



# Medina Hospital Advocate

A Publication of the Medina Hospital Foundation

Spring 2018

## Foundation Gift Supports Device that Restores Arm Function

Those who are challenged by a lack of arm or shoulder movement due to a stroke, multiple sclerosis, brain injury, or other issue now can regain greater functionality through a new mobile arm device provided to Medina Rehab and Sports Therapy by the Medina Hospital Foundation.

“We just received the device last week and already it is producing some unbelievable results,” says Diandra (Dee Dee) Hesson, OTR/L, neurological occupational therapist.



Dee Dee Hesson and patient Garry Seman

“One stroke patient who had little or no arm movement used this device and immediately could reach forward, grasp a peg from a peg board and drop it into a bucket,” Ms. Hesson says. “It was remarkable. However, it must be remembered that it takes a lot of practice

to regain independent arm function after a stroke. This arm support only assists patients with certain rehabilitative exercises.”

Another patient, an artist, has been unable to pick up a pen or a pencil in quite some time. Ms. Hesson wondered what would happen if she attached the device to the patient’s arm, gave him a marker and placed him in front of a white board. She left the room, and upon her return, the artist had drawn “a beautiful picture.”

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### **\$251,000 Allocated to Medina Hospital**

At a Feb. 5 meeting, The Medina Hospital Foundation Board of Directors authorized \$251,000 for Cleveland Clinic Medina Hospital, an annual allocation. The funds are used by the hospital administration in consultation with the Foundation board.

At the meeting, Richard Shewbridge, MD, President of Medina Hospital, reviewed how the funds will be used:

- Supporting needed renovations, which will expand medical/surgical inpatient space.
- Supporting Healing Services’ expansion of holistic care offerings for patients, including healing touch, guided imagery, massage therapy and harp therapy, all shown to reduce patient-reported pain and anxiety and the need for pain medication.
- Hiring additional staff to transport patients within the hospital and on discharge.

## Arm Function

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The free-standing mobile arm comprises a number of hinges and pivot points that provide varying levels of tension, allowing patients to perform repetitive arm and shoulder training exercises that are fundamental to movement recovery. These exercises can help rebuild muscle strength and develop new neural pathways to compensate for those lost as a result of a stroke or other neurological condition.

Many activities are “hard-wired” from before birth, Ms. Hesson says, or learned when young. New neural pathways are created when people learn something new and different. The more those experiences are repeated, the more a person learns and grows.

Ms. Hesson received one of the new devices last year on a trial basis and observed how well-received it was by patients. “They loved coming to therapy. No one missed their appointment,” she says. “I knew we had to get one.”

So, she spoke to her manager about purchasing a mobile arm, which would cost more than \$6,000. She was told there was no room in the budget for the year and that she would have to wait until 2019. “That’s when I decided to see if the Medina Hospital Foundation could help,” she says. The Foundation’s board reviewed the request and supporting documentation and agreed it was a wise use of philanthropic funds.

“I am just so grateful to the Foundation for recognizing the need for this device and the benefits it provides to the patients who use it,” Ms. Hesson says.



Saebo<sup>SM</sup> supporting equipment purchased.

She says the Foundation struck a bargain with the mobile arm supplier, Saebo, which threw in another \$2,000 in related medical equipment to clinch the deal. She is elated – and so are her patients.

*If you would like to make a philanthropic gift to the Medina Hospital Foundation to assist in support of its objectives, please contact Executive Director Randy Fuerst at 330.721.5940.*

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## Hospital IT Project Recognized

Medina Hospital was honored when the Healthcare Information and Management Systems Society (HIMSS) selected a Cleveland Clinic project for the 2017 HIMSS Enterprise Davies Award. The society recognizes organizations that use health IT to substantially improve patient outcomes and value.

VitalScout<sup>SM</sup>, software developed and tested at Medina Hospital, is an enhanced early warning system that scores vital signs based on a patient’s risk of declining health. It

improves response to vulnerable patients by using color-coded alerts for at-risk scores. Innovative technology was developed to allow caregivers to improve situational awareness, promote critical thinking, guide timely intervention and increase accountability. The software now is being used throughout Cleveland Clinic.

Philanthropic gifts to the foundation helped support the research into and implementation of VitalScout at Medina Hospital.



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## Physicians Honored

Recently, the Medina Hospital medical staff presented the Dr. R. Lynn Mansell Physician of the Year awards to Anurag Duggal, MD, and Rajiv Sahni, MD, and the Humanitarian Physician of the Year award to Genevive Falconi, MD. Also pictured is Hospital President Richard Shewbridge, MD, honoring Kim Bowen, MD, on his retirement.

The Medina Hospital Foundation extends its congratulations and thanks to these distinguished physicians for making our hospital a special place for patients and caregivers, and our community a wonderful place in which to live.

You can honor one of these physicians, another Medina physician or any caregiver at: [MedinaHospitalFoundation.org](http://MedinaHospitalFoundation.org).



Above, President Richard Shewbridge, MD, at left, with Anurag Duggal, MD; below left, with Kim Bowen, MD, and below right with Genevive Falconi, MD.



## Gift Planning with Life Insurance: A Versatile Tool

Life insurance is versatile, which makes it an excellent asset to use in achieving your financial goals. It provides protection against potential economic loss in the event of death or disability and can serve as supplemental income in retirement. Additionally, life insurance can provide liquidity for paying state and federal estate costs. However, you may be unaware that a life insurance policy also is an excellent charitable gift that can be made at a very low cost.

Life insurance can be used in a variety of ways to support Medina Hospital. The easiest is to name Cleveland Clinic Medina Hospital as the policy's beneficiary. Simply by completing a Change of Beneficiary form with the insurance provider, you can direct the gift while retaining ownership of the policy.

If the original reasons for establishing the life insurance policy no longer are a concern, assigning ownership of the policy to Cleveland Clinic Medina Hospital may be a good option. This would create an immediate income tax deduction for the fair-market value of the policy or the cost of the policy, whichever is less. Additional charitable income tax deductions are available for remaining premium payments as they are made on the policy. Finally, by assigning ownership of the policy now, proceeds are removed from the gross estate, which could generate estate tax savings.

Another option is to establish a new policy and transfer ownership to Cleveland Clinic Medina Hospital. Such a gift can be made by paying the policy in full with a one-time premium payment or by continuing to make gifts to Medina Hospital to cover the cost of the premium payments. As with an existing policy, a charitable deduction is available for the premium payment(s) as they are paid.

Making a gift with a life insurance policy is a wise investment in the future and may allow you to make a more substantial gift than you otherwise could because you can pay in installments. Additionally, proceeds are promptly paid to Cleveland Clinic Medina Hospital without the time-consuming process of probate. Contact Randy Fuerst at 330.721.5940 or [fuerstr@ccf.org](mailto:fuerstr@ccf.org) to learn more.



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Medina Hospital Foundation realizes that individuals would like to learn more about its particular programs, services or developments. However, if you do not wish to receive information relating to your philanthropic objectives at this time, please call the Medina Hospital Foundation at 330.721.5941 or send an email to kern@ccf.org.



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# 24<sup>th</sup> Annual Jack Vigneault Golf Outing



The 24th Annual Jack Vigneault Memorial Golf Outing will be teeing off on June 18 at Weymouth Country Club. Sponsorship and player registration are available at [giving.ccf.org/MHFGOLF](http://giving.ccf.org/MHFGOLF). Proceeds will go to the Medina Hospital Program Fund, used to support unique programs at our hospital. Examples include patient lift systems in the Intensive Care Unit and monitors for the VitalScout system.

## Raising Hope Wine Tasting

The cancer care team invites you to attend the Raising Hope One Glass at a Time wine tasting on Sunday, June 10, from 3 p.m. to 5 p.m. at The Corkscrew Saloon in Medina. Details and tickets are available at [giving.ccf.org/RaisingHope](http://giving.ccf.org/RaisingHope). Proceeds will benefit cancer patients at Medina Hospital. Learn about available sponsorships here. Ticket sales will start as the weather warms up.

## Memorial Listing

- Corinne Hadley  
*In memory of  
Jack Hofstetter*
- Darrie Crigger  
*In memory of  
Doris Crigger*
- Paul and  
Ruth Schimpf
- Veronica and  
Paul Ross
- David Schieber
- Norma Riedel
- Dorothy Ulich
- John Charlton  
*In memory of  
William Beebe*

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