



Medina Hospital Advocate

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Spring 2019



Medina Medical Office Buildings

Medical Office Building Provides Wide Range of World-Class Care

Catherine Sheridan, MD, Medical Director of Cleveland Clinic Medina Medical Office Buildings, says she is proud to work in a facility providing a wide range of world-class primary and specialty medical services to the local community.

When Medina Hospital became affiliated with Cleveland Clinic the Medical Office Buildings began a transformation that continues to this day addressing the needs of thousands of people each year. Part of that transformation has been made possible with the support of the Medina Hospital Foundation.



Catherine Sheridan, MD

Growth spurs growth and opportunities

“As the population of Medina County and adjacent communities grows, so does patient volume,” Dr. Sheridan says. “The number of patient visits to the Medical Office Buildings has increased from 30,000 in 2011 to over 77,000 in 2018. In just the past three years, we’ve had a jump of 15,000 visits.” More than 80 Cleveland Clinic physicians representing over 35 specialties now see patients there. Many of the

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Physicians Lauded

A Feb. 22 ceremony recognized five Cleveland Clinic Medina Hospital physicians. Kristen E. Dawson, MD, was named the Dr. R. Lynn Mansell Physician of the Year, and Meghan Foote, DO, the Humanitarian Physician of the Year. Also honored were retiring physicians Gregory Danesis, MD, Jeffrey Kase, MD, and John Lazo Jr., MD.

Dr. Dawson’s service at Medina Hospital began when she was a student volunteer from Medina High School, but her connection dates back to when her father, Tom Ebner, MD, was a staff surgeon. She attended Miami University in Oxford, Ohio, graduating Phi Beta Kappa in 1992, and then graduated from

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Drs. Foote and Dawson with hospital president Dr. Shewbridge

Foundation Board Approves Projects

At its February meeting, the Medina Hospital Foundation Board of Directors approved spending nearly \$10,000 for projects submitted by hospital caregivers and recommended by the Caregiver Philanthropy Council. The approved projects will enhance patient outcomes, safety and family experience. Proceeds from the foundation's fundraising events, the Jack Vigneault Memorial Golf Outing and The BASH made these possible.

Projects included purchasing evacuation chairs and a med-sled for the South Medical Office building, two dedicated blood pressure and pulse monitors for use by Therapy & Sports Medicine and outpatient therapy, and purple fabric used in making memorial blankets for patients and families facing end-of-life care challenges.

Prior to board approval, the projects were reviewed by the Caregiver Philanthropy Council under the leadership of foundation board member Catherine Sheridan, MD. Members of the council represent nursing, patient experience, hospital facilities, finance and administration.

Medical Office Building

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services provided would not be available to the community without the support of Cleveland Clinic Health System.

The growth in the number of patient visits and medical providers has led to a reevaluation of the use of space, as well as a need for additional leading-edge technology and expanded services. Some of the changes anticipated have been and will be addressed with the help of philanthropic support from the Medina Hospital Foundation.

Dr. Sheridan shared some recent examples of impactful gifts:

The Saebo® mobile arm support. A zero-gravity, upper-extremity device used in rehabilitation programs. Often helpful for stroke patients, it is specifically designed to support a weakened shoulder and elbow during functional tasks and exercise drills. Patients with neurological and orthopaedic conditions who exhibit proximal weakness can benefit from this much-needed support.

The Ball Wall art installation in pediatrics. Funds raised at the foundation's BASH supported a sculpture in which balls travel along a series of tracks and drop through hoops. The sculpture, which fascinates children, is displayed in the waiting room and helps make the space more welcoming and comforting.

Financial support. The oncology staff helps identify patients with financial needs and supports their care, including helping to pay for some medications and providing light meals during chemotherapy treatments.

If you are interested in learning more about the philanthropic opportunities of the Medical Office Building, please call Randy Fuerst, Executive Director, Medina Hospital Foundation, at 330.721.5940 or fuerstr@ccf.org

Frequency-specific, microcurrent (FSM) devices. A relatively new alternative therapy approach in which low levels of current are applied to the body with small devices for drug-free pain management, encouraging natural healing.

Evacuation Equipment. Recently approved for emergencies when there is a need to move non-ambulatory patients in oncology, orthopaedics and rehabilitation services down stairways.

The Future

"We've renovated space on some floors over the past few years and are in the planning stages for additional renovations in the next two years," Dr. Sheridan says.

Space for outpatient oncology will be greatly expanded, and the sixth floor will be reinvented, in combination with other services. The new oncology suite will include four exam rooms, 14 treatment spaces and a new chemotherapy pharmacy. Other projects include renovations to women's health, outpatient testing services in cardiology and the addition of sleep medicine study areas.

"I'm very pleased with the way the Medina Hospital Foundation uses philanthropic funding," Dr. Sheridan says. "These gifts continue to allow us to support those efforts, which not only benefit our patients, but also our staff and the communities we serve."



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Palliative Medicine Expanded at Medina Hospital

Palliative care, provided to people with serious illnesses, offers relief from the symptoms, pain and stress of the illness, no matter the diagnosis. The goal is to improve quality of life for both the patient and the family. Palliative care is appropriate at any age and stage of a serious illness.

This area of care was significantly expanded at Medina Hospital with the appointment of Katherine Cook, CNP, who provides consultations for patients and families. Ms.



Katherine Cook, CNP

Cook and her team help people live as well as they can and cope with symptoms that may affect their quality of life. They also define goals for treatment and help patients maintain the best physical and emotional well-being possible. Her role is like that of a football team quarterback, as she helps the patient and family make what can be difficult decisions.

To learn more about palliative medicine and what it offers at Medina Hospital, please contact Ms. Cook at COOKK7@ccf.org

Charitable Bequests in your Last Will and Testament

by Ann Salek

Will Your intentions be Accomplished?

Many people satisfy their philanthropic goals through their estate plan. You may have favorite charities that you support throughout your lifetime but would also like to give a percentage of your estate to that charity. If you have such charitable intentions, care must be given to your estate plan in order to make sure your intentions are accomplished.

People often designate a charity to receive a certain percentage of their estate through their Last Will and Testament. What they may not realize is that the percentage may not be based on all their assets. For example, if the Last Will and Testament designates 10 percent to be distributed to your favorite charity, your charity will receive 10 percent of the **probate** assets only.

Probate assets do not include those with beneficiary designations such as IRA's, 401K, life insurance, annuities, etc. Probate assets also do not include property held jointly or with a "payable-on-death" designation. It is common for an estate to have most of the assets transfer outside of probate and only a small value administered through probate.

For example, let's assume that your estate consists of IRA's, "payable-on-death" investment accounts, bank accounts held jointly with a spouse or child, and a vehicle. The only probate asset is the vehicle. Your designation in your will of 10 percent to a charity means only 10 percent of your vehicle's value will be paid to that charity. Was that really what you intended?

If you would like to direct a percentage of your entire estate to charity, you must take care to ensure that you address each individual asset. Consider how that asset will transfer to a beneficiary, and then make sure that the charity is included in that transfer process. With proper planning, you can make certain that your ultimate charitable intentions are accomplished.

Ann E. Salek is an attorney with Critchfield, Critchfield & Johnston in the Medina office. She is a Certified specialist by the OSBA in estate planning, probate and trust law and a Certified Elder Law Attorney (CELA) by the National Association of Elder Law attorneys and the OSBA. She also is a Medina Hospital Foundation Board member.

Event Dates Set

The Medina Hospital Foundation is pleased to share the following dates of our 2019 fundraising events supporting Medina Hospital. We hope that you will join the fun while supporting our hospital.



June 3
Weymouth Country Club



Sept. 8
The Corkscrew Saloon



Oct. 19
Weymouth Country Club



Medina Hospital Foundation

1000 East Washington St.
 Medina OH 44256

medinahospitalfoundation.org

Medina Hospital Foundation realizes that individuals would like to learn more about its particular programs, services or developments. However, if you do not wish to receive information relating to your philanthropic objectives at this time, please call the Medina Hospital Foundation at 330.721.5941 or send an email to kern@ccf.org.



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Ceremony

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the University of Cincinnati School of Medicine in 1996.

Her surgery residency was at the University of Wisconsin, after which she returned to Medina in 2001. Nominations for Dr. Dawson recognized the excellent patient care she has provided during her career at Medina Hospital as an accomplished surgeon and caring physician.



Jeffrey Kase, MD, John Lazo Jr., MD with Dr. Richard Shewbridge

Dr. Foorie grew up in Hastings, Nebraska, attended Texas Christian University, and then studied genetics at the University of Nebraska. She attended medical school at Kansas City University of Medicine and Biosciences, receiving her Doctor of Osteopathic Medicine degree in 2003. Dr. Foorie did her OB/GYN residency at Akron General Medical Center and joined the medical staff of Medina Hospital in 2007. She began volunteering at the Free Clinic of Medina County and soon became a monthly presence to serve women's healthcare needs.

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