CME and Showtime in Las Vegas

AN ALUMNI REUNION EVENT!

Hot Topics in Healthcare

September 24–25, 2010

All Cleveland Clinic alumni are invited to attend the first Cleveland Clinic Alumni Reunion west of the Mississippi!

This event will be held Sept. 24 to 25, 2010, immediately following Cleveland Clinic’s Heart-Brain Summit 2010 in Las Vegas on Sept. 23 to 24, and includes:

Distinguished Alumnus Award Goes to Messenger of Dietary Health

Caldwell B. Esselstyn Jr., MD, FACS (GL-1’62, S’66), has an important message for America: The modern Western diet is clogging your arteries and giving you diabetes, dementia, gallstones, strokes and more.

Dr. Esselstyn, who was a Chief Resident in 1965-66 and on staff from 1969 until his retirement in 2000, now devotes his life to teaching patients a better way to live through his job as Director of Cardiovascular Disease Prevention and Reversal at Cleveland Clinic’s Wellness Institute, and through his books and public appearances.

His passion and commitment to patient health led the Cleveland Clinic Alumni Association to present him with its prestigious Distinguished Alumnus Award in the fall of 2009.

“It was a very exciting evening for me,” Dr. Esselstyn says. “I was very flattered to be chosen. I owe Cleveland Clinic a great deal for educating me and giving me the passion and curiosity about illness and letting me work with great leaders in medicine.”

He notes that his whole family attended the event, including his wife, Ann Crile Esselstyn, daughter of George “Barney” Crile Jr., MD (S’37), whose father, George W. Crile, Sr., MD, was among Cleveland Clinic’s founders. They have four children, including son Rip, who is known for his own recent book of healthful eating advice, *The Engine 2 Diet*, as well as sons Ted and Zeb, and daughter, Jane. He has eight grandchildren who all follow Dr. Esselstyn’s advice to adhere to a plant-based diet.

The plaque given to Dr. Esselstyn, 76, by the Alumni Association calls him “an esteemed surgeon, researcher, teacher, author, administrator and member of the Cleveland Clinic family” who has been an expert clinician, surgical innovator and...
• A fabulous Alumni Reunion Soiree: Join us early on Friday, Sept. 24.
• CME lectures: A half-day of diverse presentations offered on Saturday.
• Lunch with keynote speaker: Featuring health guru Michael Roizen, MD, Chairman, Cleveland Clinic Wellness Institute.
• Learn about the new Lou Ruvo Center for Brain Health: Featuring Director Randolph Schiffer, MD, and “show-time” tours of the exciting new facility.

Mark your calendars now to join us. Come for CME – Stay for some fun!

This activity has been approved for AMA PRA Category 1 Credit™

For information, contact Marilyn Bryce McCoy, Associate Director, Alumni Relations, at 216.444.2487 or 800.444.3664 or alumni@ccf.org.

Visit www.ccfcme.org/AlumniReunionNevada2010 for more details and updates.

Distinguished Alumnus Award

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mentor to generations of residents and fellows. “Dr. Esselstyn continues to serve humanity through pioneering nutrition research and advocacy of a cardioprotective diet and lifestyle,” it states.

“In retirement, Essie has not sat around doing crossword puzzles or playing golf, but has taken up the challenge of treating and correcting cardiovascular disease by low-fat dietary treatment. And he has shown that you can reverse coronary artery disease by diet therapy,” former colleague Robert Hermann, MD, said in a speech at the event.

A specialist in breast and endocrine surgery, Dr. Esselstyn developed new techniques and procedures to improve patient outcomes and efficiency. He combined the local excision of small breast cancer with specialized radiation, helped develop immediate breast reconstruction techniques and pioneered early hospital discharge for mastectomy patients.

Dr. Esselstyn graduated from Yale University and earned his medical degree at Case Western Reserve University in Cleveland, training in general and vascular surgery at Cleveland Clinic and at St. George’s Hospital in London. He served as a U.S. Army surgeon in Vietnam in 1968 and earned the Bronze Star. Pulling the No. 6 oar as a member of the victorious United States eight-oared rowing team, he was awarded a gold medal at the Olympic Games in Melbourne, Australia, in 1956.

Dr. Esselstyn joined the staff of Cleveland Clinic in 1969 and headed the Section of Thyroid and Parathyroid Surgery. As chair of the Breast Cancer Task Force, he helped establish Cleveland Clinic’s multidisciplinary approach to breast cancer treatment. He served as President of the Staff from 1977 to 1978 and was a member of the Board of Governors from 1979 to 1983.

He says he is most passionate about his advocacy of a plant-based diet to avoid numerous diseases. He worked closely with his wife to develop and test the recipes in his book Prevent and Reverse Heart Disease, a non-interventional approach to the treatment of coronary atherosclerosis.

“I see Washington debating health insurance today, but the real epicenter of health revolution will occur when the medical profession re-establishes its reverence for humanity to show patients that they don’t have to have the chronic diseases that are overwhelming our healthcare system,” he says.

“Heart disease is nothing more than a toothless paper tiger that doesn’t need to exist or at least ever progress,” he adds.
He recalls that he was pleased to be part of the Cleveland Clinic Breast Cancer Task Force that spearheaded the demise of the radical mastectomy to treat breast cancer, but left women disfigured and in pain. In contrast, treatments today are much less invasive but just as effective.

“History offers us an analogy here,” he says. “Today’s treatments for heart disease – pills, stents and bypass surgeries – do not come close to addressing the real problem.”

Because he believes that the task of fully educating patients about the effects of a poor diet is too complex to fall entirely on primary care doctors, he offers five-hour seminars at the Cleveland Clinic Wellness Institute that provide intensive counseling sessions to patients with heart disease and related problems. Spouses are a crucial part of the event, and the attendees encourage and help one another along, Dr. Esselstyn says.

He tells patients to skip processed foods, dairy products, oil, meat, fish and chicken, which he says destroy endothelial cells in blood vessels, inhibiting nitric oxide production. Nitric oxide is key to keeping vessels dilated, elastic and smooth, and above all, inhibits plaque formation and contributes to disease reversal, he says.

“When we focus on treating heart disease through better nutrition, many other conditions disappear too, such as high blood pressure, obesity and diabetes. This is incredibly powerful information.”

Following his plan is much easier than the continual symptomatic treatment of cardiovascular disease, he notes.

“Patients enjoy eating steak but not more than getting stents or having erectile dysfunction,” he says. “After attending our seminar, most people really ‘get’ it. Cleveland Clinic has a tremendous interest in cardiovascular care, and I am hoping that we can truly be the epicenter for real change.”

Learn more about Dr. Esselstyn’s work at http://www.heartattackproof.com/.

The Cleveland Clinic Alumni Association also recognized two future alumni at the Alumni Board of Directors Dinner and Awards Banquet on Oct. 2, 2009. They are:

The Alumni Association Graduate Level One Award, first given in 1987, demonstrates the association’s belief in and recognition of excellence in Cleveland Clinic physicians in training. The recipient is selected from nominations by House Staff, Cleveland Clinic teachers and mentors based on clinical experience/knowledge; interpersonal communication skills; character; and unique accomplishments. This year’s winner was Michael L. Kelly, MD, Neurosurgery, pictured above with Lilian Gonsalves, MD.

The William & Roxanna Michener Award for the Development of Leadership is given to an individual who possesses attributes that exemplify and embody true leadership qualities. The recipient must demonstrate a commitment to learning superior communication abilities and a mastery of medical skills. He or she must embody the courage, integrity and compassion that represent the highest ideals of clinical medicine. The cash award is to be used to assist in community volunteerism and/or global relief work. This year’s winner was Joyce K. Lee, MD (N’09, Fellow, Sleep Medicine), pictured below with Lilian Gonsalves, MD.
Gift from Dr. Janet Bay Helps Start Scholarship Fund Honoring Dr. Donald Dohn

Cleveland Clinic alumna Janet Bay, MD (NS'80), has made a major gift to help establish the Dr. Don Dohn Endowed Scholarship Fund in Neurosurgery at the Cleveland Clinic Lerner College of Medicine (CCLCM). This is the first endowed fund gift from an Alumni Board member, and it honors a fellow Cleveland Clinic alumnus and former staff member.

“During my six years of excellent training at Cleveland Clinic, the one physician who stands out as being the most instrumental in my neurosurgical career is Dr. Don Dohn,” says Dr. Bay, who also sent a personal letter to her colleagues seeking their support for the fund. “He is responsible for my success in neurosurgery – not only mine, but a lot of my fellow trainees. Many times during my 30 years as a practicing neurosurgeon, when confronted by a difficult case, I have asked myself, ‘What would Don do?’ ”

Dr. Dohn, now retired and living in Point Clear, Ala., trained at Cleveland Clinic for four years and was Chief Resident before becoming a staff physician in 1958. His 28-year career included serving as Cleveland Clinic’s Chairman of Neurological Surgery before he retired in 1981. After his retirement, he was rehired to help establish Cleveland Clinic in Florida in 1988, where he was a staff member until retiring again on Dec. 31, 1990.

Dr. Bay praises Dr. Dohn’s sense of humor, humility, dedication to patient care and commitment to medical education. “We were fortunate to have trained under him, and he remains a great mentor to all of us today. I cannot think of a more perfect person to inspire outstanding medical students who are interested in a neurosurgical career,” she says.

After seven years at Cleveland Clinic, where she headed the Section of Neuro-oncology and was Assistant Director of the Office of Professional Staff Affairs, Dr. Bay left in 1987 for private practice in Columbus, Ohio. She also is a staff neurosurgeon and past President of the medical staff at Riverside Methodist Hospital of Columbus, has taught at Ohio State University and is affiliated with Grady Memorial Hospital in Delaware, Ohio.

“I am very thankful to Dr. Janet Bay for her leadership and personal gift in establishing this fund,” says James B. Young, MD, Executive Dean of CCLCM and the George M. and Linda H. Kaufman Endowed Chair. “Dr. Bay’s efforts will recognize great physicians and mentors such as Dr. Don Dohn, who are willing to continue playing a role in student medical education and neurosurgery here at Cleveland Clinic.”

The endowment will remain in perpetuity, with the interest income awarded annually to eligible CCLCM students, Dr. Young notes.

In 2008, Delos M. Cosgrove, MD, President and CEO of Cleveland Clinic, announced Cleveland Clinic’s commitment to providing tuition scholarships for CCLCM students. The scholarships largely are supported by general operating funds, and so the Dr. Dohn fund will help reduce Cleveland Clinic’s obligation, Dr. Young says.

Supporting the scholarship fund also can be meaningful for benefactors, Dr. Bay says. “Contributing to this fund offers an opportunity for people to reflect on their training and the value of that and to give toward the future.”

From left, Adel F. Abdullah, MD (NS’56), Guy M. Sava, MD (S’74, NS’79), Marco T. Eugenio, MD (PMR’54, S’54, NS’57), and Donald F. Dohn, MD (NS’58), at the February 2006 Cleveland Clinic Alumni Reunion in Naples, FL. Dr. Dohn has recently been honored by the creation of an endowed scholarship in his name.
Willard Steck Leaves Fund for Dermatology

Alumna Apra Sood, MD (D/CDES '03), now holds the Willard D. Steck, MD, Chair of Clinical Dermatology, which was established by a bequest from Dr. Steck, who died Jan. 6, 2008. Dr. Steck was a staff member in Dermatology from September 1971 until he retired in July 1992. Funds from the endowed chair, the first in the Department of Dermatology, will support a patch test fellow.

Dr. Steck intended his chair to further the career of a clinical dermatologist at Cleveland Clinic, explains Allison T. Vidimos, RPh, MD (D'89, DS'91), Chairman of the Department of Dermatology. Dr. Sood completed both her dermatology residency and patch test fellowship at Cleveland Clinic, working with James S. Taylor, MD, on the fellowship. She is now Associate Program Director of Cleveland Clinic’s dermatology residency.

“We would like to support her educational and training endeavors, as well as her research in the field of patch testing,” says Dr. Vidimos.

Dr. Steck is remembered for his excellent teaching, bedside manner, sense of humor and inquisitive mind, she says.

“He managed some of the toughest dermatologic cases with skill and empathy. He taught us a lot by sharing experiences and clinical cases from his days in the military with residents and staff.”

Dr. Steck also is known for his role in helping to overturn longstanding expectations that Cleveland Clinic staff members retire at age 65 or accept a loss of status and diminished benefits. He succeeded in his request for professional reviews of skill levels to determine whether a physician should be compelled to retire.

Dr. Steck earned his medical degree at the University of Texas in 1954 and completed his internship at Tripler General Hospital in Honolulu. His dermatology residency was at Walter Reed General Hospital in Washington, and his fellowship in dermatopathology was at the Armed Forces Institute of Pathology in Washington.

Editor’s note: To make a gift to the Willard D. Steck, MD, Chair of Clinical Dermatology, please call 216.444.1245 or go to clevelandclinic.org/giving.

Event Raises Money for Lamay Clinic in Peru

On Nov. 21, students from Cleveland Clinic Lerner College of Medicine (CCLCM) organized a fundraiser banquet at Cleveland Clinic to benefit a community-based clinic in a rural village in Peru. The banquet was attended by more than 150 people, many of whom were from Latino communities in Cleveland or are medical professionals in the area.

The evening, featuring a presentation about Lamay Clinic Project and a silent auction of Peruvian art and crafts, raised $4,000. Attendees enjoyed an authentic Peruvian dinner catered by local Peruvian Teresa Alejandro, live music by Isabel Galves and her friends, and dance performances by Raíces de Peru.

The benefit was organized as part of the Lamay Clinic Project, which was started last summer by CCLCM students Alida Gertz, Anna Brady, Jacqueline Chu, Rachel Roth and Satoko Kanahara. Last summer, the students organized a monthlong international medical elective in Peru. Inspired by a vision to help support medically underserved areas in the world, the students found and contacted a clinic in Peru, obtained permission to volunteer there, recruited physicians and other students to join the project, and provided basic medical care to more than 800 patients in July.

The goal of this fundraiser was to help the clinic in Lamay establish a mobile clinic to provide medical care to people living in remote villages in the mountains and to help fund a shelter for women and children in Lamay. These goals were established after discussing the community’s needs with local Peruvian doctors, the mayor of Lamay and local government personnel of Lamay.

The CCLCM group plans to return to Lamay between May 31 and June 25, 2011. Lamay Clinic Project is recruiting people with a wide range of skills and training, including nurses, respiratory and physical therapists, optometrists, physicians and students. In addition, the Lamay Clinic Project will be collecting eyeglasses throughout 2010 to take to Peru.

For more information, please visit www.lamayclinic.org or e-mail info@lamayclinic.org.
Consider Converting a Traditional IRA to a Roth IRA

Beginning in 2010, any taxpayer who owns a traditional IRA may convert it to a Roth IRA, regardless of income level. To understand why financial planners are advising their clients to make the conversion, you need to understand the differences between the two.

You should consider converting to a Roth IRA if you:

- can afford to pay the conversion tax and do so from sources other than the IRA – otherwise, the whole purpose of converting is defeated.
- do not expect to be in a lower tax bracket in retirement.
- will probably not need to touch the Roth IRA for living expenses until much later.
- are younger, although this could work with a healthy older person as well.
- wish to provide for a beneficiary(ies) and be able to stretch benefits over life expectancy(ies).

Amounts converted will be taxable to you, but under a special optional rule – the taxable distribution can be reported 50 percent in 2011, and 50 percent in 2012.

Example of an IRA to Roth IRA conversion
Alice Smith has a $1 million IRA. If it is liquidated in 2010, $1 million worth of income is realized. She would need to pay $458,092 in federal income tax, but under the new rules, she can elect to pay half in 2011 and half in 2012, which is $229,046 each year.

Offset the Additional Taxes with a Charitable Gift
If you decide that a Roth IRA conversion is right for you and your family, making a charitable gift to Cleveland Clinic can help offset some of the additional taxes you will incur.

Cleveland Clinic’s team of gift planning professionals would be delighted to assist you and discuss, in confidence, how a charitable deduction may favorably affect your tax and estate planning. Please call 216.444.1245 or email giftplanning@ccf.org.

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<td><strong>Withdrawals – Mandatory</strong></td>
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Could Anti-Inflammatory Drugs Block Early Progression of Alzheimer’s?

New research at Cleveland Clinic points to inflammation within the brain as a critical contributor to neuronal abnormalities leading to Alzheimer’s disease (AD) and suggests that early and prolonged treatment with common nonsteroidal anti-inflammatory drugs (NSAIDs) could block this inflammation before the disease establishes itself.

AD is one of many neurodegenerative conditions characterized by chronic neuroinflammation. Microglia are immune cells of the brain that have been found to be highly active and in close proximity to senile plaques, the primary pathological brain abnormality observed at autopsy in the AD brain.

Microglia migrate rapidly to senile plaques and are capable of removing small filaments (amyloid-beta fibrils) of the plaque. However, whether inflammatory changes within the microglia also contribute to the early stages of AD progression has been unclear.

Bruce T. Lamb, PhD, Neurosciences researcher at the Lerner Research Institute, helped lead a research project showing that microglia-mediated inflammation is, indeed, an early manifestation of AD and often occurs long before symptoms of the disease become apparent.

The researchers found that early neuroinflammation can be blocked with chronic administration of two commonly used NSAIDs — ibuprofen and naproxen. Such early blocking of neuroinflammation significantly improves the likelihood that AD progression can be slowed or prevented altogether.

However, additional studies have demonstrated that once these neuronal alterations have occurred, NSAIDs cannot reverse the effects of inflammation.

“This study argues that both amyloid-beta and neuroinflammation are involved in the abnormal neuronal activity that’s part of early AD progression. It also provides a potential explanation of previous successes and failures of NSAIDs as a treatment option for AD patients,” Dr. Lamb says. “We suggest that early identification of neuroinflammation might be a viable biomarker to assess a person’s risk of AD. This earlier assessment could allow a high-risk person to start beneficial NSAID treatment at a time when it’s most likely to slow or stop the disease’s progression.”

Dr. Lamb’s colleagues included Nicholas H. Varvel, PhD (RES/NU’09), and Kiran Bhaskar, PhD, of the Institute’s Department of Neurosciences; Maria Z. Kounnas, PhD, and Steven L. Wagner, PhD, of Torrey Pines Therapeutics, Inc., La Jolla, CA; Yan Yang, MD, PhD (RES/MC’00), of Case Western Reserve University’s School of Medicine; and Karl Herrup, PhD, Rutgers University’s Department of Cell Biology and Neuroscience, Piscataway, NJ.

Correction

Michael A. Fritz, MD (OTO’03), was inadvertently omitted from the 2009 Teacher of the Year list in the November issue of Alumni Connection.

Dr. Fritz is a staff member of the Cleveland Clinic’s Head and Neck Institute in the Section of Facial Aesthetic and Reconstructive Surgery and MetroHealth Medical Center in the Department of Otolaryngology Section of Head and Neck Surgery.

Are you participating as a “Tier 2 Provider” in the Cleveland Clinic Employee Health Plan (EHP) Total Care?

The Cleveland Clinic Health System offers employees three choices in personal and/or family health insurance. The Cleveland Clinic Employee Health Plan (EHP) Total Care is one of these choices.

Within this plan, there is a two-tier Network of Providers.

Tier 2 providers include the following provider networks:

- **Cleveland Health Network (CHN)** – a regional network of hospitals, physicians and other healthcare providers in northern Ohio and western Pennsylvania.
  
  www.chnetwork.com or 216.986.1100

- **Medical Mutual Traditional Network** – a network of providers within Ohio.
  
  www.supermednetwork.com (“Traditional”) or 800.362.1279.

- **USA Managed Care Organization (USAMCO)** – a network of providers outside Ohio.
  
  www.usamco.com or 800.USA.0820

If you are a provider in one of these three networks, let us know at alumni@ccf.org!

With more than 34,000 employees and their families enrolled, you may have an opportunity to care for an employee and/or family member, including their college student dependents or when any of them are traveling, or if they simply choose your care instead of, or in addition to, Tier 1 providers.

Send an email with your complete name, specialty and business contact information to alumni@ccf.org. We will update our Alumni Database to reflect your participation. If you do NOT want us to share this information with insured employees upon their request, as appropriate, please let us know and we will mark this participation as confidential.

**Note:** The EHP has contracts with each of the Tier 2 networks listed above. There are no individual contracts with the providers in these networks. Because the network holds the individual provider contracts, covered employees must contact the network to verify provider participation, etc. For information on becoming a contracted provider with any of these three networks, please visit the network’s website, listed above.
Campus Clips

**Peter J. Brooks, MD**, Chief of Surgery, Euclid Hospital, performed his 500th hip resurfacing procedure on Oct. 28. Dr. Brooks has performed the most hip resurfacing procedures in Ohio and was the first to perform the procedure in Northeast Ohio.

**Richard Drake, PhD**, Director of Anatomy in the Cleveland Clinic Lerner College of Medicine, was elected Treasurer of the International Federation of Associations of Anatomists at its 2009 meeting in Cape Town, South Africa. Earlier in 2009, Dr. Drake was selected as a Fellow of the American Association of Anatomists and serves as the Secretary/Treasurer of that organization.

**Charis Eng, MD, PhD**, holder of the Sondra J. and Stephen R. Hardis Endowed Chair in Cancer Genomic Medicine and Chair and Director, Genomic Medicine Institute, has been appointed to the Secretary’s Advisory Committee on Genetics, Health and Society (SACGHS) to serve a three-and-a-half year term. The SACGHS advises the U.S. Secretary of Health and Human Services on the broad range of human health and societal issues raised by the development and use of genetic technologies.

**Marc Allan Feldman, MD, MHS**, Head, Cole Eye Institute Anesthesiology, was elected President of the Ophthalmic Anesthesia Society, which works to ensure that the highest quality of anesthesia care is provided to patients undergoing eye surgery.

**James Goldfarb, MD, MBA**, Director, Infertility and In Vitro Fertilization, was appointed president of the Society of Assisted Reproductive Technology (SART). SART is the primary organization of professionals dedicated to overseeing the practice of in vitro fertilization in the United States.

**Gary Hoffman, MD**, Rheumatologic and Immunologic Disease and Director of Senior Staff Matters, has been recognized as a Master of the American College of Rheumatology (ACR), one of the highest honors the college bestows. The designation is conferred on ACR members age 65 or older who have made outstanding contributions to the field of rheumatology.

**Janet A. Houghton, PhD**, Chair of the Department of Cancer Biology, returned in late summer from China, where she was invited to speak at multiple venues on her work concerning death receptor signaling and therapeutic response in colorectal cancer. On June 15, she presented at the Fourth Military Medical University in Xian, and on June 17, she gave the plenary lecture at the Sino-USA Cancer Multidisciplinary Comprehensive Diagnosis and Treatment Forum Symposium in Wuxi. While at the Wuxi No. 4 People’s Hospital, Dr. Houghton was presented with an Honorary Professorship for her efforts. The following day, she gave the plenary lecture at the Workshop on Genomic Medicine and Personalized Healthcare in West Shanghai, and on June 20, she was keynote speaker at the Joint Gastrointestinal Oncology Symposium Shanghai – 2009 and Third Gastrointestinal Oncology Symposium of the Chinese Society of Clinical Oncology.

**Fredric Hustey, MD**, Emergency Services Institute, was one of only three physicians nationally to be awarded a 2009 Geriatrics Education for Specialty Residents Dissemination Grant (GSR-DG). These one-year, $25,000 grants,

Hearing device tops latest Medical Innovations list

A removable device that treats hearing loss was cited as the top item on Cleveland Clinic’s list of Top 10 Medical Innovations for 2010. The list was revealed at the seventh annual Medical Innovation Summit in October 2009 at the Intercontinental Hotel on the Cleveland main campus. The summit highlights innovations that are expected to have the most impact in the coming year.

The ear device uses a tiny microphone worn behind the ear to conduct sound vibrations directly to the inner ear. A dental retainer-like appliance worn in the mouth picks up sound from the microphone and converts it to vibrations that are transmitted through the teeth and bones to the cochlea. It is expected to help people who suffer from single-sided deafness. Here are the other top innovations:

1. Inflatable trachea cuffs that reduce pneumonia caused by mechanical ventilators.
2. Continuous-flow heart pumps.
3. Anti-clotting drugs for joint-replacement patients.
4. Improved techniques for freezing and storing human eggs, allowing women to bear children later in life.
5. Forced exercise to help motor skills among Parkinson’s disease patients.
6. At-home monitoring devices for the diagnosis of sleep apnea.
7. A drug that stimulates cell production in the bone marrow.
8. Implantable devices that cut down on stroke risk for patients with atrial fibrillation.
9. Whole-slide imaging technology that converts glass slides into digital ones, facilitating remote analysis and reporting.
Campus Clips
Continued from page 9

funded by the John A. Hartford Foundation, support collaborations between surgical and related medical specialty faculty and geriatrics faculty at medical schools and hospitals in 10 specialties.

Richard Sharp, PhD, of the Department of Bioethics and Genomic Medicine Institute, received an administrative supplement to his ongoing NIH grant for studying the return of diagnostic results from clinical genetic testing. This award will allow his research team to develop an instrument for assessing patient knowledge of genetic testing options.

Aletta Sinoff, PhD, has been named Director of the Center for Autism at Cleveland Clinic Children's Hospital. Dr. Sinoff, who has been Assistant Director of the Center for Autism since 2002, was named Director after a national search. Interim Director Michael Manos, PhD, will return to his position as Head of the Center for Pediatric Behavioral Health. Dr. Sinoff is a board-certified behavior analyst who received her doctorate in speech/language pathology from the University of Witwatersrand in South Africa in 1994. She joined Cleveland Clinic Children's Hospital in 2001 as a member of Therapy Services and has been responsible for the development and growth of the center's Early Childhood Program since its inception in 2002.

T. Declan Walsh, MD, Director, Harry R. Horvitz Center for Palliative Medicine, has been elected Fellow of the Royal College of Physicians.

The Lerner Research Institute has received a five-year, $9.7 million renewal of a Program Project Grant focused on blood clot formation and blood vessel development from the National Institutes of Health's National Heart Lung and Blood Institute. Molecular Cardiology investigators are Edward Plow, PhD, principal investigator and Molecular Cardiology Department Chair; Tatiana V. Byzova, PhD (RES/JJ’99); Eugene Podrez, MD, PhD (RES/CE’99); and Juan Qin, PhD.

The U.S. Department of Defense awarded Cleveland Clinic a $2.6 million, four-year grant to study chemotherapy that would stop cancer cells from growing but would not kill healthy stem cells. “This grant will allow us to develop a treatment that we think will be more effective with fewer risks and side effects for patients than standard chemotherapy,” says lead investigator Yogen Saunthararajah, MD. A clinical trial of 25 patients began at the end of 2009.

The National Institutes of Health awarded two grants totaling $3.4 million to two Cleveland Clinic researchers. Jaroslaw Maciejewski, MD, PhD, Chairman of Translational Hematology and Oncology Research, received a $1.9 million, five-year grant to continue his research on whether viruses cause certain types of bone marrow cancer and other blood disorders. Andre G. Machado, MD, PhD (NS/FS’06), Director of Cleveland Clinic's Center for Neurological Restoration, received a $1.5 million, five-year grant to continue his work using deep brain stimulation to treat severe chronic pain related to strokes or other lesions on the brain.

Cleveland Clinic performed its 129th lung transplant of the year on Oct. 13, more than any other transplant center has ever performed in one year. Of these, 124 were single-lung or double-lung transplants, two were heart-lung transplants, and three were liver-lung transplants. Another 160 cases were planned from Oct. 13 until the end of 2009. The increasing number of lung transplants has been part of a concerted effort to expand patient eligibility guidelines, improve collaboration among Cleveland Clinic Institutes and accept patients with complex cases.

“(We are) gaining a reputation of accepting patients that may have been refused candidacy at another program, and we now have a firmly established track record of good outcomes with high-risk cases,” says Marie Budev, DO, MPH, Medical Director for the program. “It’s very rare that we decline a patient.”

Cleveland Clinic transplantation wait times are well below the national average. According to the Scientific Registry of Transplant Recipients, 33.7 percent of Cleveland Clinic patients received a new lung within 30 days of being placed on the waiting list, and within one year, 90.3 percent received a transplant.

Cleveland Clinic’s liver transplant program, led by Charles M. Miller, MD, Director, Liver Transplantation, and Nizar Zein, MD, Chief of Hepatology, celebrated its 25th anniversary in November. William D. Carey, MD, and David P. Vogt, MD (GL-1’76, S’80, VS’81), have been with the program since its beginning in 1984. It has become the fourth largest liver transplant program in the nation, and saw more than 260 percent growth in the number of transplants performed since 2003.

Doctor, test thyself

As part of the Medical Innovations Summit, a California company known as 23andMe tested the genetics of several Cleveland Clinic physicians to demonstrate the value of using genetics in patient care. The activity was part of an exploratory relationship between Cleveland Clinic and 23andMe. Anita Cosgrove, wife of Cleveland Clinic CEO Toby Cosgrove, MD, is Director of Strategic Alliances at 23andMe.
Thanks to a major gift from a former patient, Cleveland Clinic’s Nursing Institute is upgrading its education technology, including acquiring state-of-the-art “human patient simulators” — lifelike mannequins that talk, breathe and undergo skin-color changes. The Nursing Institute is being renamed in honor of benefactor Stanley Shalom Zielony, President of New York-based Publications Expediting Inc., a distributor of medical and scientific journals. Mr. Zielony made another significant gift to Cleveland Clinic in January 2009 supporting tuition for nursing education and technology that allows real-time distance learning for nurses.

Cleveland Clinic and MetroHealth have agreed on a contract to create the Northern Ohio Regional Trauma Network (NORTN). This agreement, announced in November, is the first step in bringing together the community’s Level I and II adult trauma centers to save lives, reduce disability and improve outcomes for trauma patients. Hospitals in the trauma network agree to share quality data and abide by clinical best practices shown to improve patient outcomes. Under medical direction from MetroHealth’s Level I trauma center, and with coordinated transport through Metro Life Flight, adult trauma patients will receive care at the hospital most appropriate for the severity of their injuries. The goal is to get patients quickly to places where medical capabilities ensure the greatest chance of survival and recovery.

Medical Economics magazine named Cleveland Clinic a “Clinical Center of Excellence in Infertility,” one of only eight hospitals in the country to be selected, based on its “programs offering comprehensive infertility testing, diagnosis and treatment complemented by participation in evolving infertility and genetic research areas.” The magazine received data from key opinion leaders in various specialties, physician surveys and reports from hospitals. Each year, there are more than 5,700 patient visits to Cleveland Clinic physicians for infertility-related issues and services. The profile appeared in the Oct. 9, 2009, issue of Medical Economics (medicaledconomics.com), as well as the October 2009 issue of its sister publication, Contemporary OB/GYN (http://contemporaryobgyn.modernmedicine.com).

Cleveland Clinic’s west-side hospitals hosted the sixth annual “Pillars of Medicine” awards on Dec. 16, honoring retired physicians who have exhibited a lifetime of exemplary commitment to medicine and our hospitals and communities. The award is so named because the physicians selected are the pillars upon which we lifted ourselves to new levels of service at Fairview, Lakewood and Lutheran hospitals. This year’s honorees are neurologist Charles Brausch, MD, and vascular surgeon Fred R. Plecha, MD, who served at Lutheran Hospital; internist John Sanitato, MD, who served at Fairview Hospital; vascular surgeon Charles J. Farrell, MD (VS’71) (see “Contacts,” page 16), and internist Kippen Wells, MD, who served at Lakewood Hospital. Posthumously honored was pathologist Anthony Greco, MD, from Fairview Hospital. As Fred DeGrandis, Chief Executive Officer of the Cleveland Clinic health system, was giving final remarks of the evening, his friend and previous Pillar winner Ted Castele, MD, presented him with a Pillar award on behalf of the medical staffs to recognize his “contribution to the brotherhood of regional physicians.” Mr. DeGrandis expressed his heartfelt appreciation to Dr. Castele and the selection committee and said he shares the honor with all those who have worked with him over the past seven years.

A Cleveland Clinic Groundbreaker

Alumna Miriam D. Eubank Jones, MD, believed to be Cleveland Clinic’s first female post-graduate trainee, was one of the first female eye surgeons on the North Shore in Chicago. Born in 1909, Dr. Eubank grew up in Kansas City, MO, where her father was an eye, ear, nose and throat specialist. According to a longtime friend and fellow ophthalmologist, Dr. Margaret Gerber, “Miriam used to work in her father’s office summers going to college. One day she told him, ‘I think I’d like to be a nurse.’ ” His reply: “Why don’t you do the whole way? Why don’t you be a doctor?”

Dr. Eubank graduated from the University of Kansas Medical School, interned at the New York Infirmary for Women and Children and served residencies at the Illinois Eye and Ear Infirmary, Columbia Medical Center, Johns Hopkins University, Mayo Clinic and, in 1937, Cleveland Clinic.

She married Richard W. Jones, a professor of electrical and biomedical engineering at Northwestern University, on June 25, 1938, but practiced under her maiden name. She was one of the first female physicians at Evanston Hospital. She died in November 1997 at Westminster Place retirement home in Evanston, IL, of heart disease. She had two sons, Richard Mahlon Jones and Lawrence Gordon Jones; a daughter, Judith May Jones (Michael) Canning; and three grandchildren.
Brian F. Mandell, MD, PhD, was named Chair of the Department of Medicine within the Education Institute. Dr. Mandell joined Cleveland Clinic’s Department of Rheumatic & Immunologic Disease in 1993. He received his medical degree from New York University and his doctorate from Washington University. Prior to joining Cleveland Clinic, Dr. Mandell held various staff appointments in rheumatology at the Hospital of the University of Pennsylvania. Since joining Cleveland Clinic, Dr. Mandell has been integrally involved in resident education in medicine. He was named Associate Program Director of Internal Medicine in 1998 and serves as Director of the Internal Medicine Residency Scholarly Activity Program. In 2003, he was appointed Co-Course Director of the Annual Internal Medicine Board Review Course. Dr. Mandell also is Editor-in-Chief of the Cleveland Clinic Journal of Medicine, a position he assumed in 2004 after serving as Deputy Editor since 1999.

Barbara Messinger-Rapport, MD, PhD (GERM’05), has been appointed Director of the newly formed Cleveland Clinic Center for Geriatric Medicine of the Medicine Institute. She also will serve as the Section Head of Geriatric Medicine for the Department of Internal Medicine. She obtained her medical degree at Case Western Reserve University, as well as a doctorate in Biomedical Engineering. Prior to completing her Geriatric Medicine fellowship at Cleveland Clinic, she did her residency in Internal Medicine at Wiford Hall USAF Medical Center. The Center for Geriatric Medicine will develop programs and services to better care for frail elders, including expanding the geriatric medicine staff, multispecialty clinics and outreach programs at health system hospitals and regional ambulatory centers. The Center for Geriatric Medicine will be moving to a larger and newly renovated facility at 10685 Carnegie Ave. in July.

Joshua “Josh” S. Miller, DO (IM’00), was appointed to the Medina Hospital Board of Directors shortly after the hospital joined the Cleveland Clinic health system in Fall 2009. He continues to serve as Medical Director of Cleveland Clinic’s Strongsville Family Health and Surgery Center, a post he has held since March 2008. John K. Jewell, MD (IM’01), is Associate Medical Director at Strongsville Family Health and Surgery Center.

Edmund S. Sabanegh Jr, MD (U/MI’94), has been named Chairman of the Department of Urology in the Glickman Urological & Kidney Institute. He joined Cleveland Clinic in 2006 as Director of the Center for Male Fertility. He also is program director for the Male Infertility Fellowship, one of the few male infertility fellowship programs in the United States that combines basic research with extensive clinical experience. Dr. Sabanegh is an Associate Editor of Urology and a reviewer for several urologic journals. His surgical interests include microsurgical reconstruction of the male reproductive tract and advanced sperm harvest techniques. His research interests include complex reconstructions for obstruction of the reproductive tract, fertility preservation in cancer patients and environmental influences on fertility. He served in the U.S. Air Force, where he held roles including Chief of the Medical Staff and Chief Operating Officer of the Air

Continued on page 13
Orthopaedic Surgery Congress

Join us for “90 Years of Orthopaedics at the Cleveland Clinic: Honoring Our Past and Vision for the Future.” Hosted by the Department of Orthopaedic Surgery in the Orthopaedic & Rheumatologic Institute, the event will be held Sept. 23 to 25, at the InterContinental Hotel & Bank of America Conference Center on Cleveland Clinic’s main campus.

This Congress is designed to educate attendees on advances in orthopaedic surgery and updates that will enhance an orthopaedic practice. It also will promote fellowship and offer an opportunity to revisit your orthopaedic alma mater.

Topics to be covered include development of minimally invasive surgical procedures, especially for hip and knee replacement and spine surgery; results with newly developed hip resurfacing procedures; advances in arthroscopy of the hip joint; medical treatment of arthritis; and advances in imaging techniques, especially MRI. For email updates, visit www.ccfcme.org/OrthoCongress10.

All physicians who have served as department chair will be honored:

Andrea L. Sikon, MD, FACP, has been appointed Chair of the Department of Internal Medicine. She received her medical degree from Northeast Ohio Universities College of Medicine and completed residency training and chief residency at Mercy Hospital in Pittsburgh before joining Cleveland Clinic’s staff in 2001. She has led Cleveland Clinic’s Primary Care Women’s Health Initiative and developed an innovative mentoring program for new and junior staff physicians. Dr. Sikon has research interests in osteoporosis and clinical challenges in women’s health.

Continued from page 12

Appointments

Force’s largest medical center. Dr. Sabanegh received his medical degree from the University of Virginia College of Medicine. He did his urology residency at Wilford Hall Air Force Medical Center in San Antonio, TX. He replaces Indebir S. Gill, MD (RES’90, U/RT’91), who left Cleveland Clinic in March 2009 to become Chairman of the Department of Urology in the Keck School of Medicine at the University of Southern California.

Richard D. Parker, MD
Chair, 2009–present

Charles McCollister Evarts, MD
Chair, 1970–1974

Joseph P. Iannotti, MD
Chair, 2000–2009

Karl Alfred, MD
Chair, St. Vincent Charity Hospital, 1966–1987

Kenneth E. Marks, MD
Chair, 1991–2000 (GL’1-71, ORS’75)

James I. Kendrick, MD
Chair, 1954–1970

Alan H. Wilde, MD
Chair, 1976–1991

James A. Dickson, MD
Chair, 1922–1954

Royer Collins, MD
Chair, 1974–1976

Andrea L. Sikon, MD, FACP, has been appointed Chair of the Department of Internal Medicine. She received her medical degree from Northeast Ohio Universities College of Medicine and completed residency training and chief residency at Mercy Hospital in Pittsburgh before joining Cleveland Clinic’s staff in 2001. She has led Cleveland Clinic’s Primary Care Women’s Health Initiative and developed an innovative mentoring program for new and junior staff physicians. Dr. Sikon has research interests in osteoporosis and clinical challenges in women’s health.

John A. Bergfeld, MD
Current Orthopaedic Alumni Director (GL-1’65, S’67, ORS’70)
CALENDAR

Selected Live Cleveland Clinic Continuing Medical Education Courses and Other Educational Events

The Center for Continuing Education announces myCME: A free service that helps you organize your learning and allows you to keep an electronic file cabinet of CME credits from all providers.

Monthly Newsflash: Stay informed of all the available live and online CME opportunities by signing up for our monthly newsflash: www.clevelandclinicmeded.com/SignMeUp

Center for Continuing Education

For current information on these events, as well as CME medical publications, and to register for free e-mail updates and more, visit: www.clevelandclinicmeded.com and for Cleveland Clinic in Florida CME, see: www.ccf.org/florida/cme

The Cleveland Clinic Center for Continuing Education is responsible for one of the largest and most diverse CME programs anywhere in the United States. Check the Website for the latest course announcement information.

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<td>15</td>
<td>Update in Headache Management</td>
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<td>14-15</td>
<td>2nd Annual Single-Port Laparoscopy, Robotics, NOTES Surgery: A Multidisciplinary, Hands-on Course</td>
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<td>6-11</td>
<td>22nd Annual Intensive Review of Internal Medicine</td>
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<td>Mellen Center Regional Symposium on Multiple Sclerosis</td>
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<td>Cleveland Spine Review, Hands-on Course</td>
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<td>4th Ambulatory Urology Symposium</td>
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<td>Interventional Pericardiology – Heart Rhythm Society Satellite Symposia Denver, CO</td>
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<td>13-14</td>
<td>3rd Annual Advanced Management Issues in HIV Medicine</td>
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<td>American Academy of Neurology, 6 to 8 p.m., Sheraton Centre Toronto Hotel, Toronto</td>
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<td>23</td>
<td>American College of Physicians 6 to 8 p.m., Fairmount Royal York, Toronto</td>
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<td>Digestive Disease Week 6 to 8 p.m., Hilton New Orleans Riverside, New Orleans</td>
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<td>Association for Research in Vision and Ophthalmology 7:30 to 9:30 p.m., Hyatt Regency Pier 66, Fort Lauderdale, FL</td>
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<td>3</td>
<td>American Association for Neurological Surgeons 6:30 to 8 p.m., Philadelphia Marriott Downtown, Philadelphia</td>
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<td>16</td>
<td>American Thoracic Society International Conference New Orleans</td>
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<td>17</td>
<td>American Society of Colon &amp; Rectal Surgeons Hilton Minneapolis Hotel Minneapolis, MN</td>
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<td>23</td>
<td>American Psychiatric Society Cocktails, 7 p.m.; Dinner, 7:30 p.m. Bourbon House Seafood Restaurant, New Orleans</td>
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<td>American Urological Association San Francisco</td>
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<td>American Academy of Sleep Medicine &amp; The Sleep Research Society, San Antonio, TX</td>
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<td>10</td>
<td>Society for Vascular Surgery 7 to 9 p.m., Sheraton Boston Hotel, Boston</td>
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NOTE: All courses are at the spectacular state-of-the-art InterContinental Hotel & Conference Center on the Cleveland Clinic campus in Cleveland, OH, or other Cleveland Clinic facilities, unless otherwise noted.

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50s

Edwin L. Glazener, MD (AN’52), retired San Diego anesthesiologist and his wife, Helen Lizette, raised three children, Charles, Christopher and Gretchen. He fondly recalls surgeon “Barney” George Crile Jr., MD (S’37), and neurosurgeon James C. Gardner, MD (S’30). His son, Christopher H. Glazener, MD, was board-certified in anesthesiology in 1985 and pain management in 1994. The proud father says his son has a “big pain management practice” in San Diego with hospital affiliations at Alvarado Hospital Medical Center, Sharp/Grossmont Hospital and Scripps/Mercy Hospitals.

Patrick P. Moraca, MD (AN’57), of Scottsdale, AZ, retired from Medical Consultants-Anesthesia Ltd., Phoenix, writes that he is the only living member of the original open-heart surgical team from 1956, consisting of Drs. Donald B. Effler, Laurence K. Groves (S’52, TS’53), Willem J. Kolff, F. Mason Sones, his chief, Donald E. Hale, and himself. Dr. Moraca served on the Cleveland Clinic staff from 1959 to 1961. He and his wife, Dorothy Tommie, raised five children, David, Richard, Stephen, Michele Cannon and Patrick M.

60s

John D. Clough, MD (GL-1’66, IM’67, IM’71). See C. Julio Aponte, MD, 70s, below.

Allen H. MacKenzie, MD (IM’61). See C. Julio Aponte, MD, 70s, below.

70s

C. Julio Aponte, MD (RH’75), writes, “After 34 years of solo practice on the west side of Cleveland, I finally got help!” Allen M. Segal, DO (RH’81), joined his practice in November 2009. Both alumni were trained under Arthur L. Scherbel, MD, and John D. Clough, MD (GL-1’66, IM’67, IM’71), former Chairmen of Rheumatology, and both say they also learned much from now-retired staff Allen H. MacKenzie, MD (IM’61). Dr. Aponte says having another physician help cover his practice will create

Continued on page 16
more time for him to travel to medical missions, teach and swim. This year, he says, he intends to go on two missions to Colombia and one to Honduras, attend several medical meetings and compete in an international swimming competition.

Anoush Boghairi, MD (CARD’78), a cardiologist practicing in LaMesa, CA (San Diego area), is looking to gradually turn over his practice in the next 3 to 5 years to another physician and is seeking to hire someone who has the medical and cultural expertise to care for his clients. His practice is 90 percent cardiology and 10 percent internal medicine. The majority of his patients are Iranian/Persian and the physician must have knowledge of that culture. He would like to carry on his medical tradition with a physician who works well with his patients. He is looking to make a decision with the next six months. If you are interested, please send your resume to the Office of Alumni Relations at alumni@ccf.org or to Dr. Boghairi at aboghairi1@yahoo.com.

Charles J. Farrell, MD (VS’71), now retired, was one of six physicians who received the sixth annual “Pillars of Medicine” award on Dec. 16, 2009, honoring physicians who have exhibited a lifetime of exemplary commitment to medicine, Lakewood, Lutheran and/or Fairview Hospitals and their communities. The son of a dentist who grew up in Cleveland Heights, OH, Dr. Farrell received his medical degree from Creighton University School of Medicine, Omaha, NE, and returned to Cleveland to complete his general surgery residency at MetroHealth Medical Center. After serving in the U.S. Navy as a medical officer for two years with the rank of lieutenant commander, he completed a Vascular Surgery Fellowship at Cleveland Clinic. Dr. Farrell served as Chief of Surgery at Lakewood Hospital for 12 years and Chief of Vascular Surgery for 12 years and held the position of Chief of Staff for four years. When the surgery residency program closed at Lakewood Hospital, he continued to teach surgery through the residency program at Fairview Hospital. He met his wife, Carolyn, a medical technologist, at Lakewood Hospital, and the couple has five children. He continues his dedication to biking, running and swimming, competing in triathlons. He also is involved with the Cleveland Public School system, where he introduces children to the sport of running. Also see “Campus Clips,” page 11.

Victor W. Fazio, MD (S’73, CRS’74), Chairman of the Cleveland Clinic Digestive Disease Institute, is one of Cleveland Clinic’s most prolific staff members with many widely varied achievements. “I always wanted to be a surgeon,” says the native of Australia, who decided to specialize in digestive disease and colorectal surgery after being exposed to those areas by the surgeons under whom he studied. He became one of Cleveland Clinic’s youngest chairmen when he was chosen to take the place of Rupert B. Turnbull, Jr., MD (S’49) (10-03-13 to 02-18-81), as the Chairman of Cleveland Clinic’s Department of Colorectal Surgery in 1975. When he stepped down at the beginning of 2009, he also had been one of Cleveland Clinic’s longest-standing chairmen. Dr. Fazio has served as Chairman for various institutional committees, as Director of several boards and as a member of many professional societies and associations. Through his publications, he has influenced the way surgery is performed internationally. To date, his publications — including peer-reviewed journals, reviews, papers, books and abstracts — number more than a thousand. Dr. Fazio maintains an active surgical practice and has trained hundreds of fellows at Cleveland Clinic, including about 60 surgeons from overseas. He emphasizes that he couldn’t have accomplished all that he has without the help of those before him. “I really do stand on the shoulders of giants,” he says. “There’s no question that the people who came before me paved the way and made it possible for me to be where I am today.”

Daniel J. Wilson, MD (IM’76, RES’79, H/N’79), presented Nephrology and Hypertension Grand Rounds on the Cleveland Clinic main campus. “Chronic Kidney Disease and Coronary Heart Disease Interactions: When Bad Goes to Worse, and What We Can Do About It,” on Dec. 21, 2009. Dr. Wilson, a longtime member of the Cleveland Clinic Alumni Association Board of Directors and Past President (1996-1998), is Senior Medical Director, Regional Medical Research Specialists, Cardiovascular – West for Pfizer Inc., working out of Rochester, MN, where he previously was a nephrologist at Mayo Clinic.

Susan Beausoleil (nee Hall) Bograd, MD (TRS’85, OPH’88), has been in private practice consisting of adult psychiatry, psychotherapy and psychopharmacology, as well as forensic psychiatry, both civil and criminal, in Denver since 1996. After receiving her medical degree from the University of Texas Medical School at Houston, she completed training in ophthalmology at Cleveland Clinic, and then did a pediatric ophthalmology fellowship at the University of Illinois, Chicago, before practicing in Charlotte, NC, from October 1989 to May 1992. Originally interested in mental health since high school, her undergraduate degree from the University of Texas at Austin was in psychology. After discovering that she did not enjoy surgery, she completed training in psychiatry at Thomas Jefferson University Medical College, Philadelphia, 1992 to 1995, and followed that with a fellowship in forensic psychiatry at the University of Colorado Health Science Center in Denver, 1995 to 1996. She is a member of the American Psychiatric Association and the American Academy of Psychiatry and the Law.

Editors Note: This is another excellent example of “reinventing” yourself as featured in a previous article, “You Can Get There From Here: Alumni Who Have Changed Their Lives,” Vol. XIX, No. 1, 2009. We love hearing stories of the personal and professional journeys of our alumni and friends! Write to us at alumni@ccf.org.

Dena S. Davis, JD, PhD (BIE’89), a law professor at Cleveland State University’s Cleveland- Marshall College of Law and an adjunct professor of Bioethics at Case Western Reserve University, and Pamela B. Davis, MD, PhD, Dean of the CWRU School of Medicine, were among nine academics appointed to the Working Group for Human Embryonic Stem
Russell E. Raymond, DO

Reserve University.

received his medical degree from Case Western people with multiple sclerosis. Dr. Ransohoff of their work and longtime commitment to helping was one of five individuals selected in recognition Volunteer Hall of Fame for Health Professionals. He

the National Multiple Sclerosis Society’s 2009 Center for Multiple Sclerosis, was inducted into the Cleveland Clinic Center for Neuroinflammation

Cleveland” by

Dr. Deyling has been named a “Best Physician in Medicine of Case Western Reserve University. She also is a Clinical Associate Professor the Cleveland Clinic Health System Center of Allied Governors and serves as Executive Director for

appointed member of the Cleveland Clinic Board named Chair of Regional Operations. She is an

Chair of the Office of the Chief of Staff. In 1993, she became the Medical Director for the Independence Family Health Center and in September 2007 was named Chair of Regional Operations. She is an appointed member of the Cleveland Clinic Board of Governors and serves as Executive Director for the Cleveland Clinic Health System Center of Allied Health. She also is a Clinical Associate Professor of Medicine in the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University. Dr. Deyling has been named a “Best Physician in Cleveland” by Cleveland Magazine since 1997.

Cynthia L. Deyling, MD (IM’87), was named a Vice Chair of the Office of the Chief of Staff. In 1993, she became the Medical Director for the Independence Family Health Center and in September 2007 was named Chair of Regional Operations. She is an appointed member of the Cleveland Clinic Board of Governors and serves as Executive Director for the Cleveland Clinic Health System Center of Allied Health. She also is a Clinical Associate Professor of Medicine in the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University. Dr. Deyling has been named a “Best Physician in Cleveland” by Cleveland Magazine since 1997.

Elliott B. Hershman, MD, ORS’85. See Thomas M. Mick, MD, DOs, page 19.

Richard M. Ransohoff, MD (N’84), Director of the Cleveland Clinic Center for Neuroinflammation Research and staff in Neurology and the Mellen Center for Multiple Sclerosis, was inducted into the National Multiple Sclerosis Society’s 2009 Volunteer Hall of Fame for Health Professionals. He was one of five individuals selected in recognition of their work and longtime commitment to helping people with multiple sclerosis. Dr. Ransohoff received his medical degree from Case Western Reserve University.


Continued on page 18

Notes from a CCLCM ’09 Medical Intern:
Post-Call Reflections

Aaron D. Viny, MD, MS (CCLCM ’09), writes that he is past the mid-point in his internship, and things couldn’t be going better. He and his wife, Alyson (Friedman) Viny, are living in New York. He writes:

I hit the ground running, starting off with a month at Memorial Sloan-Kettering Cancer Center, then two weeks on Cardiac Stepdown and two months of MICU. (Brian Bolwell, MD, Cleveland Clinic Chairman, Hematologic Oncology and Blood Disorders, Taussig Cancer Institute) once gave me some great advice: ‘You really get a reputation very early on.’ I have been doing my best to set the bar high for the CCLCM reputation!

The acuity here is really unbelievable. I started off at Sloan Kettering, treating many people wanting one last attempt at fighting a losing battle. I lost two patients my first week — both stage IV breast cancer with mets to the liver and hepatic encephalopathy. A PGY3 who remembered me from interviews told my wife and me at a party that the most defining moment of medical school is delivering a baby and the most defining moment of the intern year is pronouncing a death. I guess I just didn’t expect it to happen this early on.

On GU, I had a lady with metastatic bladder cancer coming in with abdominal pain. I scanned her belly and found an appendiceal abscess. I drained it under IR and gave her antibiotics. Five days later, she perfored. I was as on top of things as I could have been. She dropped her pressure from 140s/80s to 95/60 and was perfectly lucid, no fever, no surgical abdomen and feeling fine. I still was worried enough to get an ABG with lactate which came back very high. I then called the ICU team and surgeons. While talking with her in the room with the ICU team, she went down. I started compressions immediately. Twenty minutes of asystole later, we were ready to stop to code, and she had a pulse! Pretty incredible. I got her stable and up to the ICU. Turns out she threw a massive PE, not a perf (despite Lovenox), but I really earned my stripes with this case. The chief at Sloan Kettering took me out for beers that night.

I had another great case on the renal service involving the healthiest 92-year-old man I have ever met. He was sharp and in good health, other than a new renal mass. Biopsy proven RCC by a lung nodule. One night while I was on call, he had acute nausea which progressed to obtunded abdominal pain. ABGs were relatively normal, no lactate. He had horrible renal insufficiency at this point and two non-contrast CTs, and serial abdominal films were all negative. Yet, his pain was not relieved, even by good doses of Dilaudid. Finally I loaded him with bicarb and mucosyst so the family and the attending physician could decide whether to get a CT angio in the morning. They did, and, sure enough, he had mesenteric ischemia. It didn’t bumphis lactate until just before he went to surgery. Twenty-two centimeters of ischemic bowel were resected, and he did great. It was such a tough call because of his age and co-morbidities, but he is home now and doing well on a clinical trial.

There is no doubt that CCLCM provided training that prepared me to excel. I am forever grateful. I also have helped change the residency assessment system here. Not to gloat, but here is a nice snippet from the Assistant Program Director/Hospitalist:

“A future ACR [acting chief resident] candidate. Fabulous fund of knowledge, oral presentations, professionalism and attitude. He is extremely articulate and poised. He manages his time very well to the point where he sometimes appears to be coasting. But he is never arrogant and is a consummate team player. He will be an outstanding resident, teacher, and, dare I say, scholar.”

Editor’s note: We would love to hear from other graduates of the Cleveland Clinic Lerner College of Medicine. Send your updates to alumni@ccf.org.

To Learn More
For more information about supporting the Lerner College of Medicine or to take a tour, please contact Lois Sumegi at 216.444.6534 or sumegi@ccf.org.
Leslie M. Koblentz, MD, JD (P’04), wrote to say that she just returned from one of her many trips, this one to South Africa, and that the bag bearing Cleveland Clinic’s logo, which she has long carried, generated comments from many people during her travels. She always keeps a medical journal in this bag and added that “you can’t imagine how many tourists in South Africa know Cleveland Clinic – I know we are world famous, but it is so exciting when I’m far from home and my bag strikes up a conversation!” She added that she loved her training at Cleveland Clinic and keeps in regular touch with Drs. Kathleen Franco, Donald Malone, Leo Pozuelo (P’95), Lilian Gonsalves (P’81) and George Tesar (IM’80). She also works with Cleveland Clinic residents in her capacity as Medical Director of the Psychiatric Emergency Department at St. Vincent Charity Hospital and as Director of Emergency Psychiatric Services at University Hospitals of Cleveland.

Bradford (Brad) J. Richmond, MD (DR’85), musculoskeletal radiologist at Cleveland Clinic Imaging Institute, was recently elected to the Board of Directors of Beck Center for the Arts, a nonprofit performing arts and arts education organization dedicated to enriching the quality of life for Northeastern Ohioans. The organization combines professional theatrical productions with comprehensive, curriculum-based arts education in creative arts therapies, dance, music, theater and visual arts.

Allen M. Segal, DO (RH’81). See C. Julio Aponte, MD, 70s, page 15.

Paul Stagno, MD, PhD (ACLPTH’87), was appointed Chair of Regional Pathology by Kandice Kottke-Marchant, MD, PhD (ACLPTH’90), Chair of Pathology and Laboratory Medicine Institute, in October. Dr. Stagno will continue in his position as Chair of the Department of Pathology at Fairview Hospital, which he has held since 1999. Dr. Kottke-Marchant noted that Dr. Stagno is committed to productivity, quality and professionalism and is well-respected by his peers. He has been a champion of laboratory integration for many years and has experience with regional activities, committees and the PLM Institute.

Ruben Trono, MD (CARD’88), is now a Clinical Associate Professor at the University of Texas Medical Branch, Division of Cardiology, Galveston, TX. He and his wife, Carol, live in League City, TX, and have two sons, Michael and William.

Daniel J. Waters, DO (CARD/S’89), was published for the third time in Journal of the American Medical Association’s personal perspective column “A Piece of My Mind” (June 17, 2009). He joined an elite group of only 12 authors who have had their work published three or more times in this column. He is the Chief of Cardiac and Thoracic Surgery at Mercy Medical Center North Iowa. He writes that his hospital was again named one of the top 100 cardiovascular programs in the country by Thompson Reuters in 2009. “We are one of only 10 hospitals in the U.S. (along with Cleveland Clinic) to receive this designation nine or more times.”

Sabry S. Ayad, MD (AN’37, CFAN’98), is Chairman of Anesthesiology and Pain Management at Fairview Hospital. He also is President of the Cleveland Society of Anesthesiologists. He and his wife, Maryam, have four children, Marc, age 12, and triplets, Nicholas, Gabriella and Danielle, age 8.

Tatiana V. Byzova, PhD (RES/J’99), and husband, Eugene Podrez, MD, PhD (RES/CE’99). See “Campus Clips,” page 10.

David M. Glener, MD (CTA’93), practices anesthesiology and pain medicine in Port St. Lucie, FL, and is Clinical Assistant Professor at Florida State University School of Medicine and Associate Professor at the University of Central Florida School of Medicine. He and his wife, Beth, have three children, Adam, Julie and Steven, and live in Palm City, FL.

Dae-Yong Hwang, MD, PhD (RESCRS’98), is now Chief of the Colorectal Cancer Center at Konkuk University Medical Center and Professor at the Konkuk University School of Medicine in Seoul, Republic of Korea.

Alan J. Taage, MD (ID’98), of Cleveland Clinic’s Department of Infectious Disease, was honored by the AIDS Taskforce of Greater Cleveland as a recipient of the Voices Against Silence Award. He was recognized for his work in HIV prevention, education, treatment and advocacy. Dr. Taage established Cleveland Clinic’s HIV Clinic and now serves as its Director.

Adnah H. Tahir, MD (END’88, IM’90), was named Chief Medical Officer of the Sisters of Charity Health System, in addition to his duties as Chief Medical Officer at St. Vincent Charity Hospital in Cleveland. The Sisters of Charity Health System, established in 1982 as the parent corporation for the sponsored ministries of the Sisters of Charity of St. Augustine in Ohio and South Carolina, jointly owns three hospitals with University Hospitals of Cleveland: St. John West Shore Hospital, Westlake; Mercy Medical Center, Canton; and St. Vincent Charity Hospital, Cleveland, as well as the Cuyahoga Physician Network and West Shore Primary Care. Dr. Tahir’s priorities include more information sharing and quality integration across the system.

Conor P. Delaney, MD, PhD (CRS ‘00), Professor of Surgery at Case Western Reserve University and Chief of Colorectal Surgery and Vice-Chair of Surgery at University Hospitals Case Medical Center, recently was awarded the Jeffrey L. Ponsky Professorship in Surgical Education. Dr. Delaney is
Director of the Institute for Surgery and Innovation at UHCMC, and this recent award integrates with his teaching role. Dr. Delaney also is immediate Past President of the International Society of Laparoscopic Colorectal Surgery. The society, which he founded in 2004, promotes optimal techniques and outcomes in laparoscopic colorectal surgery. Dr. Delaney can be reached at conor.delaney@UHhospitals.org.

Ross A. Downey, MD, MS (CARD’07), has joined the New Mexico Heart Institute in Albuquerque. Certified in internal medicine and cardiology, his clinical interests are in clinical cardiac electrophysiology.

Newlyweds Dr. Ratti and Dr. Gill

Namita Gill, MD (IM’06, H/N’08), was married Aug. 15, 2009, in Bremerton, WA, where she is employed with Renal Remission and Hypertension Consultants. Her husband is Dinesh Ratti, MD, who completed medical school in Belfast, Ireland, and will start Internal Medicine training at Providence Sacred Heart Medical Center in Spokane, WA, in June.

Alice I. Kim, MD (IM/PD’01, ID’03), and Oussama M. Wazni, MD (IM’01, CARD’04, CARD/E’06), added a third child to their family when Elissar Juliana Wazni was born in August, joining big sister, Yasmine, 7, and big brother, Adonis, 2. Drs. Kim and Wazni were on staff at Cleveland Clinic, in the departments of Infectious Disease and Cardiovascular Medicine, respectively, through December 2009. They relocated to Beirut, Lebanon, in January. Dr. Wazni has taken a position in the EPS Department at the American University of Beirut and Dr. Kim is taking some time off. “We are all doing very well and enjoying the beautiful weather but miss our colleagues at Cleveland Clinic,” they say.

P. Daniel “Dan” Knott, MD (OTO’06), won the Ira Tresley Research Award from the American Academy of Facial Plastic and Reconstructive Surgery for research in bone grafts. Dr. Knott is a full staff member in Cleveland Clinic’s Head and Neck Institute. He and his wife, Haydee M. Knott, MD (RES/D’07, GL-3 Dermatology resident due to graduate in 2011), have three children, Isabel Kristina, Grace Katarina and Philip Hudson.

Drs. Dan & Haydee Knott’s family, which includes Haydee’s aunt, Maria del Rosario Duran, standing at left, who Dan says is their “Angel of God,” because “we couldn’t do any of the things that we’re doing without her!”

James S. Lee, MD (IM’05), completed a Cardiology Fellowship at University of California Los Angeles and, most recently, an Interventional Cardiology Fellowship at Mount Sinai Medical Center in New York, NY. He is now with Cardiovascular Consultants Medical Group in Southern California. He also proudly announces his marriage in July 2009 to Jennifer Jang, MD, a rheumatology fellow at Cedar Sinai.


Tarek M. Mekhail, MD (AN’96, IMP’97, IM’99, H/O’02), in 2009 became Medical Director of the Thoracic Oncology Program for the Florida Hospital Cancer Institute in Orlando. Previously he was director of the Lung Cancer Medical Oncology Program at Cleveland Clinic’s Taussig Cancer Center, serving on the staff from January 2002 to May 2009.


Thomas M. Mick, MD (PC/SM’02), in November 2009 was named as one of three doctors for the USA Women’s Sevens Rugby Football Team. After serving in Saipan and Guam as the national team doctor for the Guam Rugby Football Union (September 2002 to March 2006), he completed a two-year psychopharmacology outcomes research fellowship at Mount Sinai School of Medicine, Bronx Veteran’s Administration, in New York, NY. While there, he earned a master’s degree in clinical research and was awarded a CREFF grant to study the effect of anabolic steroids on aggression using functional MRI. In May 2008, he joined Manhattan Orthopaedics LLC, a group of six specialists in New York City, including fellow alumnus Elliott B. Hershman, MD (ORS’85). He continues to serve as a consultant to Guam Rugby Football Union and is a regional consultant to USA Rugby.

Horatius Roman, MD, PhD (IM/PR’98, AN’02, CC’03), is Assistant Professor in the Departments of Anesthesiology & Perioperative Medicine, Surgery and Respiratory Therapy at the Medical College of Georgia in Augusta. His special clinical interest is in anesthesia in the surgical intensive care unit.

Prabha Sampath, PhD (RES/CE’04), is currently in Singapore. She is the recipient of 2007 A*STAR Investigatorship Award and moved to Singapore in May 2008. She is a Principal Investigator at the Institute of Medical Biology, A*STAR. Previously, she was with Washington University in Seattle.

Continued on page 20
Vasanth Stalin, MD (S/ALB’09), joined Sky Lakes Medical Center’s Pacific Cascade Center for Surgical Weight Loss and Wellness in Klamath Falls, OR, and is active in training residents in their surgical rotations there.

Claudene M. Vlah (nee Pritchard), MD (AN’06, AN/LVT’07), married Tommy Vlah on Aug. 22, 2009, in Chesterland, OH, followed by a monthlong honeymoon to Maui and California.

Vasanth Stalin

Claudene M. Vlah

Dr. and Mr. Tommy Vlah

Chad E. Raymond, DO (GL-3, IM), and his wife, Kate, announce the birth of their first child, Sophia “Sophie” Lee Raymond, born Sept. 25, 2009. This makes staff member and alumnus Russell E. Raymond, DO (IM’84, CARD’87), a first-time grandfather and retired staff and alumnus Earl K. Shirley, MD (IM’56), a great-grandfather! Congratulations to all!!

Former Staff

In Memoriam

In the midst of winter, I found there was, within me, an invincible summer.

— Albert Camus

Francis “Frank” B. Armstrong, MD (IM’54, RH’60), 85, died June 22, 2009, in Bakersfield, CA. He was born in the small town of Little Bay, Newfoundland, the 11th of 12 children. He worked his way through medical school doing a variety of jobs, including shining shoes and working as a pantry boy on the “Limited” train line from Halifax to Montreal. As a young doctor in training, he worked on a medical mission ship off the coast of Newfoundland and Labrador that served small communities inaccessible by road. Dr. Armstrong graduated from Memorial University of St. Johns, Newfoundland, in 1951 and received his medical degree from Dalhousie University, Nova Scotia, in 1955. He interned at St. John General Hospital in St. John, New Brunswick, and after a medical residency at Mount Morris Hospital, NY, he became the first Canadian Chief Resident at Cleveland Clinic on a post-graduate fellowship from 1956 to 1960. He returned to Canada to work for the Canadian Government at Charles Camsel Hospital in Edmonton, Alberta. Searching for position that would allow him to explore his twin passions of medicine and teaching, and perhaps to escape cold weather, he moved with his young family to Bakersfield in 1962 and took a position at Kern Medical Center. He worked as a county doctor for 13 years before going into private practice in 1974. He faithfully executed his rounds until retirement at age 72. He is survived by his wife, Gladys “Lolly” Armstrong; his five children, Paul Armstrong, Ian Armstrong, MD, Karen Ellen Armstrong, Colin Armstrong, PhD, and Shawn Armstrong, as well as their mother, his former wife, Donna Buchanan Armstrong. He also leaves six grandchildren and Lolly’s children, Laura Jeffers and Thomas Gillpatrick, PhD.

Future Alumni

John M. Brandon, MD (GL-1’60, RES’61), 81, of Upper St. Clair, PA, died April 4, 2009. Dr. Brandon served in the U.S. Air Force during WWII and was a graduate of the University of Pittsburgh and the University of Pittsburgh Medical School. He retired as Director of Monongahela Valley Hospital Laboratory, Monongahela, PA, after 32 years. Dr. Brandon’s wife, Phyllis, predeceased him. Memorial contributions may be made to Monongahela Valley Hospital, 1163 Country Club Road, Monongahela, PA 15063, For Peace Lutheran Church Almoner Fund, 107 Carol Dr., McMurray, PA 15317.

Carl E. Cassidy, MD (IM’54), 85, of Manchester-By-The-Sea, MA, died Dec. 11, 2009. Dr. Cassidy served in the U.S. Naval Reserve from 1943 to 1945 and 1949 to 1951. He earned his bachelor’s degree from Kenyon College in Gambier, OH, in 1946, and his medical degree from Western Reserve University in Cleveland, OH, in 1948. He served his medical residency at Cleveland Clinic from 1951 to 1954. He later told Alumni Affairs that Cleveland Clinic was “the most important launch pad of my career,” and gave special thanks to E. Perry McCullagh, MD (S’27). Since 1954 and until recently, Dr. Cassidy was academically associated with Tufts University School of Medicine, serving as a Clinical Professor of Medicine. Dr. Cassidy was a member of the Board of Registration in Medicine for the Commonwealth of Massachusetts from 1976-1980, Program Director for the Postgraduate Medical Institute in Boston and Waltham from 1978-1994, Director of the New

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England Journal of Medicine Continuing Medical Education Program in Waltham, MA, since 1994, and in private practice, focused on diseases of the thyroid, in Boston from 1977 to 1997. He authored numerous publications in the field of endocrinology. Dr. Cassidy was member of the Army & Navy Club in Washington, DC, Essex Country Club in Manchester-by-the-Sea, MA, Longwood Cricket Club in Chestnut Hill, MA, and the Singing Beach Club in Manchester-by-the-Sea, MA. He was preceded in death by his wife, Ruth. Memorial contributions may be made to Kenyon College, c/o Office of Development, Gambier, OH 43022.

Remzi M. Demir, MD (N’56), 82, died Nov. 24, 2009, at his home in Glen Burnie, MD. Born in Ankara, Turkey, he received his medical degree from Ankara University in 1951 and came to the United States in 1953, where he completed his residency in neurology at Cleveland Clinic and Kansas University Medical Center. A prominent neurologist, he practiced in Glen Burnie for 34 years, where he was Chief of Neurology at North Arundel Hospital (currently Baltimore Washington Medical Center). Dr. Demir established the EEG Laboratory at the hospital and held various offices during his tenure, including President of the Medical Staff. He later created the Sleep Laboratory and was responsible for North Arundel Hospital becoming one of the first hospitals in Maryland approved to administer TPA treatment for stroke patients. He is survived by his wife of 48 years, Sunny Sue, who wrote that her husband “spoke so highly of Cleveland Clinic and was so very proud to have had his neurology residency there.” He also is survived by one son, Dr. Teeman (Tay) Demir; two daughters, Melek Demir and Sureyya Demir; daughter-in-law, Bernadette; three grandchildren; and several nieces and nephews. Memorial contributions can be made to the Hospice of the Chesapeake, 445 Defense Highway, Annapolis, MD 21401.

Frances Anne (Moore) Gifford, 70, died unexpectedly and “without permission” on Nov. 2, 2009, at home in Fountain Hills, AZ. She was the wife of Ray W. Gifford, MD, former Chairman of Nephrology and Hypertension at Cleveland Clinic, who died in 2004. She is survived by her son, George Graydon (“Grady”) Gifford; sister Mary (Walls); brothers John and Michael; sister-in-law Kathy Moore; brother-in-law Bill Walls; grandchildren Kelly and Scott Marceau; stepdaughters Susie (Gifford) Lewis and Peggy Gifford. Frances, a former Cleveland Clinic registered nurse, was a 30-year survivor of breast cancer. Memorial contributions can be made to the Susan G. Komen for the Cure or the Church of the Ascension, 12615 N. Fountain Hills Blvd., Fountain Hills, AZ 85268.

Jordan D. Haller, MD (CARD’57), 76, of McMurray, PA, died on June 9, 2009. He is survived by his wife, Carma J. Haller, and children, Mordechai (Lisa) Haller, Nina Haller and Andrew Haller; and five grandchildren. Memorial contributions may be made to Beth El Congregation of the South Hills, 1900 Cochran Road, Pittsburgh, PA 15220.

Shattuck Wellman Hartwell, MD, FACS, 80, former Cleveland Clinic Chief of Staff and Director of Professional Staff Affairs and Vice Chairman of the Board of Governors, died at his home in Auburn Township, from complications of lymphoma and Parkinson’s disease on Oct. 8, 2009. Dr. Hartwell received his bachelor’s degree from Amherst College and his medical degree from the University of Michigan. He took additional training in Health Services Management at Harvard University’s Schools of Public Health and Business Administration. From 1955 to 1957, he served as a lieutenant in the United States Navy. Dr. Hartwell joined Cleveland Clinic’s Plastic Surgery Department in 1963 and was Acting Chairman from 1983 to 1985. He created the Department of Bioethics and chaired the Aesthetics committee. He also was the author of the second edition of To Act as a Unit. As Director of Professional Staff Affairs between 1974 and 1986, he spearheaded the development of the Annual Professional Review and the Staff Compensation Program, which equalized compensation differentials between male and female staff members. Dr. Hartwell was widely known in Cleveland for his extensive service to a number of nonprofit organizations, including Musart Society of the Cleveland Museum of Art, the Cleveland Institute of Music, the Cleveland Museum of Natural History, WVIZ-TV, the Cleveland Medical Library Association and the Ohio Humanities Council, and served as a campaign leader for United Way Services of Cleveland. He is survived by his wife of 56 years, Mary Jane Davis Hartwell; three children, Davis Hartwell (Jane), Emily Taylor (John Maxwell Taylor) and Samuel Hartwell Kimberly; two sisters; and eight grandchildren. Memorial contributions can be made to the Cleveland Clinic Foundation, PO. Box 931517, Cleveland, OH 44101, or the Center for Literature, Medicine and Biomedical Humanities at Hiram College, PO. Box 67, Hiram, OH 44234.

Eyse Beth (nee Levy) Insler, beloved wife of Steven R. Insler, DO (CTA’92), a member of Cleveland Clinic’s Departments of Cardiothoracic Anesthesiology and Outcomes Research, and the Critical Care Center, and loving mother of Joshua, Brooke and Julia, died Dec. 21, 2009. In addition to her husband and children, she is survived by her parents, Lorraine and Daniel Levy, and mother-in-law, Mildred (pre-deceased by father-in-law, Victor Insler); sister, Jill (Tony) Amendola, brother, Michael Levy; nieces, Alexis and Emma; and nephew, Ethan. Memorial contributions may be made to the Susan G. Komen for the Cure, 10819 Magnolia Dr., Cleveland, OH 44106.

Thomas C. Kenaston, Jr., MD (PD’59), 80, of Rockledge, FL, died Oct. 1, 2008. He received his medical degree from Duke University School of Medicine in 1954. After serving three years in the U.S. Army, he joined his father’s clinic in Rockledge in 1959. In his 38-year career as a pediatrician, he estimated that he served 25,000 children. He is survived by his wife, Carolyn, and children, Alicia, Tom and Walter; one grandson; two brothers and a sister, as well as many nieces and nephews.

Marie L. (nee Guerra) Kennedy, RN, 97, widow of Roscoe J. Kennedy, MD (OPH’38), formerly Chairman of Ophthalmology at Cleveland Clinic, died Dec. 18, 2009. Mrs. Kennedy was a retired surgical registered nurse and an avid volunteer in numerous fields of health and welfare. She was a charter member for over 50 years of the Cleveland Clinic Staff Auxiliary; she served as president in 1957 and received the OSMA Auxiliary Award in 1988. Mrs. Kennedy shared her time at the Cleveland Sight Center for 28 years and in 1990 was Volunteer of the Year. In 1992, her sons established the Marie L. Kennedy Endowment Fund for the Cleveland Sight Center to honor her efforts. Other community activities included the Mayor’s Traffic Safety Council, Cleveland Playhouse Theatre for Children, the Cleveland Skating Club’s annual ice show, and fundraising for the American Olympic Skating Team. She also was a championship curler at The Cleveland Skating Club. She was the loving mother of Lawrence D. (Maryann) Kennedy and

Continued on page 22
Robert J. Kennedy (deceased); two granddaughters, Heather Kennedy and Colleen Holz; and two nieces. Memorial contributions can be made to the Marie L. Kennedy Memorial Endowment Fund at the Cleveland Sight Center, 1909 E. 101 St., Cleveland, OH 44106 or the Ophthalmology Research Fund at Cleveland Clinic’s Cole Eye Institute, 9500 Euclid Ave., Cleveland, OH 44095.

Leonard A. Kleinman, 89, died Dec. 15, 2009. Dr. Kleinman graduated from Ohio State University in 1937, at age 17 with a bachelor degree and received his medical degree by the time he was 21. He was one of the founding physicians of Marymount Hospital in Garfield Heights, OH, and helped establish the hospital’s first Coronary Unit and Oncology Department. He served as a member of the Board of Trustees at Marymount for 10 years and maintained a private practice in internal medicine from 1946 until he retired in 1994. He is survived by his wife, Frances (nee Hecht); children, Gary (Polly) and Robert (Mary Pat); five grandchildren; and six great-grandchildren. Memorial contributions can be made to the American Heart Association or Marymount Hospital.

Joseph G. Klotz, MD (NS’52), 86, died at his home in Corpus Christi, TX, on May 25, 2009. He received his medical degree from the Indiana University – Indianapolis, in 1945. His wife, Carol (nee Heieck) Klotz, died shortly before he did. He is survived by two children, Eugenie (Darrell) Juve and Michael Klotz.

Gerald “Jerry” F. Meier, MD (S’68, NS’72), 73, died suddenly while duck hunting with friends in Arkansas on Jan. 1, 2010. He was born in Saginaw, MI, and while in high school was selected for the Michigan All State Football Team. He is survived by two children, Eugenie (Darrell) Juve and Michael Klotz.

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Please Keep in Contact

Cleveland Clinic Alumni Relations wants to stay on top of significant changes in your life. Have you moved? Taken on a teaching position? Received an academic promotion or professional recognition of some sort? Decided to retire? Have an interesting hobby or avocation you’d like to share? Your former Cleveland Clinic colleagues really want to know what you are up to. Please take a few moments to complete this coupon so that we can keep them informed via “Contacts” (starting on page 15 of this issue) or e-mail alumni@ccf.org.

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Scott Craig; four grandchildren; two brothers and a sister. Memorials may be made to the Cleveland Clinic Foundation, P.O. Box 931517, Cleveland, OH 44101-8713, or First United Methodist Church, 3000 Euclid Ave., Cleveland, OH 44115

Virginia Nash Weatherhead, MD, 89, died Nov. 17, 2009, at home in Tallulah, LA. Born in Ballardsville, MS, to Dr. Jesse Albert and Desse Ballard Nash, who both died soon thereafter, Virginia and her brothers, Sherrill and James Herschel Nash, spent their childhood in the Methodist Orphanage in Jackson, MS, and in Starkville, MS. Virginia became a registered nurse in New Orleans, and married Dr. Leonard Apter in 1942. When Dr. Apter died after a brief illness in 1944, Dr. Weatherhead entered Tulane Medical School. She graduated with honors near the top of her class. She chose an internship in internal medicine in Hartford, CT, where she met, and, in 1952, married Arthur Dixon Weatherhead, MD, a psychiatric resident from London. Her beloved husband passed away April 19, 2009. The Weatherheads spent most of their professional lives at Cleveland Clinic and lived in Kirtland, OH. After she retired, Dr. Weatherhead twice volunteered for Project Hope in Grenada. She and her husband volunteered at Cleveland Clinic for many years, with its hospice program and in other capacities. She also volunteered regularly at the Holden Arboretum. In keeping with her sensible and selfless life, she donated her body to the Louisiana State University Medical Center. Dr. Weatherhead is survived by two daughters, Len Carpenter (John W. IV) and Ann Weatherhead; three grandchildren; one great-granddaughter; and nieces and nephews. Memorial contributions may be made to the hospice that helped care for Dr. Weatherhead: Patient’s Choice, 10 Crothers Dr., Suite 2, Tallulah, LA 71282.

Robert H. Winemiller, MD (IM’65, H/N’68), 74, died Oct. 14, 2009, at his home in Rochester, MN. He grew up in Elmhurst, IL, and, in 1956, graduated from DePauw University in Greencastle, IN, where he met Norma Louise Hawkinson. The two were married in 1958 in Chicago. In 1961, Dr. Winemiller graduated from the University of Chicago School of Medicine; he also received a master’s degree in pathology from the University of Chicago. He received further training, specializing in nephrology, at the University of Michigan and Cleveland Clinic. From 1965 to 1967, he served as a captain in the U.S. Army and was stationed at Fort Lawton, in Seattle. In 1968, he moved to Marshfield, where he practiced nephrology at the Marshfield Clinic until his retirement in 1993. In 2006, he and Norma moved to Rochester, MN. Dr. Winemiller had numerous lifelong avocational interests. He was a voracious reader, skilled gardener, enthusiastic bread baker and amateur woodworker. Dr. Winemiller is survived by his wife and their four children, Kristen Winemiller and partner Lisa Maxfield; David (Khristine) Winemiller; John Winemiller and partner Robert Hinde; and Mark (Shelly) Winemiller; and many grandchildren. He also is survived by his sister, Kay Vasey, and her daughter, Beth Meyer, and a grand-nephew and grand-niece. The family plans to hold a celebration of Dr. Winemiller’s life this spring. Memorial contributions can be made to support myeloma cancer research at the Mayo Clinic, Department of Development, 200 First Street SW, Rochester MN 55905; or the Marshfield Clinic, Development Department, 1000 N. Oak Ave., Marshfield WI 54449.
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