



Preparing your Family for a New Baby

Boot Camp for New Dads

This class is designed for expectant fathers. Vet Dads offer encouragement, tips and support while sharing education to assist with the transition into fatherhood.

Sibling Celebration

*This class is best suited for ages three and up

Welcome children as they take on their new role as big brother or sister. They will learn what expect at the hospital and their return home. A tour of the maternity unit will also be provided.

Grandparenting Today

Explore the most current methods of childcare including:

- Updates in infant care
- Changes in childbirth
- Safe sleep, nutrition and safety
- Communication between families

This class is great for first time or seasoned grandparents. A tour of the maternity unit will also be provided.

To register and view additional birthing services visit www.hillcresthospital.org/childbirthed or call 440.312.4647