

Contact Information

LifeStyles, Bath
Health & Wellness Center
4125 Medina Rd
Akron, Ohio 44333
330.665.8156

LifeStyles, Green
Health & Wellness Center
1940 Town Park Blvd.
Uniontown, Ohio 44685
330.896.5001

LifeStyles, Stow
Health & Wellness Center
4300 Allen Rd
Stow, Ohio 44224
330.945.3180

Corporate Membership Plans



Benefits of LifeStyles Corporate Memberships

- Health and wellness initiatives help companies improve productivity by reducing employee absenteeism, relieving employee stress and helping to create a general, overall positive atmosphere among employees.
- Health and wellness initiatives help companies reduce health care costs through a healthier employee base.
- Company sponsored health and wellness programs offered to employees help an organization recruit and retain excellent employees as a benefit of an employee package.

LifeStyles Memberships Include

- Use of all LifeStyles equipment and programs during fitness center hours.
- Facilities include over 200 pieces of strength cardiovascular equipment, pools, indoor/outdoor track, group exercise classes, free weights, basketball/volleyball court, rock wall and various children's programs.
- Our degreed exercise specialists provide members a computerized Fitness Assessment and Exercise Prescription and design a personalized exercise plan to help the member achieve their fitness and wellness goals.
- Full use of LifeStyles country club locker room facilities that include steam and sauna, towel service and private showers.
- Reciprocal membership at Akron General LifeStyles Bath, Stow and Green (Uniontown).



Corporate Membership | Level I

- No Annual Corporate Fee.
- Employee receives 30% off one-time enrollment fee (Employee signs one-year membership agreement with LifeStyles).
- Group tours and promotional material provided by LifeStyles.
- Company is required to have 5 employees join within 30-days and continued eligibility is reviewed on an annual basis.
- For location and contact information, see back panel.

Corporate Membership | Level II

- Company pays Annual Corporate Fee.
- Eligibility requires the company to consist of a minimum of 5 employees participating in the program.
- Unlimited complimentary corporate passes for out of town business clients or visiting company executives.
- Annual Corporate Fee is calculated by taking number of employees joining multiplied by \$479. Number of employees joining is determined by company.
- For location and contact information, see back panel.

Wellness Services for your employees

Wellness Services can be added to either membership level and are priced individually. For more information about the services, contact Community Access & Wellness at 330.665.8175.

- Biometric Screenings
 - Blood Pressure
 - Total Cholesterol/Glucose Screening
 - HDL
 - LDL
 - LDL with HbA1C Combo
- Flu Shots
- BMI / Body Fat Analysis
- Nutrition Consults
- Wellness Lectures