Cleveland Clinic

Akron General LifeStyles

RECREATION

gymnasium - rockwall schedule Effective October 2023

Cleveland Clinic Akron General Health & Wellness Center, Stow

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
8:00am 9:00am	Half Court Sports Performance 8:30am-9:00am	Dependent Hours 9AM to 11AM	Half Court Sports Performance 8:30am-9:00am	Dependent Hours 9AM to 11AM	Half Court Sports Performance 8:30am-9:00am	7:00AM	Non-dependent Open Gym 7AM to 9AM	Dependent Hours 9AM to 6PM
10:00am	Dependent Hours 9AM to 11AM	Half-court pickleball 10AM to 12PM	Dependent Hours 9AM to 11AM	Half-court pickleball 10AM to 12PM	Dependent Hours	8:00AM	Half-Court sports performance 8AM to 9:45AM	Full Court Basketball
		Half Court Sports Performance 10:15am-10:45am		Half Court Sports Performance 10:15am-10:45am				8AM to 10AM
11:00am	Non-dependent Open Gym 11AM to 3PM & 5:30PM to 7:30PM	Non-dependent Open Gym 11AM to 3PM & 5:30PM to 7:30PM	Non-dependent Open Gym 11AM to 3PM & 5:30PM to 7:30PM	Non-dependent Open Gym 11AM to 3PM & 5:30PM to 7:30PM	Non-dependent Open Gym 11AM to 3PM	9:00AM	Half-court pickleball 9:30AM to 1:30PM* *Full court allowed 11AM	
12:00pm			Half Court Sports Performance 12:00pm-12:15pm					
	Half Court Sports Performance 12:00pm-12:15pm	Half Court Sports Performance 12:00pm-12:15pm	Half-court Beginners pickleball 12pm-2pm	Half Court Sports Performance 12:00pm-12:15pm	Half Court Sports			Half Court Pickleball Clinic 2pm-4pm
3:00pm	Half Court Sports Performance 3:30 to 4:00PM & 5:15 to 5:45PM	Half Court Sports Performance 3:30 to 4:00PM & 5:00 to 5:30PM	Half Court Sports Performance 3:30 to 4:00PM & 5:15 to 5:45PM	Half Court Sports Performance 3:30 to 4:00PM & 5:00 to 5:30PM	Performance 12:00pm-12:15pm	10:00AM		Dependent Hours 9AM to 6PM
4:00pm	Dependent Hours 3PM to 5:30PM	Dependent Hours 3PM to 10PM	2:00PM	Dependent Hours 9AM to 6PM				
5:00pm	Half-court Beginners pickleball 5PM to 7:30pm	Half Court Pickleball 6pm-8pm	Full Court Basketball 6PM to 8PM	Half-court pickleball 5PM to 7PM	Half Court Pickleball 5pm-7pm	4:00PM		
6:00pm		Non-dependent Open Gym 5:30PM to 7:30PM			Half Court Pickleball Clinic 7pm-8pm	6:00PM		
<u>7:30pm</u> 10:00pm	Dependent Hours 7:30 to 10:00PM	Dependent Hours 3PM to 10PM						