



Cleveland Clinic Children's

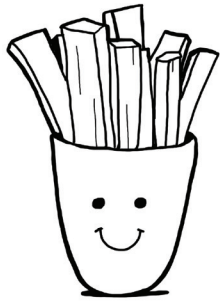
KIDS MENU



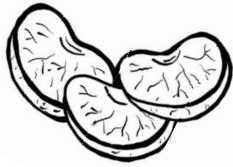
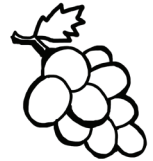
Order your meals using the patient app: clevelandclinic.org/order-food • Facility ID: **ccmain**

A food service caregiver will come by the room daily to take meal orders
if you choose not to use the app.

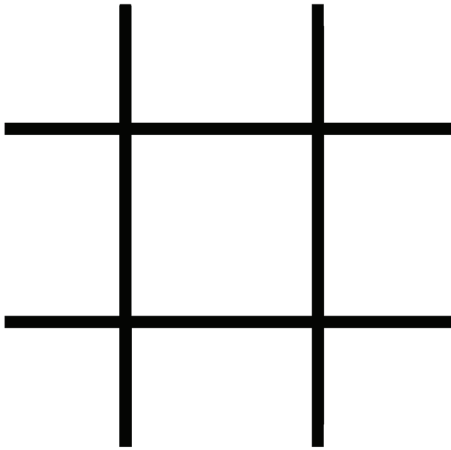
For safety reasons, some items such as hot beverages, hot soup, or items
that may present a choking hazards may not be available.



KIDS MENU



BREAKFAST



Bone Appetit Entrees

Breakfast Combo Meal — Barkin' Buttermilk Stack:
Buttermilk Pancakes, Sausage, Fruit Cup, Orange Juice

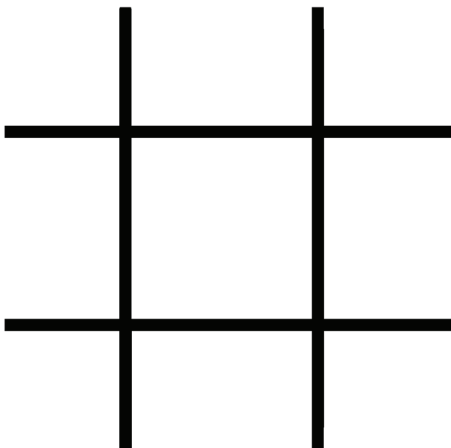
Cereals — Oatmeal, Cream of Wheat, Grits, Froot Loops,
Rice Krispies, Cheerios, Cinnamon Toast Crunch, Frosted Flakes

Cool Start — Blueberry Muffin, Banana Muffin, Fruit and
Yogurt Parfait, Granola Bar (Peanut Butter or Chocolate Chip),
Nutrigrain Bar, Greek Vanilla Yogurt, Strawberry Go-Gurt,
Trix Strawberry Banana Yogurt, Activia Vanilla Yogurt

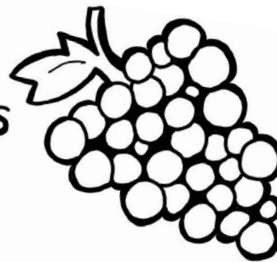
Toasty Morning Meals — Scrambled Eggs, Pancakes,
French Toast Sticks, Waffle, Breakfast Potatoes, Bacon,
Sausage (Pork, Turkey, or Veggie)

ALLERGY CONCERNS

Please ask us
for our top 9 food
allergens list.



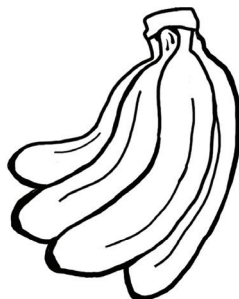
GRAPES
ARE BERRIES
AND HIGH IN
VITAMIN C



THERE ARE
7,500
KINDS OF APPLES



A BUNCH
OF BANANAS
IS CALLED
A HAND.
EACH BANANA
IS CALLED
A FINGER.



STRAWBERRIES
HAVE THEIR
SEEDS ON THE OUTSIDE



LUNCH AND DINNER

Build Your Own Sandwich

Select from the following options:

Choose Your Bread —

White or Wheat Bread

Pick Your Protein —

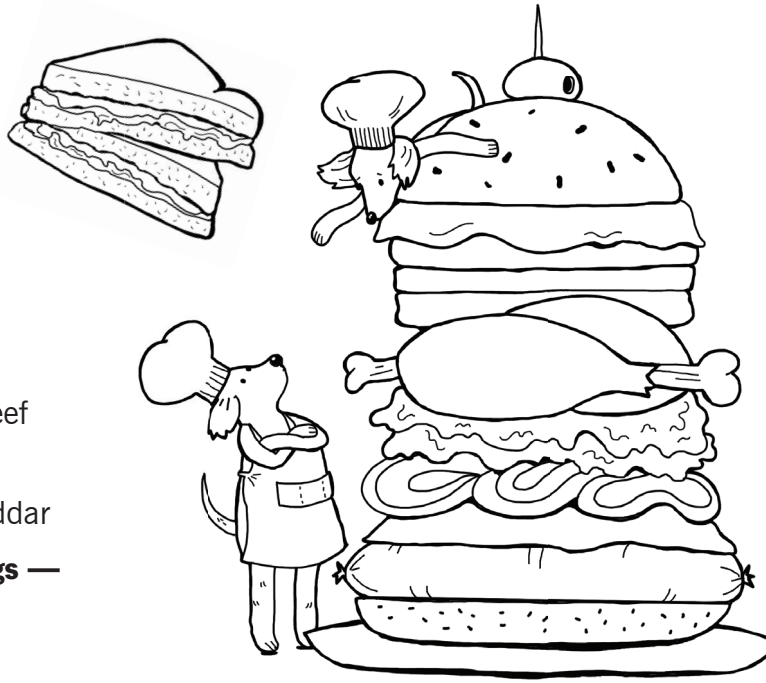
Ham, Turkey, Roast Beef

Select Your Cheese —

American, Swiss, Cheddar

And Now Your Toppings —

Ask For Condiments



Lunch Sandwich Specials

PB&J on Wheat Bread



Build-a-Bite Board

Create your own delicious combination. Choose a variety of items from the lists below to create a healthy masterpiece:

Fresh Veggies — Carrot Sticks, Celery Sticks, Cucumber Slices

Fresh Fruits — Grapes, Sliced Strawberries, Banana, Apple, Clementine

Deli — String Cheese, Turkey, Ham, Roast Beef, American Cheese, Swiss Cheese

Snacks — Pretzels, Crackers, Baked Chips, Yogurt or Go-Gurt, Hummus, Pita Bread

Try a Dip — Ranch Dressing, Hummus, Peanut Butter

Kids' Favorites

Pastas — Kids Mac & Cheese, Spaghetti & Meatballs, Cheese Ravioli & Marinara

Comfort — Chicken Nuggets, Chicken Fingers, Fish Sticks, Personal Pizza (Cheese or Pepperoni)

Grill — Hot Dog with Bun, Burger with Bun (Turkey, Beef, Garden), Grilled Chicken Sandwich, Grilled Cheese, Baked Tilapia

Chomps

Grape Jelly Uncrustable

Chef Salad

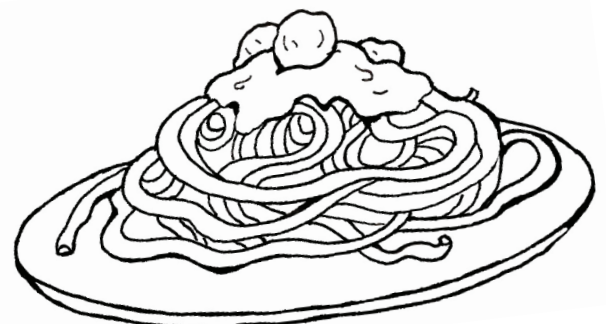
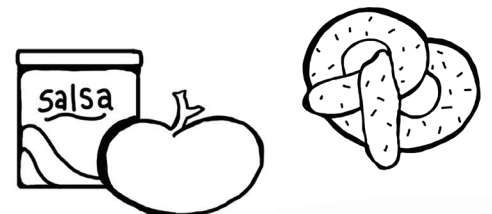
Garden Salad

Cheese and Fruit Plate

Soups

Chicken Noodle Soup

Fresh Vegetable Soup



BEVERAGES

Soy Milk: Vanilla
Milk: Low-Fat, Whole, Skim,
Chocolate, Lactose-Free
Juice: Apple, Grape,
Cranberry, Orange
Sugar-Free Lemonade or
Fruit Punch
Hot Chocolate

SIDES

Mashed Potatoes
Rice
Macaroni and Cheese
Green Beans
Cooked Carrots
Steamed Broccoli
Steamed Corn
Baked Chips
French Fries
Tater Tots
Baked Sweet Potato
Baked Potato
Roasted Red Potatoes
Seasoned Wedge Fries
Peas
California Blend Veggies
Penne Pasta
Whole Wheat Pasta
Carrot Sticks
Celery Sticks
Canned Fruit
(Mandarin Oranges, Pears
Peaches, Tropical Fruit)
Applesauce
Fresh Fruit Cup
Pretzels
Dinner Roll
Oyster Crackers

PAW-FECT TOPPINGS

Sweeteners and Jellies —
Syrup, Brown Sugar, Jelly
Dressings — Balsamic,
Caesar, Honey Mustard,
Italian, Ranch
Sauces — BBQ, Ketchup,
Mustard, Mayonnaise, Salsa,
Sour Cream, Tartar Sauce
General — Butter, Margarine,
Parmesan Cheese, Salt-Free
Seasoning, Salt, Pepper,
Cream Cheese

*(Additional condiments are
available upon request)*

TREATS

Oreos
Rice Krispies Treat
Vanilla or Chocolate Pudding
Ice Cream
Orange Sherbet
Assorted Gelatin
Lemon or Cherry Fruit Ice
Chocolate Chip, Oatmeal
Raisin or Sugar Cookie
Teddy Grahams

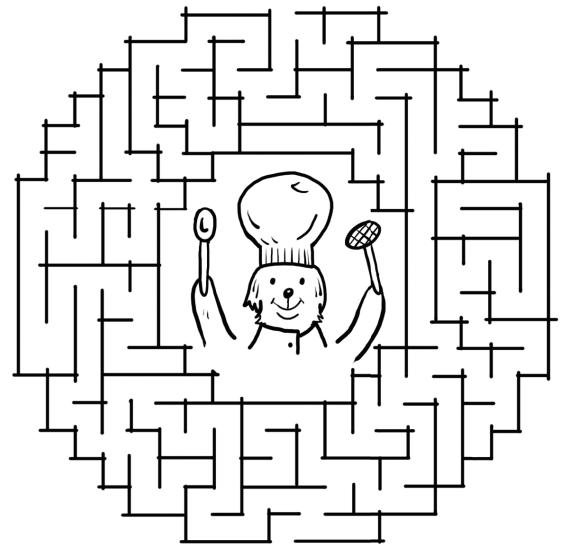


GAMES



C	B	U	R	G	E	R	P	T	B
H	Q	O	F	R	I	E	S	L	U
E	T	K	E	T	C	H	U	P	N
E	H	U	N	H	B	R	E	A	D
S	P	O	R	H	A	X	D	V	B
E	I	C	T	K	T	M	R	V	I
N	C	H	H	D	E	C	I	F	J
O	K	I	V	Y	O	Y	N	U	Z
P	L	P	S	W	Z	G	K	D	V
F	E	S	M	U	S	T	A	R	D

Find Your Way
↓



End ↑ Here



Word Search Answers: Cheese, Burger, Bun, Fries, Ketchup, Bread, Ham, Turkey, Pickle, Chips, Mustard, Hot Dog, Drink