



LifeStyles, Stow – 4300 Allen Rd., Stow, OH 44224

American Red Cross LGIT/LGI Review Courses

Prerequisite information on back — **MUST** choose one date from the list below

Choose ONE Date from the list below.

All classes are 8:30am – 5:30pm

***This course is for currently certified Lifeguard Instructors/Instructor Trainers to renew their LGI and/or LGIT certification. Price is \$60. Option to certify or re-certify Lifeguarding for an additional \$40. For LGI's who have expired, please read the information on the back of this flier.**

Lifeguard Instructor Trainer & Instructor Review (LGIT/LGI Review) Dates (Choose ONE)

	February 10, 2019	Sunday
	February 22, 2019	Friday
	March 11, 2019	Monday
	March 22, 2019	Friday
	April 13, 2019	Saturday
	April 25, 2019	Thursday
	May 10, 2019	Friday
	May 25, 2019	Saturday

	June 14, 2019	Friday
	June 22, 2019	Saturday
	July 12, 2019	Friday
	July 13, 2019	Saturday
	August 2, 2019	Friday
	August 12, 2019	Monday
	August 17, 2019	Saturday

Don't let a great class cancel – Please register early!

Contact Diane Weaver at weaverd2@ccf.org or 330.945.3131 to register

Please see the back of this flier for additional information*

American Red Cross Lifeguard Instructor & Instructor Trainer Review Course Description & Information:

Course Purpose: The primary purpose of the American Red Cross LGIT/LGI Review Course is to ensure that all instructors are teaching and performing all American Red Cross skills to the standard and to inform all Lifeguard Instructors and IT's of any pertinent changes to the American Red Cross program(s), policies, and/or procedures.

To Register: Candidates may pre-register at the front desk or contact Diane Weaver at weaverd2@ccf.org to pre-register. Our address is 4300 Allen Rd., Stow, OH 44224. Aquatics Office: 330.945.3131. Candidates can pay at the front desk on the day of the course or pre-pay at the front desk. Registrants must give their name, phone number, email address, and course date choice. See front of flier – price varies depending on what the participant chooses.

For LGI/LGIT Review only: \$60 ~ To include LG certification/recertification: Add an additional \$40

What's Included: Each candidate will “practice and polish” Basic Lifeguarding land- and water- based skills. Your Instructor Trainer will lead you through any new ARC changes and conduct a roundtable question and answer session. This is a great opportunity to share ideas with other local LGI's. For land-based skills requiring breathing into a manikin, face shields will be provided. You are welcome to bring your own face mask if you have one. We also have them available for purchase for \$20 if you're interested. Also included is the option to either certify or recertify your ARC Basic Lifeguarding (for an additional fee of \$40 to cover the cost of your certification).

Prerequisites: Participants must possess a current American Red Cross Lifeguard Instructor certification. If the participant has let their LGI certification lapse within the last year, please see the information below on how to proceed. Participants do not need to be currently certified in ARC Lifeguarding; however, this course provides the perfect opportunity to become certified (if lapsed by more than 30 days) or recertified.

In order to maintain your LGI and/or LGIT status:

- All LGI's and LGIT's must take this Review course every 2 years. At this time, there is no online component to the course; however, online components may be introduced for future Review courses.
- LGI's must teach a minimum of one full Lifeguarding course or two Lifeguard Review courses within their certification period.
- LGIT's must teach a minimum of one Lifeguard Instructor course within their certification period.
- LGIT's must also follow the rules for LGI's (above) in order to maintain their LGI certification.
- All instructors and instructor trainers must demonstrate competency in their LGI/LGIT Review course for all water- and land- based skills. Instructors are expected to perform all of the skills near standard and can quickly correct any errors in order to meet the standard.

What to Bring to Class: Bathing suit; goggles (optional); towels; comfortable clothes (warm); a pen or pencil and paper for notes; a CPR pocket mask (optional- a face shield will be provided, or you can purchase a new Adult/Infant combo CPR pocket mask for \$20 if you want one). Participants should also bring snacks, drinks, and a lunch. If the course is held on a weekday, there is a Subway in our building. There are other fast food restaurants within driving distance. If you have a current Lifeguarding certification and want to renew your Lifeguarding on the day of class, please bring a copy (or screenshot) of your current certification. If you have lost your certification, go to <https://www.redcross.org/take-a-class/digital-certificate> to search for your certification. If you're expired and wish to certify in your Lifeguarding, you do not need to bring a copy of the expired certification.

What to do if your LGI Certification has lapsed within the past year: Candidates who have expired in their LGI certification have an opportunity to take a **Lifeguard Instructor Re-Entry Course**. This course can be taught in conjunction with one of the courses listed above; however, there is a 2-hour online component that must be taken before one of the dates above. The charge for this course is as follows: A \$35 fee must be paid to the American Red Cross when the candidate does the prerequisite online portion of the course. A fee of \$140 will be paid to Lifestyles. This fee includes the cost of your new LGI manual. If the candidate wishes to certify or recertify in their Lifeguarding, an additional \$40 fee will be charged to cover the cost of the card.

- \$35 paid on ARC website
- \$140 to Lifestyles (or \$180 if obtaining your Lifeguarding)