## Project CARE Webinars

**1. ADHD and Epilepsy:** In the first part of the webinar Dr. Tatiana Falcone discusses the co-morbidity of ADHD in youth with epilepsy, the diagnostic issues and treatment. Dr. Jane Timmons-Mitchell discusses Attention Deficit Hyperactivity Disorder (ADHD) and behavioral therapy treatment options. (Tatiana Falcone, MD, Child and Adolescent Psychiatrist, Assistant Professor, Jane Timmons-Mitchell, PhD, Clinical Child Psychologist). 1. ADHA and Epilepsy- Falcone Timmons-Mitchell

**2.** Anti-seizure medications and rescue seizure medications: This webinar will address what every family should know about anti-seizure medications and rescue medications, how doctors choose which epilepsy medication to use, and what is new in the field of anti-seizure medications. (Elia Pestana Knight, MD, Pediatric Epileptologist, Assistant Professor).

**3.** Anxiety and Epilepsy: This webinar will cover why depression and anxiety are big problems for teens especially with epilepsy. It will tell how to recognize symptoms, what to do for your teen, how to know when depression and anxiety are more than usual concerns, and treatment available. It will also cover depression and the risk of suicide in epilepsy. (Tatiana Falcone, MD, Child and Adolescent Psychiatrist, Assistant Professor, Jane Timmons-Mitchell, PhD, Clinical Child Psychologist).

**4. Depression and Epilepsy in Children and Adolescents:** This webinar will cover why depression is a big problem for teens, and is more frequent for teens with epilepsy. It will discuss how to recognize depression, what to do for your teen, how to know when depression is more than a usual concern, and treatment that is available. It will also cover depression and the risk of suicide in epilepsy. (Tatiana Falcone, MD, Child and Adolescent Psychiatrist, Assistant Professor).

**5. Diagnosing Epilepsy:** This webinar will cover information about the EEG, how it provides information for the diagnosis of epilepsy, how to prepare a child for any EEG testing and the different types of EEGs (outpatient, Ambulatory, Video-EEG). Dr. Elia Pestana Knight will provide information about the brain MRI, other imaging techniques, and information that they provide to the physicians. (Elia Pestana Knight, MD, Pediatric Epileptologist, Assistant Professor).

**6.** Epilepsy Patient and Parent Perspective: An in depth interview with a parent and her son, now in college, looking back at his journey with epilepsy. (Sammy Juhn, MSW, LSW, Denise Hagen, MSSA, LISW-S).

**7.** Cognition in Children with Epilepsy: Dr. Patricia Klaas discusses when neuropsychological assessments may be helpful. She expands on behavioral concerns, possible accommodations and modifications that may be helpful as they relate to the diagnosis of epilepsy. (Patricia Klaas, PhD, Pediatric Neuropsychologist).

**8. Pediatric Psychogenic Non-Epileptic Seizures (PNES):** This webinar provides information of symptoms, treatments, frequency and risk factors associated with non-epileptic seizures. (Tatiana Falcone, MD, Child and Adolescent Psychiatrist, Assistant Professor, Jane Timmons-Mitchell, PhD, Clinical Child Psychologist).

**9. Taking Epilepsy to School:** This webinar will cover information about IEPs, (individual education plan) and how to interact with the school system and teachers. An overview will be given of the different forms that help physician and families to exchange information with the school system, including the Parent Questionnaire, the Seizure Action Plan and the Seizure Observation Form. There will be information about how to train the school staff (nurse, teachers, bus drivers, cafeteria and other staff) for a seizure event: when to share and how to share a diagnosis of epilepsy. (Tatiana Falcone, MD, Child and Adolescent Psychiatrist, Assistant Professor, Laura Neece-Baltaro, Epilepsy Educator).

**10.** *Transitioning Teens with Epilepsy*: Ready or not, your child with epilepsy will grow up. As he (or she) approaches adulthood, what do you need to do and who can help you and your child as they become an adult with epilepsy? This presentation provides answers and guidance to parents of teens who want to successfully move their son or daughter toward a happy and thriving adulthood with appropriate adult medical care for his or her epilepsy. It describes the gradual transition of medical care to the adult model and the steps in transitioning to adult lifestyles.

The presenter, Laura Neece-Baltaro is herself the mother of a young woman who had epilepsy throughout her teens. Ms. Neece-Baltaro has over 20 years of experience educating families of children with epilepsy on how they can live the healthiest and best lives possible. She has worked for three epilepsy organizations and with epilepsy patients, their families, schools and epilepsy professionals. (Laura Neece-Baltaro, Epilepsy Educator).

**11.** What Parents Need to Know about Epilepsy Surgery: This webinar will describe the selection of patients for epilepsy surgery and the different types of epilepsy surgeries. It will also describe risks and benefits for possible surgery. (Elaine Wyllie, MD, Pediatric Epileptologist, Professor).

**12-16.** When Your Child is Newly Diagnosed with Epilepsy: A distinguished panel of presenters discuss the diagnosis of epilepsy. How the diagnosis is made, help to understand the diagnosis, how to treat it, and the importance of a seizure action plan. They discuss the importance of a support network such as: the neurologist, epileptologist, and primary care physician. Restrictions, safety issues, and strategies used for school partnership are provided. (Elaine Wyllie, MD, Pediatric Epileptologist, Professor, Tatiana Falcone, MD, Child and Adolescent Psychiatrist, Assistant Professor, Jane Timmons-Mitchell, PhD, Clinical Child Psychologist, Laura Neece-Baltaro, Epilepsy Educator).