



SEALS SWIM PROGRAM

LifeStyles, Bath

Sept. 12 - Oct. 19
7-8:30 p.m.

Register by calling 330.665.8131.

SEALS: Our new Swimming Elite at LifeStyles will continue to promote swimming as a competitive sport for those **Level 4 and above** swimmers who want to work on stroke technique, speed, endurance and competitive starts and turns.

SEALS is a privilege of family membership. Stop by the membership office to see about joining LifeStyles or upgrading your membership to include your children.

Don't forget to fill out a program registration form prior to each session. Program registration forms can be found at the front desk or in the lobby flier racks.

Cancellation Policy: Cancellations 1-2 days prior to the session will be given a full refund less a \$10 administrative fee. Cancellations on, or after the first day of class will not be given a refund. Participants may take a full credit for the next session only, rather than lose the \$10 fee or the full amount.

Questions? Call 330.665.8131.

Registration begins Saturday, Sept. 2.