



Culinary Medicine for Chronic Disease SMA

Shared Medical Appointment

Do you have a Chronic Disease and want to improve your health condition? Our newest Shared Medical Appointment combines the joy of cooking with evidence-based application of food and nutrition to specific medical concerns. When you learn to prepare savory meals, that are also good for you, over time, your food preference will naturally shift to choosing foods that heal you rather than hurt you.

Shared medical appointments are covered by most insurance plans. Participants are responsible for insurance co-pays for each monthly session, and for a one-time program material charge of \$100.

When: Tuesdays / Once a Month

Scheduled once a month for six months
2:00 pm - 5:00 pm

Call today for next session dates

Location:

Cleveland Clinic Lyndhurst Campus
2nd Floor, TR2-300
1950 Richmond Road
Lyndhurst, OH 44124

Register at:

To learn more about or register for a Culinary Medicine for Chronic Disease Shared Medical Appointment, call 216.448.HEAL (4325).