

Annette Lipaj, OT
Occupational Therapy

Michele Ljubi, BSN, RN, OCN, CBCN
Breast Health Center
Fairview Hospital

Matt Marrie
Oncology Administration
Fairview Hospital

Ellen Martin, RN, BSN
Clinical Manager, Oncology Unit (1B)
Lakewood Hospital

Jacqueline Nowlin, RN, BSN, MBA
Nursing Administration
Lakewood Hospital

Frank Ricaurte, MD
Radiology
Fairview Hospital

Timothy Spiro, MD, FACP
Chair, Regional Oncology

Jennifer Stilgenbauer, BA, RT (R)(T)
Radiation Therapy
Fairview Hospital

Karen Weisman, MSN, RN
Quality Management
Lakewood Hospital
Cleveland Clinic Cancer Center at Fairview Hospital
Taussig Cancer Institute

Medical Oncology

Hamed Daw, MD
Hematology and oncology, lymphoma, breast and colon cancers

Donald Eicher, MD
Breast Cancer, Cancer, Colorectal Cancer, Lung Cancer, Lymphoma

Abdo Haddad, MD
Hematology and oncology, cancer in the elderly, breast and lung cancers

Kevin Kerwin, MD
Hematology and general oncology

Seema Misbah, MD
Hematology and oncology, breast cancer

Radiation Oncology

Margaret Kranyak, MD
Breast cancer, head and neck cancer, prostate cancer, including brachytherapy

Anthony Mastroianni, MD
Breast cancer, lung cancer, prostate cancer

Digestive Disease Institute
Breast Surgery

Mita Patel, MD
Breast surgery, breast cancer

Debra Pratt, MD
Breast surgery

Andrew Smith, MD
Breast surgery

Women’s Health Institute
Gynecological Oncology

Mariam AlHilli, MD
Ovarian cancer, endometrial cancer, cervical cancer, vulvar cancer, cervical cancer, endometrial cancer, hereditary gynecologic cancers

Jason Knight, MD
Cervical Cancer, Endometrial Cancer, Fibroid Tumor, Ovarian Cancer, Vaginal Cancer, Gynecologic Oncology, Laparoscopic Gynecologic Cancer Surgery

Haider Mahdi, MD
Ovarian cancer, endometrial cancer, cervical cancer

Peter Rose, MD
Cervical, endometrial, ovarian, uterine, vaginal and vulvar cancers; robotic surgery and minimally invasive surgery in gynecology

Rajan Ramanathan, MD
Laparoscopic and robotic surgery, urologic cancers (kidney, ureter, prostate, bladder, testes), cryotherapy, adrenal tumor surgery

Anthony Avallone, MD
Adrenal tumors, adrenocortical carcinoma, benign prostate enlargement (BPH), benign prostate surgery

Glickman Urological & Kidney Institute
Urology/Urologic Oncology

Shih-Chieh Jeff Chueh, MD, PhD
Laparoscopic and robotic surgery, urologic cancers (kidney, ureter, prostate, bladder, testes), cryotherapy, adrenal tumor surgery

Rajan Ramanathan, MD
Laparoscopic and robotic surgery, urologic cancers (kidney, ureter, prostate, bladder, testes), cryotherapy, adrenal tumor surgery

Anthony Avallone, MD
Adrenal tumors, adrenocortical carcinoma, benign prostate enlargement (BPH), benign prostate surgery
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