



Medina Hospital Advocate

A Publication of the Medina Hospital Foundation

Spring 2016

A Personal Approach to Healing

Sometimes, all patients need is the human touch.

At Medina Hospital, if they visit the Healing Services office on the first floor of Medina Hospital near the chapel, they'll find Tracey Dwyer, a certified clinical holistic practitioner. She works alongside Logan Johnson, M.Div., chaplain and coordinator of Spiritual Care and Healing Services.



Chaplain Logan Johnson and Certified Clinical Holistic Practitioner Tracey Dwyer

Tracey's job is to help those with anxiety or nervousness; those who need stress relief or pain management; those who suffer from sleep deprivation or just need a calming word or a soothing touch to make it through troubled times.

Methods, Results

Tracey relies on a variety of methods to assist patients, family or staff,

including touch therapy, Reiki, reflexology, aromatherapy, meditation, image therapy and more.

Data collected by the department shows that in most cases, Healing Services' approaches can significantly reduce pain and anxiety scores by as much as 60 percent.

Tracey says she enjoys her work. "It's an honor to help those in pain or assist people who feel anxious in the hospital setting. I had a patient just the other day who knew ahead of time that she would be very anxious before surgery and requested that Healing Services be there to help calm her through the process. I made sure I was there to greet her at 6 a.m. I stayed with her until her surgery was done, and I was there to support her in post-op. She was incredibly grateful

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Anonymous Philanthropists Give \$624,000 to Medina Hospital

Gift is Largest Cash Contribution in Hospital's 71-Year History

Two longtime Medina County residents who passed away in 2015 are leaving a big mark in the Medina community. The couple, who wished to remain anonymous, was very familiar with Medina Hospital and Cleveland Clinic since each was treated for health issues at both locations. The pair felt compelled to give to their hometown Medina Hospital, hoping it would inspire others to make a difference by investing in their community.

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Healing

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and said it made the whole experience a positive one in a time when she thought it might be awful because of her fear.”

The chaplain attests to the benefits, too.

“I have seen a patient with an inability to sleep, and Tracey comes in, performs her service and leaves the patient relaxed and sound asleep,” Chaplain Johnson says.

A growing area

Clinical holistic care is a growing area of interest at progressive healthcare centers, Tracey says. Cleveland Clinic provides holistic care as a free service to all inpatients, family and staff. “It is a valuable offering that our community reports to be greatly beneficial,” she says. “Thanks to the support of the Medina Hospital Foundation, we are very proud to be the first regional hospital in the Cleveland Clinic enterprise to offer Healing Services.”

Healing Services often receives notes from grateful patients, including these:

“I can’t believe that the hospital has this service.”

“Medina goes the extra mile with their patients.”

“It makes me feel like Medina cares and that they are progressive and innovative in their patient care.”

Philanthropy’s role

“Without philanthropic gifts, none of this would be possible,” Chaplain Johnson says. “We wouldn’t have Tracey or Healing Services.”

He says that these services play an important role in patient care. “While it is unquestionable that the incredible doctors and nurses here perform excellent work, they seldom have time to concentrate on the kinds of comfort services our office can provide.”

Tracey helps more than 3,500 people every year, and she hopes to see that figure grow. For more information on Healing Services, call 330.721.5189.

To make a gift to Healing Services, call Randy Fuerst, Executive Director, Medina Hospital Foundation, at 330.721.5940.



Who is Tracey Dwyer?

Tracey’s background is unique, encompassing roles in education, advocacy and holistic care. She has earned numerous professional certifications for the services she provides and truly enjoys helping people.

She is a graduate in Buddhist studies at Cleveland State University, where she is now in a Health Sciences graduate program focusing on Integrative Medicine.

Planning Tip

The beginning of 2016 brought a special gift to individuals who are 70½ or older. President Obama signed into law legislation that includes a permanent IRA Charitable Rollover benefit. The law enables the direct transfer of up to \$100,000 from an IRA to the Foundation or other qualified charities, which counts towards the required minimum distribution and reduces income tax liability.

You now have the ability to plan your IRA required minimum distribution with the knowledge that the charitable IRA rollover is available.

Contact Randy Fuerst at 330.721.5940 or fuerstr@ccf.org to learn more.



Like us on Facebook

To see the latest, learn the history, read about our supporters, see event photos or make a gift securely online, please visit us at facebook.com/MedinaHospitalFoundation.

2015 Partners for Life Celebrated

This annual giving club comprises individuals and corporations who made a gift of \$1,000 or more to the Foundation over and above other gifts or sponsorships they may have made. Partners for Life are the pillars upon which the Foundation can support Medina Hospital.

A.I. Root Company
 Geoffrey Andres
 In Memory of Dr. and
 Mrs. Richard W. Avery
 Dr. Richard and Margaret Benninger
 Bil-Jac Foods, Inc.
 Bill and Polly Bittner
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 William Jacoby
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Frank and Becky Shotwell
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 Jay Vigneault
 The Clara Weiss Fund
 Westfield Bank*
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 in Honor of Frank Carrino
 Woodbine Products Company
 Donna and Cal Wible
 Don and Hope Wilder
 Wolff Bros. Supply, Inc.
 Joe Yoder*
**New Partners in 2015*

Philanthropists

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The \$624,000 sum is the largest cash gift ever received by Medina Hospital. The gift has no specific intent and is being held by the Medina Hospital Foundation. The Foundation board and hospital's leadership team will work together to determine how the gift will be used for projects at Medina Hospital or its programs in Medina County.

"We are grateful for this wonderful couple's generosity and heart for Medina Hospital," says Thomas Tulisak, MD, President of Medina Hospital. "Their gift will ensure that Medina County residents continue to have access to the best healthcare possible for years to come."



Bob Bux, Don Miksch and Libby Bux present the check to Tom Tulisak, MD.

Potential projects on the horizon could include renovation of Medina Hospital's emergency department as well as enhancement of ongoing health and wellness programs and patient services.

The gift ranks among the largest for healthcare in Medina County. Others include a \$4 million gift from Ken and Patricia Cleveland to build the emergency department at the Brunswick Family Health Center, and a \$1 million planned gift from Donna and Cal Wible to create an endowment for cardiac services at Medina Hospital.

Gifts in Honor/Memory

Corinne P. Hadley
*in Memory of
 Elsie Ruhrkraut*

I.O.O.F. Morning
 Star Lodge No. 26
*in Remembrance
 of Jim McDaniels*

Midwest Political
 Science Association
*in Honor of
 Dr. Sandra
 Schneider*

Westfield Group
*in Honor of
 Frank A. Carrino*

Medina Hospital Foundation

1000 East Washington St.
Medina OH 44256

medinahospitalfoundation.org

Medina Hospital Foundation realizes that individuals would like to learn more about its particular programs, services or developments. However, if you do not wish to receive information relating to your philanthropic objectives at this time, please call the Medina Hospital Foundation at 330.721.5941 or send an email to kern@ccf.org.



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Get Ready for Golf Outing June 13

The 22nd annual Jack Vigneault Golf Outing will tee off at 12:30 p.m. on June 13 at Fox Meadow Country Club. Jay Vigneault and Rick Andrews head up the volunteer committee organizing the outing, which commemorates Jack's life and the Vigneault family's patient experience at Medina Hospital.

Visit MedinaHospitalFoundation.org to see the details, become a sponsor or register your foursome today.



Jay (in yellow) and his foursome with the Doraty Kia hole-in-one car

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