



REHABILITATION AND SPORTS THERAPY DEPARTMENT

Orthopaedic Physical Therapy Residency Program

At Cleveland Clinic's Rehabilitation and Sports Therapy Department, we offer an orthopaedic physical therapy residency focused on all aspects of orthopaedic physical therapy practice that strives to help create the next generation of orthopaedic experts.

What is a clinical residency? As defined by the American Physical Therapy Association, a clinical residency program in physical therapy is a post-professional planned learning experience in a focused area of clinical practice. Similar to the medical model, a clinical residency program is a structured educational experience (both didactic and clinical) for physical therapists following entry-level education and licensure that is designed to significantly advance the physical therapist's knowledge, skills, and attributes in a specific area of clinical practice (such as cardiovascular/pulmonary, orthopaedics, sports, pediatrics). It combines opportunities for ongoing clinical mentoring with a theoretical basis for advanced practice and scientific inquiry. When board certification exists through the American Board of Physical Therapy Specialties (ABPTS) for that specialty, the residency training prepares the physical therapist to pass the certification examination following graduation.

About Cleveland Clinic's clinical residency

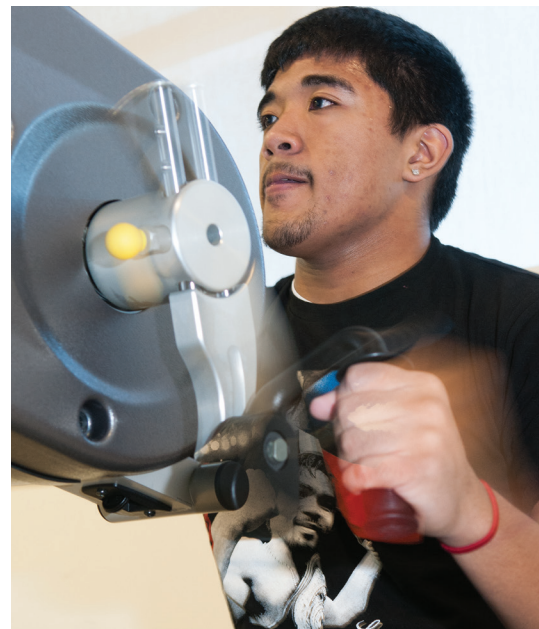
The residency program offered through our Rehabilitation and Sports Therapy Department consists of 10 structured didactic learning sessions with 10 lab intensives to reinforce the didactic material. There is a written midterm and final exam, with a corresponding lab practical. Also, prior to each lecture, a short quiz is given to the residents prior to the start of class. Residents also participate in regular journal club discussions and periodically work with physicians and surgeons, either observing surgery or attending medical fellow or radiology conferences.

Residents will also participate in mentorship under an APTA board-certified orthopaedic clinical specialist (OCS). They will lead treatment under the direct supervision of the mentor and participate in advanced orthopaedic discussion regarding the management of that patient.

Admission Requirements

- Licensed physical therapist
- APTA member
- Member of the American Physical Therapy Association and Orthopaedic Section member (strongly encouraged)

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Why choose Cleveland Clinic's Orthopaedic Physical Therapy Residency Program?

Unlike other programs, Cleveland Clinic's Orthopaedic Physical Therapy Residency is structured in a manner that allows the resident to work while taking classes, with the majority of didactic training done on Saturdays.

In addition, the program provides a mentorship with an orthopaedic specialist who are either fellow- or residency-trained physical therapists, or APTA board-certified specialists who provide intensive, hands-on learning and real-world experience.

Our courses are led by content experts, providing residents with opportunities to interact with world-renowned physicians and surgeons.

Residency Requirements

DIDACTIC LEARNING

- 120 classroom hours – 10 Saturdays (8 hours) and 10 Fridays (4 hours)
- 8 pre-lecture quizzes
- Written midterm and practical
- Written final and practical
- Case report or poster presentation submission
- Participation in journal club, physician experiences

MENTORED LEARNING

- 180 hours of clinical mentorship
- 40 hours of lab intensive practice with expert clinicians
- 1:1 mentorship with board-certified orthopaedic specialists
- 1,500+ hours of independent practice in orthopaedics

Our staff

Cleveland Clinic's highly trained staff evaluate, diagnose and manage treatment plans, customizing them for each individual patient's needs. They include:

- 9 Orthopaedic Clinical Specialists
- 3 Sports Certified Specialists
- 2 Fellows of the American Academy of Orthopedic Manual Physical Therapy
- 2 Certified Strength and Conditioning Specialists
- 1 holding diploma of Mechanical Diagnosis and Therapy
- 1 certified Mechanical Diagnosis and Therapy

Continuing Education

For those not interested in completing an orthopaedic physical therapy residency program but who are interested in attending advanced orthopaedic classes, we offer a weekly continuing education class. Each day-long Saturday class is available as a continuing education opportunity to earn CEUs.

Contact us

Contact us Please email ccrstceu@ccf.org for an application or questions.