

## AMERICAN RED CROSS

### INSTRUCTOR LEVEL COURSE SCHEDULES

#### January – June 2025

#### Lifeguard Instructor Courses

**Member \$230 | Guest \$260**

Learn how to teach the basic-level American Red Cross Lifeguarding courses and become eligible to teach many other ARC courses. Participant must be at least age 17 by the last date of the course and possess a current basic-level Lifeguarding certification. Candidates must have strong swimming skills and confidence in all land- and water-based Lifeguarding skills. All skills will be tested on the first day of the course. An online training component must be completed before the first class date (information on back of flier).

Course Dates:	Day(s):	Time:	Location:
Call facility			

#### LGIT/LGI Review Courses

**Member \$125 | Guest \$125**

Participants must be either 1) A current American Red Cross Lifeguard Instructor and/or Instructor Trainer **or** 2) Within one (1) year of expiration **AND** in good standing in order to participate in this one-day course. LGI and LGIT Candidates must also complete the extensive online component prior to the course. This course is a requirement for LGIT and LGI recertification every two (2) years. With this course, participants have the option to certify or recertify their basic Lifeguarding for an additional charge of \$50. Expired LGI's (beyond 1 year of expiration) may have the option to recertify their LGI through a Re-Entry Course (call or email for more information).

Course Date:	Day:	Time:	Location:
February 5	Wednesday	9:00 am - 6:00 pm	Stow
February 13	Thursday	9:00 am - 6:00 pm	Stow
February 26	Wednesday	9:00 am - 6:00 pm	Stow
March 14	Friday	9:00 am - 6:00 pm	Stow

#### Water Safety Instructor Courses

**Member \$230 | Guest \$260**

Become certified to teach the courses within the American Red Cross Swimming and Water Safety program! Participant must be at least age 16 by the last date of the course and demonstrate an ability to perform swimming skills consistent with a Level 4 swimmer (information on back). All swimming skills will be assessed on the first day of the course. An online training component must be completed before the first class date.

Course Dates:	Day(s)	Time	Location
Call Facility			

## Locations and Registration Information:

Please contact the location where the course is being held for additional questions and registration specifics. Registration can be completed in-person, via email or phone. Payment is expected on or before the first course date. There is an online component to the Lifeguard Instructor and Water Safety Instructor courses (see below), so don't wait until the last-minute to register! Classes must have a minimum number of participants to comply with American Red Cross standards.

### Locations:

### Contact

### Email

### Phone

Bath	4125 Medina Rd., Bath, 44333	Meredith Galehouse	GalehoM@ccf.org	330.665.8131
Stow	4300 Allen Rd., Stow, 44224	Diane Weaver	WeaverD2@ccf.org	330.945.3131
Green	1940 Town Park Blvd., Uniontown, 44685	Cathy Spicer	SpicerC2@ccf.org	330.896.5007

**Looking for a class to take with a group of friends? Call us if you have a group of 4 or more!**

## Lifeguarding Instructor Course:

Candidates must be a minimum of 17 years old on or before the final scheduled session of this course and possess a current basic-level American Red Cross certification in Lifeguarding/First Aid/CPR/AED. Candidates must be prepared to demonstrate proficiency in all basic Lifeguarding (land and water) skills in order to participate in the course. Candidates will learn how to plan, organize and conduct the Lifeguarding courses in accordance with the policies and procedures set by the American Red Cross. Upon successful completion of the course, participants will receive a two-year certification, renewable when the instructor teaches and records the minimum required amount of classes, participates in any online updates (when applicable), and participates in the in-person Lifeguard Instructor Review course every two years. The online portion of this course is specific to the course dates offered; therefore, the LGI candidate must first register for the course by calling or emailing the location where the course will be held. Upon registration, the candidate will receive an email with instructions and a link for the online content. Please note: This course does not renew your basic Lifeguarding certification. **Price includes your Instructor Manual, which you'll receive on the first day of the course.**

## Lifeguard Instructor Trainer and Lifeguard Instructor Review Course:

This course is designed for currently certified Lifeguard Instructor Trainers and/or Lifeguard Instructors and is one of the requirements for recertification every two years. LGI's can be expired by no more than one (1) year in order to participate; however, they may not teach during the time that they're not current, and they must be in good standing with the American Red Cross. The primary purpose of this course is to provide updates and information to currently certified instructors and to ensure that all instructors are delivering consistent course content. Any new course content will be reviewed in detail, and water- and land-based skills will be practiced and polished. All candidates will also be responsible for conducting a teach-back during the practice and polish session. All candidates who register for this course **MUST** check their current certification to ensure they're eligible to take this course. Your Lifeguard Instructor Trainer who will be teaching the course doesn't have access to your records!

Are you expired by more than one (1) year? (If yes, call the host facility for other available options!)

### Course Options:

- **Basic Lifeguarding:** Participants have the option of either **certifying or renewing** their basic Lifeguarding during this course for an additional \$50 fee to cover the cost of the ARC card. This can be done in conjunction with the course, and is a great idea so that all of your certifications can be due for renewal at the same time!
- **LGI Crossover/Re-Entry:** This option allows an opportunity for LGI's who have expired more than one year but less than two years to recertify their LGI. There is an additional fee, and candidates will be responsible for making sure they're still in good standing (instructions will be provided via email).
  - **YMCA Lifeguard Instructors** may also choose to crossover to American Red Cross. There are additional fees to cover the cost of the LGI manual and other materials, and participants must take an online orientation to the course prior to the course date. Therefore, early registration is required. Contact the location hosting the course for additional information.

## Water Safety Instructor Course:

Candidates must be able to demonstrate the ability to perform the following skills consistent with an American Red Cross Level 4 swimmer: 25 yards each of Front Crawl, Back Crawl, Breaststroke, Elementary Backstroke, Sidestroke; 15 yards of Butterfly. Candidates must also be able to float and tread for at least 1 minute. Candidates will learn specifics of how to teach various age groups and ability levels. The course focuses on how to deliver quality, consistent and standardized content. Candidates will learn how to develop lesson plans & how to monitor the progress of participants while providing positive and corrective feedback. This is a two-year certification, renewable when the instructor teaches and records at least the minimum content required within the two years and completes any required online updates. The online portion of this course is specific to the course dates offered; therefore, the WSI candidate must first register for the course. Upon registration, the candidate will receive an email with instructions and a link for the online content.