

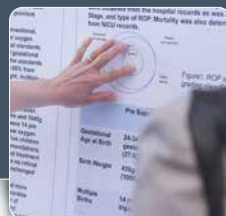
16th Annual

Clinical Nursing Research

CONFERENCE 2021

April 26-27, 2021
8 a.m. – 12:30 p.m.

Virtual Conference



This conference features 18 oral research presentations, over 40 poster presentations, two special topics, and a panel discussion.

Overview

The goal of this conference is to disseminate research findings and evidence-based information to clinicians who will use the new knowledge to (a) replicate studies, (b) translate findings to improve patient care quality, safety and outcomes, and (c) improve evidence-based infrastructure and processes. This conference focuses on research dissemination and implementation of research findings by building a capacity for scientific inquiry. It will feature presentations by and for clinical and academic attendees, with time allotted between sessions for formal and informal networking. To enhance knowledge related to methodological issues, the conference will feature 3 oral presentation sessions and a panel of research experts.

Specific Aims

The aims of this conference are to (1) provide a forum for research collaboration and partnerships between nurses at various institutions (clinical and academic), (2) share results of clinical research studies to foster a culture of inquiry, implementation science, and delivery of care based on best practice evidence, (3) increase knowledge of methodological concerns related to research planning and implementation through expert-led methodology workshops, (4) enhance attendee's knowledge of research processes and clinical research through discussion, networking and an expert panel.

Our target audience includes nurses (clinical and academic) who are clinically active or engaged in research that improves clinical outcomes.

Who Should Attend?

1. Healthcare professionals interested in clinical research.
2. Students in healthcare professions.
3. Magnet® and Journey to Magnet Excellence® program coordinators.
4. Faculty who chair or advise capstone, project or dissertation committees.
5. Researchers.

Office of Nursing Research and Innovation

Nancy M. Albert, PhD, RN, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FAAN

Associate Chief Nursing Officer

Connie Cottrell, PhD, MHA, RN

Nurse Scientist I

Karen Distelhorst, PhD, MSN, APRN, GCNS-BC

Nurse Scientist I

Sandra L. Siedlecki, PhD, RN, APRN-CNS, FAAN

Senior Nurse Scientist, Chair of Nursing Research Conference

Lee Anne Siegmund, PhD, RN, CEP

Nurse Scientist II

Day One | April 26, 2021

- 8:00 A.M.

OPENING REMARKS

Sandra L. Siedlecki, PhD, RN, APRN-CNS, FAAN

, Senior Nurse Scientist, Office of Nursing Research and Innovation, Cleveland Clinic. Conference Chair
- 8:10 A.M.

The Importance of Clinical Nursing Research for Improving Patient Outcomes

Nancy M. Albert, PhD, RN, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FAAN

, Associate Chief Nursing Officer, Office of Nursing Research and Innovation, Cleveland Clinic
- 8:20 A.M.

Leading the Way through Clinical Nursing Research

Meredith A. Foxx, MBA, MSN, APRN, PCNS-BC, PPCNP-BC, CPON

, Executive Chief Nursing Officer, Cleveland Clinic
- 8:30 A.M.

KEYNOTE ADDRESS

Sleep in People with Heart Failure: Evolution of a Program of Research

Nancy S. Redeker, PhD, RN, FAHA, FAAN

, Beatrice Renfield Term Professor of Nursing, Yale School of Nursing; Editor, *Heart & Lung: The Journal of Cardiopulmonary & Acute Care*

9:30 A.M.

BREAK | VIRTUAL POSTER AND SPONSOR VIEWING

9:45 A.M.

ORAL PRESENTATIONS

11:00 A.M.

BREAK | VIRTUAL POSTER AND SPONSOR VIEWING

11:10 A.M.

ORAL PRESENTATIONS

12:30 P.M.

RAFFLE AND ADJOURNMENT

Day Two | April 27, 2021

8:00 A.M. OPENING REMARKS

Nancy M. Albert, PhD, RN, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FAAN, Associate
Chief Nursing Officer, Office of Nursing Research and Innovation, Cleveland Clinic

8:10 A.M. KEYNOTE ADDRESS

Implementation Science & Nursing Research: A Critical Connection
Molly McNett, PhD, RN, CNRN, FNCS, FAAN, Professor of Clinical Nursing in the College of
Nursing at The Ohio State University, and Assistant Director of the Implementation Science Core
of the Helene Fuld Health Trust National Institute for Evidence-Based Practice (EBP)

9:10 A.M. BREAK | VIRTUAL POSTER AND SPONSOR VIEWING

9:25 A.M. ORAL PRESENTATIONS

10:40 A.M. BREAK | VIRTUAL POSTER AND SPONSOR VIEWING

10:45 A.M. PANEL DISCUSSION

Connie Cottrell, PhD, MHA, RN
Research or Quality: What is the Difference and Who Cares?

Jim Bena, MS
Why Sample Size Matters?

Nancy S. Redeker, PhD, RN, FAHA, FAAN
Data Fidelity, What Can Go Wrong and Why It Matters?

Jacqueline Owens, PhD, RN, CNE
The Study is Over and It's Time To Publish: Tips From an Editor

12:30 P.M. AWARDS AND CONCLUSION

Keynote Speakers



Nancy S. Redeker, PhD, RN, FAHA, FAAN, Beatrice Renfield, Term Professor of Nursing and Director, Center for Biobehavioral Health Research, Yale School of Nursing. She holds an appointment in the Department of Internal Medicine (Division of Pulmonary Critical Care, and Sleep Medicine) at Yale School of Medicine and was Principal Investigator of the highly successful NIH/NINR funded Yale Center for Sleep Disturbance in Acute and Chronic Conditions. Dr. Redeker is currently conducting a study on the sustained effects of cognitive behavioral therapy for insomnia among patients with stable heart failure and another on the effects of positive airway pressure treatment for sleep apnea on function among patients experiencing ischemic strokes. She is Chair of the Council for Advancement of Nursing Science, the national voice for nursing science, and served on the National Healthy Sleep Awareness Program working group. She recently completed a term on the Advisory Council to the National Institute of Nursing Research and was a member of the Advisory Board to the National Sleep Research Network. She is an editor of *Sleep Disorders & Sleep Promotion in Nursing Practice*, the first textbook focused on the uptake of scientific evidence about sleep in nursing practice; it earned an American Journal of Nursing Book of the Year Award. She is also editor of *Heart & Lung: The Journal of Cardiopulmonary & Acute Care*. Dr. Redeker is a fellow of the American Academy of Nursing and the American Heart Association and was inducted into the Sigma Theta Tau International Nurse Researcher Hall of Fame.



Molly McNett, PhD, RN, CNRN, FNCS, FAAN, Professor of Clinical Nursing and Assistant Director, Implementation/Translational Science Core, Helene Fuld Health Trust National Institute for Evidence-Based Practice, College of Nursing, The Ohio State University. Dr. McNett's research centers on care of critically ill patients after neurological injury. She is passionate about eliminating disparities in healthcare and research, and applying best evidence to improve patient and organizational outcomes. She has led funded, multi-site, national trials and routinely participates in international trials with diverse research teams. She is widely published in peer reviewed journals, has authored several evidence-based clinical practice guidelines, and presents nationally on research and evidence-based care for patients after devastating neurological injuries. Dr. McNett also leads international guideline development groups in critically synthesizing research literature to generate practice recommendations for several professional organizations. Dr. McNett has led numerous interdisciplinary task forces to integrate key components of research, evidence-based practice, and quality improvement initiatives into healthcare settings. Dr. McNett's work has earned her several awards, including fellowship distinction from the Neurocritical Care Society, the Ohio Nurse of the Year Award for Research, Excellence in Performance from Sigma Theta Tau International, multiple Presidential Citations from the Neurocritical Care Society, and consecutive recognitions for exemplar programs of research and EBP from the American Nurses Credentialing Center (ANCC) Magnet Recognition Program. She is a fellow of the American Academy of Nursing and a fellow in the Neurocritical Care Society.

Introducing our Panel



Connie Cottrell, PhD, MHA, RN

Nurse Scientist I, Office of Nursing Research and Innovation, Cleveland Clinic

Research or Quality: What Is The Difference and Who Cares?



Jim Bena, MS

Lead Biostatistician in Quantitative Health Sciences at Cleveland Clinic.

He serves as collaborator with several clinical and basic science investigators, and has worked regularly with nursing researchers.

Why Sample Size Matters



Nancy S. Redeker, PhD, RN, FAHA, FAAN

Beatrice Renfield Term Professor of Nursing, Yale School of Nursing;

Editor, *Heart & Lung: The Journal of Cardiopulmonary & Acute Care*

Data Fidelity, What Can Go Wrong and Why It Matters



Jacqueline Owens, PhD, RN, CNE

Editor, *OJIN: The Online Journal of Issues in Nursing*

The Study is Over and It's Time to Publish: Tips From an Editor

Conference Registration:

Register at clevelandclinic.org/researchconference

\$60 for Non-Presenters | \$35 for Presenters

Accreditation:

Nursing contact hours will be awarded.

Cleveland Clinic Enterprise is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.