



# Return to Work Services Fact Sheet

## Cleveland Clinic Return to Work Services

Cleveland Clinic's Return to Work Services (RTWS) offers specialized evaluations and programs that help patients return to the workforce after work-related injuries or other disorders have limited their ability to work. Our services are coordinated by a treatment team that offers an individualized evaluation and treatment plan to prepare participants to return to work in a safe, productive and positive manner.

RTWS is part of Cleveland Clinic's Department of Physical Medicine and Rehabilitation, a leading provider of rehabilitation services. The Occupational Rehabilitation Program is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). Our team is made up of licensed and certified rehabilitation professionals, including physical and occupational therapists, vocational rehabilitation counselors, ergonomic specialists, and Physical Medicine and Rehabilitation physicians.

Services are provided at the W.O. Walker Center, located at the corner of Stokes Boulevard and Euclid Avenue on Cleveland Clinic's Main Campus.



## 2008 Annual Outcomes Update

### Demographics and Patient Characteristics

### Occupational Rehabilitation Program

**Gender:** 90% male, 10% female

**Number of participants:** 9 (7 completed program)

**Average age:** 46 years

**Average time from injury to program entry:** 122 weeks

### Work Conditioning

**Gender:** 73% male, 27% female

**Number of participants:** 42 (36 completed program)

**Average age:** 54 years

**Average time from injury to program entry:** 135 weeks

### Injury Type

#### Occupational Rehabilitation Program

40% Spine                      40% Upper Extremity

10% Lower Extremity      10% Combined

#### Work Conditioning

43% Spine                      28% Upper Extremity

12% Lower Extremity      17% Combined

### Patient Satisfaction

Rated 4.8 on 5.0 scale, where "5" is completely satisfied

### Return to Work Statistics (at 3-month follow-up)

#### Occupational Rehabilitation Program

Percent of participants working or work-ready among those completing program: 100%

#### Work Conditioning

Percent of participants working or work-ready among those completing work conditioning program: 86%

## Programs and Services include:

### Occupational Rehabilitation Program

This comprehensive, multidisciplinary, work-hardening program facilitates return to work. Services include: an individualized physical rehabilitation plan formulated by occupational and physical therapists, on-site job analysis to establish measurable return-to-work goals, work simulation activities, safety education, aquatics, psycho-social counseling/biofeedback, vocational rehabilitation counseling, recommendations on potential job modifications, and weekly team meetings to review progress. Program is 5 times per week, for up to 8 weeks.

### Work Conditioning

Our work-focused therapeutic intervention and functional retraining program, provided by physical and occupational therapists, involves whole body conditioning, work simulation activities and patient education on ergonomics and injury prevention. Program may be 3 to 5 times per week, for up to eight weeks.

### Personalized Occupational and Physical Therapy

These services include injury-specific, therapeutic exercises, aquatics, patient education, simulation of work activities and injury prevention strategies.

### Vocational Rehabilitation Services

Services include Comprehensive Vocational Evaluations, Vocational Screenings, Career Counseling, Adjustment to Disability Counseling, Job Seeking Skills Training and Job Placement.

### Functional Capacity Evaluation (FCE)

The assessment of functional abilities includes material-handling capacities, consistency of effort and reliability testing to establish a client's return-to-work status.

### Job-Site Analysis

This evaluation of specific job demands includes assessment of physical and environmental factors pertinent to return to work.

### Ergonomic Study

Our assessment of the fit between worker and job requirements at the work site helps to resolve ergonomic challenges.



## Additional services at Cleveland Clinic

Also offered are: chemical dependency treatment, chronic pain rehabilitation, cognitive rehabilitation, driver's evaluation/rehabilitation, orthotics and prosthetics, and vestibular and balance evaluation/rehabilitation.

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For scheduling of services or further information, please call Return to Work Services at 216.444.WORK (216.444.9675) or 800.223.2273, ext. 49675; or 216.444.0261 (TTY hearing impaired)  
Fax: 216.445.0836

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Visit us online at  
[clevelandclinic.org/ReturnToWorkServices](https://clevelandclinic.org/ReturnToWorkServices)