



16th Annual

# Clinical Nursing Research

## **CONFERENCE 2020**

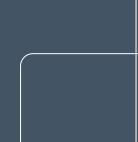
---

**April 27-28, 2020**

**7 a.m. – 5 p.m.**

---

Hilton Garden Inn Cleveland East/Mayfield Village  
Conference Center  
700 Beta Drive  
Mayfield Village, OH 44143



**Sponsored by Cleveland Clinic Stanley Shalom  
Zielony Institute for Nursing Excellence**

This conference features over 20 oral research presentations, 40 poster presentations, six research workshops, and two special topics.

## Overview

The goal of this conference is to disseminate research findings and evidence-based information to clinicians who will use the new knowledge to (a) replicate studies, (b) translate findings to improve patient care quality, safety and outcomes, and (c) improve evidence-based infrastructure and processes. This conference focuses on research and dissemination and implementation of research findings by building a capacity for scientific inquiry among attendees. It will feature presentations by and for clinical and academic attendees, with time allotted between sessions for formal and informal networking. To enhance knowledge related to methodological issues, the conference will feature six workshops, two of which will be presented by content experts (statisticians, editors, writers and researchers).

### Specific Aims

The aims of this conference are to (1) provide a forum for research collaboration and partnerships between nurses at various institutions (clinical and academic). (2) Share results of clinical research studies that will foster a culture of inquiry that will lead to implementation science and foster delivery of care based on best-practice evidence. (3) Increase knowledge of methodological concerns related to research planning and implementation through expert-led methodology workshops. (4) Enhance attendee's knowledge of research processes and clinical research through discussion, networking and expert-led workshops.

Our target audience includes nurses (clinical and academic) who are clinically active or engaged in research that improves clinical outcomes.

#### Who Should Attend?

1. Healthcare professionals interested in clinical research.
2. Students in the healthcare professions.
3. Magnet® and Journey to Magnet Excellence® Program Coordinators.
4. Faculty who chair or advise capstone, project or dissertation committees.
5. Researchers.

### Office of Nursing Research and Innovation

**Nancy M. Albert, PhD, RN, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FAAN**  
Associate Chief Nursing Officer

**Licia Clowtis, PhD, RN**, Nurse Scientist I

**Christian N. Burchill, PhD, MSN, RN, CEN** Nurse  
Scientist II, Co-Chair of Nursing  
Research Conference

**Sandra L. Siedlecki, PhD, RN, APRN-CNS, FAAN**  
Senior Nurse Scientist, Co-Chair of Nursing Research  
Conference

**Lee Anne Siegmund, PhD, RN, CEP**  
Nurse Scientist I

# Day One | April 27, 2020

7:00 A.M. **REGISTRATION, BREAKFAST AND POSTER SETUP**

8:00 A.M. **OPENING REMARKS**

**Sandra L. Siedlecki, PhD, RN, APRN-CNS, FAAN**, Senior Nurse Scientist, Office of Nursing Research and Innovation, Cleveland Clinic health system. Conference Chair

**Nancy M. Albert, PhD, RN, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FAAN**, Associate Chief Nursing Officer, Office of Nursing Research and Innovation, Cleveland Clinic health system

**Kelly Hancock, DNP, RN, NE-BC, FAAN**, Executive Chief Nursing Officer, Cleveland Clinic health system and Chief Nursing Officer, Cleveland Clinic main campus

8:45 A.M. **KEYNOTE ADDRESS**

**Insomnia Treatment in Adults with Chronic Heart Failure:**

**Evolution of a Program of Research**

**Nancy S. Redeker, PhD, RN, FAHA, FAAN**, Beatrice Renfield Term Professor of Nursing, Yale School of Nursing; Editor, Heart & Lung: The Journal of Cardiopulmonary & Acute Care

9:45 A.M. **POSTER VIEWING AND REFRESHMENTS**

10:30 A.M. **FEATURED TOPIC**

**The Study Is Over and It's Time to Publish: Tips from an Editor**

**Jacqueline Owens, PhD, RN, CNE**, Director, RN to BSN Track, Dwight Schar College of Nursing and Health Sciences, Ashland College; Editor, *OJIN: The Online Journal of Issues in Nursing*

11:45 A.M. **RESEARCH PAPER PRESENTATIONS: TBA (6)**

1:00 P.M. **LUNCH, NETWORKING AND POSTER VIEWING**

2:00 P.M. **BREAKOUT SESSIONS**

1 – *The Nuts & Bolts of Proposal Writing: From Idea to IRB*

**Wendy Saver, PhD, RN, NEA-BC**

2 – *Samples, Sampling, and All That Jazz*

**Connie Cottrell, PhD, MHA, RN**

3 – *Instrument Development: Not As Easy As It Looks*

**Beth Faiman, PhD, RN, CNP, FAAN**

3:15 P.M. **RESEARCH PAPER PRESENTATIONS: TBA (6)**

4:30 P.M. **ADJOURN**

## Day Two | April 28, 2020

7:00 A.M. **REGISTRATION, BREAKFAST AND POSTER SETUP**

8:00 A.M. **OPENING REMARKS**

**Sandra L. Siedlecki, PhD, RN, APRN-CNS**, Senior Nurse Scientist, Office of Nursing Research and Innovation, Cleveland Clinic health system. Conference Chair

**Nancy M. Albert, PhD, RN, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FAAN**, Associate Chief Nursing Officer, Office of Nursing Research and Innovation, Cleveland Clinic health system

8:30 A.M. **KEYNOTE ADDRESS**

**Implementation Science & Nursing Research: A Critical Connection**

**Molly McNett, PhD, RN, CNRN, FNCS, FAAN**, Professor of Clinical Nursing in the College of Nursing at The Ohio State University, and Assistant Director of the Implementation Science Core of the Helene Fuld Health Trust National Institute for Evidence-Based Practice (EBP)

9:30 A.M. **POSTER VIEWING AND REFRESHMENTS**

10:30 A.M. **FEATURED TOPIC**

**Challenges of Making Changes after the Study is Complete- EMR: Friend or Foe?**

**Esther Chipp, PhD, RN, NEA-BC**, Associate Professor of Clinical Nursing, College of Nursing, The Ohio State University and Clinical Nurse Scientist at The Ohio State University Wexner Medical Center

**Ruth Labardee, DNP, RN, CNL, NEA-BC**, Director, Health System Nursing Quality and Evidence-Based Practice, The Ohio State University Wexner Medical Center

11:45 A.M. **RESEARCH PAPER PRESENTATIONS: TBA (6)**

1:00 P.M. **LUNCH, NETWORKING AND POSTER VIEWING**

2:00 P.M. **BREAKOUT SESSIONS**

1 – *Quasi-experimental Research Design: What It Is and What It Isn't*

**Nancy M. Albert, PhD, RN, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FAAN**

2 – *Working with Nested Data: An Introduction to Multilevel Modeling*

**Lorraine M. Novosel, PhD, CRNP, AGPCNP-BC**

3 – *The Intersection of Research & Innovation*

**Lee Anne Siegmund, PhD, RN, ACSM-CEP**

3:15 P.M. **RESEARCH PAPER PRESENTATIONS: TBA (6)**

4:30 P.M. **AWARDS AND CONCLUSION**

## Keynote Speakers



**Nancy S. Redeker, PhD, RN, FAHA, FAAN**, Beatrice Renfield, Term Professor of Nursing and Director, Center for Biobehavioral Health Research, Yale School of Nursing. She holds an appointment in the Department of Internal Medicine (Division of Pulmonary Critical Care, and Sleep Medicine) at Yale School of Medicine and was Principal Investigator of the highly successful NIH/NINR funded Yale Center for Sleep Disturbance in Acute and Chronic Conditions. Dr. Redeker is currently conducting a study on the sustained effects of cognitive behavioral therapy for insomnia among patients with stable heart failure and another on the effects of positive airway pressure treatment for sleep apnea on function among patients experiencing ischemic strokes. She is Chair of the Council for Advancement of Nursing Science, the national voice for nursing science, and served on the National Healthy Sleep Awareness Program working group. She recently completed a term on the Advisory Council to the National Institute of Nursing Research and was a member of the Advisory Board to the National Sleep Research Network. She is an editor of "Sleep Disorders & Sleep Promotion in Nursing Practice," the first textbook focused on the uptake of scientific evidence about sleep in nursing practice; it earned an American Journal of Nursing Book of the Year Award. She is also editor of *Heart & Lung: The Journal of Cardiopulmonary & Acute Care*. Dr. Redeker is a fellow of the American Academy of Nursing and the American Heart Association and was inducted into the Sigma Theta Tau International Nurse Researcher Hall of Fame.



**Molly McNett, PhD, RN, CNRN, FNCS, FAAN**, Professor of Clinical Nursing and Assistant Director, Implementation/Translational Science Core, Helene Fuld Health Trust National Institute for Evidence-Based Practice, College of Nursing, The Ohio State University. Dr. McNett's research centers on care of critically ill patients after neurological injury. She is passionate about eliminating disparities in healthcare and research, and applying best evidence to improve patient and organizational outcomes. She has led funded, multi-site, national trials and routinely participates in international trials with diverse research teams. She is widely published in peer reviewed journals, has authored several evidence-based clinical practice guidelines, and presents nationally on research and evidence-based care for patients after devastating neurological injuries. Dr. McNett also leads international guideline development groups in critically synthesizing research literature to generate practice recommendations for several professional organizations. Dr. McNett has led numerous interdisciplinary task forces to integrate key components of research, evidence-based practice, and quality improvement initiatives into healthcare settings. Dr. McNett's work has earned her several awards, including fellowship distinction from the Neurocritical Care Society, the Ohio Nurse of the Year Award for Research, Excellence in Performance from Sigma Theta Tau International, multiple Presidential Citations from the Neurocritical Care Society, and consecutive recognitions for exemplar programs of research and EBP from the American Nurses Credentialing Center (ANCC) Magnet Recognition Program. She is a fellow of the American Academy of Nursing and a fellow in the Neurocritical Care Society.

## **Location:**

**Hilton Garden Inn Cleveland East/Mayfield Village**  
**700 Beta Drive**  
**Mayfield Village, OH 44143**  
**440.646.1777**

**Cleveland, Ohio** is a great place to visit in the spring. It is home to the Rock & Roll Hall of Fame, museums and many restaurants. Enjoy a trip downtown, visit the casino or wander along the shores of Lake Erie. There is ample free parking available at the Hilton Garden Inn and Convention Center.

**For Hotel Reservations:** Call 440.646.1777.

**Room Rate:** \$130 per night (single occupancy). Limited availability; reserve your room early. Prices subject to change without notice.

---

## **Conference Registration:**

Register at [clevelandclinic.org/researchconference](http://clevelandclinic.org/researchconference)

| Conference Fees                                   | Early bird rate by Feb. 15, 2020*  | Rates after Feb. 15*      |
|---|--|---------------------------|
| <b>Attendees<br/>(Non-Presenters)</b>             | \$300 - Two day rates only<br><br>\$200 - One day rate:<br>indicate which day you will be attending.                     | \$350 - Two day rate only |
| <b>Attendees<br/>(Presenters: Poster or Oral)</b> | \$50 discount (presenters must register for both days of the conference before Feb. 15, 2020, to receive their discount) |                           |

\*Cleveland Clinic Employee Discount Available

---

## **Accreditation:**

Nursing contact hours will be awarded.

Cleveland Clinic Enterprise is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.