

8 Steps Before Baby

There's lots to do before baby arrives, so please take the time to complete this list so we have everything we need to care for you and your baby.



1. Check Your Insurance Information.

Now's the time to make sure that you know what healthcare services are covered by your insurance plan. You need to make sure that the doctor you choose for your baby is covered by your plan. If you have questions, please call the number on the back of your insurance card.

2. Choose a Doctor for Your Baby.

We need to know the name of your baby's doctor before you deliver. Please complete the page in this workbook, "Now is the Time to Choose Your Baby's Doctor," and bring it with you when you are admitted.

3. Register in Advance.

Please complete the Advanced Registration form included in the folder pocket, and mail it back immediately in the postage-paid envelope. Please remember to include the name of your baby's doctor.

4. Complete the Birth Certificate Worksheet.

Please complete as much as possible of the front of the Birth Certificate Worksheet included in the folder pocket, and bring it with you to the hospital. We have enclosed a guide to help you.

5. Infant Hearing Screening Information.

This will be given to you after your admission to the hospital.

6. Take a Look at Akron General's Childbirth Classes and Discounts.

Decide what's right for you and register now.

7. Get Helpful Tips Online.

Enjoy the tips on exercise, nutrition, parenting, breastfeeding and much more online at akrongeneral.org/welcomebaby.

8. Pack Your Bag.

Don't put it off until the last minute. We've enclosed a list to help you get started.