





# **Total Joint Replacement Class**

Are you considering or have you scheduled a total joint replacement? We encourage you to attend our Total Joint Replacement Class. During this informative class you will learn what to expect following surgery and your recovery process.

Our goal is for each patient to achieve the very best outcome possible. Every patient receives personalized attention from our staff of specially trained nurses and therapists. Family members are welcome!

# What can I expect?

- Your instructor will discuss presurgery preparation, the hospital stay and postoperative rehabilitation needs.
- Cleveland Clinic experts will be available to answer questions.
   Experts may include any of the following team members: orthopaedic patient navigator, physical therapist, occupational therapist, care manager and surgeon.

# How do I sign up?

This is a FREE program. We recommend attending the class at the hospital where your surgery is scheduled. Locations include:

### **Akron General Hospital**

Every Thursday, 10-11 a.m. Heart and Vascular Center 1 Akron General Ave., Akron Please call 330.344.5125 to register.

#### **Cleveland Clinic Main Campus**

Every Monday and Wednesday, 12:15 to 1 p.m Crile Building (Building A), Fasenmyer Center, 4th floor East 100th St. and Carnegie Ave. Pre-registration is required. Please call 216.445.3025.

### **Euclid Hospital**

Every other Monday, 1 to 3 p.m. Every other Tuesday, 4 to 6 p.m. Waltz Auditorium 18901 Lake Shore Blvd., Euclid Pre-registration is required. Please call 216.692.7564.

## Fairview Hospital

Once a month on Wednesday
Call for times.
Fairview Wellness Center – Room 103
3035 Wooster Rd., Rocky River
Pre-registration is required.
Please call 216.476.9005.

#### Hillcrest Hospital

Every Wednesday, 2 to 4 p.m. 6780 Mayfield Rd., Mayfield Heights 4th floor West tower Day Room Pre-registration is required. Please call 440.312.3789.

### **Lutheran Hospital**

Every Wednesday, 2 to 4 p.m. 5th Floor, Room 527 2609 Franklin Blvd., Cleveland Pre-registration is required. Please call 216.363.2138.

## **Marymount Hospital**

First Monday of every month, 1 to 3 p.m. and third Monday of every month, 5 to 7 p.m. Dates subject to change. Rehabilitation Gym, 1st floor 12300 McCracken Rd., Garfield Heights Pre-registration is required. Please call 216.587.8108.

# Medina Hospital

Weekly
Dining Conference Room,
Lower Level
1000 E. Washington St., Medina
(Entrance A)
Pre-registration is required.
Please call 330.721.5509 for more information.

# **South Pointe Hospital**

First and Third Thursday of every month 2:30 to 4:30 p.m. South Pointe B Bldg., West Wing Classroom, 1st floor 20000 Harvard Rd., Warrensville Heights Pre-registration is required. Please call 216.548.9868.