



Keeping your baby safe

Infant/Child CPR

Focus is on ages infant to 12-years-old

As a parent, grandparent, or babysitter, you are the first person to react in a child's emergency. Learn and practice on mannequins:

- How to determine if infant or young child is in distress
- Cardiopulmonary resuscitation for cardiac arrest
- Techniques for eliminating choking
- Rescue breathing for respiratory arrest

\$30 per person

Infant Safety in the Car and Home

The safety of your child at home and in your vehicle is your responsibility. How you manage their environment is key to keeping them safe and protected. Come and learn helpful tips in easy to understand terms to help you make the safest choices. Spend the evening with a local firefighter trained as a Child Passenger Safety Technician.

\$20 per couple

For class dates and times visit: www.hillcresthospital.org/childbirthed

To register, please call 440.312.4647