



# Sail into summer with a special deal at LifeStyles!

Join now through July 31 and receive 30% off your onetime enrollment fee plus no dues until August 1! Make this the summer of better health and wellness.

Whether it's increasing fitness, eating healthier, losing weight or trying a new program, LifeStyles is here to help! Our knowledgeable degreed exercise physiologists, personal trainers and wellness experts will help you meet your goals!

Membership includes our Road Map to Fitness, free nutrition and fitness seminars, over 60 group exercise classes per week and so much more!

#### Offer valid June 23- July 31.

## Join Today!

#### Call LifeStyles at 330.344.5646

to schedule a tour at Bath, Green or Stow.

You can also contact us by email:

Bath

- Terri | AmatoT@ccf.org
- Chelsea | BakeraC37@ccf.org

#### Green

• Joanne | ZaratsJ@ccf.org

#### Stow

• Marion | CrawfoM6@ccf.org

### AkronGeneral.org/LifeStyles

Exp. Date: 07.31.2025