



Pharmacy Services / PGY1 & PGY2 Pharmacy Residencies – Resident Duty Hours

Target Group:		Original Date of Issue:	Version
		Not Set	5
Approved by:	Date Last Approved/Reviewed:	Prepared by:	Effective Date
Mary Temple-Cooper	11/11/2015	Mary Temple-Cooper (Pharmacy Clinical Specialist II)	11/11/2015

Directive Defined: To establish duty hours.

Purpose

Outline duty hour requirements for all pharmacy residents.

Directive

Maximum Hours of Work per Week and Duty Free Times

1. Duty hours must be limited to 80 hours per week, averaging over a 4-week period, inclusive of all in-house call activities and moonlighting.
2. Residents must be provided with one day in seven free from all educational and clinical responsibilities, averaged over a 4-week period.
3. Residents are not permitted to work more than two consecutive weekends in a row (i.e., both Saturday and Sunday) unless approved by the RPD. Once the RPD approves the trade/switch, the schedule can then be updated by the responsible party.
4. Residents may have a minimum of an 8-hour time period away from the hospital between scheduled daily periods and after in-house call.
5. Continuous duty hours should not exceed 16 hours. The maximum allowable continuous duty hour period must not exceed 24 hours; with an additional period of up to two hours permitted for transition of care or educational activities. Duty periods for PGY1 residents must not exceed 16 hours. PGY2 residents and above may be scheduled for up to 24 hours of continuous duty in the hospital, but must not be assigned additional clinical responsibilities after 24 hours of continuous duty.

At-Home or In-House Call Activities:

1. Residents are not required to provide in-house calls.
2. At-home call (or pager call).
 - a. At-home call must not be so frequent as to preclude rest and reasonable personal time for each resident.
 - b. At-home call is not included in the 80 hours a week duty hour's calculation, unless the resident is called into the hospital; the hours the resident spends in-house are counted toward the 80-hour weekly maximum (averaged over a 4-week period).

- c. Residents taking at-home call must not be scheduled more frequently than every third night (when averaged over a 4-week period).
- d. At-home call must satisfy the requirement for one-day-in-seven free of duty, when averaged over 4 weeks. No at-home call will occur on the day free of duty.

Moonlighting

1. The ability of a resident to pursue moonlighting will be decided by the RPD, in concordance with the residency committee.
2. External moonlighting is not prohibited, but is strongly discouraged. External moonlighting is prohibited for the PGY1 Community Residency.
3. Moonlighting must not interfere with the residents' ability to satisfactorily meet the goals and objectives of the residency program (as assessed by the RPD).
4. Time spent by residents in internal and external moonlighting must be counted toward the 80-hour maximum weekly hour limit and will be documented on the resident monthly report.
5. If the resident elects to pursue moonlighting activities, he/she will be required to get approval by RPD and Preceptor of the month prior to accepting the moonlighting activity (i.e., extra internal shifts or external shifts). The RPD will only approve the moonlighting activity if the resident is satisfactorily meeting all residency program goals and objectives, and if the activity is not in violation of the Duty Hours standard. For extra internal shifts, the RPD will contact the appropriate Pharmacy Manager with decision (approval or denial of extra internal shift).
6. The program director may, at any time and without notice, prohibit the resident from moonlighting if he/her assessment indicates the resident's performance is being compromised or the moonlighting arrangement is in violation of this policy or the Duty Hours standard.

Definitions

ASHP: American Society of Health-System Pharmacists

Duty Hours: All scheduled clinical and academic activities related to the pharmacy residency program. This includes inpatient and outpatient care, in-house calls, administrative duties, scheduled and assigned activities, such as conferences, committee meetings and conferences that are required to meet the goals and objectives of the residency program.

Duty hours do not include reading, studying and academic preparation time for presentations, journal clubs or travel time to and from conferences; as well as hours that are not scheduled by the residency program director/preceptor.

Continuous Duty: Assigned duty periods without breaks for strategic napping or resting to reduce fatigue or sleep deprivation.

Moonlighting: Voluntary, compensated, pharmacy-related work performed within the organization where the resident is in training (internal or external) or at any of its related participating sites. These are compensated hours beyond the resident's salary and are not part of the scheduled duty periods of the residency program.

Oversight and Responsibility

It is the ultimate responsibility of the RPD that each of the above restrictions is followed by the residents in their program. The program director must ensure that residents

participate in structured handoff process when they complete their shift to facilitate information exchange to maintain continuity of care and patient safety.

Other Background Information

Pharmacy Specific Duty Hours Requirements For the ASHP Accreditation Standards for Pharmacy Residencies. Available from:

<http://www.ashp.org/DocLibrary/Accreditation/Regulations-Standards/Duty-Hours.aspx>

Accessed May 21, 2014

Cleveland Clinic Department of Pharmacy Residency Committee Monthly Report

Resident Name: _____
(Print)

Resident Signature: _____ Date: _____

RPD Signature: _____ Date: _____