



Community Education for Teens

Sitter School and Teen CPR Combo Class

Sitter School:

An opportunity for teens, ages 11 to 15, to become confident, capable and certified babysitters. Girl scouts are eligible to fill requirements toward earning badges through completion of this program.

- Infant and child care
- Handling of emergencies
- Accident prevention
- Establishing a babysitting business

Teen CPR:

This class is for teens, ages 11 to 15, who will be babysitting or around infants and small children. As a babysitter you have an awesome responsibility for the child in your care, and this class will give you the confidence to manage a difficult situation. You will learn the life saving techniques listed below according to the American Heart Association criteria, and practice on mannequins.

- Techniques for evaluating and eliminating choking
- How to determine if CPR is needed and how to perform it
- How to make the call for help
- Safety and prevention measures

To register and view additional birthing services visit
www.hillcresthospital.org/childbirthed or call 440.312.4647