



Preparing Family for New Baby

Boot Camp for New Dads

A specially designed program for first-time Dads

- Taught by veteran dads
- Learn about bonding with the baby
- Learn how to help the new mom

\$20 per Dad

Becoming a Big Brother or a Big Sister Class

For children ages three to nine and their parents to prepare them for the arrival of their new sibling

- Tour of the Family Maternity Center

\$25 per family, \$5 each additional child

Grandparent Information Class: For Grandparents Only

- Changes in childbirth
- Updates in infant care
- Importance of grandparenting
- Communicating in the extended family
- Tour of the Family Maternity Center

\$15 per grandparent

Preparing Your Pet for the Newborn

- Pet adjustment to the arrival of the newborn
- Safety issues for both your pet and baby
- Making the transition as easy as possible

\$25 per couple

For class dates and times visit: www.hillcresthospital.org/childbirthed

To register, please call 440.312.4647