



Cleveland Clinic Children's

THERAPY SERVICES PROGRAMS GUIDE



Pediatric Therapy Services through Cleveland Clinic Children's Hospital for Rehabilitation offers state-of-the-art individual therapy, group therapy, and many specialized programs. Our comprehensive therapy programs help children, birth through young adulthood, increase functional abilities in order to build their independence. Our team of experts work with parents and medical providers to identify goals and develop an individualized treatment plan that is best for your child. Treatment plans may include one or a combination of occupational therapy, physical therapy, speech therapy and recreation therapy.

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Cleveland Clinic Children's Hospital for Rehabilitation Outpatient Therapy Services Locations

Therapy Services Beachwood

3275 Science Park Drive Beachwood, OH 44122

Phone: 216-442-0113

Therapy Services Cleveland

2801 Martin Luther King Jr. Drive Cleveland, OH 44104 P

Phone: 216-448-6220

Therapy Services Medina

2508 Medina Road Medina, OH 44256

Phone: 330-225-4182

Therapy Services Middleburg Heights

17800 Jefferson Park Road, Suite 101

Middleburg Heights, OH 44130

Phone: 440-826-0102

Therapy Services Stow-Falls

857 Graham Road Cuyahoga Falls, OH

Phone: 330-752-4370

Therapy Services Westlake

826 Westpoint Parkway, Suite 1200 Westlake, OH 44145

Phone: 440-835-7400

To schedule an appointment with Pediatric Therapy Services, please call 216-636-5437 (KIDS). Our team will assist you with identifying the location and service that best meets your child's needs.

[https://my.clevelandclinic.org/pediatrics/departments/
outpatient-therapy](https://my.clevelandclinic.org/pediatrics/departments/outpatient-therapy)

Therapeutic Groups

**Please note: To participate in any of our therapeutic groups, a discipline specific order must be placed by your child's physician. Our team will assist within formation regarding the locations that each group takes place.*

Fluency Friends

Fluency Friends focuses on encouraging fluency strategies in natural and group settings. Activities will target using strategies with peers and increasing social emotional skills to help kids speak with confidence. This group is for ages 9-14 years old.

Site offered: Therapy Services Middleburg Heights

Game Break

Game Break is a group focused on the development of age-appropriate leisure participation to impact self-esteem, social interaction, and life satisfaction. This group is for ages 5-6 years old.

Sites offered: Therapy Services Medina and Westlake

Green Thumbs Up

Green Thumbs Up is a garden-themed group for children 5 years and older. This group places an emphasis on the development of positive leisure interests. Sessions focus on planting and caring for plants, garden-themed crafts, and participation in nature activities. Children will also learn the benefits of eating healthy foods, engage in sensory exploration experiences, and work as a team to care for their outdoor garden.

Sites offered: Therapy Services Beachwood, Middleburg Heights

Gym Class Heroes

Gym Class Heroes is a small group for kids ages 9 years and older who have overall decreased strength, limited endurance and low activity levels. This group will focus on overall whole body strengthening, endurance training and promote increased activity in their daily lives. Groups consist of strength training, stretching, yoga, aerobic activities, breathing techniques, conditioning, and endurance activities.

Sites Offered: Therapy Services Beachwood, Medina, Middleburg and Westlake

PEERS® Social Skills Group

PEERS® Social Skills Group is an evidenced based social skills intervention for motivated young adults, ages 18-26, that are interested in making and keeping friends and/or developing dating relationships.

Sites offered: Therapy Services Westlake

Preschool Language Group

Preschool Language Group is a small, theme-based speech therapy playgroup for preschoolers (ages 3-5) with expressive and/or receptive language delays. Weekly themes include: All About Me, My Family, Space, 5 Senses, Animals, and more. These themes are used to encourage language and vocabulary development.

Sites Offered: Therapy Services Medina and Westlake

Program for the Education and Enrichment of Relational Skills: PEERS ®

PEERS is an evidence-based social skills program for adolescents in middle and high school who are interested in making and keeping friends and/or handling conflict and rejection. Adolescents (ages 12-17) and parents attend 14 weekly group sessions for 90 minutes per week. Participants are taught social skills through didactic lessons and role-play demonstrations and practice these skills during group socialization activities. Parents are taught how to assist adolescents in making and keeping friends. (parent participation is required)

Sites offered: Therapy Services Westlake

SET for Success Sensory & Emotional Tools (SET) for Success

Set For Success is a group codesigned by occupational therapy and speech language therapy. This four-week group educates children on a range of emotions including fear, anxiety, and anger. The program helps children understand the purpose of these feelings and reactions, as well as provides sensory and emotional tools to utilize to improve coping skills. Coping strategies taught include yoga, breathing techniques, and mindfulness. Children and caregivers will be provided with a variety of materials and activities for use in the home and community settings. Children ages 4-10 years old are welcome. SET for Success is billed as either an OT or Speech Therapy Group.

Sites offered: Therapy Services Westlake

Social Learners

Social Learners is geared towards children between the ages of 3-5 who have challenges interacting in a group setting with peers. The focus is on helping children develop the skills of following directions, communicating needs, cooperative play, conflict resolution, self-advocacy, identifying and expressing feelings, attending group activities, and persisting through challenging or non-preferred activities.

Sites offered: Therapy Services Stow Falls

Tiny Dancers

Tiny Dancers is a small group for children ages 6-8 years old who are interested in ballet and have impaired balance and limited coordination. Children should be able to follow directions without needing one-on-one attention. Group consists of stretching, balance, training, coordination activities, rhythmic training, learning ballet basics, and working on barre and floor combinations. Group activities are paired with music and incorporate props.

Sites offered: Therapy Services Westlake

Tiny Talkers

Tiny Talkers is a small playgroup for children ages 18-35 months with expressive and receptive language disorders. This group promotes language development through words, word approximations, gestures, sign language and pictures.

Sites offered: Therapy Services Cleveland

Water Warriors

Water Warriors is an aquatic group which involves gentle rhythmic exercises, yoga poses, breathing techniques and balance activities. It is designed for children with difficulties in higher level balance, body awareness and coordination. Participants must be between 12-17 years of age, 54" tall, and able to enter the pool via steps and a railing. Participants must also be able to change into a swimsuit with minimal assistance from a caregiver of the same sex in a public locker room. Sessions are billed as a physical therapy group.

Sites offered: Richard E Jacobs Pool

Young Artists Group

Young Artists is an 8-week group for 5-10 year olds focuses on leisure, fine/visual motor abilities and social skills through an art focus. At the end of the 8-week session, there is an art show in the evening where the caregivers and community can come and see all of the artwork and the children are presented with awards.

Sites offered: Therapy Services Medina and Middleburg Heights

Zumbini ®

The Zumbini program is designed for children ages 0-4 and their caregivers. It incorporates singing, dancing, and instrument play. Classes are 45 minutes of nonstop learning, bonding and FUN! Zumbini gives children the freedom and confidence to grow as they develop their social, motor and cognitive skills. It is held once a week for 6-week sessions.

Sites offered: Fairview Wellness Center

Intensive Programs

Childhood Apraxia of Speech (CAS) Intensive

CAS Intensive is an individualized, intensive burst therapy program aiming for at least 3 sessions per week for a 3-week period targeting patients with a diagnosis of Childhood Apraxia of Speech (CAS) and/or severe Speech Sound Disorder (SSD). Patients should demonstrate stimulability for improvements along with toleration of intensive drill practice. Treatment approaches use evidence-based practice methods including, Motor Learning Theory, Dynamic Temporal and Tactile Cueing, and Integral Stimulation with the goal of improving overall motor planning for speech production, improved speech intelligibility, and generalization of targeted skills.

Sites offered: Therapy Services Middleburg Heights

Interactive Metronome® (IM)

The Interactive Metronome® (IM) is a computer-based program designed to improve timing, attention, coordination and regulation in children with cognitive or physical difficulties. It works by having a child synchronize a range of whole body exercises to a precise computer-generated beat. IM can have a positive impact on executive functions, attention, language, comprehension as well as many other areas of function. The IM Program consists of 3 one hour sessions per week, for approximately 12-18 visits. It is offered as occupational therapy or physical therapy.

<https://my.clevelandclinic.org/pediatrics/departments/interactive-metronome>

Sites offered: Therapy Services Beachwood, Therapy Services Middleburg Heights, Medina, Stow-Falls



Constraint Induced Movement Therapy (CIMT)

CIMT is an innovative and effective method for improving upper extremity function in children with neuromotor impairments, such as hemiplegia or brachial plexus injury. CIMT involves the constraining of the less involved extremity in combination with intensive therapy. This program consists of 3 weeks of outpatient services for 3 hours per day, 5 days per week. The child's less involved upper extremity is placed in a cast and he/she is expected to perform self-care tasks and fine motor tasks using his involved upper extremity during the program. A consistent family member/caregiver is expected to attend the program with the child. Goals of this program include facilitation of more spontaneous movement, improving quality of movement, increasing overall functional use, and improving quality of life.

<https://my.clevelandclinic.org/pediatrics/departments/constraint-induced-movement-therapy>

Sites Offered: Therapy Services Cleveland



Specialty Services

Adaptive Aquatics Program

The Adaptive Aquatics Program, located at Cleveland Clinic Children's Hospital for Rehabilitation Shaker campus, is available to all children with a disability. The program is operated by Aquatic Therapy Staff who are specially trained to work with each individual child and family member toward maximizing each child's potential for functional independence in the pool.

If you are interested in registering your child or have more questions, please reach out to Keri Osolin at 216-448-6150 or osolink@ccf.org.

Aquatic Therapy

Aquatic therapy is offered at the Medina Recreation Center and Stow Health and Wellness Center to address children's physical, developmental and sensory needs. Led by a physical therapist, sessions help improve strength, balance, coordination and functional mobility. The pool provides a safe space for children of all abilities to safely explore movement while working towards their goals.

Medina Location: If interested, please reach out to Jen MacPherson at 330-225-4182 or mapchej2@ccf.org. The Medina Recreation Center is located at 855 Weymouth Rd, Medina Ohio 44256.

Stow Location: Participation is based on recommendation from the evaluating therapist at Therapy Services Stow-Falls. The Stow Health and Wellness Center is located at 4300 Allen Rd, Stow Ohio 44224.

Frequency Specific Microcurrent (FSM)

Frequency-specific microcurrent (FSM) uses low level electrical current to treat an area of damaged soft tissue. The current is introduced to the body, by an FSM-trained therapist, to enhance the natural healing process occurring in that same tissue. Although microcurrent technology has been around for a number of years, FSM is a relatively newer approach to treat pain and many other symptoms. FSM encourages natural healing of the body, reduces pain and inflammation, and repairs tissue.

The Pediatric Gait Analysis Lab uses 3-D motion-capture technology and analytical software to provide information on how a child walks in order to determine the appropriateness of orthotics or therapy modalities. Physical therapists evaluate each child's needs and consult with care-givers to provide recommendations with the goal of maximizing each child's independence and participation in home, school and community-based activities. The assessment is typically a one-time visit for approximately 2 hours.

For more information, please call 440-835-7400.

<https://my.clevelandclinic.org/pediatrics/departments/gait-analysis-lab>

Sites Offered: Therapy Services Westlake

Literacy Assessment & Intervention Program

The literacy program offers both evaluations and intervention for a range of learning differences involving literacy: reading, spelling, working memory, narrative writing, expressive language and receptive language. Our Orton Gillingham trained speech-language pathologists will assess your child's skills to determine breakdowns in each area. A full report along with recommendations and goals will be written.

Speech and language therapy is available to address those goals. Therapy involves direct, multisensory, structured and sequential treatments to improve reading, spelling and writing in addition to traditional language therapy practices.

Evaluations are available at our Medina, Middleburg Heights, Stow-Falls and Westlake locations.

Pediatric Pelvic Floor Therapy

The pediatric pelvic floor therapy program incorporates occupational therapy evaluations and treatments for children aged 4 and up who experience difficulty with their bowel or bladder, and/or are experiencing pelvic floor pain. Common concerns that could warrant a referral to pediatric pelvic floor therapy include: stress urinary incontinence (loss of urine with sneezing, laughing, coughing, physical activity, etc), urinary frequency or urgency/retention, urge incontinence (strong urge to urinate with the inability to make it to the bathroom in time), withholding of stool and/or urine, bowel incontinence (encopresis), bedwetting (after 6 years of age), chronic constipation, difficulty urinating or fully emptying bowels, sensory challenges around toileting (such as sound of toilet flushing, smell of bathroom, etc.), painful elimination (bowel or bladder), frequent bladder infections/UTIs, abdominal pain/gas/bloating, or pelvic pain/ muscle spasm. The program uses surface electromyography (sEMG) biofeedback, when applicable, during evaluations/treatments to assess pelvic floor muscle function. Treatment sessions focus on improving quality of life by improving bladder, bowel, and pelvic floor function through neuromuscular re-education, ADL training, sensory/self-regulation, interoception and body awareness, and therapeutic activity and exercise. Each patient receives a detailed home program and is scheduled based upon individual needs using an episodic care approach.

Evaluations are available at our Middleburg Heights and Cleveland locations.

NICU Transition Clinic

The NICU Transition Clinic is an interdisciplinary clinic staffed by occupational and physical therapists. Babies who have been hospitalized in the NICU are seen at critical developmental periods (approximately one month and three months corrected age) for the evaluation of gross motor, fine motor, and feeding skills as well as for the administration of the GMA (General Movements Assessment). Families are provided with education to help support development. Based on the NICU transition evaluation, babies may be followed for outpatient OT and PT needs.

Sites Offered: Therapy Services Beachwood, Westlake, Medina

Therapeutic Listening

Therapeutic Listening is an evidence-based auditory intervention to support individuals facing challenges with sensory processing, motor planning, listening, attention and communication. Through the use of music and rhythmic sound patterns, combined with movement and core-strengthening exercises, patients may improve: focus and attention, praxis, motor planning, and fine motor skills, response to sounds and verbal directions, eating and sleeping patterns, social skills, communication, mood regulation, sensory regulation, and anxiety. Treatment is administered by an occupational therapist over a period of 8 weeks to several months and may be used as an intervention during therapy or implemented in a home program.

Rental options for equipment are available at all locations.

<https://my.clevelandclinic.org/pediatrics/departments/therapeutic-listening>

Sites offered: all Therapy Services locations

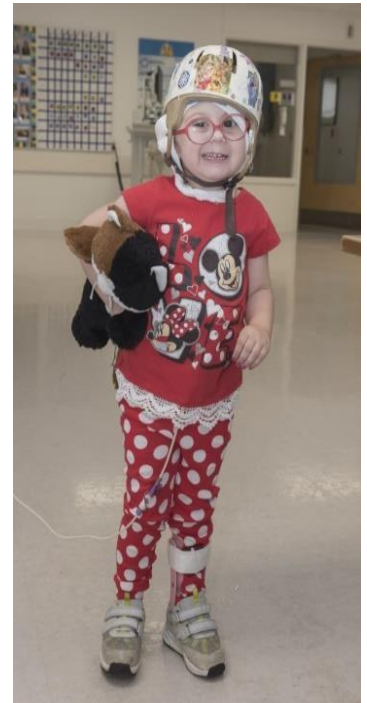


Specialty Clinics

Acquired Brain Injury (ABI) Clinic

Acquired Brain Injury (ABI) Clinic is a multidisciplinary clinic that looks to address the challenges that children with moderate to severe brain injury can face. ABI clinic also aims to offer support to families by decreasing the need to travel to multiple appointments. During the clinic session, the multidisciplinary team evaluates each child and makes treatment recommendations that may include:

- Medications or other interventions to help their muscle tightness and movements
- Medications or recommendations to help with attention and arousal
- Evaluation for orthotics and other equipment
- Evaluation of therapy services
- Working with schools to ensure appropriate IEP or other accommodations are in place
- Recommendations to improve engagement in community activities
- Counseling to address behavior, emotional difficulties, and adjustment to their injury
- Evaluation of cognition and sight
- Social work consultation to maximize funding and community resources



For more information or to schedule an appointment, please call Susan Conroy, clinical coordinator at 216-448-6182.

[https://my.clevelandclinic.org/pediatrics/departments/
acquired-brain-injury](https://my.clevelandclinic.org/pediatrics/departments/acquired-brain-injury)

Sites Offered: Therapy Services Cleveland

Assistive Technology Center (ATC)

The ATC staff help individuals whose ability to communicate has been affected by an injury, chronic illness or problems prior to birth. Evaluations are conducted by a Speech Language Pathologist and Occupational Therapist who specialize in augmentative and alternative communication. Recommendations may include:

- Introduction to no technology methods such as sign language
- Paper-based or low technology communication systems
- Communication devices

In addition, the ATC therapists can also provide the following assessments:

- General and customized mounting solutions for wheelchair users
- Computer access technology
- Simple environmental control assessments to improve daily function

For more information or to schedule an appointment, please call 216-448-6157.

<https://my.clevelandclinic.org/pediatrics/departments/assistive-technology>

Sites Offered: Therapy Services Cleveland and Stow-Falls



Be Well

Be Well brings together a comprehensive team of physicians, researchers and healthcare professionals with expert knowledge in childhood obesity. The Be Well Kids Clinic works with children (ages 2-18) and their families to develop strategies and create plans for a healthy lifestyle change.

Team members may include physicians, dietitians, psychologists, physical therapists and social work. To schedule an appointment, please call 216- 444-5437

<https://my.clevelandclinic.org/pediatrics/departments/healthy-living/be-well-kids-clinic#overview-tab>

Sites Offered: Cleveland Clinic Children's Outpatient Center, Rocky River, Hillcrest Medical Office Building

Cardiac Neurodevelopmental Support Program

Cardiac Neurodevelopmental Support Program offers specialized care for patients who are at risk for neurodevelopmental impairment. The program involved the following subspecialties: developmental behavioral pediatrician, medical subspecialist, pediatric psychology, physical therapy, educational advocate, social work and nurse coordinator.

The goal of the program is to help children attain their full developmental potential by monitoring the following areas:

- Achieving developmental milestones, gross/fine motor skills, speech and language skills, feeding, sleep, school readiness, ADHD, executive functioning and self-regulation, behavioral, emotional or social interactions

<https://my.clevelandclinic.org/pediatrics/departments/neurodevelopmental-support-program>

Sites Offered: Cleveland Clinic Children's Hospital for Rehabilitation Developmental Pediatrics

Cerebral Palsy (CP) Clinic

Cerebral Palsy (CP) Clinic is an interdisciplinary clinic in which patients can see several medical sub-specialists in one appointment, at one location.

Specialists include:

developmental pediatrics, physical medicine and rehabilitation, therapy services, nutrition, and social work. During the clinic session, the multidisciplinary team evaluates each child and makes treatment recommendations which may include:

- Medications or other interventions to manage muscle tightness and movements
- Nutritional assessment and recommendations
- Evaluation for orthotics and other equipment
- Evaluation of therapy services
- Working with schools to ensure appropriate IEP
- Social work consultation

For more information or to schedule an appointment, please contact Susan Conroy, clinic coordinator, at 216-448-6182.

Sites Offered: Therapy Services Cleveland

Cleft Lip-Palate and Craniofacial Program

The Cleft Lip-Palate and Craniofacial Program is comprised of a multidisciplinary team of specialists dedicated to the evaluation and treatment of children with these conditions, which can range from mild to complex. At Cleveland Clinic, a child with a cleft lip or cleft palate, as well as a craniofacial condition is specifically cared for by a team of experts that includes a pediatric plastic surgeon, pediatrician, orthodontist, dentist, speech and language specialist, hearing specialist, otolaryngologist, psychologist, genetic counselor and nurse.

For more information or to schedule an appointment, please call 216-445-4726.

<https://my.clevelandclinic.org/departments/dermatology-plastic-surgery/depts/cleft-lip-palate-craniofacial>

Sites Offered: Cleveland Clinic Children's Outpatient Center

Cleveland Clinic Children's Center for Down Syndrome

Cleveland Clinic Children's Pediatrics with Down Syndrome Clinic is focused on helping your child reach his or her full potential. Our multidisciplinary approach helps ensure that each child's needs are met, utilizing state-of-the-art resources to provide comprehensive collaborative care for children with Down Syndrome and their families. This approach emphasizes individualized treatment services for children with Down Syndrome based on best practices and standard of care. The Clinic supplements the child's primary care physician's routine medical care. Early intervention helps maximize each child's developmental potential and allows children to function as independently as possible in all aspects of school, community and family life. Team members may include: Neurology, Developmental Pediatrics, Therapy Services.

To schedule an appointment, please call 216.445.7937

<https://my.clevelandclinic.org/pediatrics/departments/pediatrics-with-down-syndrome#overview-tab>

Sites Offered: Cleveland Clinic Children's Outpatient Center

Hematology/Oncology/Rheumatology Mobility Program

This program serves to prevent Hematology and Oncology patients from developing significant physical disability. It is designed for patients who are at risk of functional consequences related to their diagnosis/treatment, who already have functional impairments, or who are receiving rehabilitation services in the community. This multidisciplinary team includes medicine, physical therapy, nurse practitioners and nurse care coordinators.

<https://my.clevelandclinic.org/pediatrics/departments/hematology-oncology>

Sites offered: Cleveland Clinic Children's Outpatient Center

Infant Feeding and Nutrition Clinic

The Infant Feeding and Nutrition Clinic is an interdisciplinary specialized outpatient clinic that addresses infants and children who have difficulty with bottle, breast, or spoon feedings. The infants in the clinic range from birth to 12-18 months old and are referred from home therapy, the NICU following discharge, or their pediatrician. The interdisciplinary team consists of a Developmental Pediatrician, Registered Dietitian (RD), and an Occupational or Speech therapist (OT/SLP). Members of the team work closely with one another to address all aspects of feeding and related medical concerns. A comprehensive evaluation is completed with recommendations, and follow up treatment sessions are scheduled as needed to address concerns.

For more information or to schedule an appointment, please call 216448-6110.

<https://my.clevelandclinic.org/pediatrics/departments/infant-feeding-nutrition-clinic>

*Sites offered: Cleveland Clinic Children's Hospital for Rehabilitation
Developmental Pediatrics*

Mobility and Seating Clinic

Mobility and Seating Clinic assists children who require special adaptive equipment to improve their positioning and promote functional independence. This clinic customizes power and manual wheelchairs as well as other seating devices. The team looks to build growth potential to all seating systems. The Seating and Mobility Clinic also assists in obtaining additional equipment such as:

- Adaptive car seats
- Bath/shower chairs
- Adaptive transportation strollers
- Other mobility devices

In addition, equipment trial sessions are offered to allow for training and determination of success with use of specific mobility devices and technology. Team members may include a: Physiatrist, Physical Therapist, Occupational Therapist, School Therapist and/or Teacher, and Wheelchair Vendor.

<https://my.clevelandclinic.org/pediatrics/departments/seating-wheelchair>

Sites offered: Therapy Services Cleveland



Myelomeningocele Clinic for Spina Bifida

Pediatric Myelomeningocele clinic provides comprehensive care with a multidisciplinary approach for children and teens with spina bifida or other neural tube deficits. Our team brings together experts from many different specialties, including Neurology, Orthopedics, Urology, Gastroenterology, Nutrition, Physical Medicine and Rehabilitation, Occupational therapy, Physical therapy, Nurse Coordinator and Social work. Patients will meet with several specialists during one myelo clinic visit.

<https://my.clevelandclinic.org/health/diseases/22813-myelomeningocele>

Sites offered: S building at Main Campus

Neurodevelopmental Support Program

Cleveland Clinic Children's Hospital for Rehabilitation's Neurodevelopmental Support Program (NDSP) offers specialized care for patients who are at increased risk for neurodevelopmental impairment, such as congenital heart disease. The goal of the NDSP is to help children attain their full developmental potential. Our team achieves this by bringing together a multidisciplinary group of experts to provide neurodevelopmental evaluation and intervention. This may include care from providers such as: Developmental behavioral pediatrician, Medical subspecialist, Pediatric psychologist, Physical therapist, Educational advocate, Social worker, and Nurse coordinator.

Sites offered: Cleveland Clinic Children's Hospital for Rehabilitation

Neuromuscular Disease Program

Pediatric Neuromuscular Disease Program provides a comprehensive assessment with a multidisciplinary approach for children and teens with a Neuromuscular disease diagnosis. This program provides children access to the latest therapies, including drug trials, plasmapheresis and immunoglobulin when indicated. The team includes: neurology and physical therapy.

<https://my.clevelandclinic.org/departments/neurological/depts/neuromuscular>

Sites offered: Cleveland Clinic Children's Outpatient Center

NICU Follow Up Clinic

The NICU Follow Up Clinic is an interdisciplinary clinic staffed by Neonatology, Developmental Pediatrics, Nurse Practitioners and Physical/Occupational Therapists. Babies who have been discharged from the NICU receive follow up assessments at 4 months corrected age (age from original due date), 8 to 12 months corrected age, and 18 to 24 months corrected age. Each child is administered a standardized developmental assessment (The Bayley Scales of Infant Development) to compare the child's development with typically developing age matched peers. This helps in determining the need for further assessment or intervention.

For more information or to schedule an appointment, please call 216-401-7575.

[https://my.clevelandclinic.org/pediatrics/departments/nicu- follow-up](https://my.clevelandclinic.org/pediatrics/departments/nicu-follow-up)

Sites Offered: Cleveland Clinic Children's Outpatient Center, Rocky River, Hillcrest Medical Office Building and Stow-Falls Therapy Services

NICU Neurodevelopmental Support Program

NDSP programming focuses on children who have been discharged from the NICU Follow Up Clinic and are at high risk for neurodevelopmental complications. NDSP provides care to high risk NICU Follow Up Clinic graduates (>30 months) including: <28 weeks gestation, <1000g, HIE (moderate to severe), post operative genetic syndromes (Williams, Prader Willi, Turner, etc.), Neuro (neonatal seizures, strokes, PVL, grade $\frac{3}{4}$ IVH). The services provided during the NDSP include the following subspecialties: Developmental Pediatrics, Physical Therapy, Speech Therapy, Social Work, Education Advocate, Nurse Coordinator and Neuropsychology.

<https://consultqd.clevelandclinic.org/program-transitions-care-from-neonatology-to-developmental-pediatrics>

Sites offered: Cleveland Clinic Children's Outpatient Center

Pectus Clinic

The Pectus Clinic is for patients who have pectus carinatum and are receiving a brace to correct the position of the sternum. Upon receiving the brace, patients are seen by a physical therapist to discuss putting the brace on and taking the brace off to ensure that each patient understands how to do so. The physical therapist also completes an assessment of posture and strength and provides a home exercise program to address strength deficits and overall posture.

<https://my.clevelandclinic.org/health/diseases/17328-pectus-excavatum>

Sites offered: Cleveland Clinic Children's Outpatient Center

Pediatric Orthopedic Clinic

The Pediatric Orthopedic Clinic evaluates and treats children with congenital orthopedic conditions and acquired orthopedic injuries. A team of specialists including orthopedic medicine and occupational therapy meet to determine each child's needs and determines the best plan of care. Children and families are provided with home programming recommendations and splinting/casting when appropriate.

To schedule an appointment, please call: 216-444-8955

Sites Offered: Cleveland Clinic Children's Outpatient Center

Pediatric Surgical Spasticity Clinic

Team evaluation for Selective Dorsal Rhizotomy (SDR) candidacy.

The team includes: pediatric orthopedic surgery, Physical Medicine and Rehabilitation, neurosurgery and occupational therapy.

<https://my.clevelandclinic.org/health/treatments/17458-selective-dorsal-rhizotomy>

Sites Offered: Cleveland Clinic Children's Outpatient Center

Prenatal Exposure to Alcohol Clinic

This clinic provides diagnostic services and comprehensive multidisciplinary treatment of the complex cognitive, behavioral, sensory and neurodevelopmental problems that can result from FASD. It is intended for children aged 15 months through 18 years old. This multidisciplinary team includes developmental pediatrics, occupational therapy, social work, education specialist and care coordinators.

<https://my.clevelandclinic.org/health/diseases/15677-fetal-alcohol-syndrome>

Sites offered: Cleveland Clinic Children's Outpatient Center

Spinal Cord Injury Clinic

Our spinal cord injury clinic is a multi-disciplinary clinic designed to provide long-term, comprehensive outpatient care for all of our patients with both traumatic and non-traumatic spinal cord injuries all in one place. The services provided include Physical Medicine & Rehabilitation, physical therapy, occupational therapy, urology, gastroenterology, and social work as well as durable medical equipment visits and psychiatry as needed.

Sites offered: Cleveland Clinic Children's Hospital for Rehabilitation

Community Education

Free Virtual Education Classes

Cleveland Clinic Children's Therapy Services welcomes you to join them virtually for on-demand classes on current topics of interest.

Scan the QR code below to watch.

Topics include: Toe Walking, Tummy Time, Youth Sports, Sign Language, Late Language, Typical Developmental Milestones for birth through 2 years, Feeding Development, Kids and Technology, Picky Eating, and More



