Distinguished Alumnus Award A Surprise for Sheldon

For William C. Sheldon, MD (CD’62), Chairman Emeritus, Department of Cardiology, receiving the 2008 Distinguished Alumnus Award on Friday, Sept. 26, at the Alumni Board of Directors meeting was quite a surprise.

“He thought we were going to the opening night preview of the Fine Print Fair at Cuyahoga Community College’s Corporate College,” explains his wife, Margaret, who happily helped the Alumni Relations staff keep the big secret. “I told him at the last minute that the venue had been changed to the Western Reserve Historical Society, and that the time was a half-hour later, and he believed me.

“When we got there, he was so surprised to see so many of his cardiology friends in the parking lot and at the party, and when he saw our two sons inside, he knew something was up,” Mrs. Sheldon continues.

One son, Cleveland Clinic alumnus William Scott Sheldon, DO (IM’92, CARD’95, CARDIN’96), came from Vermilion, OH. The other, radiologist John M. Sheldon, MD, flew in from Kansas City and went to the party directly from the airport.

“At that point, Bob Hermann pulled me aside and told me what was really up,” laughs Dr. Sheldon. “Until then, I hadn’t even realized I was at an alumni event. I was

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Osteopathic Physicians Have Long History at Cleveland Clinic

Osteopathic physicians are an important part of Cleveland Clinic’s professional staff. Of the more than 1,500 physicians employed at Cleveland Clinic, about 100 are Doctors of Osteopathic Medicine or DOs. More than 600 osteopathic residents have been trained at Cleveland Clinic over the years.

Staff physician Robert S. Juhasz, DO, FACOI, recently wrote a paper about the history of osteopathic medical education at Cleveland Clinic for the American Osteopathic Association’s Bureau of Interns and Residents’ Magazine.

Dr. Juhasz, Associate Medical Director at the Willoughby Hills Family Health Center, is a graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine. He completed his internship and residency at Cleveland Clinic’s South Pointe Hospital in 1985.

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New Kidney Removal Technique Improves Donor Experience

Inderbir S. Gill, MD (RES’90, U/RT’91), Chairman, Department of Urology, Glickman Urological & Kidney Institute, is receiving national attention for his pioneering work in single-port surgery for removing kidneys from living donors through the navel. This first-in-the-world procedure greatly reduces pain, scarring and down-time for the donors.

Dr. Gill explains that he and his Cleveland Clinic colleagues have been doing single-port laparoscopic surgery through the belly button for about a year for a variety of urologic procedures.

“We decided to use this technology to help young, healthy donors who do not need to have an operation and are essentially doing an altruistic deed. Anything we can do to help minimize their inconvenience and get them back on their feet as soon as possible is well worth it,” he says.

After the operation, donors are left with minimal scarring around the navel, and, in the majority of instances, even that fades away in three to six months. Little or no scar tissue is left behind, he says.

This approach to kidney removal is part of Cleveland Clinic’s efforts to develop Laparo-Endoscopic Single Site (LESS) surgery, in which major intra-abdominal surgery is performed through a single skin incision. Ten donor kidneys have been retrieved using this technique. A paper reporting the first four appeared in the August issue of The Journal of Urology.

As described in that paper, the procedure involves an intra-umbilical incision through which a novel single-access tri-lumen R-port is inserted into the abdomen. A 2-mm Veress needle port, inserted via skin needle puncture to establish pneumoperitoneum, was used to selectively insert a needlescopic grasper for tissue retraction. The donor kidney was pre-entrapped and extracted transumbilically. The median operating time was 3.3 hours and subsequent hospital stay was three days.

“We hope that use of this technique will increase the availability of donor kidneys. Since most donors are a relative of the recipient, they are highly motivated and would go through kidney donation in any case. But this new approach will help decrease the morbidity they have to suffer, and may help motivate some who are ambivalent,” Dr. Gill says.

“But, going forward, even beyond kidney donation, we believe LESS surgery represents a paradigm shift in how we will think about doing major surgery in the abdomen in the future,” he continues.

News of this new approach for retrieving donor kidneys has attracted the attention of numerous media outlets. It was featured on the Today Show, CNN radio and many newspapers within the United States and around the world.

“The coverage has been rather amazing,” he says. “It was even the lead story on AOL.”

Dr. Gill credits his Cleveland Clinic training with helping him achieve this milestone for patients. “My training here was central to positioning my team and I where we can actually explore these exciting new approaches.”
Recollections from The 1940s

William L. Proudfit, MD (IM’43), recently passed along the self-published memoir by Garner B. Meads, MD (S’43), to Alumni Connection and shared a few recollections about Dr. Meads, who died in August 2006 at the age of 92.

Dr. Meads was a surgical resident at Cleveland Clinic from 1940 to 1943. Most of his time was spent on the service of the pre-eminent Thomas E. Jones, MD, and he was Dr. Jones' chief resident in his last year. Dr. Proudfit points out that Dr. Jones had the busiest surgical service. As chief resident, Dr. Meads was responsible for an enormous number of patients, although he had other residents to help him.

Here are a few excerpts about Dr. Jones taken from Dr. Meads' memoirs, entitled “This is My Story:"

After the urological service, I was assigned to the service of Dr. Tom Jones. This was the spot I had hoped for. It was on the general surgical service, the most active one in the clinic. "Tommy," as everyone called him (except the surgical fellows), was a short, sharp-nosed, black-eyed man who could look right through you and whittle you down to size with a very few words and a very sharp tongue. He was one who demanded excellence and was totally intolerant of mediocrity. He seldom praised and frequently got after the fellows when everything did not go right on his service. He was a taskmaster of the first order, which tried everyone's patience and diligence.

On many occasions, I felt that it wasn't worth it. One of the cooler heads there, the surgical secretary, a Miss Audrey Miller, and a good friend, would say to me, "Now calm down, Garner, see it through and you will be glad you did." It was true, for we learned that to do a good job required personal discipline and hard work. This, Tommy taught us.

Some few years later, after I had finished the service and had been off to World War II, many of the old fellows returned to Cleveland for a banquet honoring “the Chief.” During the dinner hour, they went around the table, allowing each to make his own personal comments. The gist of the comments was how tough Tommy had been on them. This was of such consistency and volume that I began to feel embarrassed for him as well as uncomfortable to be a listener.

When Tommy got up to respond, he was unable to speak. For a moment that seemed like an eternity to me, his head was bowed and he was visibly shaken, trying to get control of his voice. When he did speak, he said “Well, I really didn’t realize how hard I must have been to work with. For that, I am sorry. However, I learned early in my career that I couldn’t teach a man by being soft on him. My desire was to have you learn the things you needed to know, and I guess that is how I had to do it.”

He then expressed his love for us and appreciation of our services. I think we all loved him even more.

Dr. Proudfit similarly recalls Dr. Jones expecting his chief resident to know everything about each patient without using notes.

“This was an almost incredible feat of memory for Jones tolerated no inaccuracies. Garner must have slept some-time, but he always seemed to be working when I was called to see a patient during the night. He was never too busy to help a medical patient with a surgical problem. He displayed no sign of impatience or irritation with patients, colleagues, nurses or technicians,” Dr. Proudfit says today.

He describes how a constant stream of surgeons visited to watch Dr. Jones, a brilliant surgeon of tremendous experience and mature judgment, operate.

“He must have realized that man is imperfect but he demanded perfection in his chief resident. Jones had a sharp eye for the slightest mistake and never hesitated to point it out forcefully. On the other hand, he was kind to the medical residents in the clinical. The residents on Jones' service tolerated his abuse because he was a master surgeon and they learned quickly,” Dr. Proudfit says.

Dr. Jones never married. “It is unlikely that any woman would have met his standards,” describes Dr. Proudfit.

“He was a first-generation American, and Welsh was the language spoken in his home in Southern Ohio. He had a younger brother, also an excellent surgeon, and a sister who was a widow before 1940. She was a very pleasant, light-hearted woman and was my patient. She was not intimidated by Jones. She was very poor but Jones and his brothers supported her economically. However, they did not want anyone to know about that.

“Jones’ residents would have been amazed if they had known that he preached in the Welsh language on Sundays whenever a Welsh-speaking ordained minister was not available at the old Welsh Presbyterian Church in Cleveland,” he continues. “Tom Jones was a complex man: a great surgeon and an unforgettable character.”
Rugged Winters Don’t Stop Alumni from Loving Maine

Prosthodontist Christina Gitto, DDS (DENT/O’97), was born and raised in Connecticut and loves the New England area. That is one of the reasons why, when approached by a practice in Portland, Maine, she decided it was time to return to her New England roots.

“I love living near the ocean again,” she says. “It just feels like a healthier lifestyle.”

When she made the move, after 10 years on staff at Cleveland Clinic, Dr. Gitto packed up her two children, ages 12 and 14, and her parents and moved from three acres in Gates Mills to the heart of the city of Portland. She bought The George P. Wescott House, a classic Italianate style home with the original ironwork, built in 1874.

“I bought a historic house with a name,” she says. “When the kids head out the door to walk to school and see the plaque, they get a kick out of that.”

Speaking of her kids, Dr. Gitto admits that it can be tough to move kids across the country, but she says she got lucky. “My daughter found girlfriends the first week,” she says. “The second weekend, we had a sleepover at our house.”

On a recent visit with her son to nearby Higgins Beach, Dr. Gitto was amazed by the scene. “The water was rough and it looked just like a painting,” she says. All the young surfers had on wet suits. “My poor, cold son just had on a bathing suit.”

While she is happy that the sights and sounds of Boston are just an hour-and-a-half away, Dr. Gitto is interested in exploring her new state further north near Mount Katahdin, the highest mountain in Maine and the northern end of the Appalachian Trail. She also wants to visit Acadia National Park.

“Painters come from all over the world to paint here,” says Dr. Gitto. “They call this vacationland for a reason.”

Anesthesiologist Alexandru Seviciu, MD (AN’03), is one of many Cleveland Clinic anesthesiology alumni working at Eastern Maine Medical Center in Bangor.

“There are quite a few of us here,” says Dr. Seviciu. “We trained together, we understand each other and we have many memories to share.”

His former Cleveland Clinic boss who had moved to Maine invited Dr. Seviciu to visit.

“At first, I visited just for an adventure – almost a joke – because I was happy where I was,” he says.

That first visit, in the grip of winter, wasn’t too appealing. “It took me almost two months to make up my mind.” He returned for a second look in the summer and discovered the incredible beauty. “I lived in Europe almost all my life and the beauty here is incredible as well.” And with the University of Maine close by, his wife, Claudia, would be able to finish her master’s degree in social work.

Dr. Seviciu is an outdoorsman and the sheer number of things to do in Maine amazes him. With 6000 pristine lakes and ponds, 32,000 miles of rivers and streams, 3,500 miles of scenic coastline and 17 million acres of forested mountains to explore, he can barely decide what to do next.

“It was really the spirit of adventure that brought me here,” he says.

Dr. Seviciu also likes the fact that Boston is only three-and-a half hours away. And he and his wife enjoy visiting Quebec City, only a four-hour drive.
When the winds blow harsh, Dr. Seviciu and his wife like to escape to Florida or Mexico. “If you can break the winter, get out of town for a week or two, that’s a plus,” says Dr. Seviciu.

When H. Wendell Gray, Jr., MD (IM’68, S’72, PL/RS’74), was a kid, he spent a lot of time in the great north woods of Maine, near the clear, blue waters of Moosehead Lake, not far from the Canadian border. Always, in the back of his mind, he thought he might want to return there one day. But when he was ready to retire, he and his wife decided they’d try the Maine coast instead and built a home on Southport Island, a picturesque spit of land accessed by boat or a swing bridge, and once home to writer and environmentalist Rachel Carson.

Dr. Gray thought it would be a great idea to buy a boat. “I learned how to navigate in very dense fog because in July, when it’s cruising weather, that’s how it is,” says Dr. Gray. “But by the end of August, everything clears up and the coast of Maine is just gorgeous.”

Dr. Gray, who left Cleveland Clinic in 1974, moved to Delaware to practice at Wilmington Medical Center, which eventually merged with two other hospitals to become Christiana Medical Center. A tragic accident while trimming an Arborvitae hedge severed his right index and middle fingers.

“That decided when I would retire,” says Dr. Gray. “Patients deserved better than me coming toward their eyelid with a delicate instrument.”

The Dean of Arts and Sciences at the University of Delaware, who was a patient of Dr. Gray’s, talked him into going back to college. He traveled to England to study at Oxford and got a degree in Tudor Reformation.

“There was a silver lining,” he says. “And I found out both the left and right side of my brain work!”

In 1998, Dr. Gray retired and headed to the tiny island in Maine. Only about 200 folks made Southport Island their full-time home and each year, when all the snowbirds went south for the winter, he kept wondering if he had made the right decision. “I felt a bit isolated,” he says.

Now, Dr. Gray is headed south with his snowbird neighbors. “They kept inviting us down to visit them on Hilton Head Island so we decided to join them,” he says. Even though he’s staying near the coast, Dr. Gray, 70, decided to sell his boat. “My plan now is to become a better golfer—and I’m going to learn how to shuck oysters!”

When Iceland native Magnus O. Magnusson, MD (H/N’71), was ready to retire, he decided the coast of Maine would be the perfect place. “It reminded him of Iceland – both the water and the weather,” says his wife, Carole. So two years prior to his retirement, they bought a classic Maine post-and-beam home, also on Southport Island, surrounded by fields of blueberries and raspberries. The Magnussons were neighbors and friends with the Grays.

“We live in the woods surrounded by water,” says Carole. “Our home has a cottage feel. I think the most unique thing about the house is its pink dining room. Everyone loves it.”

Before leaving Cleveland in 1995, Dr. Magnusson sold the 42-foot sailboat the couple used to cruise Lake Erie. Six months after they settled into the New England way of life, he bought a 28-foot power boat, named it Magni, and the couple began taking day trips and short overnights to explore their new area.

Like the Grays, the Magnussons also are headed south a bit. Dr. Magnusson, who turns 77 on Nov. 28, was diagnosed with vascular dementia in 2002, and now he and his wife are moving to the Philadelphia area to be closer to family members.

“Mag is not a big lobster lover, but I will surely miss that,” says Carole. They are looking forward to slightly warmer winters and their new home in the Brandywine Valley.

Editor’s note: Alumni Connection has recently featured alumni living in Hawaii (July 08 issue) and Maine. Now it’s your turn! What do you love about your area? Let us know and we will find other nearby alumni who share your enthusiasm, and feature your stories in a future issue.
Using the Power of Music to Heal

Cleveland Clinic Neurologist Kamal R. Chemali, MD (NEMG’00, NPHY’00), is a conservatory-trained pianist, so it is no surprise that he enjoys studying the link between music and the brain.

This summer, Cleveland Clinic’s Neurological Institute presented a day-long conference – “Music and the Brain – A Concert-Symposium on Music and the Brain in 4 Acts” – to discuss current research about this lyrical link and the field of “neuromusic.”

A variety of Cleveland Clinic faculty and guest faculty from around the world made presentations. Franz Welser-Möst, Director of the Cleveland Orchestra, spoke about the recently held “First Music and the Brain Symposium at the Salzburg Festival in Austria.”

“The field of ‘neuromusic’ studies the effect of music on the normal and abnormal physiology of the nervous system,” says Dr. Chemali. It also treats certain neurological conditions using music as a therapeutic tool as well as the neurological consequences of the misuse of music.

The role of music in healing is not new. “It has been used for ages to treat ailments and diseases,” says Dr. Chemali. “After World War II, the discipline of music therapy became more prominent and organized and many studies were done to quantify the positive impact of music on health.”

“We are learning that music modifies the way the body functions,” he says, noting that music has a marked effect on heart rate, blood pressure and breathing rates.

To prove his point, Dr. Chemali performed his own informal study while walking on a treadmill. He found that when he walked in silence, he was unable to control his heart rate – it beat too fast. When he listened to classical music, specifically Johannes Brahms, it was a different story.

“I was able to go for a longer period of time with the music than without it,” he explains.

“Music has been shown to be effective in calming anxiety and, consequently, there is a prominent effect on chronic and acute pain,” says Dr. Chemali. Studies also have shown positive effects of music on delaying the onset of dementia in Alzheimer’s patients. “And we think it is superior to speech therapy in its effect on language recovery,” he adds.

For the past three years, Dr. Chemali has been busy trying to get the word out about this to the community. The Doctor-Patient Music Connection, a program that aims to improve medical care by raising the patient-doctor relationship to a higher level of communication through performing arts, hosted a series of concerts, played by doctors, patients and local musicians from the Cleveland Orchestra and the Cleveland Institute of Music.

“We invite our patients in and play live music,” he says. A friendly reception follows each performance and Dr. Chemali says physicians and their patients are able to deepen their level of communication in a fun, entertaining way.
Lois Sumegi Hits the Road to Visit Alumni

Institutional Relations and Development has hired Lois Sumegi as Director of Development for the Education Institute and the Cleveland Clinic Lerner College of Medicine. Lois started her new role in January. Her office is located in the Education Institute Administration area, just one floor below the remarkable Alumni Library.

Lois Sumegi

A lifelong resident of Cleveland, Lois joins Cleveland Clinic from Kent State University, where she was Associate Director for Corporate and Foundation and then became Director of Development for the College of Communication and Information (where the School of Journalism resides). Previously, she was Director of Corporate Relations for BF Goodrich and was the Director of the company’s foundation.

Lois is visiting Cleveland Clinic alumni across the United States. She especially enjoys reconnecting with ones who live far away from Ohio and may not always get Cleveland visitors.

If she calls on you, please make her feel welcome! Or, you can call her at 216.444.6534 or sumegil@ccf.org to learn how “More Teaching for Those Who Serve” is prospering at Cleveland Clinic.

Here is a look at some of the people Lois visited on a recent trip out West:

Setting down roots in Montana
Michael J. Schutte, MD (SM’85), moved to Missoula, MT, after completing his fellowship at Cleveland Clinic, and is one of only about 10 Cleveland Clinic alumni in Montana. At the time, he was the only fellowship-trained orthopedic medicine specialist in the state.

He finds Missoula to be a bit more cosmopolitan than other Montana cities. It has a diverse population that includes many winter sports athletes and University of Montana students, in addition to great natural assets such as three rivers, mountains that are perfect for skiing and a wild elk herd that spends the winters there.

It has 18 orthopedic specialists, which he calls an “unbelievable” tally. “Most towns here have maybe 3 or 4,” he says. Among those 18 is fellow Cleveland Clinic alumna Emily E. Heid, MD (ORS’95, ORS/FS’01).

Since there are no medical schools in Montana, almost all of the physicians are “transplants” from other parts of the United States, and Dr. Schutte says his New Orleans accent doesn’t stand out nearly as much as you might think. He grew up in Louisiana and attended medical school at Louisiana State University and completed his residency at Charity Hospital in New Orleans. Although he loves the south and even has a brother who practices orthopedics in Lafayette, LA, Dr. Schutte doesn’t see himself leaving Montana.

“I only do knee surgery. It is hard with such a small population to develop a reputation that allows you to narrow your practice to just that, and leaving would mean having to start that over again,” he says.

Plus, he has developed a very successful business model. When he trained at Cleveland Clinic, he was exposed to athletics at many levels, from junior high school to professionals, and the facilities to treat them were readily available. Montana’s rural nature means that he sees more students, and many schools are small and do not have proper weight-training facilities.

“This is a very different environment in which to provide sports-trauma management,” he says. “And some patients have to drive three or five or more hours for an appointment, and those appointments have to be real, not nine minutes and you’re back out the door.”

To help make sure truly comprehensive care is available, Dr. Schutte hired two exercise physiologists and worked

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with them to develop sports-specific models of care that account for many factors in a patient’s training, and put the physiologists in actual student weight rooms to make sure the models worked. From this, they developed physical training profiles so patients now receive their rehabilitation plan from the very beginning of their care. These profiles account for seasonality, age, access to facilities, time frame under which they need to resume activity and the demands their activity places on them. These plans also can be applied to “occupational athletes,” such as fire fighters and smoke jumpers.

“I wouldn’t practice without this model,” Dr. Schutte says. “It focuses us on helping patients fully recover their performance capabilities.”

He doesn’t believe he could have devised this model if it hadn’t been for his Cleveland Clinic training. “My fellowship changed my career,” he says. “It was a tremendous refinement of my training.”

He has especially high praise for the teachings of John A. Bergfeld, MD (GL–1’65, S’67, ORS’70), Jack T. Andrish, MD (GL–1’70, S’71, ORI’76), Garron Weiker, MD, Thomas E. Anderson, MD (SM’83), and John Lombardo, MD.

When he’s not practicing medicine, Dr. Schutte also has another avocation: He started a vineyard four years ago. He hopes to get his first harvest this fall, but says it will take two more years for the grapes to reach full maturity.

His home is on a hillside, 10 acres (small by Montana standards), and although he gets helpful advice from another local vintner, he has had a lot to ponder along the way. “What kind of trellis is best on a windy hillside? How do you best manage the soil? What about weeds?” are among the questions he ponders regularly.

“I’m learning as I go,” he says with a laugh.

From the Navy to Cleveland to Spokane
Ausey H. Robnett II, MD (S’50), of Spokane, WA, is now 91 and retired from his general surgical practice, but he has fond memories of his training at Cleveland Clinic, his subsequent eight years on staff and his friendship with George Crile Jr, MD (S’37).

The two doctors met while serving in the Navy during World War II. Dr. Robnett, having completed medical school at Northwestern University, was a medical officer working in the Pacific Theater. He was assigned to Dr. Crile’s service in San Diego, where Dr. Crile oversaw a large surgical ward.

“I got to know him and his family well,” recalls Dr. Robnett. “They rented a farm outside of town and whenever they had a picnic, which was quite often, they went and caught a chicken to cook.”

“I thoroughly enjoyed that friendship. He was my mentor and the reason I went back to Cleveland Clinic for my surgical training after I served six years in the Navy,” he says, noting that Dr. Crile specifically saved him a spot in the program.

He also recalls Mason Sones, MD, who is well-known for his work perfecting catheterization procedures. “He was new and I helped orient him to how to get things done at Cleveland Clinic,” says Dr. Robnett with a laugh. William L. Proudfit, MD (IM’43), was another contemporary of his.
“I’ll take you on a tour of Spokane, as long as you drive!” he says.

After years in Montana, moving South
Jerome Dunst, MD (DR’72), retired from his radiology practice in Polson, MT, in September. He and his wife plan to spend part of each year in Las Vegas (winter) and return to Montana for the warmer months. He earned his medical degree from the University of Louisville in Kentucky and practiced in North Carolina before settling in Montana about 8 years ago, in part to be closer to his wife’s family.

The 68-year-old shared with Lois that he enjoyed his three-year residency in diagnostic radiology. When contacted the day after his retirement, he declined to reminisce about changes in the field he’s seen over the decades he practiced, preferring instead to just focus on the road ahead.

“We’re not gamblers but we’re looking forward to spending time in Vegas,” he says with a laugh. “We’re going South!”

A Mid-Summer’s Boat Ride
Retired alumnus, Joseph “Joe” F. Lydon, Sr, MD (S’51, S’55, VS’64), and his son, Joseph F. Lydon, Jr, MD, an anesthesiologist at Cleveland Clinic’s Fairview Hospital, (shown together in top photo) took six students from the Cleveland Clinic Lerner College of Medicine on a boat ride of Lake Erie and the Cuyahoga River on a beautiful evening this summer. They saw the Cleveland skyline aboard the younger Dr. Lydon’s boat and then returned to the Cleveland Yacht Club for dinner.

Among the students who attended were (from left) Sam Edwards, Bradley Gill and Ben Larson, along with Alan L. Hull, MD, PhD, Associate Dean, Curricular Affairs for the medical school. Also attending (but not pictured) were Christine Baran, Catherine Golski and Julia Head.

“I enjoyed it as much as they did,” recalls the senior Dr. Lydon. “A lot of them are strangers in town, and we thought it would be nice to invite them out and liven up their summer.”

He adds, “They all sent nice thank-you notes afterward!”

Cleveland Clinic’s medical students always appreciate opportunities to talk to accomplished physicians for career perspective and guidance, and many alumni have offered to host similar mentoring events. If you would like to, please call Lois Sumegi at 216.444.5534 or sumegi@ccf.org.
Institute Chairs Named

James B. Young, MD, has been appointed Chairman of Cleveland Clinic’s Endocrinology and Metabolism Institute. He had served as the institute’s Interim Chair since January.

In addition to having academic interests in cardiologic diabetology, Dr. Young has been involved in the creation of Cleveland Clinic’s institute-based model of care. Within the institutes’ new integrated structure, the Bariatric Surgery, Endocrine Surgery and Endocrinology departments are further united within the Endocrinology and Metabolism Institute.

Dr. Young earned his medical degree from Baylor College of Medicine, where he also completed an internship and residency. He earned a bachelor of arts degree from the University of Kansas. Since being appointed at Cleveland Clinic in 1995, he has served in a number of leadership positions, including Chairman of the Division of Medicine and Physician Director of Institutional Relations and Development. He currently serves as Chairman of the Academic Department of Medicine.

Iva Fattorini, MD, has been appointed Executive Director of Cleveland Clinic’s new Arts & Medicine Institute. Dr. Fattorini joined the Institute after serving for several years as Director of International eHealth. The announcement of the establishment of the Cleveland Clinic Arts & Medicine Institute was made by Joseph F. Hahn, MD, Chief of Staff. The Arts & Medicine Institute will integrate the visual arts, music, performing arts and research to promote healing and to enhance the lives of our patients, families, visitors and employees. The Institute will bring together existing arts and cultural activities within Cleveland Clinic, create new programs and build on existing programs. It will pursue community partnership and outreach opportunities, explore collaborations locally, nationally and internationally, and develop evidence-based protocols to validate the benefits of the arts in medicine.

The establishment of the Arts & Medicine Institute supports Cleveland Clinic’s mission to provide the highest quality compassionate healthcare in a setting of education and research.

Other Appointments

Vernon Wen-Hua Lin, MD, PhD, joins Cleveland Clinic as Chair of the Department of Physical Medicine and Rehabilitation in Cleveland Clinic’s Rehabilitation Institute. Dr. Lin comes from the VA Long Beach Healthcare System in California, where he was Associate Chief of Staff and Director of the Spinal Cord Institute, Functional Magnetic Stimulation Laboratory and the Spinal Cord Regeneration Laboratory.

His achievements have been recognized with awards from the American Paraplegia Society, the Western Paralyzed Veterans of America and the VA Long Beach Healthcare System. Dr. Lin holds five patents in biomedical engineering.

Dr. Lin earned degrees in medicine, as well as mechanical and biomedical engineering, from University of California Davis, where he completed an NIH Research Fellowship in the Pulmonary Division. He completed his Physical Medicine and Rehabilitation residency at MetroHealth Medical Center/Case Western Reserve University, Cleveland.

Constantine Mavroudis, MD, a world-renowned pediatric cardiovascular surgeon, joined the staff of Cleveland Clinic Children’s Hospital as Chair of Congenital and Pediatric Cardiothoracic Surgery on Sept. 1, 2008. He previously served as the Surgeon-in-Chief for the Department of Surgery and Division Head of Cardiovascular-Thoracic Surgery at Children’s Memorial Hospital in Chicago.

Dr. Mavroudis specializes in surgery for congenital heart disease in infants and children, but he also treats adult patients who have congenital heart complications that manifest later in life. With this unique experience, Dr.
Mavroudis will be leading pediatric cardiothoracic surgery while also working closely with staff in the Heart and Vascular Institute.

Dr. Mavroudis is known for his research and expertise in complex congenital heart repairs, arrhythmia surgery, coronary artery surgery in children and cardiac transplantation. He also will assume the Ronald and Helen Ross Chair in Pediatric and Congenital Heart Surgery at the Children’s Hospital.

“We are honored that Dr. Mavroudis wanted to bring his talents and vision to Cleveland Clinic Children’s Hospital,” says Robert Wyllie, MD, Physician-in-Chief of Cleveland Clinic Children’s Hospital. “We are greatly looking forward to learning from and working with Dr. Mavroudis on many levels.”

Born in Thasos, Greece, Dr. Mavroudis is very active in many Greek physician organizations, including the Medical Society of Thessaloniki, the Hellenic Society of Thoracic and Cardiovascular Surgery and the Hellenic Society of Pediatric Cardiology. In addition, he is the founder of the Hellenic Heart Program, which enables Greek children in need of heart surgery to travel to Chicago for their procedures and provides support to their families. Dr. Mavroudis plans to bring the program to Cleveland.

“This is a very exciting new beginning for me, both personally and professionally,” says Dr. Mavroudis. “It is a tremendous opportunity for me to be able to teach others in the field all that I have experienced and I am looking forward to starting this new chapter in my life with my family in Cleveland.”

Dr. Mavroudis is a noted author and speaker, publishing more than 300 peer-reviewed articles and book chapters. He is the editor of Pediatric Cardiac Surgery, a textbook staple for students and physicians which is now in its third edition, and he has served as editor or co-editor for six other textbooks on the topic.

He is a member of numerous professional societies. He served as President of the Southern Thoracic Surgical Association in 2002 and President of the Congenital Heart Surgeon’s Society from 2004 through 2006, and currently serves as President of the Society for Thoracic Surgical Education. He is a member of the Board of Directors of the Society of Thoracic Surgeons, and he has been instrumental in developing a nomenclature system for use in congenital heart surgery databases. This international effort has resulted in a number of publications and a comprehensive classification system for congenital heart surgery specifications.

Dr. Mavroudis is a graduate of Rutgers University and received his medical degree from the University of Virginia before completing his residency at University of California, San Francisco.

He is an avid runner, having completed 11 marathons and 20 triathlons in the United States and Europe. He and his wife, Martha, reside in Bratenahl. They have two adult children, Paula and Constantine.

Ricardo Rodriguez, MD, has been promoted to Department Chair, Neonatology. Dr. Rodriguez is a clinical neonatologist with a special interest in cardiopulmonary problems in newborns. He attended medical school at the University of Buenos Aires Faculty of Medicine and is an Associate Professor of Pediatrics at Case Western Reserve University. He plans to become involved with the Lerner College of Medicine at Cleveland Clinic.

He came to Cleveland Clinic earlier this year from Rainbow Babies and Children’s Hospital, where he was an attending neonatologist. As Chair of Neonatology, Dr. Rodriguez will continue to expand and integrate the neonatal services provided across Cleveland Clinic’s health system and will oversee the care of critically ill newborns admitted to the NICU.

Alumnus Thomas J. Masaryk, MD (DR’85), has been appointed Chair of Diagnostic Radiology in the Imaging Institute. A lifelong resident of Northeast Ohio, Dr. Masaryk received radiology training at Cleveland Clinic in 1981. In 1989, he became Head of Neuroradiology with a joint appointment in Neurosurgery and holds the title of Professor of Radiology at Cleveland Clinic’s Lerner College of Medicine. His research and clinical interest is primarily stroke, for which he has received National Institutes of Health funding. He was a principle in the creation of the country’s second Accreditation Council for Graduate Medical Education training program in Endovascular Surgical Neuroradiology at Cleveland Clinic. As Chair of Diagnostic Radiology, Dr. Masaryk will expand his responsibilities to include overseeing this department at

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Cleveland Clinic’s main campus.

Julie Niezgoda, MD, was appointed Chair of Pediatric Anesthesiology in July. In her new role, she will continue to expand and integrate the pediatric cardiac, general and sedation services throughout the Cleveland Clinic hospitals while developing research and a fellowship training program deserving of national recognition.

Since being appointed to Cleveland Clinic’s General Anesthesiology and Pediatric departments in 1995, Dr. Niezgoda has been an integral part in expanding the Section of Pediatric Anesthesiology from five staff members to a full Department of Pediatric Anesthesiology with 16 fellowship-trained pediatric anesthesiologists, seven dedicated pediatric CRNAs and an ACGME-accredited training fellowship.

Her clinical interests include congenital cardiac anesthesia and mitochondrial cytopathy, and she is a co-investigator for a study funded by the National Institutes of Health to determine which molecular defects in mitochondrial function lead to altered sensitivity to sevoflurane. She travels annually to Guatemala, where she provides free medical care to residents through a nonprofit organization called Healing the Children.

Prior to joining Cleveland Clinic, Dr. Niezgoda completed residencies in pediatrics at Rainbow Babies and Children’s Hospital and in anesthesiology at Case Western Reserve University. She completed her pediatric anesthesia fellowship training at Pittsburgh Children’s Hospital.

Alumnus Mark E. Sesto, MD (S’87, VS’88), has been named Chairman, Division of Surgery, at Cleveland Clinic Florida. A graduate of the University of Pittsburgh School of Medicine, Dr. Sesto completed his surgical residency and a vascular surgery fellowship at Cleveland Clinic. His primary specialty interests are thyroid surgery, breast surgery, carotid and aortic surgery, gastrointestinal surgery and lower extremity revascularization.

David W. Friedman, MD, a general surgeon and board-certified plastic surgeon, has been named Head of the new section of Hand and Upper Extremity Surgery at Cleveland Clinic in Florida, as of May 23. He will work collaboratively with the Departments of Orthopaedic and Plastic Surgery.

Dr. Friedman also holds a Certificate of Added Qualifications in Surgery of the Hand. As both a Hand Surgeon and Plastic Surgeon, Dr. Friedman provides a multidisciplinary and comprehensive approach to patient care.

Dr. Friedman began his career teaching at New York University Medical Center in New York as an Assistant Professor in the Institute of Reconstructive Plastic Surgery within the Division of Plastic Surgery. He also worked for nine years as the Director of Hand Surgery at Bellevue Hospital Center, the flagship hospital of the NYC Health and Hospitals Corporation.

Cleveland Clinic Florida Represented

Drs. Laurence Beck, left, Cleveland Clinic Florida staff at West Palm Beach, and Lior Shamai, resident, right, are pictured with U.S. Senator Bill Nelson (D-FL) at the Annual Session of the American College of Physicians held in Washington, DC, in May 2008. Upcoming proposed Medicare cuts were discussed. At right is the West Palm Beach facility.
Association News – 2008 Election Results

By Sandra S. Stranscak
Senior Director, Alumni Relations

This year’s bi-annual Alumni Board of Directors election had an impressive slate of officers and an unprecedented rate of participation from our alumni body. Thank you for your thoughtful contribution to the election process!

After two years as President of the Cleveland Clinic Alumni Association (2006-2008), Scott A. Strong, MD (CRS’92), is now serving a two-year term as Immediate Past President. Lilian V. Gonsalves, MD (P’81), assumed the post of President for a two-year term and Robert E. Hobbs, MD (CARD’79), will be President-Elect for two years. Alumni Board member Gary H. Dworkin, MD (CATS’92), was selected as Secretary on the leadership track.

Elections for four-year terms, through June 30, 2012, were held for Alumni Specialty Directors in medical specialties as well as for Imaging (Radiology) and Pathology and Laboratory Medicine.

All the candidates were enthusiastic and ready, willing, able and eager to serve if elected and we thank you all for offering your services. This year’s election was enhanced by specialty-specific ballots with candidate statements and, when possible, photographs. Also noteworthy is that we had our youngest/newest alumnus candidate (Class of ’08) as well as our youngest/newest alumnus elected (Class of ’07)!

The results are:

Pathology & Laboratory Medicine
*Jonathan (Jon) L. Myles, MD (ACLPTH’87) Cleveland Clinic Staff

Imaging (Radiology)
Pauline Kwok, MD (TRS’95, DR’00, ABI’01) Cleveland Clinic Regional Radiology Staff

Pediatrics
*Elumalal Appachi, MD (PD’96, PDCC’99) Cleveland Clinic Staff

General Internal Medicine
Lee M. Adler, DO (GL-1’73, IM’75) Vice President & Chief Quality & Safety Officer Florida Hospital, Orlando, FL

Cancer Center
(Hematology Oncology & Radiation Oncology)
*Tarek M. Mekhail, MD (AN’96, IMP’97, IM’99, H/O’92) Cleveland Clinic Staff

Cardiovascular Medicine
Robert E. Hobbs, MD (CARD’79) (also President-Elect) Cleveland Clinic Staff

Dermatology
*Divya Singh-Behl, MD (D’02, DS’07) Deerfield Dermatology Associates, Deerfield, IL

Endocrinology
Leslie R. Sheeler, MD (IM’73, END’77) Retired Cleveland Clinic Staff

Gastroenterology
Edward D. Ruszkiewicz, MD (IM’74, GE’77) Retired, Toledo, OH

Infectious Disease
*Susan J. Rehm, MD (IM’81, ID’83) Cleveland Clinic Staff

Nephrology / Hypertension
James W. Lewis, MD (GL-1’68, IM’70, H/N’71, RES’84) Riverside Nephrology Associates, Inc., Columbus, OH

Neurology
*Steven Benedict, MD (N’01, NEMG’02) Advanced Neurological Associates, Inc., Bellevue, OH

Psychiatry & Psychology
*Omar A. Fattal, MD, MPH (P’05) Lutheran Hospital, Cleveland, OH

Pulmonary, Allergy & Critical Care Medicine
*Marc S. Ronner, MD (IM/PD’91, PULMCC’95) Lima Pulmonary & Critical Care Assoc. Inc., Lima, OH

Rheumatic & Immunologic Disease
*Elizabeth A. File, MD (RH’07) Cleveland Clinic Staff

Vascular Medicine
Lucy (Massullo) LaPerna, DO (IM’96, VM’97) Riverside Interventional Consultants, Columbus, OH

In addition, the following annual appointments were made:

President, House Staff Association
*Jennifer L. Lucas, MD (Dermatology, GL-4) Cleveland Clinic Lerner College of Medicine Representative

*Patrick Blake, Class of 2010

In 2010, we will be seeking nominations for candidates for Alumni Specialty Directors in surgical specialties, Anesthesiology and Research, as well as for an International Vice President position. We hope this group of alumni also will bring forth great leaders and a high rate of alumni participation from their specialties.

Please do not hesitate to contact your Alumni Specialty Director with ideas, suggestions, issues, or concerns. Contact information can be provided by the Alumni Relations office.
Dr. Sheldon gave an impromptu acceptance speech after the award was presented. “I could have done better with a little preparation but no one seemed to complain,” he says.

Longtime cardiology colleague Earl K. Shirey, MD (IM’56), described the speech in more flattering terms. “He made a nice presentation and went over some history and thanked his family for their support,” he says. “He was very gracious. The entire evening was very nice, and he is a very worthy recipient.”

Dr. Shirey attended the event with another longtime colleague, William L. Proudfit, MD (IM’43), who won the Distinguished Alumnus Award in 1987, and the two of them sat with the Sheldon family at dinner.

“In his speech, Bill gave an unwarranted tribute to Earl and me for our long association with him,” Dr. Proudfit laughs.

After dinner, many people came over to the table to congratulate Dr. Sheldon, “and they couldn’t really ignore me sitting there, so they talked to me too,” Dr. Proudfit continues in his joking manner. “It was nice to see so many people and many of them remembered kindnesses they remembered I had shown them during their training, which may or may not have been the truth!”

About 100 people attended the event, including many fellows that Dr. Sheldon helped train during his long career at Cleveland Clinic. He started in 1962 as a clinical associate in Pediatric Cardiology & Cardiac Laboratory. He became assistant staff in 1963 and full staff in 1964. He became Chairman of the Cardiology Department, formed by an amalgamation of Clinical Cardiology and Pediatric Cardiology and Cardiac Laboratory in 1975, a position he held until 1991.

Other roles he played while at Cleveland Clinic include trustee (1977-1979), Board of Governors member (1975-1979), Medical Division Committee (1975) and Chairman of the Advisory Committee, later the International Center Committee, from 1975 to 1987. In this latter role, he met with visiting dignitaries such as Imelda Marcos and was

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The Distinguished Alumnus Award

The Distinguished Alumnus Award is given by Cleveland Clinic’s Alumni Association to recognize alumni for exceptional, enduring achievements and leadership that have brought pride and recognition to the Cleveland Clinic community. Nominees must have distinguished themselves in clinical practice, education, research and community leadership and/or service.

Here is the text from the plaque awarded to William C. Sheldon, MD, on Sept. 26, 2008.

William C. Sheldon, MD

William C. Sheldon, MD, is a clinician, administrator, innovator, researcher, author, and a key figure in the history of Cardiology at Cleveland Clinic. During his 38 years at Cleveland Clinic, Dr. Sheldon has made major contributions to clinical practice, expanded knowledge of cardiovascular medicine, and played a role in nearly every cardiovascular breakthrough at Cleveland Clinic during this time. As the first chairman of Cardiology at Cleveland Clinic, he achieved unity among specialties, developed sub-specialties, and built a department that has grown into the leading cardiology program in the world.

As a fellow, Dr. Sheldon was recognized for his skill as a clinician and dexterity in the cardiac catheterization lab. As a member of the staff, he applied these attributes to teaching, clinical investigation, and writing. He gained a local, national, and international reputation as an outstanding cardiologist, practicing the most advanced catheterization techniques of his time. He managed an active clinical practice, developed the largest training program in the country, and served as secretary, president, and life trustee of the Society of Cardiac Angiography.

Dr. Sheldon received his fellowship training in Cardiovascular Disease at Cleveland Clinic from 1960 to 1962, and became a full staff member in 1964. He was named chairman of The Department of Cardiology in 1975, and distinguished himself in that office through 1991. While at Cleveland Clinic, he served as trustee, member of the Board of Governors, and chairman of the Advisory committee of the International Center. Since 1997, he has been a member of the Emeritus staff, and written the history of Cardiology at Cleveland Clinic.

As leader through a time of growth and transition, a clinician revered by his patients and peers, as a contributor to medical science, and as a member of the community, Dr. Sheldon has exemplified the finest qualities of the medical profession and the highest values of Cleveland Clinic.

It is therefore our great privilege to honor Dr. William C. Sheldon (CD’62) with the Distinguished Alumnus Award 2008.
a member of the medical team caring for King Khalid of Saudi Arabia in 1978.

“I never dreamed of ever receiving the Distinguished Alumnus Award, but I am proud, and humbled, to be included among the list of previous distinguished recipients,” Dr. Sheldon wrote in a letter after the event.

His friends recall his peacemaking and organizational skills as being keys to his success leading the cardiology staff.

“He was an artist at avoiding controversies,” says Dr. Proudfit. “He stood up on principles but accepted the opinions and concerns of others well. This is an unusual characteristic for any administrator.”

Dr. Sheldon gradually built the staff numbers in response to increased growth and developed a number of subspecialties that had not been in place before, such as echo cardiology, stress testing and electrophysiology, Dr. Proudfit adds. “He served under a period of transition and united staff in order to grow as required.”

Dr. Shirey echoes many of those same sentiments. “He was well-received by all of the physicians and was an excellent clinician, as well. He was a good writer and an excellent investigator, too.”

Dr. Sheldon retired about 10 years ago but is still active doing consulting work and quality review of cardiac catheterization labs. He also has started piano lessons and fly fishing, traveling to Montana a few times. He shares some of his wife’s hobbies, as well, such as working with therapy dogs. The couple recently celebrated their 50th wedding anniversary.

Notably, he also has written a book about the history of cardiology at Cleveland Clinic that was released in August. The debut of the book, *Pathfinders of the Heart – The History of Cardiology at the Cleveland Clinic*, coincides with two historic milestones: the 75th anniversary of Cardiology at Cleveland Clinic in 2007 and the 50th anniversary of Mason Sones’ first coronary arteriogram in 2008.

“We lived in interesting times,” Dr. Sheldon says of his tenure at Cleveland Clinic. “A lot of history was made, and I didn’t see any one else writing about it. I thought it should be put down on paper before it escapes us.”

It took him several years to compile the book, which he calls “a concise history.” Since he wanted to include the years through 2006, “I interviewed all of Eric Topol’s section heads, and they added much insight to help me fill out this time period,” he explains.

“This is really a story about people. I tried to include the names of as many staff members and fellows during those years as possible,” he adds.

*Pathfinders of the Heart – The History of Cardiology at the Cleveland Clinic*, published by Xlibris Corp. (www.Xlibris.com), is available at many local bookstores and at Amazon.com.

**Call for Nominations**

If you would like to nominate an alumus or alumna for consideration for the annual Distinguished Alumnus Award, please contact Sandy Stranscak, Senior Director, Alumni Relations, at alumni@ccf.org.
In his article, Dr. Juhasz says Cleveland Clinic has long had a favorable relationship with the osteopathic profession, accepting osteopathic physicians into its training programs as early as the 1970s. "Many training centers, in Cleveland and elsewhere, did not view osteopathic physicians as equal to the allopathic counterparts," he wrote. However, he has found Cleveland Clinic to be very supportive of the osteopathic profession and his involvement in it.

“They have been very gracious in allowing me to actively participate in both the American College of Osteopathic Internists and American Osteopathic Association Boards of Trustees and in multiple osteopathic and government-related positions," he says. “I have been honored to be part of the staff of Cleveland Clinic as an osteopathic physician who hopefully is able to utilize the excellent gifts that have been given to me through my osteopathic education and experience to be part of a team of colleagues who strive to make ‘Patients First.’”

The first recorded osteopathic physician to train at Cleveland Clinic was Ray C. Haselby, DO (GL’71, IM’72, ID’74). Norbert E. Reich, DO (GL’72, DR’75), followed and formed a radiology group practice with another Cleveland Clinic-trained radiologist, Frank E. Seidelmann, DO (GL’73, DR’76). Paul M. Wolfson, DO (GL’71, IM’72), completed training in cardiology and became an influential faculty member at the Chicago College of Osteopathic Medicine. Two of Dr. Juhasz’s mentors, John J. Mizenko, DO (GE’72), and Thomas J. Ehner, DO (END’74), trained in gastroenterology and endocrinology, respectively, at Cleveland Clinic.

Dr. Juhasz notes in his paper that there have been 17 chief/co-chief medical residents at Cleveland Clinic who were osteopathic physicians.

Lee M. Adler, DO (GL’73, IM’75), a member of Cleveland Clinic’s Alumni Board, was the first DO Internal Medicine Chief Resident, in 1972. He subsequently trained in infectious diseases at Yale University, and his first position was on the faculty as Director of Infectious Diseases and Associate Chairman of Internal Medicine at the Chicago College of Osteopathic Medicine, 1977-1982. He currently is Vice President, Quality & Safety Innovation & Research at Florida Hospital in the Orlando area.

Today, Dr. Adler says that his training at Cleveland Clinic was foundational to his medical career in many ways. “I was transformed from a student into a physician who valued my healthcare team as a critical component to keeping patients safe from harm and to alleviating suffering. During my training, there was a sense of mutual respect, mutual trust and mutual support. I was able to understand and evaluate complex disease processes within the context of patient-centered care that valued each patient’s unique situation,” he says.

Leonard H. Calabrese, DO (GL’76, IM’78, RH’80), Vice Chairman, Rheumatic and Immunologic Diseases and a world-renowned researcher/educator on HIV-AIDS, was Chief Resident in 1977-78. Dr. Calabrese has recently been named the first holder of the Theodore F. Classen, DO, Chair for Osteopathic Research and Medical Education at Cleveland Clinic (see sidebar, page 17). Dr. Classen’s son, Roger F. Classen, DO (PL/RS ’82), practices in the area.

More recently, Rachel M. Taliercio, DO, started her term as Chief Medical Resident for the Internal Medicine Residency Program in July. Dr. Taliercio graduated from the New York College of Osteopathic Medicine in May 2005. She then went on to complete her internship and residency at Cleveland Clinic. Starting next July, she will pursue a fellowship in Pulmonary/Critical Care Medicine here.

“Cleveland Clinic has a rich tradition of training osteopathic physicians, and DOs are well-represented across all fields of medicine. This supportive relationship was part of the reason I decided to pursue my training here,” she says. “I have had the opportunity to work alongside outstanding osteopathic physicians who are leaders in their field and feel very fortunate to have the support and mentorship of these physicians. As Chief Resident, I am proud to represent the profession and carry on the tradition.”

In his paper, Dr. Juhasz concluded by saying he has had many opportunities at Cleveland Clinic, including helping implement the ambulatory portion of the electronic medical record and training allopathic and osteopathic residents in their longitudinal clinics.

He believes it is important for osteopathic residents to have osteopathic mentors. “Grow where you are planted,” he wrote. “The important lesson is to give back a little bit of what you learn and teach someone else.”
The Brentwood Foundation in Seven Hills, OH, has given $5.5 million to Cleveland Clinic to establish an endowed chair to support research and graduate education programs in osteopathic medicine at South Pointe Hospital and at Cleveland Clinic’s main campus.

Leonard H. Calabrese, DO (GL-1’76, IM’78, RH’80), Vice Chairman, Rheumatic and Immunologic Diseases, will be the first holder of the Theodore F. Classen, DO, Chair in Osteopathic Research and Education. Dr. Calabrese becomes the first Cleveland Clinic physician to hold two endowed chairs at the same time; he also holds the R.J. Fasenmyer Chair of Clinical Immunology.

The award is named after the former president of the Brentwood Foundation, a charitable trust dedicated to advancing medical education, clinical research and osteopathic health and wellness. It was formed when Brentwood Hospital merged with Meridia Suburban Hospital in 1994, creating Meridia South Pointe Hospital. Today, South Pointe is a Cleveland Clinic hospital.

“This generous gift will help us enhance our training program and innovative research,” Dr. Calabrese says.

Beyond providing endowed chair funding, the gift, for the first time, formally brings together South Pointe Hospital and Cleveland Clinic’s osteopathic training endeavors. South Pointe Hospital is a 275-bed community teaching hospital serving the healthcare needs of Cleveland’s southeast suburbs since 1957. The osteopathic residency program is partnered with Ohio University College of Osteopathic Medicine and the Centers for Osteopathic Regional Education.

In 2007, South Pointe commemorated its 50th anniversary of serving the community’s healthcare needs.

At a ceremony commemorating the creation of the Theodore F. Classen, DO, Chair in Osteopathic Research and Education in September, Dr. Calabrese expressed how welcomed he was when he arrived at Cleveland Clinic and particularly praised the leadership of Lee M. Adler, DO (GL-1’73, IM ’75), saying it had a positive impact on his career.

Dr. Classen’s son, Cleveland Clinic alumnus Roger F. Classen, DO (PL/RS’82), attended the event along with other members of his family. Dr. Classen lives in Chagrin Falls and practices in the Warrensville Heights area. Also attending the event was Fred DeGrandis, Chief Executive Officer and President, Cleveland Clinic Regional Hospitals.

“I have lived in the community hospital world for most of my career, but I have not been exposed to the beautiful and meaningful ceremony that confers or awards an endowed chair, as these events are generally exclusive to an academic institution or academic medical center. Over the last several weeks, I have attended two such events – Theodore F. Classen, DO, Chair in Osteopathic Research and Education, and the Dr. Ronald and Helen Ross Chair in Pediatric and Congenital Heart Surgery. The endowed chair establishes a permanent legacy of caring and helps foster strong patient care, research, innovation, discovery and education,” DeGrandis says.

“These events gave me a glimpse into the special purposes of an academic medical center and its unique commitment to and important relationship between education and research that is not a key focus of our community hospitals,” he continues. “The Classen Chair has a focus and purpose that will not only be at the main campus but at South Pointe Hospital. That is the first time an endowed chair’s activities will reach into our community hospitals.

“Endowed chairs are more evidence that the ‘whole is greater than the sum of the parts’ and of the great opportunities that exist as we combine and align the best of our community hospitals with the vast resources of Cleveland Clinic.”
The Gift Planning Team in the Office of Development would like to thank you, our loyal alumni, who graciously participated in a recent phone survey.

The purpose of the survey was to make contact with Cleveland Clinic-trained physicians and gather information regarding your knowledge of gift and estate planning. Our goal was to respond to any questions you had and assist you in planning your estate by providing information to help you make tax-wise decisions. We were delighted to find out through these conversations that many of you have an interest in learning more. We also were happy to learn some of you have already decided to include Cleveland Clinic in your estate plans. Thank you!

Would you like tax-advantage estate planning information? Have you included Cleveland Clinic in your estate plans but have not yet shared the information with us? We urge you to do so. We take great pleasure in thanking our donors, and we strive to make sure that your gift is designed so that it will support the area that is most important to you. If you are considering making a gift to support Cleveland Clinic, an outright bequest is a good place to start.

### Extension of IRA Rollover Provision Passed: Extended through 2009

Good news for anyone who is at least age 70½ — the IRS extension of the IRA rollover provision has passed, allowing the owner of a traditional or Roth IRA to instruct the IRA manager to distribute up to $100,000 directly to a public charity without the distribution being included in taxable income. Additionally, that distribution will count toward the IRA owner’s mandatory withdrawal amount. The gift must be an outright gift. Rollovers to a planned gift, such as a gift annuity or a charitable remainder trust, do not qualify. The extension has been granted until Dec. 31, 2009. Because you need to follow required steps carefully for this type of gift in order to ensure that you receive the maximum benefit, we encourage you to contact Lois Sumegi, Alumni Development, at 216.444.6534 or sumegil@ccf.org, or Anne Corrette, Director of Gift Planning Services, at 216.444.1251 or correta@ccf.org for additional information or questions.

### Outright Bequests

Various types of bequests are available for your consideration as you plan for your family’s future and the legacy to Cleveland Clinic. Many of our friends would like to make a gift to Cleveland Clinic but feel that their generosity must be tempered by financial responsibility for themselves and for loved ones. They hesitate to part today with assets that may be needed tomorrow to meet personal or family obligations.

You may be pleased to discover that with a bequest it is possible to support Cleveland Clinic without neglecting other responsibilities. During your lifetime, you maintain control of your assets and, at your death, your estate will be entitled to a charitable deduction for the full fair market value of your gift.

A bequest can take various forms:

**Specific bequest** designates that Cleveland Clinic receive a specific piece of property.

- **Example:** “I bequeath to The Cleveland Clinic Foundation, Cleveland, Ohio, all of my shares in XYZ Mutual Fund to be used for its exempt purposes.”

**General bequest** designates that Cleveland Clinic receive a specified dollar amount.

- **Example:** “I bequeath to The Cleveland Clinic Foundation, Cleveland, Ohio, the sum of $100,000 to be used for its exempt purposes”

**Residual bequest** designates all or a portion of what remains after all debts, taxes, expenses and other bequests have been paid.

*continued on page 19*
Institute Physician-Researcher Discovers Two Genes Linked To Breast, Thyroid and Kidney Cancers

Early detection is critical to ensure the best odds to survive cancer, and for patients with Cowden Syndrome (CS) and a CS-like disease, the odds are improving. Institute researchers have discovered two new genes (SDHB and SDHD) that may improve detection of breast, thyroid and kidney cancers.

Research led by Charis Eng, MD, PhD, Chair, Cleveland Clinic’s Genomic Medicine Institute (GMI), points toward the advent of personalized healthcare, whereby patients will be screened for cancer risk based on their individual genetic profile.

“Our discovery is an example of how to apply genetics to clinical practice and of the future of personalized medicine,” she says.

“Physicians and genetic counselors now have another diagnostic tool available for the screening, detection and prevention of breast and thyroid cancers.”

Normally, a gene called PTEN acts to suppress cancers. In 1997, Dr. Eng discovered that certain mutations in PTEN determined susceptibility to CS, a syndrome characterized by tumor-like growths and a high risk of developing breast and thyroid cancers. However, some individuals with normal PTEN still get the disease.

Now, 11 years later, SDHB and SDHD have been identified as markers of CS susceptibility for such individuals. Dr. Eng’s current study indicates that mutations in these two genes confer a higher risk of breast, thyroid and kidney cancers as compared to PTEN mutations alone.

“Clinicians should consider SDH testing for patients who have a strong personal history and/or family history of breast, thyroid and/or kidney cancers, especially when their PTEN is normal,” Dr. Eng says. “Patients with SDH mutations should be more rigorously screened for these cancers.”

Rigorous screening may reveal a cancer at an earlier stage, which leads to earlier intervention and improved outcomes, she adds.

The study examined DNA extracted from blood samples from 375 patients with CS and a CS-like disorder and a family history of PTEN mutation negative. Dr. Eng’s team then looked at the sequence of three related genes, SDHB, SDHC and SDHD. When mutated, these three genes are responsible for a rare tumor completely unrelated to CS called paraganglioma. Dr. Eng chose to study those genes after noticing that in 1 percent to 4 percent of individuals with SDHB mutations, kidney and thyroid cancers developed.

Dr. Eng’s coauthors are members of her laboratory and of Cleveland Clinic’s Center for Personalized Genetic Healthcare, housed within GMI. The research appeared in the American Journal of Human Genetics. Dr. Eng holds the Sondra J. and Stephen R. Hardis Chair of Cancer Genomic Medicine.

Physicians are the driving force behind the success of Cleveland Clinic. Our objective is to share the many estate and gift planning opportunities available to continue support for the future of Cleveland Clinic and the work of the physicians who fuel our progress.

Bequests are just one example of estate and gift planning. A member of our Gift Planning Team would be delighted to discuss additional options with you, including other testamentary commitments and gifts that can return income to you for life. Please call us at 216.444.1245 or email giftplanning@ccf.org.
Institute Researchers Discover Growth of New Neurons In Adult Brains

Lerner Research Institute researchers have discovered evidence of the generation of new neurons in adult brains.

The findings challenge views that the adult human brain does not have the ability to grow new neurons. The research led by Bruce Trapp, PhD, Chair, Neurosciences, involved the examination of neurons in the brains of nine patients with multiple sclerosis (MS) and four healthy control group subjects.

The study used advanced staining techniques to detect and characterize neurons in normal subcortical white matter and acute and chronic demyelinated brain lesions. MS involves the immune system destroying the myelin sheaths that surround and protect nerves.

When the myelin is destroyed, the nerves “misfire” and impulses can be slowed or disrupted. Trapp’s team found that the neurons that occupy the white matter are also destroyed during the demyelination process.

However, in a small percentage of old MS lesions, white matter neurons were increased by 72 percent compared to normal brain regions. Furthermore, these interneurons appeared to be fully developed.

“Our study suggests that demyelinated tissues produce signals that can enhance the generation of new neurons in damaged areas of the brain,” Dr. Trapp says. “Based on our findings, there is enough evidence to support the idea that new neurons can re-grow in multiple sclerosis lesions.”

It is not clear how much function the new tissues have, and that is one of the next areas of our research, Dr. Trapp says. “The basic science discovery may provide the basis for the development for new therapies for MS and other neurodegenerative diseases,” he explains.

Research collaborators are Susan M. Staugaitis, MD, PhD, Neurosciences, and neurologists at Cleveland Clinic’s Mellen Center for Multiple Sclerosis Treatment and Research. The research appeared online in the journal Brain.

2008 Lawrence “Chris” Crain Memorial Lecture

The 2008 Lawrence “Chris” Crain Memorial Lecture was held on July 10, 2008. Kenneth Jamerson, MD, Professor, Internal Medicine, University of Michigan, Ann Arbor, MI, spoke on “Contemporary Insight into Excessive Cardiovascular Risk in African-Americans.”

Dr. Crain (IM’97, H/N’99) died unexpectedly at his home in Atlanta, GA, on July 22, 2003, at the age of 38. The Dr. Lawrence “Chris” Crain Memorial Lecture Fund, developed to honor his contributions to Cleveland Clinic throughout his training, supports an annual lecture in his name on kidney disease or hypertension. Contributions to the fund are welcome and may be made to the Lawrence “Chris” Crain Memorial Lecture, Cleveland Clinic Internal Medicine Residency, 9500 Euclid Ave. – NA10, Cleveland Ohio 44195.

Byron J. Hoogwerf, MD, recently retired staff (’85-’08); Mrs. Pearl Crain, Chris Crain’s mother; and David J. Holiday, MD, of Howard University, longtime friend of Chris Crain.
Campus Clips

Vikram Kashyap, MD, FACS (IM’89), Department of Vascular Surgery, will soon complete his term as President of the Cleveland Vascular Society. Dr. Kashyap also was selected a Distinguished Fellow of the Society for Vascular Surgery.

Kenneth Goodman, MD, Beachwood Family Health and Surgery Center, received the award for best overall poster presentation for his poster, “Effect of Video Patient Education on Health Maintenance Knowledge,” at the Ohio Family Medicine Symposium on Research and Education.

Joe Hollyfield, PhD, the inaugural Director of Ophthalmic Research at the Cole Eye Institute, has been selected to receive the Proctor Medal, the highest honor given by the Association for Research in Vision and Ophthalmology (ARVO). Dr. Hollyfield, who joined Cleveland Clinic in 1995, also is a Professor of Ophthalmicology at Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, and is Director of the Foundation Fighting Blindness Research Center at the Cole Eye Institute. The Proctor Medal is the oldest and highest award presented by ARVO to honor an individual for exceptional contributions to ophthalmology and visual science.

Richard Sharp, PhD, Director of Bioethics Research, received a $1 million grant from the National Institutes of Health to continue his research on ethics in large-scale genetic testing. Dr. Sharp hopes to help healthcare professionals better understand what genetic information is most useful to patients and the ethical obligations in providing the right amount of information to patients.

Scott Meit, PsyD, MBA, Section Head, General and Health Psychology, received the Association of Psychologists in Academic Health Centers’ Teaching Award for Innovation at the annual meeting of the American Psychological Association in August.

Carol Farver, MD, MS, Director, Center for Pathology Education, and J. Eric Jelovsek, MD (UG/PS’06), Director of Surgical Education, Obstetrics and Gynecology, have been chosen to serve as medical education fellows for 2008-09.

Sunita D. Srivastava, MD, FACS, Vascular Surgery, has been appointed a member of the Society for Vascular Surgery Women’s Issues Committee. She will be joining the existing group of eight women leaders in vascular surgery in this year-long position.

“It is a real privilege to represent Cleveland Clinic in this forum as it is quite active and we have several female vascular surgeons in training and as new staff,” says Dr. Srivastava.

She was pleased to invite several Cleveland Clinic trainees to participate in discussions of the National Women’s Issues Committee. Vascular Surgery staff and house staff include: Drs. Linda Graham, Vascular Surgery and Interim Department Chair, Biomedical Engineering; Karla M. Anderson, MD (VS/END’06); Rebecca L. Kelso, MD, GL-7 Vascular Surgery Fellow (future alumnna, 2009); Tara Mastracci, MD (ENDAO’08); and Mireille A. Moise, MD (VS’08).

Satish Kalhan, MD, member of Cleveland Clinic’s staff in the Departments of Gastroenterology and Hepatology and Pathobiology, and faculty of Cleveland Clinic’s Lerner College of Medicine of Case Western Reserve University, was one of two local scientists to receive the 2008 Lifetime Achievement in Diabetes Research Award from the Diabetes Association of Greater Cleveland’s Dietrich Diabetes Research Institute. Dr. Kalhan and Richard Hanson, PhD, of Case Western Reserve University’s Department of Biochemistry, received their awards, Oct. 16 during the institute’s Chairman’s Forum on Diabetes Research at The Club at Key Center in Cleveland.

Cleveland Clinic received two Environmental Excellence Awards from Practice Greenhealth, an organization promoting environmentally friendly practices in the healthcare sector. The awards were presented in May in Pittsburgh in conjunction with CleanMed 2008, a global conference for environmental leaders in healthcare.

“Cleveland Clinic is committed to environmental stewardship, and these awards prove that our efforts are paying off,” says Christina Ayers, AIA, LEED, AP, Director of the Office of Healthy Environment at Cleveland Clinic. “We understand that healthy communities rely on healthy environments for success, and take environmental stewardship seriously. Our efforts include waste reduction, energy management and highly efficient construction.”

In addition to the main campus, the following Cleveland Clinic health system hospitals also were recognized by Practice Greenhealth:

• Ashtabula County Medical Center – Partner Recognition
• Euclid Hospital – Partner Recognition and Making Medicine Mercury Free
• Fairview Hospital – Partner Recognition
• Hillcrest Hospital – Partner Recognition
• Huron Hospital – Partner for Change and Making Medicine Mercury Free
• Lakewood Hospital – Partner Recognition
• Lutheran Hospital – Partner Recognition
• Marymount Hospital – Partner Recognition
• South Pointe Hospital – Partner Recognition
Cleveland Clinic Children’s Hospital Center for Autism opened its new school on May 15 with a dedication ceremony that included honoring Norma Lerner and Mort and Iris November, whose generous donations made the project possible. Cleveland Clinic CEO Toby Cosgrove, MD, Robert Wyllie, MD, Physician-in-Chief of the Children’s Hospital, and Leslie Sinclair, Cleveland Clinic Center for Autism Director, spoke during the ceremony.

Autism is a developmental disorder that affects one in 150 children. There is no vaccination or cure, but behavioral therapy has been shown to be effective in alleviating symptoms, particularly if begun early. Family support and participation is extremely important in reinforcing improvements. The Cleveland Clinic Center for Autism has had an active consultation business in the local community since 1998. Therapists have provided individual, classroom, home and school consultation. The Center also recently launched the Cleveland Clinic Autism Consulting Group to help other organizations incorporate the Center’s treatment practices. The group’s first out-of-state project is to collaborate in the development of the Ozark Center for Autism in Joplin, MO.

The 2008 Class of the Huron School of Nursing was officially welcomed into the noble profession of nursing at the spring graduation ceremony on May 9. These 61 students follow in the footsteps of more than 3,100 professional nurses who have graduated from the school in its 124-year history. The students completed two years and nearly 100 hours of rigorous study and had the opportunity to do clinical work at Fairview, Hillcrest, Huron and South Pointe hospitals, as well as main campus.

The Ashtabula County Medical Center (ACMC) has been designated by the Northeastern Ohio Universities College of Medicine (NEOUCOM) as an affiliate of the school and approved as a teaching site for the medical students. The relationship will allow NEOUCOM medical students to conduct research and to acquire knowledge through rotations at ACMC, which is a Cleveland Clinic affiliate.

The Brookings Institution and Cleveland Clinic held Opportunity 08, a forum on reforming healthcare, on May 15 on main campus. Two panel discussions were carried live at cleveland.com/medical. In the first, national and local health experts explored improving the quality and cost of healthcare. The second focused on health reform at the state level. Ohio and national officials and experts participated at the evening event that was held at the InterContinental Hotel and open to the public.

Children’s Hospital celebrates one year of family-centered rounding. Initiated in Pediatric Hospital Medicine, family-centered rounding involves the patient and family members at the center of the plan of care. Each day at the bedside, the medical team meets to discuss findings, test results and caregiver impressions. The result is a daily and a long-term plan of care. All questions are answered immediately, and families are empowered and involved in their child’s care. Family-centered rounding is being used in other medical and surgical services within Cleveland Clinic Children’s Hospital and was cited as a Joint Commission best practice.

Nine Lerner Research Institute investigators were featured at the Ingenuity Festival. Fluorescent images produced as part of Cleveland Clinic staff research were exhibited at this year’s Ingenuity Festival, held July 25 to 27 in downtown Cleveland. The “art of science” display highlighted the intricacies and beauty that can be found in biomedical research into life-threatening diseases. The images were from the laboratories of Margot Damaser, PhD, Biomedical Engineering; Carol de la Motte, PhD, Pathobiology; Jan Jensen, PhD, Stem Cell Biology and Regenerative Medicine; Michael Kinter, PhD, Cell Biology; Wendy Macklin, PhD, Neurosciences; Alana K. Majors, PhD (RES/CB’94, RES/BE’96), Pathobiology; George Muschler, MD, Biomedical Engineering; Marc C. Penn, MD, PhD (RES/BV’93, RES/CE’97, CARD’00), Stem Cell Biology and Regenerative Medicine; and Roy Silverstein, MD, Chair, Cell Biology.

2008 Heart-Brain Summit award recipients: Each year at the Heart-Brain Summit, a junior investigator is given the Bakken Heart-Brain Institute (BHBI) Young Investigator Award, and three recipients of the BHBI Pilot Grant Award are announced. Rebecca O’Dwyer, MD, Epilepsy Laboratory, received the BHBI Young Investigator Award. Investigators working on “The Identification and Characterization of Autonomic Dysfunction in Migraineurs with and without Auras,” “Role of the Cardiac Protease Corin in Obesity and Cardiac Cachexia: An Unexpected Link Between the Heart and Brain” and “An Observational and Interventional Study of Anxiety Symptoms in the Implantable Cardioverter Defibrillator (ICD) Patient” were awarded the BHBI Pilot Grant Award.

Fairview Hospital honored 19 graduating residents on June 18 at a dinner and graduation ceremony held at the Airport Marriott with more than 150 people in attendance. Six Family Medicine residents, 10 Internal Medicine residents and three General Surgery residents completed their residencies at Fairview Hospital, and six of them will remain
in the Cleveland Clinic health system. Three outstanding faculty members also were recognized by the residents and named “Clinical Teachers of the Year.” Family Medicine presented an award to Mary LaPlante, MD; Internal Medicine presented an award to Bruce Long, MD; and General Surgery presented an award to Prasanta Raj, MD.

Cleveland Clinic has received a $1.4 million grant from the Department of Defense to study traumatic brain injuries.

Stephen Rao, PhD, a Cleveland Clinic cognitive neuroscientist, will lead the study, in which advanced imaging techniques will be used to better understand traumatic brain injuries that are caused by improvised explosive devices, or roadside bombs, in Iraq and Afghanistan. Cleveland Clinic will work with the Baylor College of Medicine in Houston to study soldiers who have been involved in such blasts.

Researchers will try to determine if there are differences in traumatic brain injuries caused by roadside bombs and those sustained by civilians during car accidents and falls. The outcomes eventually could lead to better diagnostic tools and improved ways to measure the efficacy of treatments for traumatic brain injuries.

Cleveland Clinic performs Ohio’s first adult intestinal transplant. In June, Cleveland Clinic’s Intestinal Rehabilitation and Transplant Center completed its first intestinal transplant, a procedure performed by only a few hospitals in the United States. The patient, a 47-year-old man from Painesville, OH, is making excellent progress. Cristiano Quintini, MD (S/MAAT’07), Surgical Director of the Intestinal Transplant Program, performed the surgery with the assistance of John Fung, MD, PhD, Chairman of the Transplant Center; Bijan Eghtesad, MD, transplant surgeon; Charles Miller, MD, Director of Liver Transplantation; and future alumnus, Koji Hashimoto, MD, transplant fellow.

New department addresses expected shortages in allied health workers. National surveys project a shortage of workers in many allied health jobs. To help address this deficit at Cleveland Clinic, the Education Institute, led by Andrew J. Fishleder, MD (GL-1’79, LMED’82), Executive Dean at Lerner College of Medicine, created the Center for Allied Health Education.

“The center coordinates the education and training of allied health professionals across the system, and we are collaborating with academic partners to meet Cleveland Clinic’s future workforce needs,” says Cynthia L. Deyling, MD (IM’87), Executive Director of the Center for Allied Health.

A. Marc Harrison, MD, Director, Medical Operations, Vice Chair, Office of the Chief of Staff, and a member of the Pediatric Critical Care staff, finished first in the Sprint Race at the 22nd Cleveland Triathlon, one of six races held in July. Nearly 50 other Cleveland Clinic employees also competed in the event.

Dr. Harrisons’ sprint race included a half-mile swim, 16-mile bike ride and 5K run, which he completed with a time of 1:15:40.0. Last year, he finished second in the sprint race. He has competed in triathlons for 27 consecutive years, which includes five triathlons at Ironman distances. For the second straight year, 750 triathletes competed under excellent weather conditions. The race started in North Coast Harbor and finished in a new area, just north of the Rock and Roll Hall of Fame and Museum.

The runner-up, behind Dr. Harrison, 44, of Shaker Heights, OH, was Jack Sutte, 34, of Euclid, OH, at 1:16:01.5. Mr. Sutte, who has played second trumpet in the Cleveland Orchestra for 10 years, says he had a strong biking performance but “a rough time with the swim.”

Triathlon Today magazine listed Dr. Harrison as an All-American in the sport in 1989-90. “Triathlons are an integral part of my life,” Dr. Harrison says. Part of his motivation during this race was as a “training session” to an Ironman distance he raced September 7th in Madison, WI. Of the July event, he says, “I had a great deal of fun. We had great weather on a great course, which was well marked. I have been competing in Cleveland since 1999 when we moved here, and I love this event.”

Among the employees who competed were two teams that were part of Team UCP, which raised funds and awareness for United Cerebral Palsy.

Special congratulations to alumnus Venkatesh Krishnamurti, MD (U’99), 41, of Pepper Pike, OH, a member of the Urology staff, Cleveland Clinic Glickman Urological & Kidney Institute, who finished his first Olympic distance triathlon at this event.
Roy Anderson recently was appointed the Director of Allied Health Educational Partnerships. “As the retired dean of the Allied Health & Nursing Division at Lorain County Community College, Roy has the background to work with our internal and external academic partners to improve the quality and training of our students,” says Dr. Fishleder.

Currently, Radiologic Technology, Respiratory Therapy, Clinical Laboratory Science Technology and Physical and Occupational Therapy have teams developing systemwide processes to improve education and training opportunities for students. Teams for Surgical Technology, Health Information Management, Dietetics, Pharmacy Technician and other allied health disciplines will be added soon.

“The center will be looking for regional participation as it begins to address student training issues,” Dr. Deyling notes, adding: “Providing quality educational experiences for students is the most effective way of recruiting our future workforce.”

For more information, contact Anderson at 216.986.4421 or andersr@ccf.org.

Cleveland Clinic celebrates the launch of AFIRM with Department of Defense and regional scientists, researchers. On July 25, at Lerner Research Institute, the U.S. Department of Defense joined Northeast Ohio scientists and researchers and Ohio Lt. Gov. Lee Fisher to celebrate the launch of collaborative research activities of the Armed Forces Institute of Regenerative Medicine (AFIRM) at Cleveland Clinic.

Several Cleveland Clinic representatives, including George F. Muschler, MD, Vice-chair, Cleveland Clinic’s Orthopaedic and Rheumatologic Institute and Co-Principal Investigator of the Rutgers/Cleveland Clinic AFIRM Consortium, spoke at the event, along with Fisher and Col. Robert Vandre, U.S. Army Medical Research and Materiel Command (MRMC).

The U.S. Army Medical Research and Materiel Command, in conjunction with the Office of Naval Research and the National Institutes of Health, awarded more than $42.5 million to premier institutions across the country, including Cleveland Clinic and University Hospitals Case Medical Center, to create AFIRM, whose mission is to develop innovative therapies to treat critically injured soldiers. Cleveland Clinic, a key clinical and research partner in the AFIRM consortium, will receive nearly $10 million over the next five years as part of this initiative.

Governmental grants such as AFIRM have the potential to impact a variety of patients. “In the long term, AFIRM research will lead to new treatments, not just for wounded soldiers, but for all patients suffering trauma,” says Beth Sump, AFIRM’s Chief Commercialization Officer.

Cleveland Clinic’s “Three for One” Sculpture that has been on the Crile Mall for 17 years was moved to a new home in front of the Lerner Research Institute on Aug. 9. The sculpture, created by Dennis Jones, Director of the University of Arizona School of Art, was commissioned by Cleveland Clinic’s 1986 Board of Trustees. Board Member Thomas Vail and his wife, Iris J. Vail, donated the sculpture, and Cleveland Clinic received and dedicated it after its completion in 1991.

Cleveland law firm Jones Day has contributed $1.5 million to establish an endowed chair position at the Cleveland Clinic Lerner College of Medicine at Case Western Reserve University. Alan L. Hull, MD, PhD, Associate Dean for Curricular Affairs at the Lerner College and Director of the Center for Medical Education Research and Development will be the inaugural chair holder. The first endowed chair position at the Lerner College, The Jones Day Endowed Chair in Medical Education will support the medical school’s mission to train physician-investigators who are capable of furthering medical research and bringing the most advanced medical treatment to patient care. It will permanently fund a faculty position in the school. As Chair, Dr. Hull will provide leadership necessary to help promote the success of the education program.

“Training the newest generation of physician-investigators in an important aspect of Cleveland Clinic’s mission,” says Andrew Fischleder, MD, Executive Dean of the Lerner College of Medicine. “This gift will enable us to further enhance those who can foster the skills and passion needed to pursue careers as a physician-investigator.”

Jones Day’s Managing Partner, Stephen J. Brogan, said the international law firm, which was founded in 1893 in Cleveland, “is pleased with this opportunity to help advance the Clinic’s unique program in medical education and to support one of America’s premier academic medical centers.”

Currently its fifth year in existence, the Cleveland Clinic Lerner College of Medicine will graduate its first class of students in May 2009.
Mirrored, polished surfaces of stainless steel form the pieces’ two 360° and two 180° curves. The curves mathematically complete three circles, which symbolize three cornerstones of Cleveland Clinic’s mission: research, education and patient care. The sculpture’s name reflects the geometric formula used to construct it.

At nine-and-a-half feet high, 20 feet long and 15 feet wide, the art piece was not easy to move. The Midwest Fine Art Service and Transportation Company, which specializes in packaging and handling artwork, coordinated the move, and Michael Dickas, Art Preparator in Cleveland Clinic’s Art Program, oversaw the sculpture’s change of venue. The sculpture’s move will accommodate Glickman Tower construction and guarantee that visitors, employees and patients can continue to enjoy this symbolic and intriguing piece of art. To learn more about the Cleveland Clinic Art Program, visit ClevelandClinic.org/art.

Cleveland Clinic recently launched a comprehensive critical care program that provides specialized care from Cleveland Clinic physicians, nurse practitioners and critical care nurses to domestic and international patients through means of mobile intensive care unit, helicopter and fixed-wing jets. This allows us to provide specialized critical care services to an expanded population.

The expansion allows the initiation of Cleveland Clinic care upon the arrival of our teams and ensures the highest quality of service worldwide, says A. Marc Harrison, MD, Director of Medical Operations and Associate Chief of Staff, Cleveland Clinic. He adds that, while in the air, our team communicates directly with Cleveland Clinic or back to the referring physician, providing a seamless transition of care.

The program will offer uninterrupted service for patients via a diverse fleet of vehicles, including ground ambulance, helicopter and two fixed-winged jets. The jets, which are outfitted to provide comprehensive intensive care during intercontinental transports, are configurable for critical care scenarios such as mechanical ventilation, balloon pump and ecmo. This allows Cleveland Clinic to transport a wide variety of patients, including those who normally would not have the opportunity to travel due to the extreme severity of their condition.

“As one of the leading healthcare institutions in the world, it is our responsibility to share our resources with others,” says Christopher Manacci, MSN, ACNP, Emergency Services Institute. “This expansion brings Cleveland Clinic care to a patient’s bedside worldwide.”

The fleet will be stored at Cleveland Clinic, with the exception of the two Beechjet 400 medical aircrafts, which will be based at Cleveland’s Burke Lakefront Airport. Cleveland Clinic has partnered with AirMed internationally for aviation and logistical support. AirMed will provide the fixed-wing aircraft, as well as the flight and maintenance personnel for the program.

A team of 250 Cleveland Clinic physicians has written a new medical textbook, *Current Clinical Medicine*. Published by Saunders/Elsevier, the textbook is one of the largest publication collaborations by our physicians in the history of Cleveland Clinic.

Its distinctive features are that every chapter − 204 in all − is authored by a member of Cleveland Clinic and the chapters incorporate national practice guidelines in management recommendations. Elsevier and Cleveland Clinic are committed to annual updates through 2012, assuring that Cleveland Clinic’s preeminence in medical education and medical care will be further enhanced.

The Editor-in-Chief is William Carey, MD, and his section editors are: Abby Abelson, MD; Steven Gordon, MD; Robert E. Hobbs, MD (CARD’79); Byron Hoogwerf, MD; Shakuntala Rita Kothari, MD (IM’96); David Lang, MD; Saul Nurko, MD; Raul J. Seballos, MD (PULMCC’95); Mikkael Sekeres, MD; Patrick Sweeney MD; George E. Tesar, MD (IM’80); Kenneth Tomecki, MD; and Herbert Wiedemann, MD. For the next edition, Atul C. Mehta, MD (PULM/D’83), will serve as editor for the Pulmonary section; Jinny O. Tavee, MD (N’02, NEMG’03), for the Neurology section; and Mario Skugor, MD (END’02), for the Endocrinology section.

The target audience for this textbook includes internists, generalists and family practitioners. It also is suitable for medical and nursing students who wish to gain a succinct, up-to-date and practical understanding of diseases and their management. *Current Clinical Medicine* is being marketed around the world and is widely available on the Web and in bookstores, including Matthews Medical Bookstore. The textbook sells for less than $100.
Cleveland Clinic Celebrates 75 Years of Excellence in Continuing Medical Education

This year signifies the 75th anniversary of Continuing Medical Education (CME) at Cleveland Clinic. The first course, held in ophthalmology in 1933, long before CME was a requirement, attracted 25 attendees. Since then, the Center for Continuing Education has grown to certify nearly 400 activities annually and awards credit to more than 86,000 global participants. In 2007, nearly 5,000 international participants came to Cleveland to attend a course.

The Center for Continuing Education has become one of the largest academic accrediting institutions nationally and one of the largest Web-based programs in the country. Almost 50 percent of all certificates originate from Web- and journal-based CME, reaching more than 1.6 million participants. The Center for Continuing Education has played an integral part in organizing world congresses for Cleveland Clinic staff. The World Congress of Endourology (2006), Politzer Society (2007) and the upcoming World Congress for Bronchology (2012) are expected to attract a combined 3,000 physicians from 30 countries. This delivers a tremendous economic boost, bringing an estimated $5 million to Northeast Ohio.

The Center for Continuing Education announces a new CME services: myCE is a free service that helps you organize your learning and allows you to keep an electronic file cabinet of CME credits from all providers.

To learn more about the history of The Center for Continuing Education and current educational opportunities, visit www.clevelandclinicmeded.com.

Selected Live CCF Continuing Medical Education Courses and other Educational Events:

NOTE: All courses are at the spectacular state-of-the-art InterContinental Hotel & Bank of America Conference Center on the Cleveland Clinic campus in Cleveland, OH, unless otherwise noted.

Cleveland Clinic Outreaching Cardiovascular Treatments New Horizons in Cardiovascular Treatments Cleveland Clinic Outreaching China Shanghai International Convention Center Shanghai, China

January 2009

5-7 Dr. Roizen’s Complementary, Preventive, Disease Reversal, Staying Young and Wellness Therapies Conference: What’s New, What Works and What Should You Do? The Hyatt Regency Hotel – Wacker Drive Chicago, IL

30-2/2 Hysterectomy: Redefining Minimally Invasive Harbor Beach Marriott Fort Lauderdale, FL

February 2009

7 Diastology & New Echo Technologies Summit Featuring: Heart Valve Disease and Contrast Echo Mini-Symposia Hyatt Regency Bonaventure Conference Center & Spa Fort Lauderdale, FL
November 20, 2008
5th Annual Laparoscopic Colorectal Surgery Course and 29th Annual Turnbull Symposium
Join us as we celebrate the historic achievements of Victor W. Fazio, AO, MB, MS, FRACSSm, FRACS (Hon), FACS, FRCS, FRCS (Ed), Alumnus (S’73, CRS’74), and Chairman, Digestive Disease Institute; Chairman, Department of Colorectal Surgery; and Section Head, Enterostomal Therapy.

Special events include:
• Adventures with Alumni: Two sessions of “Colorectal Jeopardy” featuring alumni teams attempting to answer a series of questions based on challenging cases
• History of the Department of Colorectal Surgery: An informative lecture by department historian Jim Wu, MD.
• The Turnbull Oration: Given by Dr. Fazio.

Guest faculty include:
• Hermann Kessler, MD, PhD (RESCRS’98), Professor of Surgery, Department of Surgery, University of Erlangen-Nurnberg, Erlangen, Germany
• Jeffrey (Jeff) W. Milsom, MD (Former Staff, ’90 to ’98), Section Chief of Colon and Rectal Surgery, The Jerome J. DeCosse Professor of Colon and Rectal Surgery, Professor of Surgery, Weill Medical College of Cornell University, New York, NY
• Peter Marcello, MD, Department of Colon and Rectal Surgery, Lahey Clinic, Burlington, MA
• Plus 19 Guest Alumni and 16 Staff, including 13 Staff Alumni Faculty!

See: www.ccfcme.org/turbull08 (yes, there is no “n” in this web address!)
Alumni Reunion and CME
September 25–26, 2009, Cleveland, Ohio

Special CME Programming
- Commemorate the graduation of the inaugural five-year Class of 2009 from the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University
- Celebrate the 10th Anniversary of the Alumni Library
- Welcome the 83rd annual class of graduating interns, residents, fellows and post-docs into our worldwide network of Cleveland Clinic trained physicians and scientists, now numbering more than 400 graduates per year with a total of more than 10,000 Clinic-trained physicians and scientists in every U.S. state and territory and 70 countries.
- Tour the new state-of-the art Heart & Vascular and Urological & Kidney institutes.

April
4  Focal Ablation World Summit
20  Lung Cancer 2009: Up for Debate
20-21 The 6th International Human Peroxidase Meeting
 Carolina Inn, Chapel Hill, NC
23  39th Annual Meeting of the American Osler Society
 Renaissance Hotel, Cleveland, OH

June
3-5 Global Heart & Vascular Congress 2009
Join us for this landmark educational event of renowned faculty and decision makers in the field of heart and vascular disease as they discuss the clinical innovations that are changing the treatment of cardiovascular disease.
3-5 The Treatment of Cardiovascular Disease: Legacy and Innovation
(see callout box on pg. 28)

Alumni Receptions / “Mini Reunions” and other Alumni Events:
The Cleveland Clinic Foundation Alumni Association and various department chairmen are pleased to be sponsoring alumni gatherings at the following major national medical meetings and other venues. All local alumni, as well as those attending the meetings, are cordially invited to these Alumni Events with their spouse/companion. Watch your mail for more information, check the Alumni home page at www.clevelandclinic.org/education/alumni or contact the Office of Alumni Affairs at 216.444.2487 (toll-free 800.444.3664) or e-mail: alumni@ccf.org.

November 2008
14  North American Society for Pediatric Gastroenterology, Hepatology & Nutrition
Reception, 5:30 – 7 p.m.
Sheraton San Diego Hotel & Marina
San Diego, CA
30  Radiological Society of North America
Reception, 6:30 – 8 p.m.
Hotel Sax Chicago – New Orleans Room
Chicago, IL

December
6  American Epilepsy Society
TBA, Seattle, WA
6  American Society of Hematology
Reception, 7:30 — 9:30 p.m.
W San Francisco — Great Room 1
San Francisco, CA

February 2009
25-29 American Academy of Orthopaedic Surgeons
Las Vegas, NV

March
7-13 United States and Canadian Academy of Pathology
Boston, MA
13-17 American Academy of Allergy, Asthma and Immunology
Washington, DC
28-31 American College of Cardiology
Orlando, FL
15th Annual “Welcome to Cleveland” Goodtime Cruise
Aug. 17, 2008

The Alumni Association-sponsored event was held in August to welcome incoming medical students, residents, fellows and other trainees to Cleveland.

Photos by John McCoy and Lois Osborne.
The annual Graduate Recognition Reception and Award Ceremony was held Saturday, May 17, at the Cleveland Museum of Natural History.

The Cleveland Clinic Alumni Association Awards were presented by Robert E. Hermann, MD, Medical Director of the Association and Chairman Emeritus of General Surgery.

The Alumni Association Graduate Level One Award, first given in 1987, demonstrates the association’s belief in and recognition of excellence in Cleveland Clinic physicians in training. The recipient is selected from nominations by House Staff, Cleveland Clinic teachers and mentors based on clinical experience/knowledge; interpersonal communication skills; character; and unique accomplishments. This year’s winner was Ibrahim Hanouneh, MD, Internal Medicine. He received numerous nominations from colleagues who praised his attention to detail, high level of achievement and respectful attitude toward patients. Craig D. Nielsen, MD (IM’97), Program Director in Internal Medicine, described him as “an outstanding resident on all accounts” and “the hardest working intern that I have seen at the Clinic.”

Ibrahim Hanouneh, MD, Internal Medicine, GL-1 award winner, with Robert E. Hermann, MD.

Many other awards were presented that evening as well.

The William E. Lower Award, established in 1936 by Dr. Lower, one of Cleveland Clinic’s founders, is designed to encourage original investigation and professional excellence in the preparation of scientific papers by residents and fellows. Papers are judged in both clinical and non-clinical categories with honorable mention in both.

The Lower Clinical First Prize went to Nidhi Sharma, MD, Radiology, for her work “Estimating GFR in Renal Transplant Donors with CT Using Renal Volumes.” The Clinical Honorable Mention went to Matthew Kroh, MD, General Surgery, for his work “Could Endoscopic Water Jets Be Used to Ablate Barrett’s Esophagus?”

The Lower Non-Clinical First Prize went to Maritza Mayorga, PhD, Cell Biology, for her work “DAB-2 As A Repressor of Cardiac Protein Expression and Mesenchymal Stem Cell Trans Differentiation into Cardiac Lineage Cells.” The Non-Clinical Honorable Mention went to Manveen K. Gupta, PhD, Molecular Cardiology, for her work “Alpha Adrenergic Receptors Regulate Neurogenesis and Neuronal Differentiation.”

The Peskind Memorial Award, established by a group of grateful patients, friends and family of the late Dr. Adolph
Peskind, recognizes excellence in preparation of a scientific publication. This year’s winner was **Dima Diab, MD**, Endocrinology, for her work “Cytokeratin 18 Fragment Levels as a Noninvasive Biomarker for Nonalcoholic Steatohepatitis in Bariatric Surgery Patients.”

**The Robert C. Tazari Fellowship Award for Cardiovascular Research** was established in memory of Dr. Tazari, Vice Chairman of the Division of Research from 1977 to 1984. Its purpose is to recognize papers that make an outstanding contribution in clinical or basic cardiovascular research, aimed at bettering the understanding and/or treatment of cardiovascular disease. This year’s winner was **Rupak Mukhopadhyay, PhD**, Cell Biology, for his work “Late Inflammatory Gene Expression is Regulated by a Unique Negative Feedback Module.”

**The Bruce Hubbard Stewart Award** was established in memory of Dr. Stewart, who was a member of the Department of Urology at Cleveland Clinic for many years and was Chairman of the Division of Surgery. His friends and family established this award in recognition of his ability to combine sensitivity and compassion with knowledge and skill in the practice of medicine. The winner this year was **Hadley Wood, MD**, Urology.

**The George and Grace Crile Traveling Fellowship Award**, funded by a grant from the Crile family, is presented each year to an outstanding surgery resident in training who demonstrates exceptional capability and effort. This year’s winner is **Robert Abouassaly, MD**, Urology.

**The Crile Research Fellowship Award** is given by the Education Institute for highly meritorious basic science research proposals. Winners are selected based on scientific quality of the project and mentoring environment and are offered a one-year basic science opportunity the following year. This year’s winners are **Sonia Bains, MD**, Allergy, and **Sean J. Nagel, MD**, Neurosurgery.

**The Cash Memorial Award**, established by friends, family and colleagues of the late Joseph Cash, MD, former Chairman of the Department of General Internal Medicine, is intended to encourage original investigation and professional experience in the preparation of clinical papers on health outcomes. This includes, but is not limited to, health resource utilization, cost effectiveness and pharmacoconomics. This year’s winner is **Soo Hyun Kim, MD**, Cardiovascular Medicine.
Contacts

| 50s |

Ralph L. Johnson, MD (S’54), sent an email to the Alumni Relations Office with new address information in Lethbridge, Alberta, Canada, saying “Thanks for your mailings, which are always appreciated and read with interest, despite my being retired from surgical practice for over 20 years. Memories of my residency at the Clinic (’51-’54) are, without exception, most pleasant!” A request to re-connect him with Alexander “Al” Ling, MD (NS’52), his “senior mentor” while on the neurosurgical service of W. James (Jim) Gardner, Cleveland Clinic’s second chairman of Neurological Surgery, was fulfilled.

| 60s |

John F. (Jack) Viljoen, MD, FFAARCS (AN’57), sent Dr. Hermann an update on “what’s old,” outlining his career after completing his fellowship that included becoming Chief of Cardiothoracic Anesthesiology until 1974, when he assumed chairmanship of the Division of Anesthesiology until 1976. He was a professor at the University of California, Los Angeles from 1976 to 1981, then professor and chairman at the University of Southern California from 1981 to 1993, when he went back to his native South Africa as professor at the University of Capetown from 1993 to 2003. He returned to California in 2004 as a professor at the Loma Linda University Medical Center, which he happily continues. He adds, “The biggest change of late is that my golf swing is not as smooth.”

| 70s |

K. Bridget Brosnihan, PhD (GL-1’75, RES’76), Professor and Co-Director of the Molecular Medicine Program in the Hypertension and Vascular Research Center and Professor of Surgical Sciences/Physiology and Pharmacology at Wake Forest University Health Sciences in Winston-Salem, NC, received the Irvine Page-Alva Bradley Lifetime Achievement Award at the meeting of the Council for High Blood Pressure Research of the American Heart Association in Atlanta in September. The award is named in honor of Dr. Irvine Page and Mr. Alva Bradley, who played a prominent role in establishing the National Foundation for High Blood Pressure Research 1945. The foundation became the Council for High Blood Pressure Research of the AHA in 1949. The award is presented each year to an individual who has had a lifetime of outstanding achievements in the field of hypertension and has served as a role model through service, research and teaching for more than 25 years. Dr. Brosnihan was a Cleveland Clinic fellow under Emmanuel L. Bravo, MD, from 1974-1976, and served as a Project Scientist, Associate Staff and Staff member in the Department of Brain and Vascular Research from 1976 to 1992. Dr. Brosnihan and her husband, Tony W. Simmons, MD (CARD/E’86), former Cleveland Clinic staff, 1986 to 1992 and now professor and director of the Heart Station at Wake Forest University Medical Center, have two sons, Joshua Thomas Simmons and Jonathan Edward Simmons.

Drs. Brosnihan and Simmons with son Jonathan (at left).

Henry W. Eisenberg, MD (CRS’73), was appointed Director of Health and Wellness at Cleveland State University in August 2007. He writes, “After 30 years in surgical practice, I enjoy keeping CSU healthy, leading wellness projects and being part of the exciting developments at CSU.” He plans on collaborating on select educational projects relating to student health and adult ADHS with Cleveland Clinic.

Gerald A. Hoeltge, MD (LMED’75), Section Head in Clinical Pathology at Cleveland Clinic, was recently inaugurated as president of the Clinical and Laboratory Standards Institute (CLSI), a nonprofit organization dedicated to developing standards and guidelines for the health care and medical testing community. Dr. Hoeltge’s past positions include CLSI President-Elect, Treasurer, Director and Chair of the Area Committee on General Laboratory Practices.

| 80s |

Charles V. Biscotti, MD (ACLPHT’87), a member of the Anatomical Pathology staff at Cleveland Clinic, is the 2008 recipient of the John Beach Hazard Distinguished Teaching Award. The award is given annually by residents of the Pathology and Laboratory Medicine Institute to a faculty member who is deemed the best teacher. This is the second time Dr. Biscotti has won this award.

James T. Diehl, MD (S’83), sent a note of “hello” and invitation to re-connect in Philadelphia to Robert E. Hermann, MD, after seeing his photo on the Cleveland Clinic Alumni Internet home page. Dr. Diehl is at Jefferson Medical College in Philadelphia, PA, where he is Professor and Chief of Cardiothoracic Surgery. Dr. Diehl received his medical degree from Albert Einstein College of Medicine, Bronx, NY, and after completing his Cleveland Clinic surgical residency, did residency training in cardiothoracic surgery at Hospital for Sick Children, Toronto, Ontario, at St. Michael’s Hospital, Toronto, and at Mount Sinai Hospital, Toronto. He is a fellow of several professional societies, including the American College of Angiology, American College of Cardiology, American College of Chest Physicians and American College of Surgeons and is board-certified by the American Board of Thoracic Surgery.

Dennis A. Fried, MD, JD (CRS’81), joins other alumni who have the distinction of holding both an MD and a JD degree. He received his Juris Doctorate on May 10, 2008, Magna Cum Laude, from Charleston School of Law. He is the retired medical director of the Charleston Colon & Rectal Clinic, Mt. Pleasant, SC, where he makes his home.

Susan Galandiuk, MD (S’88), Professor of Surgery and Program Director in the Section of Colon & Rectal Surgery at the University of Louisville, KY, was named an honorary member of the German Surgical Society, at its most recent meeting in Berlin, Germany. Dr. Galandiuk, a native of New York state, is a graduate of the Wuerzburg University in Germany, and is fluent in German. Robert E. Hermann, MD, Emeritus Chairman of General Surgery at Cleveland Clinic, also an honorary member of the German Surgical Society, says Dr. Galandiuk was an excellent surgical resident and he was most pleased to write her a personal note of congratulations on this significant honor. After completing her surgical residency at Cleveland Clinic, Dr. Galandiuk did a Research Fellowship at the University of Louisville, followed by a Colon and Rectal Fellowship at Mayo Clinic. Dr. Galandiuk also is Director of the University of Louisville’s Price Institute of Surgical Research. In 2006, Michael DeBaKEY, MD, appointed her to Board of Governors of the Foundation for Biomedical Research. She is a member of numerous professional organizations, including the American Surgical Association, International Surgical Group and Society of University Surgeons.
Eric A. Klein, MD (U’86), has been named Vice Chairman of Cleveland Clinic’s Glickman Urological & Kidney Institute. In his new role, Dr. Klein, a 19-year Cleveland Clinic veteran, will work to further expand the institute’s reputation for medical and surgical advancements while fostering an environment of collaboration between and among departments. In addition to this new role, Dr. Klein has also been named the Director of the Institute’s Center for Clinical and Translational Research. This role complements Dr. Klein’s national and international leadership in the biology and management of prostate cancer. His clinical area of interest is urologic oncology, including cancers of the prostate, bladder, testes and kidney, and he is highly regarded for his surgical finesse in reconstructive procedures. Throughout his career, Dr. Klein has been recognized with numerous awards and has been included among the Best Doctors in America for several consecutive years. He brings a wealth of both clinical and academic experience to his new post. He has authored 286 scientific articles and serves as Editor-in-Chief of the peer-reviewed journal, Urology. Dr. Klein is a frequent lecturer and visiting professor at numerous national and international universities, and holds many leadership roles including President-Elect of the Society of Urologic Oncology and Prostate Organ Site Chair for the Southwest Oncology Group. Most recently, Dr. Klein served as Head of the Section of Urologic Oncology in the Glickman Urological and Kidney Institute. He also has served as a member of the Cleveland Clinic Foundation Board of Governors. Dr. Klein will continue to hold a faculty appointment as Professor of Surgery within the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University.

Thomas J. Masaryk, MD (DR’85), has been appointed Chair of Diagnostic Radiology in Cleveland Clinic’s Imaging Institute. See story on page 11.

Susan J. Rehm, MD (IM’81, ID’83), of Cleveland Clinic’s Department of Infectious Disease, received the first “Women in Leadership” award at the Women in Health Care Leadership Development Conference at Cleveland Clinic in September. Dr. Rehm was appointed to Cleveland Clinic’s medical staff in 1983 and has served in numerous leadership roles, including being the first woman appointed to the Board of Governors and being Vice Chairman of Professional Staff Affairs. She was elected in 2008 to the Alumni Board of Directors as Specialty Director for Infectious Disease for a four-year term.

Mark E. Sesto, MD (S’87, VS’88), has been named Chairman, Division of Surgery, at Cleveland Clinic Florida. See story on page 12.

Philip G. St. Louis, MD, FACS (NS’83), appeared on the cover of December 2007 Orlando Magazine as “Our Featured Doctor” in its annual list of “The Best Doctors in America.” Accomplished and internationally known, Dr. St. Louis has practiced neurosurgery in Orlando since 1983, with his main interests being in brain tumors and complex spinal disorders. He spent three months working in Accra, Ghana, through the Foundation for International Education in Neurosurgery. He continues to extend his service by providing neurosurgical care to communities in the Caribbean basin. He is chairman of the Florida Hospital Department of Neurosurgery and serves as a member of the Rollins College Board of Trustees, where he is helping enhance the pre-med program. Dr. St. Louis and his wife of more than 30 years, Debra, have three daughters, Stephanie, Sarah and Sterling.

Gordon H. Martin, MD (VS’99), who practices in Webster, TX, and lives in nearby Kemah, wrote that he would unfortunately miss the Alumni Reception at the Annual Meeting of the American College of Surgeons in San Francisco in October, saying “Regrettfully, my wife, Shanna, and I will not be in attendance this year. It is quite busy here after Hurricane Ike! We are helping absorb the patients from the island of Galveston. The University of Texas Medical Branch in Galveston was severely damaged. Thank you for your kind invitation, and we look forward to seeing you all next year!”

Edmund S. Sabanegh, Jr., MD (U/M’94), a Cleveland Clinic urologist and Director of the Center for Male Fertility, recently became the first urologist to receive the Risman Research Award. Dr. Sabanegh received a grant as part of the award, which is donated by the Risman family to support the best scientific research concerning society, health and welfare, to study the effects of smoking on sperm count and quality. Dr. Sabanegh is working in collaboration with Cleveland Clinic’s Tobacco Treatment Center to enroll men in the study. “The potential implications of this study from a public health as well as a urological health standpoint are substantial,” says I. Stephen Jones, MD, Chairman, Department of Regional Urology. The study will evaluate the effectiveness of quitting smoking on sperm count and quality.
Contacts (continued)

Fatih Yalçın, MD, FESC (RES/C’99), served as a research fellow in the Cardiovascular Imaging Section at Cleveland Clinic from 1998 to 1999. Currently, he is an associate professor of Cardiology and Director of the Cardiology Department at Mustafa Kemal University, Antioch, Turkey, a rapidly growing institution under the leadership of Rector Professor Ş. Canda, MD, with a new vision for providing health care in the Middle East and producing scientific development. Recently, Dr. Canda set up a new contemporary center at the University Hospital that includes novel equipment with the latest technology. Antioch, located in southern Turkey, has the first church of the World “Saint Pierre” and has much historical and natural Mediterranean beauty. Having returned to his native Turkey, Dr. Yalçın is focused on hypertensive heart disease and recently has described the “Stressed Heart Morphology” in patients with hypertension (Int. J Cardiol, June 2008). His wife, Hulya Yalvin, MD, also is a member of the faculty at the Mustafa Kemal University, in the Department of Nuclear Medicine. The couple has two daughters, ages 4 and 1.

Fatih Yalçın, MD with his older daughter, Nesenaz

Amgad W. Abdou, MD (AN’06, PM’07), has been appointed Medical Director of the Pain Management Center at Fairview Hospital, a Cleveland Clinic hospital.

Amgad Farouk Abdou, MD (RES/U’03), born in Said, Egypt, has accepted a position at Medcare Hospital in Dubai, United Arab Emirates.

Karla M. Anderson, MD (VS/END’06). See Campus Clips under Sunita D. Srivastava, MD, FACS, page 21.

Sagna Bamrah, MD (ID’06), presented a talk, “Life and HIV on the Other Side of the World” in April 2008 on Cleveland Clinic’s main campus as LCDR, US Public Health Service and Epidemic Intelligence Service Officer, National Center for Environmental Health, Centers for Disease Control and Prevention, Atlanta. Since then, Dr. Bamrah has completed two years as an Epidemic Intelligence Officer and has taken a Medical Officer position with the Division of Tuberculosis Elimination, CDC. She supervised her first outbreak investigation with her new branch in Micronesia, evaluating an outbreak of five MDR TB cases in Chuuk in July 2008. Fellow alumnae and member of Cleveland Clinic’s General Anesthesiology Department, Ursula A. Galway, MD (AN’06, CC’07), because she knows Sagna would not share this directly, reported that Dr. Bamrah received the CDC’s “Schnikter Award,” which recognizes a person who has made the most impact on international public health over their time as an EIS officer. Rabin K. Shrestha, MBBS, MPH (ID’03, MB’04, RES/MB’04), of Cleveland Clinic’s Infectious Disease Department, also alerted staff of an article reported by Dr. Bamrah and four others, “Malnutrition and Micronutrient Deficiencies Among Bhutanese Refugee Children – Nepal, 2007” in the CDC’s Morbidity and Mortality Weekly Report.

Hani Burhan-Eddin Baradi, MD (SP’98, SR’3, CR’S’04), has relocated from Northeast Surgery, PA, in Bangor, ME, to Colon and Rectal Surgery of CRS’04), has relocated from Northeast Surgery, PA, in Bangor, ME, to Colon and Rectal Surgery of

Elias A. Castilla, MD (ACLPTH’04), and his wife, Emily, along with big brother, Sebastian, welcomed Juliana Sophia on July 19, 2008. Dr. Castilla is in private practice at both Bethesda North Hospital and Good Samaritan Hospital in Cincinnati, OH. He also works in the Department of Cancer and Cell Biology at the Vontz Center for Molecular Studies of the University of Cincinnati. Every year, Dr. Castilla gives lectures in gastrointestinal pathology at the Universidad Industrial de Santander, in Bucaramanga, in his native Colombia in South America.

The Castilla family

Lara Danziger-Isakov, MD, MPH (PD’00), Pediatric Infectious Diseases, was one of four Cleveland Clinic staff members recently honored with awards from the American Society of Transplantation (AST) and American Society of Transplant Surgeons (ASTS). She received the AST/Roche Clinical Science Faculty Development Grant, a two-year grant ($40,000 per year) that relates to the observation and treatment of patients. Other Cleveland Clinic staff honored include Dympna Kelly, MD, MCh, FRCSI, Digestive Disease Institute, who received the ASTS/Wyeth Mid-Level Faculty Research Award, which provides $50,000 per year for two years for research; Robin Avery, MD, Infectious Disease, who received the AST/Astellas Clinical Science Established Investigator Award.
Flying High at Cleveland Clinic

Matthew (Matt) F. McManus, MD, PhD, MBA (ACLPTH’08), thinks if there’s any organization where someone with a background in both business and medicine can succeed, it’s Cleveland Clinic. As Chief Operating Officer of the Reference Lab, he says that at Cleveland Clinic, he’s finding his niche professionally—as his management skills positively impact patient care—and personally—as he redisCOVERS his love of flying, an interest he’s had since childhood.

“It’s a very intense thing,” he says of flying. “Your mind stays completely focused, but it’s not as difficult or expensive as most people think. I tell people that if they can safely drive a car, they can fly a plane.” His involvement with the Flying Physicians Association and especially with Angel Flight—which provides air transport to patients and families in need, and hopes to provide 800 free flights this year—has been particularly satisfying. This, combined with the perspective he gets a mile off the ground, is what’s kept him as passionate about flying as he is about healthcare—from medical school, when he earned his pilot’s license, till now.

Matthew F. McManus, MD, PhD, MBA

Flights to Care

Jason M. Guardino, DO, MS Ed (IMPC’04, GE’07), and Stephanie A. Yee-Guardino, DO (PD’03, P/ID’06), who held staff positions at Cleveland Clinic, have accepted appointments with the South Sacramento Kaiser Permanente group, in the couple’s home state of California. Jason wrote, “Never in my wildest dreams did I ever think that walking through the door as a medical student, I would have the opportunity to train with and befriend some of the best and brightest in the world for the last nearly eight years. What an honor it has been.”

Jason M. Guardino, DO, MS Ed

Steps to Success

Asif Qadri, MD (GEHP’05), completed a three-year gastroenterology fellowship at MetroHealth Medical Center in Cleveland, and is now practicing with Athens Gastroenterology Associates in Athens, GA. He and his wife, Rachael, are the parents of three boys, Kian, Kalen and Zakariyya.

Asif Qadri, MD

A Way Out

Roberta W. Bakish, MD, PhD, has accepted an appointment as senior vice president of medical affairs at Columbia University Irving Medical Center in New York.

Roberta W. Bakish, MD, PhD

A New Era

Cristiano Quintini, MD (S/MOAT’07), joined the Internal Medicine staff of Cleveland Clinic in Florida on Aug. 4, 2008. She received her medical degree from the University of Nottingham School of Medicine, United Kingdom, in 2001.

Cristiano Quintini, MD

Campus Clips

Marc S. Penn, MD, PhD (RES/BV’93, RES/CE’97, CAR0’00). See Campus Clips, under “Nine Lerner Research Investigators,” page 22.

Marc S. Penn, MD, PhD
Contacts (continued)

Sherry Scovell-Fitch, MD, FACS (VS’02), who was recently inducted as a Fellow of the American College of Surgeons and has been an Instructor in Surgery at Harvard, joined Vein Solutions in Stoneham, MA. She is a board-certified vascular and endovascular surgeon who has been practicing at Beth Israel Deaconess Medical Center for five years, and has a strong interest in the endovascular treatment of venous disease. After completing her medical education at the University of Cincinnati Medical College, she completed her general surgical residency at the Graduate Hospital in Philadelphia and then a two-year vascular and endovascular surgery fellowship at Cleveland Clinic. She received her board certification in general surgery in 2002 and her specialty board certification in vascular surgery in 2003. She holds hospital privileges at Winchester Hospital, Hallmark Health, and Beth Israel Deaconess Medical Center. She is an active member of the Society for Vascular Surgery, New England Vascular Surgical Society and the Peripheral Vascular Surgical Society.

Rabin K. Shrestha, MBBS, MPH (ID’03, MB’04, RES/MB’04). See Sapna Bamrah, MD (ID’06), page 34.

Stephanie A. Yee-Guardino, DO (PD’03, P/ID’06). See Jason M. Guardino, DO, page 35.

Campus Clips

| Future Alumni |

Koji Hashimoto, MD, Transplant Fellow. See Campus Clips under “Cleveland Clinic performs first intestinal transplant;,” page 23.


| Former Staff |

Gary S. Francis, MD, former Chief of Cardiology at Cleveland Clinic (August 1987 through October 2008), has returned to Minnesota, closer to family, where he accepted an appointment in October 2008 as Professor of Medicine at the University of Minnesota, an opportunity that will allow him to be involved in new and translational research. “What I hope to do when I go back is not go back to the bench, but to work with a group of outstanding biologists who are working on stem cell projects and other basic science endeavors related to clinical heart failure,” Dr. Francis says. “As you know, the buzz word these days is translational. I feel comfortable with basic science and clinical cardiology, and will be quite comfortable in that setting. Even though I won’t be doing basic research, I will certainly interact with [those who do].” Dr. Francis, a past president of the Heart Failure Society of America, says his 11 years at Cleveland Clinic was a great experience and that joining the faculty was one of the best decisions he ever made. “Cleveland Clinic is strong and the faculty is deep,” he says. “They have excellent leadership with Dr. Steve Nissen. It’s a natural evolution of great places to develop confident people who move on at some point.” He will be once again working with Jay Cohn, MD, with whom he worked for more than 20 years after completing training. Recognized for his teaching skills, he’s won numerous awards, including the 2000 Cleveland Clinic Distinguished Teacher of the Year award. “I have a great love of working with young people, teaching, and I hope to continue to do that,” says Dr. Francis. “We’ve had absolutely wonderful fellows and great young faculty here at Cleveland Clinic, and I hope to develop that at Minnesota.”

Shuvo Roy, PhD, former co-director of the BioMEMS Laboratory at Cleveland Clinic’s Lerner Research Institute, accepted a position at the University of California, San Francisco, affording him a tenured associate professorship in the Department of Bioengineering and Therapeutic Sciences, a joint effort between the university’s medical and pharmacy schools. He also has a joint appointment at the University of California, Berkeley, and is a member of the California Institute of Quantitative Biosciences.

Last year, his research on an artificial kidney to replace dialysis won a three-year, $3.2 million federal grant. He will be involved in building a new bioengineering department and hopes to tap into the expertise of the engineering department at the University of California at Berkeley as well as Bay-area venture capital to give his research a boost. Components of these projects, which he has worked on with institute co-director Aaron Fleischman, will remain in Cleveland and Dr. Roy now has an adjunct position with Cleveland Clinic and returns to campus about every six weeks. He says this is an exciting opportunity and “the offer was very attractive.” A champion of nanotechnology developments in Northeast Ohio, Dr. Roy began his Cleveland Clinic career in 1998 and helped found the BioMEMS Laboratory. In 2003, he was named one of the year’s 100 top innovators under age 35 by Technology Review, a publication of the Massachusetts Institute of Technology.

In Memoriam

Lord make me an instrument of thy peace. Where there is hatred, let me sow love. Where there is injury, pardon. Where there is doubt, faith. Where there is despair, hope. Where there is darkness, light. Where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; for it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

— Prayer of St. Francis of Assisi

Faye D. Arundell, MD (Burdick) (D’61, D’64), passed away Sunday, June 29, 2008, at Mt. Sinai Hospital, Toronto, at the age of 76. She is preceded by her husband, Kenneth H. Burdick, MD (D’51), who passed away in March 1978. Dr. Arundell was a well-known dermatologist practicing for many years in Menlo Park, CA. She taught at Cleveland Clinic and was a Clinical Professor at Stanford University for nearly 20 years. Dr. Arundell was appointed Chairman of the U.S. Food and Drug Administration’s Advisory Committee on Dermatologic Drugs and served as an officer of many local and national medical societies; she was a board member of the American Academy of Dermatology and Vice Chair of the Academy’s Advisory Council, President of the Pacific Dermatological Association and President of the U.S. Women’s Dermatologic Society. In the late 1980s and early 1990s, she worked tirelessly to promote the importance of skin cancer prevention, education and detection, especially for children and youth. She headed up several national campaigns and was appointed to the Presidential Commission on Melanoma and Skin Cancer by President Ronald Reagan. One of her favorite accomplishments was the introduction of the popular Joe the Mole campaign, in which a cartoon character warned early primary school children to avoid the sun during times when their shadows were shorter than they were. A native of Canada, she graduated from the University of Western Medical School in 1956, did post graduate studies in internal medicine, dermatology and pathology in London, Cleveland and Washington, DC, and authored several scientific publications. She retired in California and returned to Canada six years ago to take up residence in Toronto. Friends who wish may send memorial donations to the Canadian Breast Cancer Foundation - Central Office, 375 University Ave. 6th Fl., Toronto, ON, Canada MSG 2J5.

36 | Alumni Connection
Death of Andrew Novick, 60, Stuns Community

The entire Cleveland Clinic community was stunned and saddened by the death of Andrew C. Novick, MD (U'77), on Saturday, Oct. 18, from complications of lymphoma.

Dr. Novick, 60, was Chairman of the Glickman Urological & Kidney Institute and was instrumental in the building’s planning and development. He died just two weeks before the state-of-the-art $128 million facility opened for patients.

“Dr. Novick impacted the lives of so many over the years,” says Toby Cosgrove, MD, Chief Executive Officer and President.

“He will be forever remembered as an outstanding physician with an unwavering commitment to excellence for his patients. He was a dedicated friend, mentor and advisor to us all. We feel a tremendous loss and will be forever grateful for his accomplishments and contributions to clinical excellence.”

Dr. Cosgrove notes that Dr. Novick’s work as a physician was far reaching and extended to those around the world. “He not only educated thousands of physicians, but pioneered innovative treatments for patients struggling with kidney cancer,” he says.

Dr. Novick joined the staff of Cleveland Clinic in 1977 and was appointed Chairman of the Urology Department in 1985, which was later named the Glickman Urological & Kidney Institute. Under Dr. Novick’s leadership, the Institute grew from seven to 74 full-time faculty, including 40 residents and fellows, and seven basic research laboratories. It is currently the largest and most subspecialized urology program in the world, and for nine consecutive years has been ranked among the top two urology programs in America by U.S. News & World Report.

Throughout Dr. Novick’s career, he worked to advance the field of urology. In the 1980s, he pioneered nephron-sparing surgery (partial nephrectomy) for the treatment of kidney cancer. He also pioneered extracorporeal or “bench” kidney surgery for the repair of complex kidney disorders. To date, Cleveland Clinic surgeons have performed more than 3,000 open partial nephrectomies, most of which were performed by Dr. Novick, giving the Glickman Urological & Kidney Institute the largest experience in the world.

In addition to his surgical accomplishments, Dr. Novick discovered a correlation between chronic kidney disease and atherosclerotic renal artery disease. He also devoted significant effort to the understanding and management of end-stage renal disease through renal transplantation, and to preserving renal function through reconstructive surgery.

Dr. Novick was the recipient of numerous awards from prestigious national and international urological and surgical societies and held many leadership positions, which included serving as President of the American Board of Urology. In 2004, he was named an Honorary Fellow of The Royal College of Surgeons of Ireland, joining notable recipients of this honor that included Louis Pasteur, Sir Joseph Lister, Mother Teresa of Calcutta, President Nelson Mandela and George W. Crile, Sr., MD, one of the founders of Cleveland Clinic. Dr. Novick received the St. Paul’s Medal by the British Association of Urological Surgeons in 2004, and most recently received the Ramon Gutierrez Award, the American Urological Association’s highest honor.

He edited or co-wrote 14 urologic textbooks and wrote 591 original scientific articles.

In a message sent to all Cleveland Clinic employees, Dr. Cosgrove said, “Please join me in remembering Andy and honoring his legacy. His tremendous contributions to the field of urology and to Cleveland Clinic will be with us forever.”

Remembering his long-time friend, Drogo K. Montague, MD (GL-1'69, S'70, U'73), Cleveland Clinic’s Director of the Genitourinary Reconstruction Center, says Dr. Novick was responsible for the reputation Cleveland Clinic has achieved of having the best and largest kidney program in the world.

“Andy brought out the best in people and offered unparalleled support. He truly was a man of vision,” Dr. Montague says. “He was a consummate surgeon and technically had the best hands anyone had ever seen.”

He also describes Dr. Novick’s deep devotion to home and family.

“He was always traveling with his children,” Dr. Montague says. “He spent a lot of time with family. He lived every day to the fullest. His passing is an enormous loss. He was a giant in every sense of the word.”

Dr. Novick is survived by his wife Besma; children, Lorne, Rachel and Eric; stepson, Nathan; mother, Rose; and a granddaughter. Memorial services were held Monday, Oct. 20, at Berkowitz Kumin Bookatz Memorial Chapel in Cleveland Heights. Interment was at Lake View Cemetery.

The Andrew C. Novick Distinguished Chair in Urology will be held in perpetuity by the Chairman of the Glickman Urological & Kidney Institute. Memorial contributions can be sent to The Andrew C. Novick, MD, Distinguished Chair, c/o The Glickman Urological and Kidney Institute, Attention Wendy O’Connell, Cleveland Clinic, 9500 Euclid Ave., Desk Q-10, Cleveland, Ohio, 44195.
Colonel Randall M. Falk, MO (U/MI ’91), age 54, died on Sept. 10, 2008. Colonel (Dr.) Falk was the Air Surgeon, National Guard Bureau, Washington, DC. He served as the Director, Medical Services, on the staff of the Director of the Air National Guard. His responsibilities included coordinating medical policy, plans and programs for the Air National Guard. Born Jan. 14, 1954, he received his bachelor’s degree from Vanderbilt University and his medical degree from the University of Tennessee in 1981. Colonel Falk was commissioned in the Air National Guard in 1983 during his urology residency at Vanderbilt University. His active and traditional Guard and Air Force assignments were focused on aerospace medicine, occupational medicine and public health. In 1996, he became the first physician to complete the National Security Fellowship at John F. Kennedy School of Government, Harvard University. Most recently, he completed the Air Force’s Residency in Aerospace Medicine (RAM) and began examining the role of the ANG Medical Service in the Air Expeditionary Force (AEF), Homeland Security and international health/humanitarian deployments. Colonel Falk was an Aviation Medical Examiner (AME) and a Chief Flight Surgeon with more than 500 hours in fighter, trainer, airlift and refueling aircraft. He began operation Top Knife to benefit Flight Surgeons. He also was in the midst of developing several initiatives to build mental health resiliency for the American military, including PODCAST Stress Inoculation Training and the Basic Mental Health Life Support course. Earlier this year, he participated in the Continental Divide Disaster Behavioral Health Conference. Science to Practice; Practice to Science. Colonel Falk is survived by his parents, Edna and Rabbi Randall M. Falk; siblings, Jon Falk (Debbie Salinger) and Heidi Logan (Chris Logan); nieces and nephews, Naomi Logan, Rachel Logan and Marni and Eli Falk, and many, many close friends. Funeral services were held on Sunday, Sept. 14, 2008, at The Temple with Rabbi Mark Schifman, Rabbi Shana Mackler, Rabbi Ken Kanter, Rabbi Laurie Rice and Cantor Bernard Gutcheon officiating. Interment followed at Temple Cemetery. The family requests memorials be made to the “Make a Wish Foundation,” KWVA Wounded Warrior Fund or Alive Hospice.

Judith E. Frank (Ketterer), MD (GL-’62, PD’63), 72, died Sept. 24, 2008, at her home in Hanover, NH. She was born in 1935 in Brooklyn, NY, the daughter of Walter Nils and Ruth (Carlson) Frank. She grew up in Ridgewood, NJ. She graduated from Mount Holyoke College in 1957 and New York Medical College in 1961, where she received her PhD in 1964. She completed her residency in pediatrics at St. Luke’s Hospital Center in New York City, and in 1960, she was the first female to be appointed as an attending in the hospital’s pediatric department. Dr. Frank was a devoted member of the Catholic Church and was a member of St. Joseph Cathedral. She is survived by her brother, Walter N. Frank Jr., her mother, Ruth C. Frank, and her father, Walter N. Frank Sr., a former Chairman of the Board of the New York Stock Exchange. Funeral services were held on Saturday, Oct. 4. Contributions may be made to Children’s Hospital at Dartmouth, 1 Medical Center Drive, Lebanon, NH 03756.

Prem Gidwani, husband of retired staff physician, Gita P. Gidwani, MD, passed away on Aug. 26, 2008, in The Villages, FL. Proud of his healthy lifestyle, he was doing what he loved to do — working out at his Wellness Center, when he died unexpectedly of a heart attack. Born in Pakistan, the youngest of six children, he grew up in India. At the age of 28, he immigrated to Cleveland, with his wife and their two sons, Mahesh and Pradeep, in 1968. He worked for General Electric in Cleveland for 25 years and then relocated to Florida in 1999, enjoying his retirement in The Villages. He enjoyed golfing, playing bridge, walking, playing chess and, most of all, he enjoyed his family. In addition to his wife and two sons, he is survived by daughter-in-law, Jennifer, and two granddaughters, Ava, age 4, and Sophia, age 2, who were the lights of his life. A memorial ceremony was held at the Shiva Vishnu Temple, Parma, OH, on Sept. 6. Contributions can be made to: http://honor.americanheart.org/goto/premgidwani.

Edmond J. Goold, MD (A’62), of Columbus, passed away on Friday, June 29, 2007. Dr. Goold was born on March 23, 1921, in County Cork, Ireland. He completed his medical education in 1945 at the National University of Ireland and later moved to Ohio, where he was a long-time physician at Mount Carmel Hospital in Columbus. He also was a devout member of the Catholic Church and was a member of St. Joseph Cathedral. He is survived by a son, John Goold of Akron, and longtime friend and administrative assistant, Debbie Caris.
Professor Gerhard H. Hofmeier, MD (TS’70), of Trier, Germany, passed away suddenly on May 23, 2008, in Luxembourg. Born in Munich, Germany, on March 20, 1934, Dr. Hofmeier graduated in 1952 from the Theresien-Gymnasium (Abitur), and received his medical degree from the University of Munich (LMU) Medical School in 1958. As a fellow of the Ventnor Foundation, he completed a rotating internship at Mercer Hospital in Trenton, NJ, in 1959-60. He subsequently trained in pathology with Franz Büchner at Freiburg University and in surgery with Heinrich Lüdecke at Saarland University in Homburg/Saar, Germany. In 1969-70, as a postgraduate fellow with Floyd (Fred) Loop, MD, later Cleveland Clinic’s former CEO and Chairman of the Board of Governors, Dr. Hofmeier acquired the skills that made him a leading vascular and general surgeon in later years of his career. In 1972, he obtained his surgical board qualification and professorship in surgery at Homburg/Saar. He also became Surgeon-in-Chief at one of the leading hospitals in Trier, which excelled under his leadership as Medical Director (1990-1995). In 1996, in recognition of his long-standing community services, Dr. Hofmeier was awarded the Bundesverdienstkreuz, the most prestigious recognition granted by the Federal Republic of Germany. After his retirement, Dr. Hofmeier expanded on his life-long interest in history, most notably of the later years of the Roman Empire in whose capital city, Augusta Treverorum, he had spent most of his professional life. He was widely read, spoke several languages and loved to travel. He is survived by his wife, Amalia, his daughters Andrea and Stephanie, herself a physician, and granddaughters Josephine and Katharina.

Charles A. Lattanzi, MD, JD (U’84), died May 4, 2008, in his home in Montgomery, AL. Born on March 5, 1951, he graduated from SUNY Buffalo in 1972 with honors and was a member of Phi Beta Kappa. He then graduated from Albany Medical College in 1979. He completed his specialty training in Urology in 1984 at Cleveland Clinic, where he developed a new surgical procedure and designed the instruments for that procedure. After finishing at Cleveland Clinic, he went into the U.S. Air Force for four years and attained the rank of major. In 1993, he finished law school at Cleveland Marshall College of Law, where he was the editor of the Law Review. He most recently worked at the Veteran’s Administration Hospital in Montgomery, AL. He continuously went to school, published papers and received countless awards throughout his life. He was an excellent musician, vocalist, poet, writer, father and dog lover. His strange sense of humor is what will be missed by all those who had the pleasure of knowing him. Most of all, he will be remembered for how he inspired others to achieve their dreams. He is survived by his two daughters, Amalia and Mara Lattanzi. A memorial service was held at the V.A. Chapel in Montgomery.

John LoCricchio Jr., MD (G1’60, D’63), 74, of Concord Township, OH, a dermatologist who practiced in Lake County for 37 years, died July 31, 2007, at Altercare Rehabilitation Center in Concord Township. He received his medical degree from Ohio State University in 1959 and was a member of the Ohio State Medical Association and the Lake County Medical Society. He also was a member of the Painesville Elks Lodge 549. Winters were spent in Tavares, FL. His passions were helping people, church activities and taking photos of family and friends. An avid reader who also enjoyed playing cards, he loved to hike and take photos in the Colorado mountains. He is preceded in death by his parents, Dr. John and Georga (Bacher) LoCricchio, sister, Yvonne Corso, and stepson, Thomas (Zoraida) Sperry. He is survived by his wife, Shirley (Carlson) Sperry LoCricchio, whom he married Nov. 22, 1957; three children, Edward (Cindy-Lou), Jeffrey (Niecey) and Jennifer (Lee) Vann, all of Colorado; step-son, Timothy (Joyce) Sperry, of Mechanicsburg, PA; three grandchildren and several step-grandchildren and step-great-grandchildren; and sister, Elaine LoCricchio, Ruskin, FL.

Deena L. Strome, beloved wife of Marshall Strome, MD, retired Chairman of Otolaryngology (8/93 to 12/07), of Scottsdale, AZ, and New York City, formerly of Lexington, MA, and Cleveland, OH, died Oct. 18, 2008, at age 68. She lived every minute of every day with enthusiasm and determination. She will be missed always and remembered for her indomitable spirit. Deena received her undergraduate degree in education from Wayne State University, a master’s degree in special education from Boston University and Orton Gillingham certification from Massachusetts General Hospital. She loved teaching at the Carroll School in Lincoln, MA, and served as a Disabled Student Service Specialist at Cuyahoga Community College in Cleveland, OH. In addition to her husband, Dr. Strome, she also is survived by her two sons, Scott and his wife Kimberlee, and Randy and his wife Chantel, and grandchildren, Arianna, Sophie, Maxwell and Shannon; and her sister, Myrna Doernberg. Deena also is survived by many cherished friends and colleagues. Services were held Oct. 22 at Temple Isaiah in Lexington, followed by burial at Beit Olam Cemetery in Wayland, MA. Donations in memory of Deena Strome may be made to Susan G. Komen for the Cure, 5005 LBJ Fwy., Ste. 250, Dallas, TX 75244 or online at http://komen.org/komen/Donations/index.htm.

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