



Medina Hospital Advocate

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Spring 2015

Center Offers Calm Amid Hospital's Busy Environment

While serious work goes on at Medina Hospital's Jones Center for Women, it also offers a respite from the hustle and bustle of the hospital's usual day.

Opened in 2002, the Jones Center, located near the hospital's main entrance, was designed with a homelike atmosphere to enhance patient comfort and reduce anxiety. "Waiting areas here make you feel like you're in your own living room," says Scott Berg, Administrative Director. "You will find refreshments, a television, robes, and a lending library. It's a gem, an asset to the hospital."



The homelike atmosphere of the Jones Center for Women is designed to enhance the patient experience and reduce anxiety.

The Jones Center offers mammography, bone densitometry and ultrasound services. All are staffed by registered technologists equipped with leading-edge equipment, including two digital mammography machines, bone densitometer and three ultrasound

units. New ultrasound equipment has been added to serve pediatric patients and treatment approaches are accredited by the American College of Radiology, Mr. Berg says.

Last year, 17,531 exams were completed at the Jones Center, including 7,758 mammograms performed for both women and men. Volume has remained steady in recent years, Mr. Berg says.

A gift made it happen

The center was made possible primarily through a generous gift from David Jones, who wanted to help create a place in which women could be educated about breast cancer with a focus on early detection and treatment in an unintimidating environment. Jones' gift was made in memory of his wife, Dorothy, and his mother, Kathryn, who both died of breast cancer. Mr. Jones was the first President of the Medina Hospital Foundation's Board of Directors when it was established in 1991 and continues to be a strong advocate of the hospital. A philanthropic fund within the Foundation accepts gifts meant to address the priorities of the center.

"Patients are appreciative of the design and function of the Jones Center," says Dr. James Littman, the Center's Medical Director and Chairman of Radiology, "In fact, when some patients are done with their imaging, they want to stay for a time to catch up on their day. The environment is that calming." continued on page 2

Community Support



LST Receives **Paramedic Ambulance**

Medina Hospital's Life Support Team (LST) is the primary EMS provider for the City of Medina, Montville Township and Medina Township, with paramedics based at Medina Hospital, Medina Fire Department and Montville Safety Services Center. Philanthropic gifts to the LST have provided first responders with exercise equipment and training, which helps prepare them to use a recent addition to their assets.

In November, the LST took delivery of a 2014 Ford E450 emergency medical service vehicle, custom-built by Braun Ambulance Corp. The new vehicle is equipped with the latest technology and safety features to provide the community with the highest-level pre-hospital emergency care. From mobile computers with GPS to a mechanically powered lift system that assists in helping patients into and out of the ambulance, the new vehicle is ready to go when the EMS team responds to the needs of our community.

Jones Center for Women

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The Jones Center serves a multicounty region, receiving referrals from Cleveland Clinic providers, area health centers and private physicians.

Breast cancer patients can have many of their needs addressed at the Jones Center, Dr. Littman says. "We can help in most circumstances with services that complement one another. In cases where something suspicious is spotted with mammography, we can go right to ultrasound for further diagnosis. We have surgeons who biopsy or remove tumors. If a mastectomy or resection is needed, it can be performed in our surgery area. We're a bit of a one-stop shop in that regard. However, for reconstructive plastic surgery, we refer the patient to other Cleveland Clinic experts." For example oncology services including chemotherapy are available in the Medina Medical Office Building. For additional cancer care services, like radiation therapy or reconstructive plastic surgery, the patient has access to the full resources of Cleveland Clinic at one of 16 cancer care locations across the region.

An insidious disease

According to the nonprofit organization BreastCancer.org, over the past two decades, significant strides have been made. Earlier detection and better therapies are allowing for more directed treatment.

However, it is still the case that:

- One in eight women will be diagnosed with breast cancer, the second leading cause of death among women in the United States.
- It is estimated that each year over 220,000 women in the United States will be diagnosed with the disease, and more than 40,000 of those women will die.

"Savvy folks are educated about this disease and preventive steps," Dr. Littman says. "That may be why the number of cases is declining. However, a mammogram is still recommended annually for women over age 40, and, in some cases, more frequently."

Reacting to change

"Healthcare is changing in many ways," Mr. Berg says. "For example, our focus now, more than ever, is on the quality of care, patient safety and comfort," he says. "We even have a scorecard helping us to measure our successes, and we are evaluated, in part, on what it shows. We want to do what is right for the patient. And every year we improve."

The Jones Center is open for outpatient appointments Monday through Friday, 7 a.m. to 5 p.m., and on Saturday from 8 a.m. to noon. The appointment scheduling number for the department is 866.721.5350.



Scarves for Cardiac Rehabilitation Patients



Breathing cold air is more than an inconvenience for patients with cardiac diseases – it's a risk. Cold air constricts blood flow, creating pressure on the artery wall and forcing the heart to work harder to get oxygen out. In the Medina Cardiac Rehabilitation program, patients are educated about using a scarf to warm the air as it's inhaled.

The week of Valentine's Day is celebrated as Cardiac Rehabilitation Week. To honor the occasion, the Medina Hospital rehabilitation staff gave patients red scarves and other items to aid in their recovery. Philanthropic gifts to the Medina Hospital Foundation supported this effort, with the help of All Sport print shop in Seville. Owner Andy Schiesswohl says he was impressed by the generosity of those who gave and the thoughtfulness of the staff.

Supporting Our Caregivers

Philanthropic gifts made to the Employee Care Fund (ECF) allow hospital caregivers to help coworkers with a "hand up" when faced with unforeseen urgent needs. Since 2009, the ECF has supported 79 employees needing support for things such as utility payments and funeral expenses.

All applications are reviewed by a committee member, and when approved, funds are paid directly to a vendor. Support is not granted to overcome poor decisions or lack of financial planning. "From time to time, we all need a little help, and the ECF allows caregivers to help each other," says Mallory Houdek ECF Co-Chair.

"In addition to financial support, the ECF stocks a food pantry with staples," says Co-chair Jennifer Pollock, RN. The pantry is available for any employee who needs some extra help in getting dinner on the table during a difficult time. "As you might guess, the pantry is used most near the end of the month."

2014 Partners for Life

This annual giving club comprises individuals and corporations making a gift of \$1,000 or more to the Foundation in addition to other gifts or sponsorships they already made.

Partners for Life are the pillars upon which the Foundation can support Medina Hospital.

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Loreen Ott in memory of Ken Ott and in honor of the staff in the Intensive Care Unit and Dr. Nicholas Russo



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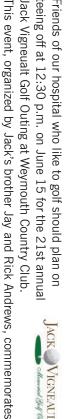
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