



Cleveland Clinic School of Yoga

200 Hour Yoga Teacher Training

At Cleveland Clinic School of Yoga, modern medicine meets ancient wisdom. We believe yoga should be accessible to everyone, regardless of age, health, or physical fitness. Our training will provide you with a strong basis in traditional hatha yoga. In addition, you will learn the essence of Cleveland Clinic Wellness Yoga – that simple movements, done mindfully, can have a profound effect.

Led by: Judi Bar, E-RYT 500, C-IAYT, Yoga Program Manager

Guest instructors include Cleveland Clinic physicians and other wellness professionals

When:

2021 Cohort

Monday, April 5th - Monday, Oct. 4th

25 Live Zoom Meetings

Monday, April 5th - Oct. 4th

6:00 p.m. - 9:00 p.m.

(No class May 31st and Sept 6th)

4 Live In-Person Intensives

Saturdays: May 8th, June 26th, Aug. 14th and Sept. 18th

10:30 a.m. - 4:30 p.m.

Plus Weekly Online Portal Assignments



**NEW
WEEKDAY
FORMAT**

Where:

**In-Person at
Cleveland Clinic**

Lyndhurst Campus

1950 Richmond Rd

Lyndhurst, OH 44124

Virtual Learning

Using Zoom

Registration Fee: \$1,000.00
(goes toward tuition)

Total Program Cost: \$3,900.00

Registration is open to the public

Early Bird Discount!

Register early by March 5th
\$400.00 off entire program

OR Register by March 19th
\$200.00 off entire program

Contact Us yoga@ccf.org or 216.448.8537 | **Register** clevelandclinic.org/schoolofyoga