

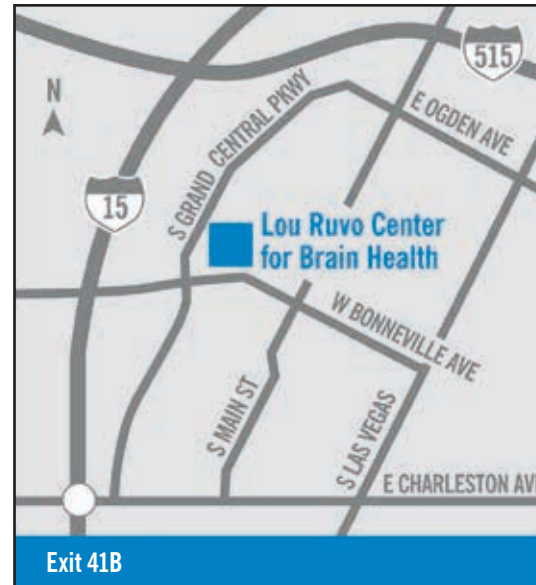


## Contact Us

702.483.6000

[keepmemoryalive.org/socialservices](http://keepmemoryalive.org/socialservices)

Cleveland Clinic Lou Ruvo Center for Brain Health  
888 West Bonneville Avenue, Las Vegas, NV 89106



## About Us

### Cleveland Clinic Lou Ruvo Center for Brain Health

Cleveland Clinic Lou Ruvo Center for Brain Health provides expert diagnosis and treatment for individuals and families living with Alzheimer's, Parkinson's and Huntington's diseases; multiple sclerosis; frontotemporal dementia and related disorders; and multiple system atrophy. The center offers a continuum of care with no-cost opportunities for the community to participate in education and research, including disease prevention studies and clinical trials of promising new medications. An integrated entity, Keep Memory Alive, raises funds exclusively in support of the Lou Ruvo Center for Brain Health in Las Vegas, Nevada.

For more information, visit [clevelandclinic.org/nevada](http://clevelandclinic.org/nevada) and [keepmemoryalive.org](http://keepmemoryalive.org).

*Social work services and education are provided at no cost to patients, caregivers and the community thanks to generous support from grants and donations; gifts of all sizes matter.*



# Services for Patients, Care Partners and the Community



## CAREGIVER AND COMMUNITY EDUCATION

The Lou Ruvo Center for Brain Health offers no-cost education programs to complement our social services:

- **Lynne Ruffin-Smith Library:** a lending library (open weekdays) and e-Library (open 24/7) with more than 2,000 books and resources
- **Barbara Edmonds Lunch & Learn:** a weekly presentation covering topics critical to understanding and navigating the challenges of neurodegenerative diseases
- **Respite options:** meaningful, participatory activities for patients; facilitates care partners comfortably taking a much-needed break

### Information:

[keepmemoryalive.org/socialservices](http://keepmemoryalive.org/socialservices)

### Upcoming events:

[keepmemoryalive.org/educationcalendar](http://keepmemoryalive.org/educationcalendar)

Request a monthly email detailing our free programming:

[LouRuvoSocialServ@ccf.org](mailto:LouRuvoSocialServ@ccf.org) or 702.778.6702

### Connect with a librarian:

702.483.6033 or [LouRuvoLibrary@ccf.org](mailto:LouRuvoLibrary@ccf.org)

Rev May '19

BEFORE THE CURE, THERE ARE CAREGIVERS™



## THE CHALLENGE

A diagnosis of a brain disease is life-changing for patients, care partners and all who are involved in care and support. Over the course of a disease, individuals, families and care partners strive to find a sense of balance and manage stress while maximizing quality of life in the face of new challenges and opportunities.

**If you or someone you care about has been diagnosed with any of the following, we're here for you:**

- Cognitive disorders (Alzheimer's, Lewy body and other dementias)
- Movement disorders (Parkinson's, Huntington's, progressive supranuclear palsy and more)
- Demyelinating diseases (multiple sclerosis, NMO, transverse myelitis and more)

## How We Can Help

Cleveland Clinic Lou Ruvo Center for Brain Health's social work offerings are designed to reduce stress by increasing knowledge, coping skills and a sense of well-being for all involved in managing an array of new and ongoing challenges. We care not only for patients, but for their entire support system.

We also work with any other services you receive in the community to help you establish a comprehensive plan of care that makes sense to you.

## SOCIAL WORK OFFERINGS

### Open to the Community

#### Support groups

##### Care partners only

- Memory loss
- Frontotemporal dementia
- Dementia with Lewy bodies

##### Both patients and care partners

- Huntington's disease
- Parkinson's disease
- Progressive Supranuclear Palsy (PSP)

## Don't wait. Ask our social work team for help today.

Request an appointment as soon as possible. Our social workers are trained to help you make the best decisions for your or a loved one's care by providing information and tools that can help you reduce stress levels and understand your options.

We understand that asking for help is never easy, particularly when it comes to recognizing you need help to care for yourself and those you love, but we encourage you to take the first step.

**To learn more about these services, please contact:  
[FamilyServicesNV@ccf.org](mailto:FamilyServicesNV@ccf.org) or 702.483.6000.**

### For Cleveland Clinic Patients and Their Care Partners

The following services are available only by referral from a Lou Ruvo Center for Brain Health neurology team member, who will notify the social work team of your interest in our services.

#### Case management

**Community resource referrals to help identify services available in the community.**

**The following is but a small sample:**

- In-home care services
- Transportation resources
- Accessible housing
- Home modifications
- Disability accommodation for travel
- Home safety and monitoring equipment
- Workplace accommodations
- Veterans' benefits
- SSDI/SSI applications
- Medicaid and Medicare applications
- Advance Care, financial and legal planning
- Assisted living, group home and nursing home referrals

#### Counseling

- Individual therapy for patients and care partners
- Family therapy