

Urinary & Fecal Incontinence

This is a four week instructor facilitated online course focusing on the nursing of management of urinary & fecal incontinence. The course is delivered through a learning management system. Content includes anatomy & physiology of the lower urinary tract, mechanism to maintain continence, urinary & fecal incontinence types, medications, behavioral strategies, containment products, odor management, diagnostic testing, advanced management strategies, pelvic floor rehabilitation, CAUTI prevention, and IAD management. Assignments on CAUTI prevention & management, and IAD prevention & management provides each learner presentations that can be used in practice. Discussion topics include case study analysis to support the learning process. Weekly and final quizzes provide each person perspective achieving learning goals. This specialty course is part of a series for a WOCN® Accredited Program for the role of WOC Nursing Specialist. Graduates of this WOC nursing education program are eligible for the www.WOCNCB.org certification exams.

Course Outcome:

Apply the concepts of urinary & GI anatomy and voiding physiology with knowledge of UI & FI types and holistic assessment, management through diet, medications, containment product, or behavioral strategies to the care of a person with a urinary and/or fecal incontinence.

Course Objectives:

1. Describe the anatomy and physiology of the urinary tract.
2. Summarize mechanisms involved in voiding.
3. Classify containment devices for urinary incontinence by product components, indications, and contraindications.
4. Plan WOC nursing care for the patient with moisture-associated dermatitis (MAD).
5. Relate the basic pathology and assessment criteria for common types of chronic urinary incontinence (UI).
6. Relate the basic pathology and assessment criteria for less common types of chronic urinary incontinence (UI).
7. Describe medication classifications used to manage chronic urinary incontinence.
8. Discuss the role of pelvic muscle rehabilitation, biofeedback, electrical stimulation, fluid management, and bladder retraining in the management of urinary incontinence.
9. Explain surgical procedures used for the management of chronic urinary incontinence.
10. Develop a nursing education in-service program on catheter-associated urinary tract infection (CAUTI).
11. Design an appropriate WOC nursing management plan for the treatment of the patient with chronic urinary incontinence.
12. Identify causative factors for fecal incontinence.
13. Explain diagnostic tests used in the work-up of the patient with fecal incontinence.
14. Describe components included in a focused nursing assessment for the person with fecal incontinence.
15. Discuss medications used for the patient who has constipation or diarrhea.
16. Plan WOC nursing care for the individual with fecal incontinence.

Successful completion includes achieving at least 80% of course points as outlined in the course syllabus, and completion and submission of course evaluation.

Disclosures: Course facilitators have no disclosures to report.

Admission requirements include current RN licensure, one year current RN experience, baccalaureate degree, and successful completion of the Concepts in WOC Nursing Course.

Enrollment requirements and online application available at www.clevelandclinic.org/WOCschool

Cost \$1575.00 and 60 contact hours will be awarded on successful course completion

Clinic Enterprise is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.