

Occupational Rehabilitation offers services specifically designed to diagnose and treat work-related injuries to safely return the employee back to work. These specialized services include:

Acute Care Services

After an injury, our staff can conduct an evaluation and recommend treatment for Physical or Occupational Therapy. Emphasis is on pain control through exercise and positioning, as well as restoration of mobility, strength and function. Acute Care Services also include employee education in body mechanics to prevent future injury.

Aquatic Therapy Services

Aquatic Therapy is done in a pool and can be incorporated into Acute Care therapy or as part of a Work Conditioning program. The water provides buoyancy and resistance during therapy to help increase strength and conditioning when a patient is not capable of land therapy. Patients do not need to know how to swim to receive the benefits of aquatic therapy.

Functional Capacity Evaluations (FCE's)

We utilize the ErgoScience™ Physical Work Performance Evaluation – an objective, research-based FCE that will objectively evaluate you. Our program delivers valuable return-to-work evaluations based on a one-day, 3–4 hour evaluation to be scheduled at your convenience. The Physical Work Performance Evaluation report will outline your ability to perform the required job tasks, recommendations for treatment or job modifications and give you an overview of your physical abilities.

On-Site Job Analysis

During an on-site job analysis, a licensed Physical or Occupational Therapist evaluates the employee's work area, identifies ergonomic problems and provides solutions. To prevent injuries, the employee is also provided with information regarding proper body mechanics, posture correction, stretching, tool modification and pacing techniques. Assessing the workstation is a must for workers who are already experiencing pain or discomfort.

Work Conditioning

This program consists of treatment using physical conditioning and job simulation of real work tasks to help an injured employee regain optimal function and return to work. This treatment may be requested after Acute Care ends or when you are not yet able to return to the previous job function. Work Conditioning is completed in a group setting with individual weekly reassessments. Employees attend treatment 3–5 times per week for 2–4 hours each day at the Main Hospital Campus only.

Referrals

Participation in Occupational Rehabilitation requires a physician referral and approval from a Case Manager/BWC. To learn more about the services provided by Rehabilitation Services at Medina Hospital or to schedule a tour, call 330.721.5009.

Two Convenient Locations

Medina General offers convenient hours, free parking and two locations to complete Occupational Rehabilitation.

Medina Hospital Rehabilitation Services

1000 East Washington Street, Medina
330.721.5009

Medina Community Recreation Center

855 Weymouth Road (Route 3), Medina
330.721.5009