Wooster Family Health Center Draws Alumni

History and medicine converge at Cleveland Clinic Wooster, and the result is a state-of-the-art group practice built on 75 years of tradition. In 1998, the former Wooster Clinic group practice merged to become Cleveland Clinic Wooster, now home to five Cleveland Clinic alumni.

Cleveland Clinic Wooster is a busy place. The campus includes three locations and a total of more than 132,000 square feet. Wooster physicians manage nearly 200,000 patient visits annually. It draws patients from Ashland, Wayne and Holmes Counties, plus portions of Medina and Stark Counties.

“We now have a world-class cancer center, cardiology from the best heart program in the country, and a full staff of other specialists,” says Wooster Administrator Tom Kelly. The mix of services is 40 percent primary care and 60 percent specialty care.

Primary care plus dermatology, psychology and sports health and a full menu of imaging and laboratory services are available at the main location on Cleveland Road. A 75,000-square-foot, state-of-the-art expansion, built on 16 acres one-half mile north of the original building, broadens the scope of specialty services. The Specialty Center is home to a dozen specialties, including cardiology, GI/endoscopy and radiation oncology, plus CT, MRI and echo. Across the street from the primary care center is a full-service Women’s Health Center, including Ob/Gyn, new-born infant care and psychology, with a complete imaging center. Rounding out the package, Cleveland Clinic

Clinician, Researcher and Advocate: Why Dr. Nissen is One of Time’s Most Influential People

Time magazine recently honored Steven Nissen, M.D., as one of its 100 Most Influential People. Here, the outspoken cardiologist talks about this recent honor and reflects on how he got to where he is today.

On convincing his father to quit smoking
In 1962 (I was 14 years old at the time), the surgeon general’s report, Smoking and Health, was first issued. A copy was sent to every physician in the United States, including my father, an obstetrician/gynecologist. It was very clear that smoking was bad – heart disease, cancer – so I confronted my father, who was a smoker at the time. I said, “How can you smoke in the face of this evidence?” So he quit on the spot.

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Alumnae Makes a Lifetime Commitment to Tiny Babies

Judith Frank Ketterer, M.D. (GL-’62, PD’63) has always had a humanitarian outlook on life. Associate medical director of Children’s Hospital at Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire, and a specialist in neonatology, Judith has spent a lifetime attending to the needs of children, especially those born prematurely or with problems that require intensive care at birth.

One of five women in a class of 125 at New York Medical College when she graduated in 1961, Judith, now a full professor at Dartmouth Medical School, first became interested in pediatrics as a Cleveland Clinic intern. She says that she and her husband John Ketterer, M.D. (GL-’62, S’63) spent “two great years at the Clinic.” They left for New York when John decided to specialize in Ob/Gyn since there was no such department at the Clinic at that time. When she completed her residency in pediatrics at St. Luke’s Hospital Center in New York City, neonatology was just emerging as a specialty and she found the challenge of the new field enticing.

“It was exciting, critical care in tiny babies,” she recalls. “If you could sort out what the problems were for them and intervene appropriately, they had an eighty-year life expectancy.” Today, the effort in neonatology is not simply in keeping babies alive but improving their outcomes in areas like vision, hearing and developmental growth.

In addition to teaching and clinical work in her thirty-two-year career at Dartmouth, Judith oversaw a statewide study on early hospital discharge of mothers and infants after delivery. It received lots of media attention and she was interviewed on Good Morning America, Dateline NBC, and the McNeil/Lehrer Report, and asked to testify before Congress about the increased health risks for mothers who are released from the hospital too soon. Her work resulted in legislation that not only better protects moms and babies but mandates appropriate follow-up care for infants.

A dedicated advocate for continuing education, Judith in 1998 earned a master’s degree in outcomes research at the Center for Evaluative Clinical Sciences at Dartmouth. She also is responsible for a regional program that annually awards between 12,000 hours of credits to physicians and nurses. “You must keep up with the current literature,” she underscores. “Things are constantly changing.”

Judith loves what she does, but nevertheless on Nov. 1, 2006, inched toward retirement by going part-time. She wanted to spend more time with her husband, two daugh-

ters, a son, and four grandchildren. John retired from his position as vice-chairman of the Department of Obstetrics and Gynecology at Dartmouth-Hitchcock Medical Center and enjoys spending time golfing and fox hunting.

“He has been a Master of the North Country Hounds for 25 years, wearing the scarlet coat and leading the ‘charge,’” she says, “although they have yet to catch a fox.”

Judith’s ties to her alma mater, Mount Holyoke College, remain strong, too. Upon her retirement, she not only had the pediatrics library at the medical center named after her but was presented with a commendation from the governor of New Hampshire, John Lynch, and Susan Upton Lynch, also a pediatrician and New Hampshire’s first lady.

Judith has been voted New Hampshire’s Pediatrician of the Year by her colleagues at the New Hampshire Pediatric Society and was named New Hampshire Citizen of the Year by the March of Dimes. In addition to her part-time position at the hospital, Judith is an emeritus professor of Pediatrics (Neonatology).

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New Simulation Center Improves Medical Training

Cleveland Clinic “learners” from medical students to staff are expanding their experience thanks to the opening of the Mt. Sinai Skills and Simulation Center (MSSSC). The MSSSC is a collaboration between Cleveland Clinic, Case Western Reserve University, University Hospitals of Cleveland, MetroHealth Medical Center and the Louis Stokes Veterans Affairs Medical Center. The center is one of only a few worldwide that coordinates a standardized patient program and technical simulation in one location.

In approximately 8500 square feet, the MSSSC can be divided into three zones: standardized patient examination, technical simulation and education support. A state of the art audio-video system allows recording of all center instructional and evaluative experiences.

In the technical simulation area, students have the opportunity to work through set scenarios of clinical situations on realistic, life-sized models. An operator in the central control room can manipulate vital signs like blood pressure, and the student can ask questions. Medical simulation is the cornerstone for the new education paradigm of Mastery Learning.

“Patients don’t want to be guinea pigs anymore,” says Vicki Reed, M.D., Department of Obstetrics and Gynecology, who is a preceptor for medical students on the OB/Gyn rotation through Cleveland Clinic’s Family Health Center in Solon and Hillcrest Hospital’s Labor and Delivery. “Simulation offers an alternative.” Medical simulators allow individuals to review and practice procedures as often as required to reach proficiency without harming the patient.

Dr. Reed says that the MSSSC will soon be home to “NOELLE,” the highest fidelity simulator available in the field. “She is fully computerized to provide students with a complete birthing experience before, during and after delivery.”

NOELLE’s features include an intubatable airway with chest rise, IV arm for meds and fluids, a removable stomach cover, multiple fetal heart sounds, an automatic birthing system and replaceable dilating cervices.

Her neonatal simulator has the unique ability to change color based on an initial pre-selected condition and the effectiveness of airway ventilation and chest compression provided by the student. While NOELLE represents the state-of-the-art in medical simulation, the MSSSC employs a wide range of devices and experiences to simulate care.

“In Ob/Gyn, we use a number of low fidelity simulators, such as vests with implanted breasts that students can use to do exams on each other,” says Dr. Reed. “It helps them to learn the emotionality and awkwardness of a breast exam from the patient’s perspective. And they learn practical things like how best to move the gown.”

The center’s director, Cleveland Clinic anesthesiologist Kathleen Rosen, M.D., says she plans to add virtual reality surgical simulators and other equipment that will enable physicians to gain hands-on expertise in a variety of surgical techniques.

“General surgery already has made simulation a part of the board certification, and other specialties will follow,” says Dr. Rosen, who directed the Simulation Center at West Virginia University before coming to Cleveland. She says the ultimate goal of the MSSSC is to change the culture of medicine and improve patient safety by developing and incorporating simulation within the field of healthcare education and clinical practice.

The MSSSC opened in May 2006 in a temporary home at the VA Medical Center. It is the result of a $10 million grant from the Mt. Sinai Health Care Foundation. A new facility will be constructed at the former site of the Mt. Sinai Medical Center.
Alumnae is New Pathology and Lab Medicine Chair

Kandice Kottke-Marchant, M.D., Ph.D. (ACLPTH’90) has been appointed chair of the Division of Pathology and Laboratory Medicine.

She replaces William Hart, M.D., who retired in 2006 after 15 years in the position. Dr. Marchant earned her medical degree from Case Western Reserve University in Cleveland, as well as her MS and Ph.D. degrees. She came to Cleveland Clinic in 1986 as a resident fellow and joined the staff in 1990. Dr. Marchant has been section head of Thrombosis and Hemostasis since 1999 and serves as a professor of Clinical Pathology in the Lerner College of Medicine.

Dr. Marchant has developed a busy diagnostic, interpretive hemostasis service. She has served on the Coagulation Resource Committee for the College of American Pathologists (CAP) and on the Surgery and Bioengineering Study Section of the National Institutes of Health (NIH). The author of 130 peer-reviewed publications, Dr. Marchant lectures nationally and internationally while she continues to mentor students.

Dr. Ouriel to Lead Sheikh Khalifa Medical City in Abu Dhabi

Cleveland Clinic announced June 4 that Kenneth Ouriel, M.D. has been named chief executive officer of Sheikh Khalifa Medical City (SKMC) in Abu Dhabi.

Dr. Ouriel, a vascular surgeon who previously served as chairman of the Division of Surgery, assumed his new role immediately.

The Clinic has signed an agreement with the Health Authority of Abu Dhabi to manage and operate SKMC, a network of healthcare facilities in Abu Dhabi.

"Cleveland Clinic is known worldwide for offering the latest, most advanced medical treatment with superior clinical outcomes," says Toby Cosgrove, M.D., president and CEO of Cleveland Clinic. "In broadening our presence abroad, we look forward to bringing our best practices to SKMC under the talented leadership of Dr. Ken Ouriel."

SKMC consists of the 700-bed Sheikh Khalifa Hospital, a 150-bed Behavior Sciences Pavilion and the 100-bed Abu Dhabi Rehabilitation Center, in addition to more than 12 specialized outpatient clinics and nine primary healthcare centers around the city of Abu Dhabi.

In his new role, Dr. Ouriel will lead the management team of SKMC in implementing strategic initiatives and working with the Health Authority of Abu Dhabi to incorporate Cleveland Clinic’s healthcare model.

“I look forward to embarking on this unique and exciting opportunity to work with the premier hospital of Abu Dhabi,” Dr. Ouriel says. “This partnership will help raise the quality standards of healthcare around the world and I’m honored to be a part of that.”

Cleveland Clinic and Mubadala Development signed an agreement in September of last year to design and build a new preeminent first-class specialty hospital on Al Suwwa Island, Abu Dhabi, within the next three years.

Tommaso Falcone, M.D., associate chief of staff and chairman of the Department of Obstetrics and Gynecology, has been named the interim chairman of the Division of Surgery.
Dr. Novick Chairs Glickman Urological and Kidney Institute

Andrew C. Novick, M.D. (U’77), was appointed chairman of the Glickman Urological and Kidney Institute on April 16, 2007.

Dr. Novick’s appointment reflects the creation of a new institute combining Cleveland Clinic’s Urology and Nephrology programs, which are ranked by U.S. News & World Report as the second and third best of their kind in the country, respectively.

Dr. Novick, who has served as chairman of the Glickman Urological Institute since 1985, will lead a multidisciplinary team of urologists, kidney and pancreatic transplant surgeons, nephrologists and researchers.

“Andy brings a tremendous amount of medical and research expertise, as well as leadership ability, that will enable this highly ranked center to continue delivering world-class care,” says Chief of Staff Joseph Hahn, M.D. He added that Cleveland Clinic is moving toward organizing clinical areas around organ and disease systems, rather than individual specialties, in order to put patients at the center of care. The Glickman Urological and Kidney Institute is the second institute to be created around the new model; the Neurological Institute formed in February.

“Cleveland Clinic’s institute model is unique in U.S. medicine and is the future of clinical care,” Dr. Novick says. “Our ability to align physicians with shared expertise in a common institute means patients benefit from the best in clinical care, research, treatment and prevention. I am delighted to have the opportunity to chair this institute.”

The new institute will be housed in the Glickman Tower adjacent to the new heart center, currently under construction. Named after Cleveland businessman Carl D. Glickman and his wife, Babs, the tower will comprise more than 200,000 square feet designed to provide for future expansion. The tower will also house several new programs to be determined.

Dr. Novick joined Cleveland Clinic’s staff in 1977 as the head of the Section of Renal Transplantation in the Department of Urology. In 1985, he was appointed chairman of the Department of Urology, which was renamed the Glickman Urological Institute in 2002. In 2006, Dr. Novick was named the inaugural holder of the Andrew C. Novick Distinguished Chair, which will be held in perpetuity by the chairman of the Glickman Urological and Kidney Institute.

Dr. Novick also was recently awarded the Barringer Medal for outstanding achievement at the annual meeting of the American Association of Genitourinary Surgeons (AAGUS) in Scottsdale, Arizona.

AAGUS is an association of leading academic urologists from the United States, Canada and around the world, dedicated to the study of diseases of the genitourinary system. The Barringer medal is awarded only periodically and represents the highest honor that can be bestowed in the specialty of urology. Dr Novick is the first Cleveland Clinic urologist ever to receive this award.

“I am honored to have been chosen as a recipient of the Barringer Medal,” Dr. Novick says. “It is always gratifying when one’s work and achievements are recognized by peers whose dedication to the field of urology I also deeply respect.”

House Staff Elects Officers
The House Staff Association elected new officers at their May meeting. Pictured from left to right are: vice president Jennifer Lucas, M.D., Dermatology; AMA delegate Amit Patel, M.D., Urology; president Mohammed Alghoul, M.D., Surgery; and treasurer Syed Mahmood, M.D., Internal Medicine. Jennifer Cordier, M.D., Pediatrics (not pictured) was elected social chair.
Wooster surgeons operate at city-owned Wooster Community Hospital. What’s more, Cleveland Clinic Wooster has brought new opportunities to the community with science and nursing internships for local school districts and community health talks, and Cleveland Clinic doctors now staff the College of Wooster student health clinic.

Alumni Join the Fold

David A. Burke, D.O. (PD’00) responded to a notice he found in his mailbox near the end of his residency and interviewed at Cleveland Clinic Wooster.

“I liked Wooster from the first time I visited,” he says. Having grown up in Athens, Ohio, he was drawn to the feel of the college town.

He says he is able to do more in his practice than many other pediatricians, since he and his colleagues are the only pediatric specialists in town. “We are fortunate to have access to many excellent specialists who take the time to answer e-mails and phone calls and try to keep patients from having to drive long distances whenever possible,” he says. When he occasionally sends a patient to the main campus, he particularly enjoys hearing from specialists and nurses with whom he trained.

“It’s always nice to talk to a familiar voice.”

Like Dr. Burke, Sheila A. Armogida, M.D. (PA’03) came to Wooster right after training.

“The physicians I met during the interview process were kind and seemed to be excellent clinicians,” she says. Her first impression held true. She says the best part of her job is the staff she interacts with every day.

Dr. Armogida says her Cleveland Clinic training prepared her well for her current practice, where she is the only allergy/immunology specialist.

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Wooster is Home to Ohio Women’s Hall of Famer

When Gov. Ted Strickland visited the Wooster area in May, he made an important stop at the Viola Startzman Free Clinic, describing its founder as a local hero. But the accolades were nothing new to Viola Startzman Robertson, M.D., who was named citizen of the Year by the Wooster Daily Record in 2001 and was inducted into the Ohio Women’s Hall of Fame in 2002.

Dr. Startzman started her career in Cleveland as a bacteriologist for the city. But she always knew that she wanted to be a doctor. At 28, she applied and was accepted to medical school.

In 1945, she launched her practice in Cleveland and as the first pediatrician in Wooster, despite opposition based on her gender. In 1952, Robert Mercer, M.D., an old friend and colleague from her training at Western Reserve, invited her to join him at the Cleveland Clinic, where he was establishing a new Department of Pediatrics.

“It was very fulfilling,” she remembers. “The two of us ran the department and took turns being on call every other night.”

In 1954, Dr. Startzman married James Robertson, M.D. (IM’55), who had come to the Clinic from Wooster to train with A. Carlton Ernstene, M.D. for a year. Dr. Robertson returned to Wooster after his training, where he had a practice and four boys to raise. Dr. Startzman followed in 1956. She accepted a position at her undergraduate alma mater, the College of Wooster, as the physician at the Student Health Center. She served as the director of Student Services for 23 years, developing programs that were emulated in colleges across the country.

“It was a 24-hour-a-day job,” she remembers. “I was there in the 60s and 70s, doing a great deal of counseling on drugs, alcohol and sex. I learned a lot from those students.”

She retired from active practice in 1979 but remained active in the community. She helped to create a church-based child care center, and took three trips to Egypt to support a medical clinic there. In 1992, she chaired a committee to investigate the possibility of establishing a free clinic in Wooster. The clinic, which opened in 1995, was renamed the Viola Startzman Free Clinic in 2000. There were more than 9,000 visits to the clinic last year, which caters to uninsured Wayne County residents with incomes that do not exceed federal poverty guidelines.

Dr. Startzman continues to serve on the board of the Clinic and celebrated her 93rd birthday in June.
“I had multiple excellent mentors,” she says. “I learned from everyone in the Allergy and Immunology Department.”

Adam P. Keating, M.D. (PD’03) spent a year as chief resident before coming to Wooster in 2004. He says he knew he wanted to stay in Northeast Ohio.

“I really liked what Wooster has to offer,” he says. “It has a small town atmosphere and is an excellent place to raise a family. But it offers many amenities and cultural venues that other places this size don’t have.”

Dr. Keating says that while the majority of his patients have less complex needs than those he treated at the hospital, his Cleveland Clinic training makes him comfortable taking care of children with multiple problems.

“Scott A. Francy, M.D. (IM/PD ’07, PD ’99) also an alumnus, now at Cleveland Clinic Lorain, was a wonderful role model. He is knowledgeable beyond his years of practice, has great rapport with patients and is an advocate for residents and students,” he says.

Paul A. Masci, D.O. (IM’01, H/OET’02, H/O’05) liked the idea of maintaining a tie to the Cleveland Clinic, where he did both his residency and fellowship training. “My training was second to none, as far as I am concerned,” he says. “And my lines of communication with the staff at the main campus have always been wide open. Everyone is very approachable about different problems and issues.”

Dr. Masci says that he has found the Clinic to be quick to back up those doctors in its outlying locations who choose to try new and innovative approaches. “Working at Cleveland Clinic Wooster removes the burden that doctors in private practice feel when they have to find their own funding to try new things.”

Dr. Masci has found great camaraderie with the rest of the staff at Wooster, as well. “It’s refreshing to be in a place where we all work so well together. We are able to deliver very efficient and effective patient care.”

The most recent alumnus to join the Wooster staff is Mark Elderbrock, M.D. (PC/SM’90), who took a more circuitous route to the Family Health Center.

Dr. Elderbrock spent three years in a family practice residency at Akron General Hospital after leaving Cleveland Clinic. Since then, he has been in private practice in Ashland, OH.

“I was ready to get out of the administrative headaches of owning my own business and running my own practice,” he says. “In private practice you have the continual pressure to try to generate enough income to pay the bills, so you can’t really develop your own interests.”

He says that since his return to Cleveland Clinic, he is particularly enjoying the encouragement he gets to develop his own interests and strengths.

“The electronic medical record helps a lot, too. It streamlines the process so I have more time to get to know my patients.”

For information on physician opportunities in Wooster or elsewhere in the Cleveland Clinic health system, click on the general link for physicians at www.clevelandclinic.org, or forward your CV to Alumni Relations at alumni@ccf.org.
Students Get Glimpse of NIH Career

Cleveland Clinic Lerner College of Medicine students welcomed alumnae Regina James, M.D. (CPH’97, P’99) for the second consecutive year for a Process of Discover presentation for first year students. Dr. James says she is not sure who enjoys the visit more – her or the medical students.

“It’s a privilege to share some of the cutting edge research that is being supported by the NIH,” says Dr. James, who has spent the last eight years in the area of child psychiatry there. “I hope that I am infusing these students with enthusiasm about thinking about biomedical and behavioral research as a career choice. It’s an alternative that they may not have thought of otherwise."

Dr. James says she hadn’t considered her current career path back in medical school. Even during her internship, she was leaning toward pediatric anesthesiology. But a meeting with John Glazer, M.D., head of the Section of Pediatric Psychiatry, changed her mind.

“I was drawn to the fact that when it came to research, there was so much opportunity to explore new ideas and issues,” she remembers. “Other areas of medicine were further along in terms of understanding the pathogenesis and underlying etiologies of disease. But understanding the biological basis of mental illness was virtually untapped.”

Dr. James became the first graduate of the Clinic’s Child Psychiatry program. “I’ve always felt very positive about my experience at the Clinic. The staff is superb. This is one way I can maintain my connection to the Clinic and my mentors there,” she says.

Dr. James says that after completing a fellowship at the National Institute of Mental Health in child psychiatry, she transitioned into research administration before moving to her current positions as the director of the Extramural Associates Program at the National Institute of Child Health and Human Development. During her presentation, she challenged the students to be open to all of their options.

“I try to give the students some new ideas on the multiple opportunities they can pursue with their medical degrees,” she says.

Dr. James encourages other alumni to get involved in the Lerner College of Medicine. “I think it’s very important to reach back and share your experiences. There is always some student that you can touch and you can truly make a difference in his or her career trajectory.”

She can’t say enough about the caliber of the students at the Lerner College of Medicine. “They are very engaging and open,” she says. “They seem to be more flexible in terms of connecting the basic science and clinical aspects of medicine. I learn things from them, too.”

Dr. James is married to fellow alumnus Kirk E. James, M.D. (P’98, LP’99), an adult psychiatrist. They live in Columbia, MD with their two children – a daughter and a son.

Contact alumni@ccf.org to share your expertise or experiences with medical students, residents or fellows.
Psychiatry and Psychology Expands to Meet Demands of Neurological Institute

In the spring issue of Headlines, the alumni newsletter of the Department of Psychiatry and Psychology, Chairman George E. Tesar, M.D. (IM ’80) shared the impact to his department of Cleveland Clinic’s move to multispecialty institutes.

“The department finds itself in a welcome vortex of change that coincides with Dr. Cosgrove’s (Toby Cosgrove, M.D., chairman and chief executive officer) recent retirement from surgery and full-time administrative commitment to the Clinic’s future,” he writes. “His appointment three years ago heralded major changes in Clinic culture and direction, not the least of which is the Institute model.

“The Neurological Institute (NI) is the first of its kind at the Clinic, with others soon to develop. The Department’s membership in the NI has accompanied a period of unprecedented growth, both clinical and administrative. Search committees have been meeting to identify psychiatrists for the Transplant Center, the Bariatric Surgery Center, the Center for Neurological Restoration, the Headache Clinic and the Cancer Center.”

Dr. Tesar says that two new staff members have joined the department, with an additional five staff level psychiatrists and psychologists expected to join this summer.

“The realignment of internal resources accompanying the NI’s development is paying off well for Psychiatry and Psychology,” he writes. “Neurological Institute membership carries with it the dual responsibilities of accountability and development of a product-line orientation. Each of the four departments – Psychiatry and Psychology, Neurology, Neurosurgery and Neuroradiology – is refocusing its mission from a discipline-oriented to condition-specific models organized within centers.

The Center director is responsible for leading a multidisciplinary group whose mission is to provide top-quality, accessible care. Such centers have, in fact, been in existence within Psychiatry and Psychology for quite some time.”

He cited the Alcohol and Drug Recovery Center and the Chronic Pain Rehabilitation Program, as well as the newly named Psychiatric Neuromodulation Center, as examples.

Dr. Tesar also says that the energy and enthusiasm fostered by the appointment of Michael Modic, M.D. (DR’78, NR’79) as chairman of the Neurological Institute is exciting.

“We aim to maintain the momentum,” he concludes.

Dr. Healy Releases Book

Bernadine Healy, M.D., former head of the National Institutes of Health, the American Red Cross, and the Division of Research at Cleveland Clinic, has released a book that chronicles her personal struggle with a brain tumor.

Dr. Healy uses her unique perspective to explore the state of cancer research, care and treatment, today and tomorrow. The book, LIVING TIME: Faith and Facts to Transform Your Cancer Journey, was released earlier this year by Bantam Dell Publishing Group.

Dr. Healy currently serves as health editor of U.S. News & World Report and is married to former Cleveland Clinic CEO and Chairman of the Board of Governors, Floyd Loop, M.D. (TS’70). She describes her journey from the time she blacked-out in bed watching TV, through her emergency room encounter with Cleveland Clinic neurologist Patrick Sweeney, M.D., surgery with Gene H. Barnett, M.D. (S’81, NS’86), chemotherapy and recovery.

“To be sure, news of cancer close to home is wrapped in sadness and anxiety, both for the patient and for the family,” she writes. “But like birth and death, this is one of the few life experiences you fundamentally face on your own, for however many loved ones are around you, the cancer journey is essentially a solitary one.”

Dr. Healy’s book is available online and it all major book retailers.
Researchers have linked genetic markers on eight chromosomes in the tissue surrounding breast tumors to the grade of the cancer and the spread of the disease to the lymph nodes.

The findings may help explain why patients with similar appearing breast cancers respond differently to treatment and may establish a basis for more personalized treatment. The research led by Charis Eng, M.D., Ph.D., Chair, Genomic Medicine Institute, appears in the May 16 issue of the Journal of the American Medical Association (http://jama.ama-assn.org/, May 16, 2007; 297: 2103–2111).

Previous research had shown that a high degree of variability in the behavior of sporadic breast tumors and clinical outcomes was attributable to individual patient factors. The work of Dr. Eng and her colleagues indicates that genetic alterations within breast cancer tumors are likely the prime reason for the variability among patients. The variability often makes it difficult for physicians to identify the most appropriate treatment.

In their work, the researchers tested the hypothesis that genetic alterations in stroma, or tissue surrounding breast tumors, significantly altered tumor behavior, as reflected in clinicopathological features at the time of diagnosis. The researchers completed a cross-sectional analysis of DNA from the epithelium and stroma of 220 primary sporadic invasive breast cancer tumors to identify genetic alterations.

The researchers found eight significant genetic markers that correlated with variances in clinicopathological features.

“It is rather remarkable that genetic alterations in seven chromosomal regions that predict for poor outcome, such as spread of tumor to the lymph glands and aggressive appearance of the tumor, reside in the stroma,” said Dr. Eng. “Only one chromosomal region in the epithelium was associated with any clinicopathologic feature.”

“These results support a model in which genetic changes in both stroma and epithelial compartments occur during the formation of tumors and progression is co-determined by local interaction between these cell populations within the primary tumor,” the JAMA study reports.

The authors note that additional research is needed to independently validate the results of the study and understand their significance as it relates to routine clinical care.
On standing up for what’s right
I was in college in the late 1960s – during the Vietnam War, during the civil rights movement. I very quickly embraced these causes. That activism has indeed stayed with me. Cleveland Clinic is very open to my ability to speak my mind. And frankly it’s empowering to know that you work at a place that understands that sometimes you’re going to take strong positions on issues that are controversial.

On being named an influential person
First of all, I’m very surprised – and honored, of course. But it’s also a public responsibility. If you are a person who is influential, well then, it’s incumbent upon you to use that influence to benefit society. In part, I have had opportunities to improve public life or health because of where I am. I think that this award reflects the stature of Cleveland Clinic and its cardiovascular medicine and surgery programs.

On balancing advocacy with clinical practice
I try to balance talking about progress and science, and really advocating on behalf of patients with respect to new heart disease therapies – while at the same time feeling free to be critical of those situations where I think the efficacy and the safety are out of balance.

On his hobbies (or lack thereof)
I occasionally will bicycle with my wife. I tend to be pretty focused and sometimes a bit one-dimensional, but you know, I really love what I do. I get here very early because I enjoy getting here early. I leave late. So I don’t need too many hobbies because I have a very diverse opportunity here to do the things that I really enjoy doing.

On the next generation of doctors
Teaching is an enormous privilege. The young people, the fellows, that we’re training – they keep you thinking; they keep you young; they challenge your ideas; they come up with fresh ideas of their own. You watch them grow, and it’s almost like being a parent. It’s not easy to be successful in a very competitive field like medicine, and it’s a great opportunity for some of us who have been around a while to impart some of our knowledge and skill.

On having passion about his work
I think that is probably the single term that best describes how I approach life. Of course, you have to be careful because if you’re so focused and so passionate about a topic, you can also be blinded by it.

There have been some findings scientifically where I’ve had to do a 180-degree about-face when confronted with new data. And when that happens, hopefully, you’ll be able to do it, and you won’t be so passionate about your beliefs that you can’t change your mind.

On learning from failures
One of the things I’m very proud of is that we publish all of our (study) results whether they’re positive or negative. That’s not always true in medicine. I think this principle has held us in good standing. And we’re going to continue to do that.

A look at the life of Dr. Nissen
1948 | Is born in Toledo, Ohio, to Edward D. Nissen, M.D., and Shirley Braverman Nissen
1951–2 | Learns clinical names for all the bones in the body
1966 | Enrolls at the University of Michigan, where he serves as editor of the student daily newspaper, protests the Vietnam War and earns bachelor’s and medical degrees
1978 | Marries his college sweetheart, Linda Butler, now a professional photographer
1981 | Completes his residency at University of California-Davis
1981–83 | Completes cardiology fellowship at University of Kentucky and joins the faculty as an instructor
1985–89 | At the University of Kentucky, helps to develop a type of imaging known as intravascular ultrasound (IVUS); and starts a helicopter service to transport severely ill heart attack patients from rural areas to the hospital
1990 | Produces the first images in humans using IVUS and uses the technology to understand the biology of coronary artery disease
1992 | Is appointed to Cleveland Clinic’s staff as Director of the Coronary Care Unit; he later becomes Vice Chairman
2000 | Joins the FDA’s CardioRenal Advisory Panel
2001 | Becomes one of the first physicians to link a class of painkillers to an increased risk of heart attacks and stroke
2004 | Formally directs his consulting fees to go to the American College of Cardiology Foundation
2006 | Serves term as president of the American College of Cardiology and is appointed Chairman of Cleveland Clinic’s Department of Cardiovascular Medicine
2007 | Is named one of Time’s 100 Most Influential People
Association News

By Sandra Stranscak, director of Alumni Relations

The March 30, 2007 Alumni Board of Directors meeting had a special component – an exceptional opportunity to meet our third year students from the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, members of the inaugural Class of 2009, who enthusiastically embraced the opportunity to not only meet our board members, but to fully participate in the meeting agenda.

Specialty directors presented their area-specific reports and the board was briefed on the *Today’s Innovations – Tomorrow’s Healthcare* campaign and specifically the Alumni Scholarship Program. (See graphs on page 13).

To our delight, the students pre-assembled a list of the entire class with short biographies and color photos. After a CCLCM update by Kathleen Franco, M.D., associate dean of Student Affairs & Admissions, members of the Alumni Board toured the education facilities led by several students who answered questions with ease. After re-assembling, third year student Jonathan Riley presented a polished PowerPoint summary of one of his research projects, after which several students participated on a panel discussion with the board, again fielding all sorts of in-depth questions from curious board members. After all, it was duly noted that the new school and students, in the board’s collective medical school experiences, are “not your father’s Oldsmobile.”

That evening, the class joined alumni board members for dinner at Nighttown Restaurant in Cleveland Heights to get to know each other better. Needless to say, your alumni representatives were quite impressed with the students, the curriculum and the learning modalities now being employed. Several commented that they’re glad they don’t have to apply to medical school now-a-days!

The board members have a much deeper appreciation for the five-year curriculum and the year-round intensity – and value - of incorporating research into this unique medical school program. They learned that our students are consistently performing at high levels and that, with more than 300 applications for 32 positions, the competition remains intense, providing an exceptional applicant pool of candidates. While the school functions on a pass-fail methodology, Dr. Franco was proud to report that the all-important first set of MCAT scores were 4 points above the national average (mean 34). In fact, many applicants are arriving with 40 MCATS, good research, volunteer experiences and solid group involvements in local public and community service. Four CCLCM students were among the 60 students nationwide to receive a Howard Hughes Grant. They indeed repre-

Mohamed Yousry Osman, Ph.D. (RES’78), Emeritus Professor of Biochemistry at the Medical Research Institute, Alexandria University in Alexandria, Egypt was in the US for a poster presentation at the Experimental Biology Meeting in Washington, D.C., April 28 to May 2 and took the opportunity to visit the Cleveland Clinic for an additional five days. This was his first visit in over 30 years and the Alumni Relations Office along with the International Center was pleased to arrange several facility tours and meetings with key staff, including Lerner Research Institute Chairman, Paul E. DiCorleto, Ph.D., Bruce Trapp, Ph.D., Chairman, Neurosciences, Edward F. Plow, Ph.D., Chairman, Molecular Cardiology; as well as Andrew J. Fishleder, M.D. (LMED’82), Executive Dean and Kathleen Franco, Associate Dean, Student Affairs and Admissions, of the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University along with several current students. Dr. Osman also had an opportunity to visit our Lyndhurst Campus to meet with Michael D. Waggoner, M.D and members of his Abu Dhabi physician recruitment staff. Dr. Osman also enjoyed reconnecting with his former mentors and friends, Fetnat M. Fouad, M.D. (RES’79), Car-

(Left to right): Richard Haigler (Class of 2010), Mahmoud (Mike) Khari (Class of 2009), Satoko Kanahara (Class of 2011), Drs. Osman and Franco.
sent a diverse and quite impressive group of students that you will be proud to one day call your alumni colleagues!

We invite you to visit the campus, tour the school, and most importantly, meet the students. You won’t be disappointed. In fact, the Board has decided to schedule the next Alumni Reunion and CME for mid-May, 2009, in order to celebrate the inaugural CCLCM Class of 2009; recognize our 83rd annual class of graduating residents and fellows, and tour the new Heart & Vascular Institute and Urological & Kidney Institute buildings due to open in late 2008.

The Education Committee proposed that we annually incorporate the third year CCLCM students in our spring meeting. Chairman Lee Adler, D.O. (GL’73, IM’75) and committee members further recommended that our Alumni Specialty Directors actively develop a comprehensive list of “Alumni Mentors” available to third year medical students, as well as residents and fellows; encourage and foster opportunities for medical student and house staff connections, networking, dialogue and socializing; informally ‘survey’ students and house staff regarding issue, concerns and opportunities for specific alumni assistance and support; and develop alumni educational initiatives regarding the “politics of medicine” to share with our future alumni.

Ryan Hedgepeth, president of the Cleveland Clinic House Staff Association and a member of the Alumni Board, reported on behalf of the house staff and urged the board to help promote the accomplishments of our graduate medical education programming as significant to our Founding Father’s mission of “More Teaching of Those Who Serve.” Our post-graduate alumni ranks are over 11,000 Clinic-trained physicians and scientists. More than 400 individuals plus post-docs, complete their graduate medical education studies each year. The end of the academic year is an ideal opportunity to recognize the graduate’s accomplishments, the faculty’s contributions, and to joyously welcome our newest alumni into our worldwide collegial network.

We hope you received our recent mailing regarding Today's Innovation — Tomorrow’s Healthcare, and are proudly wearing your new Alumni lapel pin. The goal of the $1.25 billion campaign is to advance our mission and elevate our national and international profile as a leading academic medical center. Medical education is a cornerstone of the campaign: training physicians and scientists who will transform healthcare.

As the above graphs indicate, alumni have played an important role in fundraising to date. As part of Today’s Innovations — Tomorrow’s Healthcare, the Alumni Association has established a $5 million scholarship fund for the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University (CCLCM), a medical school program setting a new standard of excellence in training physician investigators. We are gratified to report that in the first 5 months of 2007, alumni contributions to this scholarship fund have reached total contributions in 2006. Please join fellow alumni in supporting this important initiative.

Your tax deductible gift will present our students with unsurpassed opportunities and unrivaled advantages to their medical foundation.

You may send your donation to the Office of Institutional Development/DV, 9500 Euclid Ave., Cleveland, OH 44195, or visit us online at www.clevelandclinic.org/isupport.

We look forward to providing you with periodic updates on this program and other worthwhile educational initiatives our alumni proudly support.
Controversies in Care

Surgical Tourism (Part 1): Patients Seeking Treatment Abroad

Paul J. Ford, Ph.D.
Bioethics and Neurology

Nicholas M. Boulis, M.D.

The continued global expansion of healthcare and medical research raises new medical controversies. Increasingly the term “medical tourism” has gained popularity to describe either doctors or patients traveling internationally for clinical purposes.

A subset of this, “surgical tourism,” has a number of controversial aspects both when patients seek treatment abroad as well as when surgeons seek to perform selected surgeries abroad. Each type of tourism raises different issues of justice and harm. In this column, we discuss the ethical challenges faced by physicians as their patients go abroad, while the issue of surgeons going abroad will be discussed in the next issue of Cleveland Clinic Alumni Connection.

Not all surgical therapies are available in the United States for either regulatory or economic reasons. Often, popular media outlets present stories of patients traveling abroad for procedures such as solid organ transplants using paid donors, inexpensive cosmetic or gender reassignment surgeries, or unproven stem cell transplants. In each of these circumstances, patients travel internationally for a surgery and then return to their local physician for follow-up care. The most troubling instances involve those in which the international practices do not meet best medical standards or when a procedure is untested yet marketed as a miracle cure. Many of the later cases involve interventions that at best could be categorized as experimental, yet are marketed as proven therapies, e.g. transplant of olfactory ensheathing cells for ALS patients. These practices often prey on patients who are desperate for a cure. Although there are many ethics challenges related to these practices, we focus on the role of physicians whose patients consider, or actually undergo, these procedures that would be against best medical advice. Physicians are faced with the dilemma of avoiding abandoning their patient while at the same time avoiding complicity of unsafe, unproven, or unethical activities.

First, when a patient discusses the option of going abroad against medical advice of their physician, the physician is faced with choices about his/her role in the activity and the degree of influence that he/she can ethically justify. A basic tenet of contemporary medicine could be stated as, “an obligation to care for whoever crosses the threshold independent of how they became sick.” At first blush, it appears obligatory to care for any returning surgical tourists who find themselves in medical need. However, this imperative needs to be balanced against the importance of a collaborative partnership with patients. If a patient is unwilling to follow a physician’s advice regarding care, that individual’s expectations must be tempered.

There are circumstances under which it would be permissible to inform patients that they will need to seek other care providers if they choose an inadvisable surgery. Of course this applies to a prospective conversation and not when a patient is in immediate medical need. Further, the termination of a therapeutic relationship should be reserved for rare cases. Short of ending a relationship, one might strongly warn or even coerce a patient not to seek the international procedure using potential termination as leverage. The amount of pressure and influence a physician employs becomes an ethical challenge where the balance of autonomy and professionalism can become skewed.

If the physician is committed to a patient’s aftercare independent of whether the patient follows medical advice, we could argue that guiding the patient beforehand to the safest international site would be ethically advisable. This could be a way of filling an obligation to minimize harm even when patients make poor decisions. However, patients may interpret this activity as an endorsement of a particular procedure. An example of this is an American rehabilitation institute that advertises on their WEB site for pre- and post-evaluations for international stem cell transplantation procedures. Even though the institution warns that it “does not endorse any of these experimental procedures,” it could give the impression of being a legal disclaimer rather than a genuine belief.

Finally, a physician might believe it would be better to collaborate with an international site to improve their practice for all surgical tourists as well as their own local patients. If we have good knowledge and practice, then we ought to work collaboratively to improve practice as a matter of justice. This would be good in itself and our patients would have safer surgeries and return with fewer complications. This challenge highlights the dilemma created by the research/therapy dichotomy. It is perfectly ethical to
aid in optimizing a therapy, but not ethical to participate in off-shore research that circumvents important regulatory control mechanisms out of expediency. Referring patients for such “therapy” can easily be construed as condoning human research that fails to comply with accepted Western standards. So, when the physician is a clinical researcher interested in furthering the innovative or experimental procedure that could not be done locally, there is a potential for built in conflict of interest in facilitating a patient’s travel abroad to undergo that procedure.

There are many safe international sites for standard surgical procedures to be performed. However, there are also international cut-rate sites offering substandard conditions for both standard and unproven surgeries. For the latter types of sites, physicians need to think clearly about the degree to which they will support their patients before and after seeking such surgeries. We ought not support surgical practices that harm patients, while being committed to providing the best care we can to patients. Do we isolate these questionable international sites or collaborate with them for improvement? These are the ethical issues to balance.

Watch for “Medical Tourism: Surgeons Seeking Practice Abroad,” in the next issue of Cleveland Clinic Alumni Connection.

Fiscal Fitness

Avoid Taxes in 2007 with a Charitable IRA Rollover

The Pension Protection Act of 2006 includes a unique giving opportunity never before available. Instead of withdrawing money from an IRA and reporting it as taxable income, a distribution may be made directly to a qualified charity.

Many individuals took advantage of this Charitable IRA Rollover in 2006 to make a campaign gift to Cleveland Clinic. This provision expires December 31, 2007.

You qualify for this opportunity if you are age 70 ½ or older and make a cash distribution of $100,000 or less directly to a qualified charity.

This will benefit you:

• If you are taking required minimum distributions from your IRA
• If you usually contribute up to 50 percent of your adjusted gross income to charity
• Whether you itemize or take the standard deduction
• If you do not need the income from your IRA or if the income will substantially increase your income taxes

Additional Advantages:

• Rollovers open opportunities for additional charitable gifts
• The charitable distribution counts toward minimum required distributions
• Making pledge payments with a charitable IRA rollover means no out of pocket expenses
• Take advantage of the tax benefits to make a large pledge payment
• Fulfill your pledge sooner than anticipated

Remember, you have not paid taxes on your IRA contribution, and now you may not have to pay taxes on the distribution, including the investment income of your IRA.

Please check with your legal or financial advisor about your specific tax/financial situation. Or call Cleveland Clinic Institutional Development to see if a charitable IRA rollover is the right planning strategy for you. For further information, please call Cleveland Clinic at 800.223.2273 Ext, 41245 or 216.444.1245 or email correta@ccf.org.
Cleveland Clinic President and CEO Toby Cosgrove, M.D. received the prestigious National Physician of the Year Award for Clinical Excellence from Castle Connolly Medical Ltd., publisher of the America’s Top Doctors guides. Dr. Cosgrove was one of five individuals honored at an awards dinner in New York City’s Pierre Hotel on March 13.

“As a surgeon, I was energized by the privilege of providing patients with the best medical care possible and I enjoyed the challenge of innovating and developing new techniques and surgical tools for the advancement of cardiac surgery,” Dr. Cosgrove said. “I’m truly honored to be receiving this award from Castle Connolly for a career I’ve found to be so fulfilling and rewarding.”

Every year, the publisher’s “Top Doctors” guides profile the nation’s leading physicians following an extensive nomination, research and screening process, which involves soliciting nominations from tens of thousands of doctors across the United States. Physicians receiving the Castle Connolly National Physician of the Year Award were selected in a similar nomination process.

In addition, Dr. Cosgrove and Samuel Miller, co-chairman and treasurer of Forest City Enterprises, were honored April 18, 2007 with Woodrow Wilson Awards for Public Service by the Woodrow Wilson International Center for Scholars of the Smithsonian Institution.

The awards were presented during a dinner at the Inter-Continental Hotel. Dr. Cosgrove was honored for his contributions to medicine, while Mr. Miller was recognized for his corporate accomplishments and dedicated community involvement.

Dr. Cosgrove also is listed as one of the “50 Most Powerful Physician Executives” in the May 7, 2007 edition of Modern Physician magazine. This annual ranking highlights physician-leaders “who are taking multiple approaches toward fixing the nation’s healthcare system.” Others on this year’s list include Julie Gerberding, director of the Centers for Disease Control, and Elias Zerhouni, director of the National Institutes of Health. Modern Physician is a business publication that goes to 24,000 physician executives, leaders and entrepreneurs.

The Cleveland Clinic is merging the expertise of its cancer and kidney failure specialists with those in biomedical engineering in an effort to use nanotechnology to create ways to diagnose and treat patients.

The Cancer NanoMedicine Program and the Innovation Center in Extracorporeal Therapy have been created to handle the new initiatives, says Peter Cavanagh, Ph.D., chairman of Biomedical Engineering in the Lerner Research Institute.

“We realize (nanotechnology) is going to be the next wave in terms of diagnosis and treatment of cancer, and we want to be at the forefront,” Dr. Cavanagh says.

The National Institutes of Health realizes the potential, too, and plans to spend at least $140 million over the next five years on studying the use of nanotechnology for cancer diagnosis and treatment.

In the cancer program, the Clinic hopes to use nanotechnology to deliver chemotherapy only to the cancerous cells in the body. Nanotechnology is very tiny. For example, a human hair measures about 100,000 nanometers in diameter, while a nanoparticle is only 10 nanometers in diameter, Dr. Cavanagh says.

The program will focus on how it can use molecular imaging to see if cancer exists in a certain part of an organ, says Vinod Labhasetwar, Ph.D., who was recruited by Cleveland Clinic from the University of Nebraska Medical Center to be the principal investigator in the Cancer NanoMedicine Program. That information then will be used to deliver drugs to only that part of the body, he says.

In addition, William Fissell IV, M.D., has moved to Cleveland to head up the Innovation Center in Extracorporeal Therapy, which will focus on kidney failure treatment. He joined the Cleveland Clinic staff on March 1. He most recently was an internal medicine physician at the University of Michigan Health System, where he helped lay the groundwork for clinical trials on the bioartificial kidney.

In what Dr. Cavanagh calls “an ambitious” 10-year project, the extracorporeal therapy center hopes to implant in the body a bioartificial kidney, which would use nano membranes to filter waste out of the blood.

Richard Rudick, M.D. has been named vice chairman of Research for the Neurological Institute. Dr. Rudick previously was director of the Mellen Center and chairman of the Division of Clinical Research. He will focus on establishing a collaborative research and development vision for the Neurological Institute, which is chaired by Michael T. Modic, M.D. (GL-1’76, DR’78, NR’79).

C. Martin Harris, M.D., M.B.A., chief information officer and chairman of the Information Technology Division, has been nominated by President Bush to serve as a member on the recently appointed Commission on Care for America’s Returning Wounded Warriors. The commission will examine the quality of health care for soldiers and their families.

“He’ll add an I.T. perspective to the panel,” says White House spokesman Alex Conant.
Aspiring physicians and dentists will receive thousands of dollars in scholarships, thanks to a growing partnership between Health Legacy of Cleveland and Cleveland Clinic, which are working together to provide scholarships and public programming that inspire youth to become physicians and dentists.

Cleveland Clinic recently announced that it is the lead sponsor of the 2008 Health Legacy scholarship, the Cleveland Clinic – Charles R. Drew Excellence Award. Dr. Drew's technique for long-term blood preservation saved many lives during World War II, and he earned worldwide recognition for his achievements, including being the first African-American to be appointed an examiner by the American Board of Surgery.

Alumni interested in learning more about the scholarship may visit HealthLegacyCleveland.org.

William Seitz Jr., M.D., Orthopaedic Surgery, received the “Charles L. Hudson, M.D., Distinguished Service Award,” given by the Academy of Medicine of Cleveland and Northern Ohio. Dr. Seitz also served as President of the American Physicians’ Association of Northern Ohio. Dr. Seitz was a member of the Cleveland Clinic staff (1962–1970) and served as president of the American Medical Association (AMA) in 1966.

Frederick Frost, M.D., Physical Medicine and Rehabilitation, was appointed to the board of directors of the American Spinal Injury Association.

Craig Newman, Ph.D., section head of Audiology and vice chair of the Head and Neck Institute, recently received the Presidential Award from the American Academy of Audiology in recognition of his contribution to the academy and to his profession.

Cleveland Clinic received the 2007 Tubbs-Jones Economic Impact Award. The award, given by Northeast Ohio’s Consortium of African American Organizations (CAAO), honors individuals, businesses and non-profit organizations that have provided economic opportunities to the African American community. It takes into account an organization’s business contracts, business referrals, pro bono work and charitable giving in the African American community.

“We’re honored to be receiving this award as diversity is integral to our success as an organization,” says CEO and President Toby Cosgrove, M.D. “Building an inclusive culture goes a long way toward providing patients with world-class healthcare and being a good community citizen. We’re happy that this award recognizes our efforts.”

U.S. Congresswoman Stephanie Tubbs Jones, D-Cleveland, presented Cleveland Clinic with the Tubbs-Jones Economic Impact Award on May 4.

Dr. Harris, a medical doctor who holds a Wharton MBA, has been at the forefront of the Clinic’s work in using information technology to improve medical care, a subject that drew Bush to the Clinic in early 2005. The spreading use of electronic medical records not only helps care providers but also helps patients better manage their care, Dr. Harris says.

Tommaso Falcone, M.D., has been appointed associate chief of staff in the Office of Professional Staff Affairs. Dr. Falcone currently is the chair of the Department of Obstetrics and Gynecology, interim chair of the Division of Surgery and a member of the Board of Governors. A respected and well-known specialist in his field, Dr. Falcone recently edited and published Clinical Reproductive Medicine and Surgery (Elsevier, 2007).

J. Michael Henderson, M.D., chairman, Quality and Patient Safety Institute, was appointed to serve on the State of Ohio Health Measures Advisory Council, which studies hospital reporting on quality and performance measures on inpatient and outpatient services.

J. Javier Provencio, M.D., associate director of Research in the Heart-Brain Institute, has been inducted as a Fellow of the American College of Critical Care Medicine, part of the Society of Critical Care Medicine.

Monique Giroux, M.D., and Sierra Farris, MPAs, PA-C, Center for Neurological Restoration, have been named the recipients of The American Academy of Physician Assistants’ 2007 Physician-Physician Assistant Partnership Award. The award honors a physician-PA team that exemplifies the unique relationship of trust, collegiality and mutual respect that is essential to the PA profession.

Richard Rudick, M.D., vice chairman of Research for the Neurological Institute; Stanley Hazen, M.D., Ph.D., section head of Preventive Cardiology; and Steven Nissen, M.D., chairman of Cardiovascular Medicine and section head of Clinical Cardiology, were recently elected members of the prestigious Association of American Physicians (AAP). Dr. Rudick also was elected as a Fellow of the American Association for the Advancement of Science (AAAS).

Suneel Apte, MBBS, D. Phil., Biomedical Engineering, was recently elected to the American Society for Clinical Investigation (ASCI). Dr. Apte is the 11th Cleveland Clinic researcher appointed to the society.

Robert Palmer, M.D., section head of Geriatrics, wrote Age Well!, a book recently released by the Cleveland Clinic Press. In a conversational, easy-to-read tone, Dr. Palmer outlines an optimal aging plan for those seeking to preserve their health and the health of their loved ones. For more information or to purchase a copy, visit www.amazon.com.
**NOTE:** All courses are at the spectacular state-of-the-art InterContinental Hotel & Bank of America Conference Center on the Cleveland Clinic campus in Cleveland, OH, unless otherwise noted.

### Calendar

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<th>Month</th>
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<td>August</td>
<td>3-9</td>
<td>Egyptian Spine Review &amp; Hands-On Course</td>
<td>Cairo, Egypt</td>
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<td>14</td>
<td>Cleveland Clinic Peking Union Medical College Hospital Anesthesia Symposium</td>
<td>Beijing International Hotel, China</td>
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<td>18</td>
<td>Pain Management for the Primary Care Physician</td>
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<td>19-23</td>
<td>Eighth Annual Intensive Review of Cardiology</td>
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<td>26-26</td>
<td>Biologic Therapies for Autoimmune and Inflammatory Disease States</td>
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<td>31</td>
<td>Pediatric Board Review</td>
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<td>September</td>
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<td>Leadership Development for Women in Healthcare Professions</td>
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<td>Myelodysplastic Syndrome Summit</td>
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<td>5th Annual Pediatric Neurology Upstate Seminar Executive Caterers at Landerhaven Mayfield Heights, OH</td>
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<td>Perioperative Medicine Summit</td>
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<td>Gastroenterology Update</td>
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<td>Obesity Summit 2007</td>
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<td>October</td>
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<td>Transcatheter Therapy for Structural Cardiovascular Disease</td>
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<td>Diabetic Foot Care: Concepts &amp; Controversies</td>
<td>Hyatt Regency Bonaventure, Fort Lauderdale, FL</td>
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<td>5-7</td>
<td>10th Annual Endocrinology and Metabolism Board Review</td>
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<td>Nephrology Update 2007</td>
<td>Ritz Carlton Cleveland, OH</td>
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<td>Vestibular Update 2007</td>
<td>Vestibular Assessment with Clinical Applications</td>
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<td>35th Annual Dermatopathology Self-Assessment Workshop</td>
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<td>26th Pulitzer Society Meeting</td>
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<td>18-20</td>
<td>21st Century Treatment of Heart Failure: Synchronizing Surgical and Medical Therapies for Better Outcomes</td>
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<td>November</td>
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<td>Breath Analysis Summit</td>
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<td>4th Annual Laparoscopic Colorectal Surgery Course</td>
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<td>28th Annual Turnbull Symposium</td>
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<td>Pulmonary Hypertension Summit</td>
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<td>Survey of Current Issues in Surgical Anesthesia</td>
<td>Ritz-Carlton Golf Resort, Naples, FL</td>
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<td>2nd Annual Post Traumatic Stress Disorder Symposium</td>
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### Alumni Receptions, “Mini Reunions” and other Alumni Events:

The Cleveland Clinic Alumni Association and various department chairmen are pleased to be sponsoring alumni gatherings at the following major national medical meetings and other venues. All local alumni, as well as those attending the meetings, are cordially invited to these Alumni Events with their spouse/companion. Watch your mail for more information, check the Alumni home page at www.clevelandclinic.org/education/alumni or contact the Office of Alumni Relations at 216.444.2487, toll-free, 800.444.3664, fax, 216.445.2730, or via e-mail: alumni@ccf.org

### ALUMNI EVENTS

#### August
- 19: 14th Annual “Welcome to Cleveland” GOODTIME III Cruise

#### September

#### October
- 4-7: Infectious Diseases Society of America San Diego, CA
- 7-11: American College of Surgeons New Orleans, LA
- 14: American College of Gastroenterology Philadelphia Marriott, DT Conference Room 306 Philadelphia, PA
- 13-17: American Society of Anesthesiologists San Francisco, CA

For information on these events as well as an online CME, medical publications and how to register for free e-mail updates, please visit: www.clevelandclinicmeded.com
Cleveland Clinic Unveils New Patient Gown

It ties on the side, covers the bottom and sports a sassy logo. Say hello to Cleveland Clinic’s new patient gown, designed to provide full coverage and comfort for the body while allowing caregivers necessary access for medical care.

Here are a few benefits of the new patient gown:

- A snap near the chest holds the gown closed when caregivers do not need access to this area of the body.
- Color-coded closures help patients distinguish between left and right shoulder snaps, and between inner and outer waist ties.
- A blue gown will be worn by inpatients, while a green gown will be worn by outpatients. Both gowns feature the Cleveland Clinic logo.
- A large pocket contains a slit to aid in the hookup and storage of a telemetry unit, which monitors heart functions.
- A 6-inch slit in back of the gown permits caregivers to listen to their patients’ heartbeats without exposing their entire back.
- The gown’s wraparound design helps patients maintain a sense of privacy and dignity.
- The new gown’s thicker material aids in warmth and coverage.

The new gown was rolled out on Monday, June 11, on units G70/71, and in all, nearly 18,000 new gowns will be introduced in inpatient and outpatient units throughout the main campus as the old gown is phased out.

“Ultimately, we like the gown because the patients like the gown,” says Debbie Brosovich, RN, Nurse Manager of G90/91. “With the new gown, patients feel that their privacy is preserved, their respect is maintained – especially as they move throughout the hospital.”
Kazaburo Hayashi, Ph.D. (RES’78) is a professor at Okayama University of Science School of Engineering, in Okayama, Japan. He also serves as chair of the Department of Biomedical Engineering, director of their Research Institute of Technology and director of the Education Center for Biomedical Science. Additionally, he is professor emeritus from Osaka University in Japan.

James S. Taylor, M.D. (GL’67, D’70) head of the Section of Industrial Dermatology at Cleveland Clinic, has been named president of the Academy of Medicine of Cleveland and Northern Ohio for the 2007-2008 term. Dr. Taylor is also vice president of the American Dermatological Association and vice president-elect of the American Academy of Dermatology.

David A. Bitonte, DO, MBA, MPH (PM’87) earned a Masters in Public Health degree from A.T. Still University. He currently is the medical director for Ohio KePRO, the Medicare Quality Improvement Organization in Ohio.

Joseph R. Calabrese, M.D. (P’84) was honored by an unidentified group of friends and supporters who together donated $1.5 million to create the Bipolar Disorders Research Chair at University Hospitals Case Medical Center, Cleveland, OH, which will be held by Dr. Calabrese until he retires. At the time of his retirement, the chaired position will be named in Dr. Calabrese’s honor. Dr. Calabrese is the director of the Mood Disorders Program at UH and is a professor and co-director of the Bipolar Disorder Research Center at Case Western Reserve University. Dr. Calabrese, who received his medical degree from Ohio State University in 1980, and his wife, Beverly, have five children, Anthony, Martin, Michelle, Joseph and Ariel.

Neal C. Chadwick, M.D. (PULM/D’80), vice president of Medical Affairs of Fairview, Lakewood and Lutheran Hospitals in Cleveland, recently was named the 2007 Physician of the Year at Fairview Hospital’s Physician of the Year Award and Dinner Dance. He is in his 27th year on the medical staff of Fairview Hospital, where he has served in numerous leadership roles.

Bahman Guyuron, M.D. (PL/R’S 80), plastic surgeon at University Hospitals of Cleveland, will head a new Department of Plastic Surgery at Case Western Reserve University School of Medicine. A plastic surgery residency program has been re-established and Dr. Guyuron will work with Case’s hospital affiliates to recruit faculty and will promote advances in plastic surgery research. Dr. Guyuron also is director of the American Board of Plastic Surgery and belongs to nearly 20 professional groups. He is a scientific reviewer for several plastic surgery journals.

S. Teri McGillis, M.D. (DS’89) is now practicing Dermatology in Lancaster, PA. She was on staff at Cleveland Clinic until February 25, 2007.

George E. Tesar, M.D. (IM’80), chairman of the Department of Psychiatry and Psychology at the Cleveland Clinic, has been elected chairman of the Medical Advisory Board of the National Alliance for the Mentally Ill (NAMI) in Greater Cleveland.

Elaine Wyllie, M.D. (N’84, NPHY’85), director of the Cleveland Clinic’s Child Neurology Center, was featured in the article “MRI Reveals New Epilepsy Surgery Candidates” in the February 2007 issue of Clinical Neurology News. She presented the full results of the research at the American Academy of Neurology’s annual meeting in May. Dr. Wyllie’s work also was featured in an issue of Neurology magazine.

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<td>William E. Bingaman, M.D. (NS’96) has been named vice chairman of Clinical Operations for the Cleveland Clinic Neurological Institute by Michael T. Modic, M.D. (GL’76, DR’78, NR’79), chairman of the Neurological Institute. Dr. Bingaman has been instrumental in the formation of the Neurological Institute and has served the Cleveland Clinic as acting vice chairman of the Neurological Institute, vice chairman of the Department of Neurosurgery and head of the Section of Epilepsy Surgery. Dr. Bingaman will focus on continuity of care throughout the Institute to include hospital and outpatient initiatives.</td>
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Lyne F. Carter, M.D., M.P.H. (IM’97), former Cleveland Clinic staff member (Sept. 1997 to July 2001), recently accompanied her father, James Carter, M.D. to the Cleveland Clinic, where staff alumnus Susan J. Rehm, M.D. (IM’81, ID’83), managed to capture a photo of the father and daughter doctors. Certified by the American Board of Internal Medicine, Dr. Lynne Carter is an internist with Wayne State University School of Medicine, head of the institution’s indigent care clinic, serves as a member of the admissions committee and is active as a clinical mentor. Her father, also of Detroit, MI, is retired.

Sangita T. Patel Mehta, M.D. (IM’96) and Sagarika “Rita” Nayak, M.D. (N’91) recently congratulated Cleveland’s WKYC-TV3 weekend anchor Scott Newell, chief guest at Chiraag, the annual benefit dinner of the Association of Indian Physicians of Northern Ohio (AIPNO). Dr. Patel Mehta, an ophthalmologist on Cleveland’s east side, is president–elect of AIPNO and is married to Neil B. Mehta, M.D. (IM’95), current Cleveland Clinic staff member in the Department of Internal Medicine. Dr. Nayak, president of North Coast Neurology, Inc. on Cleveland’s west side, is the president of AIPNO and will be joining the Cleveland Clinic staff this summer.

Paul M. Saluan, M.D. (ORS’98) joined the Orthopaedic staff at Cleveland Clinic, April 1, 2007. After completing a Pediatric Orthopaedic Surgery Fellowship at the Denver Children’s Hospital, he joined the Crystal Clinic in Akron, OH in August 1999.

Mari M. Schenk, M.D. (OR’94, NR’95) and her alumnus husband, Thomas J. Schenk, M.D. (S’91, ORS’96) of Fountain Hills, AZ were listed in the “top docs” issue of Phoenix magazine. Their peers in Radiology and Orthopaedics recognized both alumni. Mari is with Associated Radiologists and Tom is with Arizona Orthopedic and Sports Medicine, both in Mesa, AZ. Michael M. Lew, M.D. (S’90, ORS’94) of Westlake, OH happened to pick up a copy while traveling and happily shared this information.

Hossam H. AbdelSalam, M.D. (CHN’06) has joined the faculty at Southern Illinois University School of Medicine as an assistant professor in Neurology, specializing in pediatric neurology. He will be affiliated with St. John’s Children’s Hospital in Springfield, IL. A native of Egypt, he earned his medical degree from Cairo University Pediatric Hospital. Dr. AbdelSalam is board-certified by the American Board of Pediatrics and is a member of the American Academy of Pediatrics and the American Academy of Neurology. His interests are in treating children with headaches, epilepsy and neuron-metabolic disorders including mitochondrial disorders. He received the lectureship award from the National Headache Foundation in 2004 for the best paper in the field of persistent headaches. He and his wife, Ghada AbdelHamid, have three children.

Monish Aron, M.D. (RES/U/L’S’05, U/L’S’06), Georges-Pascal Haber, M.D., Troy Gianduzzo, M.D., Mihir M. Desai, M.D. (RES/U’01, U/L’S’04), and Inderbir S. Gill, M.D. (RES’90, U/RT’91), section head of the Transplant Center in the Cleveland Clinic Urological and Kidney Institute, won first place for their video at the American Urological Association’s annual meeting.

Roy F. Chemaly, M.D., M.P.H. (ID’01, MB’02), director of the Infection Control Section, director of Clinical Virology and Assistant Professor of Medicine at the University of Texas M.D. Anderson Cancer Center, Houston, TX, published a brief report in the April 1 issue of *Clinical Infectious Diseases*, “Neuraminidase Inhibitors Improve Outcome of Patients with Leukemia and Influenza: an Observational Study.” Dr. Chemaly told Reuters Health, “I think all immunocompromised patients or patients with co-morbidities (including elderly) should be treated with neuraminidase inhibitors if they are diagnosed with influenza.”

Mihir M. Desai, M.D. (RES/U’01, U/L’S’04) See Monish Aron, above.

Mehmet U. Ergenoglu, M.D. (CARD/S’02) sent a note to the Alumni Relations Office indicating his new appointment and requesting assurance that he will continue to receive the Cleveland Clinic Alumni Connection. I really enjoyed receiving it during my training and don’t want to lose my connection with CCF. Dr. Ergenoglu is now with the Department of Cardiovascular Surgery at Yeditepe University Hospital in Istanbul, Turkey.

J. Emilio Exaire, M.D. (CARDIN’04), interventional cardiologist, is now an assistant professor in the Cardiology Section at Oklahoma University Health Sciences Center in Oklahoma City, OK.

L. Alexandre Frigini, M.D. (ABI’02) joined Baylor Radiology Associates, Baylor College of Medicine in Houston TX as assistant professor in October 2006. He writes, “It is a busy practice combining...
academic and private practice radiology, although I spend most of the time at the University General Hospital, I also staff at the Baylor Clinic, Foundation Surgical Hospital, Pasadena Patients Medical Center and Ben Taub General Hospital.” Dr. Frigini was previously a clinical assistant professor with the Michael E. DeBakey VA Medical Center in Houston. He recently vacationed in Egypt.

Christopher T. Hogg, D.O. (AR’06) and his wife, Margaret, are happy to announce the birth of their first child, Daniel Jack Joseph Hogg, born on June 3, 2007. Daniel’s two middle names are in honor of each of his grandfathers. The family will be moving to Charleston, IL, where Dr. Hogg will be employed by Sarah Bush Lincoln Health Center in nearby Mattoon, IL, effective September 1, 2007.

Jeffrey Huang, MD (PM’01), chief of Pain Physicians of Greater Orlando (FL) was recently featured on WFTV in Orlando for changing a patient’s life by applying spinal cord stimulation (SCS) technique. The story was broadcast on the local ABC News affiliate in February 2007. The patient suffered CRPS (Chronic Regional Pain Syndrome) for 17 years and searched out 143 doctors in 6 different states, having 28 surgeries and spending 17 years in a wheelchair. Dr. Huang and orthopedic surgeon Grady McBride, M.D., applied spinal cord stimulation that finally made her pain free. She now can walk, play and laugh. The web exclusive story and video, “Woman Walks after 17 years in Wheelchair,” can be accessed at: www.wftv.com/health/11073608/detail.html?taf=orc

Taranum S. Khan, M.D. (RES/F’99, NEUR/F’04) joined Cleveland Clinic Florida’s Department of Neurology, where she will specialize in Parkinson’s disease, movement disorders, and gait disorders in Weston, FL.

Rowena B. Mariano, M.D. (SMF’04, PM’05) has joined Cary Orthopaedic Spine Specialists in Cary, NC, specializing in physiatry and interventional spine/pain management.

Barbara Messinger-Rapport, M.D., Ph.D. (GERM’05), director of the Geriatric Fellowship Program at Cleveland Clinic, recently participated in the American Medical Directors Association’s (AMDA) annual conference by leading an intensive course, writing session and year-in-review session. She also was appointed to serve on the Education Committee of the AMDA.

Sherif Saadeh, M.D. (IM’99, GEHP’01) has moved back to his native land of Jordan after an “11-year journey in the United States, starting with internship and residency and then a Hepatology fellowship at Cleveland Clinic, followed by a Gastroenterology fellowship at Case Western Reserve University.” He previously served as a Hepatologist and Gastroenterologist at Baylor University Medical Center in Dallas TX. He proudly adds that, “The training and experience I received in the United States in these prestigious institutions will definitely help me establish my career in my home country, Jordan.”

Nabeel I. Sarwani, M.D. (ABI’05) is an associate professor of Radiology at the Pennsylvania State University Milton S. Hershey Medical Center in Hershey, PA. He and his wife, Amal, have two children, Noor and Nawaf.

Michael S. Lauer, M.D. left Cleveland Clinic to join the National Heart, Lung, and Blood Institute (NHLBI) as director of the Division of Prevention and Population Sciences to provide leadership for the Institute’s national program for population- and clinic-based research on the causes, prevention, and clinical care of cardiovascular, lung, and blood diseases, effective July 1, 2007. Dr. Lauer, who began his Cleveland Clinic career in Aug 1993, was director of the Cleveland Clinic Exercise Laboratory, vice chair of the Institutional Review Board, and a contributing editor of the Journal of the American Medical Association. He has served as co-director of the Coronary Intensive Care Unit and director of Clinical Research in the Department of Cardiology. Dr. Lauer also was a professor of Medicine, Epidemiology and Biostatistics at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University (CCLCM) and has been applauded for his numerous contributions to the school including his important role in designing and implementing the CCLCM clinical research curriculum as the director of the Clinical Research Block during the year two summer; working on the CCLCM Admissions Committee helping develop selection criteria; and serving a group of students as their Physician Advisor. In addition to teaching Epidemiology for CCLCM, he taught a clinical epidemiology course for fellows and staff.

Una Lee, M.D., Urology fellow, received second place for the Resident Research Presentations at the 2007 Ohio Urological Social Meeting. She also won a travel award to the Society for Urodynamics and Female Urology and best poster award for two of her presented abstracts.

Alexandra Kovach, Cleveland Clinic Lerner College of Medicine, has accepted a one-year position at the National Institutes of Health working on a project involving follicular lymphoma.

Seetharam Chadaalavada, Cleveland Clinic Lerner College of Medicine, had his application accepted to this year’s Meeting of Nobel Laureates in July 2007.
Cleveland Clinic Couple Celebrates 50th Anniversary

Walter E. Laude, M.D. (AN’57) and Isabella Laude, Ph.D., were honored on their golden wedding anniversary by their children with a weekend at the Ritz-Carlton Hotel on Sarasota Bay, FL. The festivities began on May 11 with a tour of the Marie Selby Botanical Gardens and a welcome party that evening in the family suite at the Ritz-Carlton with their children and grandson.

On May 12, they were feted in a celebration at St. Martha Catholic Church. Rev. Fausto Stampiglia, S.A.C., bestowed a nuptial blessing upon the couple, who then renewed their marriage vows. Dr. Isabella carried a replica of her wedding bouquet—lilies of the valley, white roses and orchids—which she carried on May 11, 1957 at their wedding in Euclid, OH. Preceding the ceremonies, the couple’s pianist/organist daughter Maria Elena Laude, performed their favorite hymns and classical music in a mini-concert. Following the religious event, a family gourmet dinner was held at the Ritz.

Drs. Walter and Isabella began their careers at Cleveland Clinic. Dr. Walter was chief resident in Anesthesiology and on the anesthesia team for the first open heart surgery performed at the Clinic in the early 1950s. Dr. Isabella was on the supervisory nursing staff, where she organized the first intensive care units for patients having open heart surgery, a novel concept in the 1950s. She wrote several procedure manuals on organizing recovery rooms and intensive care units, and was a frequent lecturer on the subject. She is cited as a pioneer in the Cleveland Clinic’s history of nursing services, Without Whose Aid. Both doctors are Cleveland Clinic alumni laureates and members of the Pyramid Society.

The Laude family left Cleveland for Richmond, VA. Dr. Walter was on the staffs of Richmond Memorial Hospital, Grace Hospital and St. Mary’s. As a founding member of the Catholic Physician’s Guild, he and his fellow physicians were successful in bringing the first Catholic hospital to Richmond. He became chief of anesthesia and with his colleagues, introduced epidural anesthesia for obstetrical deliveries to Richmond. He is an honorary life member of the Richmond Academy of Medicine, Medical Society of Virginia and Southern Medical Association.

The family moved to Lake Wales, FL in 1972, when Dr. Walter Laude became the first anesthesiologist on the medical staff of Lake Wales Hospital. He organized the first Anesthesia Department and first Ambulatory Surgery Unit. He brought epidural anesthesia for obstetrical deliveries to Lake Wales. He became president of the medical staff and a member of the hospital’s board of trustees.

He also served on the medical staffs of Morrow Memorial Hospital in Auburndale and Heart of Florida Hospital in Haines City. He was an active member of the Polk County Medical Society and the Florida Medical Association, but is now a retired member. He and Isabella organized the first Health-O-Rama in Lake Wales in honor of Lake Wales Hospital’s 15th anniversary.

Dr. Isabella was executive director of a professional association and owner/manager of the Seminole Hotel. The couple became involved in numerous area activities and were founding members and on the board of the Lake Wales Arts Council for many years. Dr. Isabella is a past president of AAUW, Lake Wales Music Club, Florida Federation of Music Clubs, Lake Wales Sector of the American Red Cross, Richmond Academy of Medicine Alliance, and Polk County Medical Association Alliance. She has served on the boards of Lake Wales Woman’s Club, Babson Park Woman’s Club, Audubon Society, Lake Wales Chamber of Commerce, Winter Haven Chapter of the American Red Cross, National Federation of Music Clubs, Southern Medical Association Alliance, and American Medical Association Alliance. She conducted a survey for AAUW that resulted in the founding of the Lake Wales Little Theatre, and served on its board. As a Red Cross volunteer, she began a program of blood pressure screening at Lake Wales Hospital, Webber International University and Warner Southern University. She also conducted the first babysitting courses for Red Cross in Polk County at various locations and at Lake Wales Hospital. She is the author of A Babysitting Manual used by Red Cross and a booklet, Enjoying the Road to Fatherhood, used by Red Cross for fathers in classes on baby care. She was editor and featured writer of Music Clubs Magazine for twelve years.
Howard Hughes Medical Institute (HHMI) Research Training Fellowships

Six Cleveland Clinic Lerner College of Medicine students were awarded the prestigious Howard Hughes Medical Institute (HHMI) Research Training Fellowships for Medical Students to pursue a year of research studies while in medical school. These six students were among 69 medical students nationwide who received HHMI Research Training Fellowships for Medical Students. The Institute chose the recipients from a pool of 210 applicants interested in pursuing a year of research during medical school.

“There is tremendous competition for these coveted research awards and our students did fabulously,” says Andrew J. Fishleder, M.D. (GL-1’79, LMED’82), chairman of the Division of Education. “This is an outstanding accomplishment for each of these students and for the entire Cleveland Clinic Lerner College of Medicine. We are proud that so many of our students were able to successfully compete for national research fellowships this year.”

HHMI is a nonprofit medical research organization that employs hundreds of leading biomedical scientists working at the forefront of their fields. In addition, through its grants program and other activities, HHMI is helping to enhance science education at all levels and maintain the vigor of biomedical science worldwide. The Sarnoff Cardiovascular Research Foundation is focused on providing research opportunities for young investigators with preeminent cardiovascular scientists. Recipients and their projects are:

Amir Durrani (Class of 2009), will extend his work with Mark S. Penn, M.D., Ph.D. (RES/BV’93, RES/CE’97, CARD’00), cardiologist and director of the Bakken Heart-Brain Institute at Cleveland Clinic, to investigate cell receptor up-regulation and its relationship to stem cell honing in heart, brain and kidney tissue in response to obstructed blood flow.

Robert Koeth (Class of 2009), will extend his research with Stan Hazen, M.D., Ph.D., section head of Preventive Cardiology, to examine the effects of carbamylation of HDL (good cholesterol) on the atherosclerotic process and cardiovascular disease risk and severity.

Sheela Toprani (Class of 2009), will work with Dominique Durand, Ph.D., and Imad M. Najm, M.D. (N’96, NPHY’97), director of Cleveland Clinic’s Epilepsy Center, to study the mechanisms of low frequency electrical stimulation of mesial temporal lobe epilepsy.

Shoshana Weiner (Class of 2010), will extend her work with Cleveland Clinic urologist Eric A. Klein, M.D. (U’86), characterizing the role of Xenotropic MLV related virus (XMRV) in the development of prostate cancer.

Robert Wirka (Class of 2010) will extend his summer research project on the genetics of atrial fibrillation to characterize the effect of somatic connexin-40 mutations in atrial tissue taken from atrial fibrillation patients.

Patricia Scripko (Class of 2010) was awarded both the HHMI Award as well as the Research Fellowship from the Sarnoff Cardiovascular Research Foundation. She decided to accept the Sarnoff Award and plans to work with David Scadden, M.D., at Massachusetts General Hospital on the differentiation of cardiac myocytes from human and mouse embryonic stem cells.

The Cleveland Clinic Lerner College of Medicine program is designed to train physician investigators. Graduates will earn a medical degree (M.D.) with Special Qualification in Biomedical Research.

To learn how you can help support these and other CCLCM deserving students, contact Alumni Relations at alumni@ccf.org.

In Memoriam

Dudley Stuart Dinner, M.D. (EEGMG’80), age 60, staff member in the Cleveland Clinic Epilepsy Center, drowned accidentally in his swimming pool in Pepper Pike, OH on May 1, 2007, an unseasonably warm spring day with temperatures reaching 80 degrees. Dr. Dinner, who celebrated his 60th birthday on April 17th, received his medical degree from Witwatersrand University in South Africa in 1965. He joined Cleveland Clinic as a fellow in the Section of Epilepsy and Sleep Disorders in July 1979. His outstanding performance as a fellow led to a staff appointment in the Department of Neurology.

Dr. Dinner was one of the driving forces behind the development of the Cleveland Clinic Epilepsy Center, now widely regarded as an international and national leader in the field of Epilepsy Management. He did extensive research and was known for his contributions to the field of Epilepsy Surgery. As an educator at the national level, he served as both course organizer and professor for many conferences of the American Clinical Neurophysiology Society, American Epilepsy Society and Associated Professional Sleep Societies.

He is survived by his wife, Maureen; children Deborah and Mark; sister Shirley (Boris) Greenberg and brother Melvyn (Wendy) Dinner, M.D. (PL/RS’77).

Contributions may be sent to The Epilepsy Foundation, 2831 Prospect Ave. E., Cleveland, OH 44115.

Laurence Knight Groves, M.D. (S’52, TS’53), age 84, a member of the Cleveland Clinic’s Department of Thoracic Surgery from July 1, 1953 until his retirement on Oct. 1, 1983, passed away on March 26, 2007 after a long illness. Born May
31, 1922, Dr. Groves graduated from the Milton Academy college preparatory school in Massachusetts in 1940. He earned a bachelor’s degree from Harvard University in 1944 and a medical degree from Harvard Medical School in 1946. He interned at Massachusetts General Hospital and served as a lieutenant in the U.S. Navy Medical Corps from 1947–1949 before completing his surgical residency at the Cleveland Clinic in 1953.

Dr. Groves and Donald Effler, M.D., deceased, were among the first surgeons in the world to stop a human heart long enough to perform surgery. In 1956, the pair stopped and restarted the heart of a 17-month-old with the aid of a heart-lung machine to repair a congenital hole in the child’s heart. The procedure began a series of these operations, which made them practical and led to their becoming widespread.

Just as significant was Dr. Groves’ role as a pioneer in other cardiac surgery techniques.

During his retirement, Dr. Groves enjoyed traveling with his wife, Mary, and woodworking. He created large pieces of furniture for his and his daughters’ homes. When he “ran out of rooms” in which to place the furniture, he turned to carving wooden bowls from exotic woods. His later work received considerable acclaim and was featured in a number of art shows. He also volunteered at the Holden Arboretum in Kirtland, where he helped to maintain the Cleveland Clinic’s historic first heart transplant operation in 1968.

Just this past February, the Alumni Relations office received a call from a woman who indicated she was one of Dr. Groves’ first heart surgery patients about 50 years ago. She wanted to thank her surgeon for her long years of life. We were pleased to pass this message onto Dr. Groves via his wife. Dr. Groves is survived by his wife, Mary C. Groves (nee Carlile); three daughters, Sarah, Pamela and Emily Groves (Frank) Yawinski; 3 grandchildren; and a brother.

Memorial gifts in Dr. Grove’s name may be made to the Cleveland Clinic Heart Institute, POB 931517, Cleveland, OH 44101; the Holden Arboretum, 9500 Sperry Rd., Kirtland, OH 44094 or the Cleveland Clinic Heart Institute, POB 931517, Cleveland, OH 44106.

Dr. King was a fellow of the American College of Cardiology and the American College of Physicians as well as a member of the American Medical Association, American College of Nuclear Cardiology, American College of Echocardiography, Naples Sunset Rotary, Knights of Columbus and Veritas Lodge No. 396. Dr. King is survived by his wife, Dorothy S. King and three children: Dr. Stella King (Bradley) Turner of Gainesville, FL; Crystal and Kwame King, both of St. Petersburg; and two sisters, Dr. Marilyn King-Rankine and Dawne King, Esq., both of Ft. Worth, TX. He was preceded in death by a sister, Vesta King-Wagner.

John G. Krupski, M.D. (OPH’57), age 87, died at his home in Avon Lake, OH on Nov. 15, 2006, of gastric cancer. Dr. Krupski was born Sept. 3, 1919 in Lorain, OH, the sixth and last child of Russian immigrant parents. He enlisted in the Navy during World War II and became a fighter pilot, serving on the carriers Enterprise and Yorktown. While in the Navy, he also attended Yale University and Cornell University where he was awarded a bachelor’s degree in Mechanical Engineering. He also held an undergraduate degree in Mechanical Engineering from Ohio State University.

Following his military service, he was employed in the Engineering Department of Standard Oil of Cleveland. During this time, he was accepted
into the medical college at Ohio State University, receiving his medical degree in 1951. He interned at St. Vincent Charity Hospital, Cleveland, OH and practiced General Medicine for 3 years in Lorain. He was accepted into the Cleveland Clinic’s Ophthalmology residency program in September 1956, and after one year transferred to Cincinnati General Hospital to complete his residency. He served as chief resident there. He qualified as a Fellow Diplomat of the American Board of Ophthalmology and practiced in Lorain, OH until his retirement in 1985. Dr. Krupski is survived by his wife of 29 years, Linda (nee Burgoyne); two daughters, Lynette Grant (Lorain, OH) and Jennifer Weaver (NC); a son, Brian (FL); and four grandchildren. Son John Paul preceded him in death. Memorials may be forwarded to the Lake Shore United Methodist Church, where Dr. Krupski was a member, 33119 Electric Blvd., Avon Lake, OH 44012.

Bruce Allen Sebek, M.D. (GL-1’67, IM’78, LMed’75), age 67, of Shaker Heights, OH, died on Thursday, May 1, 2007 after a long battle with prostate cancer. A Nebraska native, born Dec. 20, 1939, Dr. Sebek completed his undergraduate studies and received his medical degree from the University of Nebraska in 1966. He joined Cleveland Clinic in 1966 as a Straight Medical Intern. In 1967, he was called to duty and served his country as a Lieutenant Commander in the United States Navy Medical Corps, Headquarters Battalion, 5th Marine Division, Camp Pendleton, CA. He returned to the Cleveland Clinic in 1969, completing residencies in Internal Medicine and Anatomic/Clinical Pathology. He then spent a year at the Cuyahoga County Coroner’s Office in a Forensic Pathology residency. Dr. Sebek was appointed to the Cleveland Clinic medical staff in 1975, serving until his retirement on Dec. 31, 2006. Throughout his career, he has held numerous teaching and administrative positions at the Cleveland Clinic, Case Western Reserve University and in local, state and national pathology organizations. He is a former member of the Board of Trustees of Cleveland Clinic. In May 2006, Dr. Sebek was awarded the John Beach Hazard Teaching Award, which is given annually by the residents in the Division of Pathology and Laboratory Medicine to the staff member who demonstrates both a commitment to and excellence in teaching. Although widely known for his expertise in breast and ENT pathology, Dr. Sebek was considered by his colleagues to be one of the most respected and knowledgeable general surgical pathologists in the country. Dr. Sebek was also noted for his unmistakable laugh and sense of humor. When not looking through a microscope, he was an enthusiastic antique and historical memorabilia collector along with his wife, Peggy.

John R. Goldblum, M.D., chairman of Anatomic Pathology, wrote alumni saying, “As a colleague of his since 1993, I can honestly say that I have not worked with a better all-around surgical pathologist than Dr. Sebek. More importantly, he was an outstanding individual who contributed his talents in so many different ways, not only to this institution, but also to his family, friends and community.”

He is survived by his wife, Peggy (nee Mize) Sebek; daughters, Victoria L. and Stephanie A.; stepchildren, Tristan, Debra, Darrell and Daniel Henderson; four grandchildren, Benjamin Williamson, Chandra Henderson, Robert Owens and Samuel Henderson; and brother Robert (Wilber, NE).

Memorial gifts are suggested to the Community Lunch Program of The Church of the Good Shepherd, 23599 Cedar Rd., Lyndhurst, OH 44124.

William T. Sirridge M.D. (GL-1’45, IM’48), age 86, of Kansas City, MO, died peacefully in the presence of family at Kansas City Hospice House on April 14, 2007.

Born and raised in Kansas City, KS, he graduated from St. Louis University after attending St. Joseph’s Military Academy in Hays, KS. He then received his medical degree from the University of Kansas School of Medicine in 1944. He returned to Kansas City, KS, to open his medical practice after completing his Internal Medicine residency at Cleveland Clinic. He later served as a captain in the Medical Corps of the United State Army at Ft. Riley from 1953-1955. Dr. Sirridge was on the clinical faculty of the KU School of Medicine and served as president of the medical staff at Providence Hospital. For many years, he gave annual physicals to young athletes at Blessed Sacrament Grade School.

Dr. Sirridge left private practice in 1971 to join the faculty of the newly established University of Missouri-Kansas City School of Medicine. He and his wife, Marjorie S. Sirridge, M.D. (IM’46) were among the group of founding Docents at the school. Dr. Sirridge served the medical school for 30 years in various capacities, working closely with many medical students on his Green Unit...
Dr. Sirridge was a past member of numerous national, state and local medical societies including the Metropolitan Medical Society, the Southwest Clinical Society and the American Board of Internal Medicine, of which he was a fellow. On many occasions during his distinguished medical career, he was honored for his dedication to patient care and medical education. Earlier this year, both Dr. Sirridges received the Vision to Action Award from the Center for Practical Bioethics for their lifelong commitment to preserving and modeling the traditional values of medicine.

Not a sentimental man or one who ever sought the limelight, Dr. Sirridge simply found his calling as a doctor and gave the best of himself to the profession and to the patients and students who walked through his door.

He leaves behind his wife and medical partner, Dr. Marjorie Sirridge; his daughter Dr. Mary Sirridge and her husband Dr. Eric Mack of Baton Rouge, LA; a son Dr. Stephen Sirridge and his wife Linda of Overland Park; a son Patrick of Prairie Village, KS; and a son Christopher F. Sirridge, M.D. (GL-179, IM’81) and his wife Lisa of Olathe, KS; Judy Joss of Mission Hills and Sharon Sirridge of Liberty; and ten grandchildren. The family suggests contributions to the Sirridge Office of Medical Humanities at the University of Missouri-Kansas City School of Medicine or to a medical charity of your choice.

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**Can We Reach You?**

While the Office of Alumni Relations has no intention of bombarding your e-mail in-box with needless messages, there are times we need to reach you more urgently than our Alumni Connection magazine allows. With that in mind, we’d ask that you do two things to facilitate our communication with you:

- Please make sure that we have any and all of your e-mail address information correct. Simply e-mail your current information to us at alumni@ccf.org
- To ensure that you can receive our infrequent e-mails, please add alumni@ccf.org to your address book, spam filter “white list,” or tell your group’s information technology personnel to allow this address to pass through your filtering software.

Please also visit the Cleveland Clinic's home page at www.clevelandclinic.org to find a wealth of information on all things Cleveland Clinic.

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**Please Keep in Contact**

Cleveland Clinic Alumni Relations wants to stay on top of significant changes in your life. Have you moved? Taken on a teaching position? Received an academic promotion or professional recognition of some sort? Decided to retire? Have an interesting hobby or avocation you’d like to share? Your former Cleveland Clinic colleagues really want to know what you are up to. Please take a few moments to complete this coupon so that we can keep them informed via “Contacts” (page 20 of this issue).

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New Photo Book Offers Sneak Peak into Cleveland Clinic

Two well-known photographers were recently commissioned to visit Cleveland Clinic’s main campus and produce images of the buildings and people. Their stunning photographs have resulted in the recently released photo book Cleveland Clinic: Two Views.

“This project reinforces the perception of Cleveland Clinic as a great medical center, with advanced facilities and compassionate personnel,” says James Blazar, Chief Marketing and Communications Officer, who supervised the project. “It will have a strong, positive impact on donors, physician recruits, our international community, and patients, families and friends.” Alumni will appreciate this unprecedented current look at the place where they worked with dedicated professionals and honed their own medical skills.

The photographers, Larry Fink and Andrew Moore, visited the campus over the course of several seasons. Fink focused on Cleveland Clinic patients and employees, shooting stark black-and-white photos, while Moore produced large-size color images of our campus buildings and interiors. With the blessing of President and CEO Toby Cosgrove, M.D., the photographers had the run of the campus. They roved from rooftop to basement, from operating rooms to laundry rooms. The photographs in Two Views capture Cleveland Clinic doctors, nurses, employees and patients, and the daily drama of medical care. The book brings out the architectural strengths of our campus, revealing our buildings in many lights and different angles.

A select group of photographs from the book Cleveland Clinic: Two Views will be the subject of an art exhibit curated by the Art Program. The exhibit will run May 16 through August 20 in the Hospital Lobby on the main campus. Order your copy today at www.Amazon.com.