

Caregiver and Community Education

To complement our social services, at the Lou Ruvo Center for Brain Health we offer no-cost education for patients, families and the community:

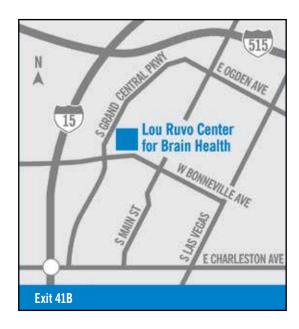
- Daily hours in the Lynne Ruffin-Smith Library
- A weekly Lunch & Learn session
- Special event programming, such as art classes and tours

Information is online at keepmemoryalive.org/socialservices, or contact LouRuvoSocialServ@ccf.org to receive a monthly email update on our free Caregiver and Community Education programming.

Contact Us

To learn more about Patient and Family Services, please contact: FamilyServicesNV@ccf.org or 702.483.6000.

Cleveland Clinic Lou Ruvo Center for Brain Health 888 West Bonneville Avenue, Las Vegas, NV 89106 keepmemoryalive.org/socialservices



About Us

Cleveland Clinic Lou Ruvo Center for Brain Health

Cleveland Clinic Lou Ruvo Center for Brain Health provides state-of-the-art care for cognitive disorders and for the family members of those who suffer from them. The physicians and staff at the Lou Ruvo Center for Brain Health work toward early diagnosis and the advancement of knowledge concerning mild cognitive disorders, which could one day delay or prevent their onset. Patients receive expert diagnosis and treatment at the Lou Ruvo Center for Brain Health, which offers a multidisciplinary, patient-focused approach to diagnosis and treatment, promoting collaboration across all care providers, offering patients a complete continuum of care, and infusing education and research into all that it does. The facility, designed by Frank Gehry, houses clinical space, a diagnostic center, neuroimaging rooms, physician offices, laboratories devoted to clinical research and the Keep Memory Alive Event Center.

For more information, visit clevelandclinic.org/brainhealth.



Patient and Family Social Services

Support for the Community



BEFORE THE CURE, THERE ARE CAREGIVERS™



THE CHALLENGE

A diagnosis of a brain disease is life-changing for the patient, family and all who are involved in their care and support. Over the course of a disease, patients and families strive to find a sense of balance and manage stress while maximizing quality of life in the face of new challenges and opportunities.

How Can Our Patient and Family Services Programs Help?

Cleveland Clinic Lou Ruvo Center for Brain Health's social services offerings are designed to reduce stress by increasing knowledge, coping skills and a sense of well-being for patients, family members and caregivers managing an array of new and ongoing challenges. We care not only for patients, but for their entire support system.

PROGRAMS AND SERVICES

Open to the Community

Disease Education to enhance understanding of what to expect

- Dementia (inclusive of Alzheimer's and other dementias treated at the Lou Ruvo Center for Brain Health)
- · Parkinson's disease
- Huntington's disease
- Multiple system atrophy
- Multiple sclerosis

Community Resource Introductions to help identify services available in the community. The following is but a small sample:

- In-home care services
- Transportation resources
- Accessible housing resources
- Home modifications
- · Disability accommodation for travel
- Advance directives
- Financial/estate planning
- · Home safety and monitoring equipment
- Workplace accommodations
- · Veterans' benefits
- SSDI/SSI applications
- Medicaid and Medicare applications
- Legal planning, such as Power of Attorney

Support Groups

Caregivers only

- Memory loss
- Frontotemporal dementia

Both patients and caregivers

- Huntington's disease
- · Parkinson's disease

For Lou Ruvo Center for Brain Health Patients and Their Families Only

The following services are available only by referral from a Lou Ruvo Center for Brain Health neurology team member, who will notify the Patient and Family Services team of your interest in our services.

Case Management

- FMLA paperwork
- Disability paperwork
- Community resource referral

Counseling

- Individual therapy for patients
- · Family therapy for their caregivers
- Learn strategies for self care

Don't Wait. Ask for Help Today.

Request an appointment as soon as possible. Our social workers are trained to help you make the best decisions for your or a loved one's care by providing information and tools you need to reduce stress levels and understand your options.

We understand that asking for help is never easy, particularly when it comes to recognizing you need help to care for yourself and those you love. But we encourage you to take the first step.