

## How to Properly Wear Eye Protection

### Goggles:

When putting your goggles on

- Clean your hands
- Make sure your goggles completely cover your eyes
- The earpieces should rest securely on top of your ears



**Correct**



**On Top of Your Head**



**Too Far Up  
on Your Face**

### Face Shield:

When putting your face shield on

- Clean your hands
- Make sure the shield covers your face
- The headband and earpieces should rest securely on top of your ears



**Correct**



**On Top of Your Head**



**Too Far Up  
on Your Face**