



Value Added

The quarterly newsletter of the CVCR

April 2016

Welcome to the inaugural issue of the Medicine Institute's Center for Value-Based Care Research (CVCR) quarterly newsletter!

Established in 2013, CVCR conducts research on novel interventions that improve value in healthcare by increasing quality and/or decreasing costs. We seek to deliver the right care, at the right time, to the right patients, at lower cost. CVCR is comprised of 5 full-time investigators (MDs and PhDs) with primary appointments, as well as adjunct faculty from across the Cleveland Clinic. CVCR employs multidisciplinary teams including clinicians, health services researchers, economists and biostatisticians to conduct research focused on identifying and disseminating high value healthcare. Beyond the MI, we have active collaborations with researchers in the NI, ORI, HVI, GUKI, EMI, and Patient Experience. We currently have \$4.5M in federal funding and we are looking to grow. Come join us!

Our Vision:

To make quality healthcare affordable for all Americans

Our Mission:

To identify value in healthcare through rigorous research

CVCR is a leader in the development, implementation, evaluation and dissemination of value-based, patient centered healthcare. CVCR focuses on the following areas:

- (1) Development and use of personalized risk assessment and shared decision making tools.
- (2) Delivery system changes, including new care structures, payment models, incentive programs and care paths.
- (3) Observational studies that take advantage of variation in care among a large number of providers to assess comparative effectiveness of interventions and to identify best practices to improve the quality of care.
- (4) Novel uses of health IT, including decision support at the point of care, incorporating patient-reported information into medical decision making, smart reminder systems, and patient education.
- (5) End-of-life care, with an emphasis on improving quality of life, patient autonomy, dignity and comfort.

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Featured Publication



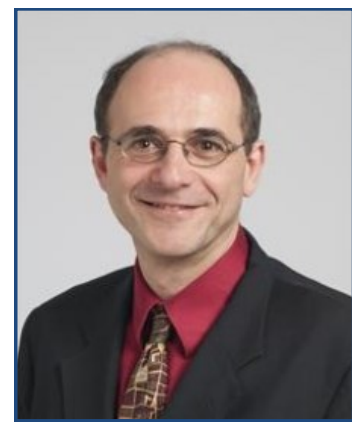
Health Services Research Seminar

1st & 3rd Thursdays 12:00

The HSR Seminar meets in **G1-092** (Conference Room A) on Main Campus. The audience comprises clinical researchers from medicine, bioethics, biostatistics, and some specialists.

If you are interested in speaking or being added to the distribution list, please contact Dr. Taksler at taksleg@ccf.org

Staff:



[Michael Rothberg, MD, MPH](#)

Dr. Rothberg is the Vice Chair for Research in the Medicine Institute of the Cleveland Clinic and Professor of Medicine at Case Western Reserve University. He practices general internal medicine and directs the Center for Value-Based Care Research. His research examines quality of care and decision making for common medical conditions, with an emphasis on tailoring treatment to patients based on individual risk and preferences.



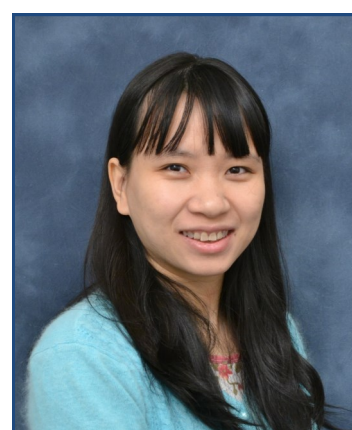
[Abhishek Deshpande, MD, PhD](#)

Dr. Deshpande is Assistant Staff in the Department of Internal Medicine and the Department of Infectious Diseases, Medicine Institute. His diverse research interests include evidence synthesis, comparative effectiveness, clinical practice guideline development and infectious diseases epidemiology. His research focuses on community-acquired pneumonia, prevention of healthcare associated infections with an emphasis on *Clostridium difficile* infection.



[Kathryn Martinez, PhD, MPH](#)

Dr. Martinez is Associate Staff at Cleveland Clinic's Medicine Institute and a health services researcher with an emphasis on decision making. Her interests include patient-centered risk communication, preference elicitation and patient engagement to improve healthcare value. While she has previously conducted research on breast cancer treatment decision making, her current research focuses on improving evidence-based patient-centered decision making for anticoagulation among patients with atrial fibrillation.



[Phuc Le, PhD](#)

Dr. Le is a Postdoctoral Research Fellow at the Medicine Institute CVCR. Her research focuses on disease prevention, particularly vaccine, hospital medicine and spine surgery. Her methods include costing, modeling, cost-effectiveness analysis, and observational data analysis. Some recent studies are cost-effectiveness analyses of herpes zoster vaccine, prophylaxis for venous thromboembolism, and different surgical approaches for degenerative spondylolisthesis.



[Anita Misra-Hebert, MD, MPH](#)

Dr. Misra-Hebert is a Staff physician in the Department of Internal Medicine, clinician investigator in the CVCR, and Asst. Professor of Medicine, CCLCM. Her current research focuses on improvement in population health through primary care redesign, the use of financial incentives to improve health, and evaluation of provider variation in primary care physician decision-making behavior. She is also interested in empathy in physician-patient communication, and improving health through health system/community collaboration.



[Glen Taksler, PhD](#)

Dr. Taksler is Associate Staff at Cleveland Clinic's Medicine Institute and Asst. Professor of Medicine at CCLCM. His research focuses on disease prevention, with particular attention to understanding factors most likely to improve long-term health. Recent work includes modeling personalization and prioritization of preventive health care services, prevention of influenza, and explaining racial disparities in vitamin D deficiency and prostate cancer mortality.

Recent Publications

[Martinez KA, Fagerlin A, Witteman HO, Holmberg C, Hawley ST. *What Matters to Women When Making Decisions About Breast Cancer Chemoprevention?* Patient. 2015 Jun 27.](#)

[Martinez KA, Li Y, Resnicow K, Graff JJ, Hamilton AS, Hawley ST. *Decision Regret following Treatment for Localized Breast Cancer: Is Regret Stable Over Time?* Med Decis Making. 2015 May;35\(4\):446-57.](#)

[Martinez KA, Kurian AW, Hawley ST, Jaggi R. *How can we best respect patient autonomy in breast cancer treatment decisions?* Breast Cancer Manag. 2015;4\(1\):53-64.](#)

[Rothberg MB, Scherer L, Kashef AM, Coylewright M, Ting HH, Hu B, Zikmund-Fisher BJ. *The Effect of Information Presentation on Beliefs about the Benefits of Elective Percutaneous Coronary Intervention.* JAMA Intern Med. 2014 Oct;174\(10\):1623-9.](#)

[Deshpande A, Pasupuleti V, Rothberg MB. *Statin therapy and mortality from sepsis: a meta-analysis of randomized controlled trials.* American Journal of Medicine. 2015 Apr 128\(4\):410-417](#)

[Deshpande A, Pasupuleti V, Thota P, Pant C, Rolston DD, Hernandez AV, Donskey CJ, Fraser TG. *Risk factors for recurrent Clostridium difficile infection: A systematic review and meta-analysis.* Infect Control Hosp Epidemiol. 2015 Apr 36\(4\):452-460.](#)

[Le P, Rothberg MB. *Cost-effectiveness of herpes zoster \(shingles\) vaccine for people aged 50 years.* Ann Intern Med. 2015 Oct 6; 163\(7\):489-97.](#)

[Patel KK, Vakharia N, Pile J, Howell EH, Rothberg MB. *Preventable Admissions on a General Medicine Service: Prevalence, Causes and Comparison with AHRQ Prevention Quality Indicators- A Cross-Sectional Analysis.* J Gen Intern Med. 2016 Feb 18. \[Epub ahead of print\].](#)

[Misra-Hebert A, Rabovsky AJ, Yan C, Hu B, Rothberg MB. *A Team-Based Model of Primary Care Delivery and Physician-Patient Interaction.* Am J of Med. 2015 Apr 23.](#)

Questions or comments? E-mail us at hartlej@ccf.org

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