Dietetic Internship

Course Descriptions

Clock Hours: 24

Clock Hours: 240

Clock Hours: 120

Clock Hours: 360

Clock Hours: 40

NUTR101 - Dietetic Technician

Interns gain comfort and familiarity with navigating the hospital, interviewing patients, providing diet education and using the electronic medical record.

NUTR102 - Core Clinicals - Inpatient 1 & 2

The Inpatient 1 rotation is an introduction to the dietitian's role in the clinical setting. Interns will utilize skills related to charting in the electronic medical record, performing nutrition-focused physical exam, and making recommendations for oral and enteral feedings. Inpatient which may include: cardiology, hepatology, internal medicine, neurology, colorectal, bariatrics and oncology. The Inpatient 2 rotation is a continuation of learning and skill building from the Inpatient 1 rotation. Many of the same objectives apply, though the intern is expected to improve in autonomy, efficiency, and clinical judgment.

Pre-requisite: NUTR101

NUTR103 - Core Clinicals - Outpatient

The intern continues to build upon knowledge of medical nutrition therapy for various acute and chronic conditions, focusing on collaborative goal setting and behavior change techniques.

Pre-requisite: NUTR102

NUTR104 - Advanced Clinicals

Three weeks each developing advanced clinical nutrition skills among specialized populations in settings of: intensive care, parenteral nutrition, pediatrics.

NUTR201 - Electives Clock Hours: 240

Two weeks each to explore nutrition practice among specialized populations in settings of: community/public health; sales/marketing and advanced practice.

NUTR202 - Staff Relief Clock Hours: 80

Interns are able to return to one of their favorite experiences from the clinical core rotations and will be responsible for seeing all or most of their preceptor's assigned patients, functioning independently in the RD role.

NUTR203 - Clinical Management

Interns work with a clinical nutrition manager for one week to develop a greater understanding of management styles, employee recruitment, retention, and performance evaluation, including coaching and leadership initiatives to encourage better patient care and employee satisfaction.



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NUTR204 - Research / QI Clock Hours: 80

Interns are matched with a dietitian who is actively working on a research or quality improvement project. Rotation responsibilities include but are not limited to: IRB completion and submission, assisting with data collection and entry, reviewing current research literature, and working with the team to develop a manuscript or abstract for professional submission.

Clock Hours: 160

NUTR400 - Patient Foodservice Management

Interns will work on either Main Campus or at a Cleveland Clinic Regional Hospital to learn about the patient and retail foodservice structure including: meal preparation and supplemental distribution, menu development, safety and regulation, and therapeutic diets. A foodservice manager will work with the intern to provide directed training toward good management practices in the supervision, training and coaching of foodservice employees and preparing to address issues related to customer and patient