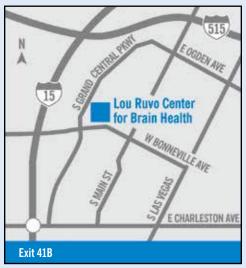
## Contact Us



Cleveland Clinic Lou Ruvo Center for Brain Health 888 West Bonneville Avenue, Las Vegas, NV 89106

To schedule an appointment, please call 702.483.6000

To learn more about our center, visit clevelandclinic.org/brainhealth

## About Us

#### **Cleveland Clinic**

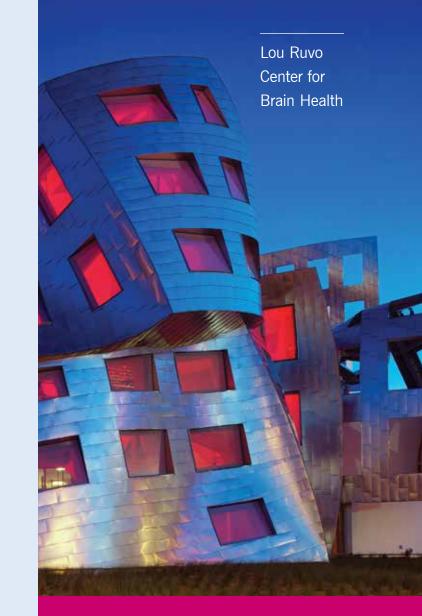
Cleveland Clinic is a nonprofit, multispecialty academic medical center consistently ranked among the top five hospitals in America by *U.S. News & World Report.* About 2,800 full-time salaried physicians and researchers and 11,000 nurses represent 120 medical specialties and subspecialties. Founded in 1921, Cleveland Clinic Health System now includes a main campus near downtown Cleveland, eight community hospitals and 18 Family Health Centers in Northeast Ohio, Cleveland Clinic Florida, the Lou Ruvo Center for Brain Health in Las Vegas, Cleveland Clinic Canada, and opening in 2015, Cleveland Clinic Abu Dhabi. Clevelandclinic.org

#### **Cleveland Clinic Lou Ruvo Center for Brain Health**

Cleveland Clinic Lou Ruvo Center for Brain Health provides state-of-the-art care for cognitive disorders and for the family members of those who suffer from them. The physicians and staff at the Lou Ruvo Center for Brain Health are devoted to excellent patient care, support of caregivers and development of new treatments in clinical trials. The Center offers a patientfocused multidisciplinary team approach to diagnosis and treatment, offering patients a complete continuum of care and integrated research opportunities. The facility, designed by Frank Gehry, includes clinical resources, advanced brain imaging, physical therapy, research and the Keep Memory Alive Event Center. For more information, please visit clevelandclinic.org/brainhealth.



# Retired Athletes Brain Health Clinic



# Retired Athletes Brain Health Clinic

#### Why Athletes?

Athletes in contact sports may be exposed to repetitive blows to the head throughout their engagement in sports. Growing research is showing that cumulative head trauma may result in long-term brain conditions such as chronic traumatic encephalopathy (CTE) and Alzheimer's, which can affect mood, memory and mobility.

#### What We Do

The Retired Athletes Brain Health Clinic has been designed to provide an ongoing continuum of care, addressing complications resulting from sports-related head injury with the goal of reducing the impact of those injuries over time.

Based on a core evaluation consisting of a neurological evaluation, neuropsychological testing, behavioral assessment and brain imaging, we develop an individual treatment plan for each person that may include:

- Medication management
- Physical, occupational, speech and cognitive therapy
- Lifestyle modification
- Research opportunities

### Supporting patients and families

Complementing excellent medical care, our focus on families affirms that neurocognitive disorders impact not just the patient, but everyone involved in care and support. Our Individual and Family Services program includes:

- Social services
- Counseling
- Education
- Support groups
- Library
- Events

#### The Team

We believe a coordinated team approach fosters the best outcomes. Therefore, we have assembled an expert group of Cleveland Clinic providers including neurologists, psychiatrists, neuropsychologists, movement disorders specialists, radiologists and physical therapists.



The Retired Athletes Brain Health Clinic is directed by Charles Bernick, MD, MPH, Associate Medical Director of the Lou Ruvo Center for Brain Health.

A neurologist with 25 years of experience with cognitive disorders, Dr. Bernick is the principal investigator of the Professional Fighters Brain Health Study.



