

Cleveland Clinic Akron General Health & Wellness Center, Green

Lesson Dates: March 1 – April 18, 2026

REGISTER by scanning this QR code →

Member Registration Begins Sunday, February 15, 2026

Guest Registration Begins Sunday, February 22, 2026

- All lead instructors are American Red Cross Certified
- Lifeguard always on duty
- NO missed class make ups or adjustments



New: Monday & Wednesday morning classes! Perfect for Homeschoolers & Preschoolers! The following classes will be held twice a week for 6 weeks (12 lessons total) Dates: March 2 – April 15 *No class on 3/30 & 4/1

Class	Day	Start Time	End Time	Family Member Fees	Guest Fees
Preschool Beginners (Age 3-5)	Mon & Wed	10:00 AM	10:30 AM	\$99	\$150
Preschool Intermediate (Age 3-5)	Mon & Wed	10:35 AM	11:05 AM	\$99	\$150
Youth Beginner (Age 6+)	Mon & Wed	11:10 AM	11:40 AM	\$99	\$150
Youth Intermediate (Age 6+)	Mon & Wed	11:45 AM	12:30 PM	\$110	\$175
Youth Advanced (Age 6+)	Mon & Wed	12:35 PM	1:20 PM	\$110	\$175

The following classes are held once a week for 6 weeks (6 lessons total)

Class	Day	Start Time	End Time	Family Member Fees	Guest Fees
Tuesday Evening	March 3 – April 14		*No class 3/31		6-Week Session
Youth Level 2	Tuesday	5:00 PM	5:45 PM	\$50	\$85
Youth Level 3	Tuesday	5:45 PM	6:30 PM	\$50	\$85
Wednesday Evening	March 4 – April 15		*No class 4/1		6-Week Session
Preschool 1	Wednesday	5:00 PM	5:30 PM	\$45	\$80
Preschool 2	Wednesday	5:40 PM	6:10 PM	\$45	\$80
Saturday Morning	March 7 – April 18		*No class 4/4		6-Week Session
Parent & Child	Saturday	10:10 AM	10:40 AM	\$45	\$80
Preschool 1	Saturday	9:00 AM	9:30 AM	\$45	\$80
Preschool 2	Saturday	9:35 AM	10:05 AM	\$45	\$80
Preschool 3	Saturday	10:45 AM	11:15 AM	\$45	\$80
Preschool 3	Saturday	11:20 AM	11:50 AM	\$45	\$80
Youth Level 1	Saturday	11:40 AM	12:10 PM	\$45	\$80
Youth Level 2	Saturday	12:15 PM	1:00 PM	\$50	\$85
Youth Level 3	Saturday	10:50 AM	11:35 AM	\$50	\$85
Youth Level 4	Saturday	10:00 AM	10:45 AM	\$50	\$85

***Please refer to the back of this flyer for important information & descriptions.**

Online Registration for Classes: Use the QR Code on this flier or visit our website to register! Registration will begin on the dates listed on this flier and on our website. The price listed next to the class reflects an entire session. Prices are based on length of class time. Please let your instructor know if you plan to miss a lesson. There are no class make-ups.



Use this QR Code to access our secure online registration system

NEW! Daytimers Lessons!!: Beginner (see Youth Level 1) classes will focus on water adjustment and movement with assistance. Intermediate (see Youth Level 2 & 3) classes are for those that are comfortable in the water and ready to learn proper body position for combined skills. Advanced (see Level 4 & 5) classes are for swimmers that can comfortably swim one full length of the pool on the front and back with good breath control (face in the water).

Parent and Child Aquatics: Parent must accompany child in the water. General water safety tips for parents and water adjustment for children. **Parent/Child A: 6 months – 18 months, Parent/Child B: 18 months – 4 years**

Preschool: For children who are ready to be in a class without their parents. 3-4-5 years old. Preschool Level Skills are introduced in the same format as General Youth Level 1, 2 and 3.

Youth Level 1: Water Adjustment for children 6 years and up (without parents). Enter and exit in shallow end, move comfortably through water, submerge face (3 seconds), and float with support on front and back.

Youth Level 2: Independent float on front and back, open eyes under water and retrieve objects, rhythmic breathing or bobbing 10 times, kick on front and back, roll from back to front/front to back, front and back crawls arm action, combined stroke front and back. 6 years and up

Youth Level 3: The objective is continued improvement on the front crawl and elementary backstroke and to learn the butterfly kick, scissor kick, & breaststroke kick. Rotary breathing and survival floats are also included in this level. 6 years and up

Youth Level 4: The objective is for students to improve the front crawl and to learn the back crawl, breaststroke, sidestroke, and butterfly. 6 years and up

Youth Level 5: The objective is to continually build upon the front and back crawl for better endurance and stroke mechanics, as well as improvement on the elementary backstroke, butterfly and breaststroke. Sidestroke and swimming turns are introduced in this level. 6 years and up

Youth Level 6: The objective is to refine the strokes so participants can swim them with ease, efficiency, power and smoothness over greater distances. 6 years and up

SEALS: For youth 6 years old & up (and have graduated from Youth Level 4) who are interested in developing their competitive swimming skills. Swimmers will learn drills to improve technique, increase speed and endurance. Emphasis will be placed on stroke refinement, starts, turns, warm-up, supplemental exercises, and FUN! (A minimum of Youth Level 4 is required for all participants).

Cancellations Policy:

- **Cancellations 3 or more days before class will be refunded in full.**
- **Cancellations 1-2 days prior to the first class will be given a full refund, less a \$10 administration fee.**
- **Cancellation the day of or after will NOT be refunded.**
- **Any class cancelled by the Aquatics Department will be refunded in full.**
- **Please contact the Aquatics Department for cancellations.**

Late Registration fee:

- **An additional \$5.00 late fee will be added for registrations made on first day of class.**

*To ensure quality and cost-effective programming, the aquatic department reserves the right to combine, add, or cancel classes as necessary.

Questions? Call the Aquatics Office: 330.896.5007 or email Diane Weaver at weaverd2@ccf.org